



## Overarching “Calls to Action”

Based on the keynote remarks and panel discussions at the Iowa Hunger Summit, below is a summary of the necessary actions the hunger community must take to improve food security:

### **1. Amplify Holistic and Community-Driven Solutions**

- a. Integrate food pantries with social services for a more holistic approach and build awareness of their availability through community outreach.
- b. Encourage and support community gardening, particularly growing produce for donation.

### **2. Support Stigma-Free Food Access Across the Lifespan**

- a. Normalize open conversations about hunger through awareness campaigns and widespread community engagement to empower individuals.
- b. Design food assistance and meal programs with seamless and dignified access and payment processes.

### **3. Develop Innovative Partnerships**

- a. Collaborate with local grocers and leaders to promote WIC and its benefits, including models like online ordering options.
- b. Coordinate with schools and parks departments to host summer feeding sites.

### **4. Elevate the Perspectives of Individuals**

- a. Include those with lived experience in program design, evaluation and adaptation.
- b. Provide culturally appropriate school meals and food pantry offerings based on the community being served.