

THE IOWA HUNGER DIRECTORY

CONNECT WITH LOCAL HUNGER FIGHTING ORGANIZATIONS



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www.iowahungerdirectory.org



Directory Updated: March 25, 2015

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The Iowa Hunger Directory

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Forward by Ambassador Kenneth M. Quinn



The World Food Prize created the Iowa Hunger Directory as a statewide platform for Iowa's hunger fighters to network and collaborate, celebrating the accomplishments of Iowans and inspiring even greater efforts to rid our communities, our state, and the world of hunger.

The Iowa Hunger Directory is also a tribute to the legacy and convictions of World Food Prize founder and Iowa's great hero Dr. Norman E. Borlaug, who believed with all his heart that we have the power and moral duty to banish hunger forever from the face of the earth.

Born in 1914 on a small farm outside of Cresco in Howard County, Dr. Borlaug's breakthrough achievements in agricultural science saved over one billion people from starvation. He was awarded the Nobel Peace Prize in 1970 for his work to "provide bread for a hungry world." Following his leadership, Mexico, India and Pakistan all went from being wheat importers to achieving self-sufficiency. He worked until his last days to bring the "Green Revolution" to Africa, a region that still deals with a massive hunger challenge. His last words were "Take it to the farmer."

Dr. Borlaug founded the World Food Prize in 1986 to be the Nobel Prize for Food and Agriculture. With the invaluable support of John Ruan Sr., the Prize was relocated to Iowa, where it continues to provide inspiration to hunger fighters around the globe and here at home.

On March 25, 2014; national agriculture day and the centennial of Dr. Borlaug's birth, the bipartisan leadership of the state of Iowa and the United States congress installed his statue in the US Capitol as an enduring tribute to this legacy and to Iowa's great agricultural and humanitarian heritage.



It was Dr. Borlaug's firm conviction that the fight against hunger begins at home, with the dedication and leadership of everyday Iowans. That's why Dr. Borlaug and the World Food Prize started the Iowa Hunger Summit in 2007, with four Iowa governors serving as honorary co-chairs. This annual celebration recognizes Iowa's great accomplishments in fighting hunger at home and abroad.

Iowans across the state continue to demonstrate the spirit of innovation and collaboration that drove Norman Borlaug and Iowa's other humanitarian heroes, including Henry A. Wallace, George Washington Carver, Herbert Hoover and Jessie Field Shambaugh. Business and civic organizations, schools, churches, food banks, and so many individuals are making wonderful progress against hunger.

I can think of no better birthday tribute to Dr. Borlaug than the ability to say that, someday soon, we in Iowa have ensured that all families have nutritious food on their tables and hunger is a thing of the past.

I hope that you will find the Iowa Hunger Directory a great resource as you continue to build upon the agricultural and humanitarian legacy that makes each of us proud to call Iowa home.

Amb. Kenneth M. Quinn (Ret.)
President
The World Food Prize Foundation

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Introduction

On behalf of Ambassador Kenneth Quinn, the President of the World Food Prize, I am excited to introduce you to the Iowa Hunger Directory and to initiate a dialogue about how we can make this resource of greatest benefit to you. We are incredibly inspired by the work that you do across Iowa and around the world, and are grateful for the opportunity to share your stories in print and online. I have been privileged to be designated as the coordinator of the Iowa Hunger Directory and as liaison with you.

The Iowa Hunger Directory website at www.iowahungerdirectory.org includes a searchable directory, a calendar of events, an interactive map, and a section highlighting innovative efforts and partnerships that others can learn from. In addition, we plan to continue to periodically release a printable version of the Iowa Hunger Directory.

Our hope is that you will find the Iowa Hunger Directory useful as you identify and engage collaborators in the fight against hunger. We are anxious to have your feedback and suggestions about how we can make this resource even better.

Please contact me anytime at 515-245-3730 or slauer@worldfoodprize.org to register your organization for the Iowa Hunger Directory, submit an event to the Iowa Hunger Calendar, or update your organization's profile by adding results, achievements and highlights of your programs and projects.

You may also register your organization for a free profile at www.worldfoodprize.org/shareyourstory or submit an event to the calendar at www.worldfoodprize.org/shareyourevent.

Stephen Lauer
Program Coordinator
World Food Prize

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Part One: Stories of Iowans Fighting Hunger

Iowa has a rich agricultural and humanitarian legacy to draw from in fighting to end hunger locally and around the world. The Iowa Hunger Directory fosters continuing innovation and collaboration by celebrating the accomplishments of Iowans and Iowan organizations and inspiring even greater efforts to rid our communities and world of hunger.

As part of this mission, we send a twice-monthly newsletter: “Stories of Iowans Fighting Hunger”, which celebrates innovative efforts and collaborations among Iowa’s Hunger Fighters.

We have included several of these newsletter stories in Part One of this printable Iowa Hunger Directory.

For more information, or to receive our newsletter in your inbox, please contact me at 515-245-3730 or slauer@worldfoodprize.org.

Sincerely,
Stephen

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Schools Reduce Food Waste, Improve Menus through “No Thank You” Box (3/13/2015)



Acting within the framework of federal and state regulations, [Des Moines Public Schools](#) are reducing food waste and improving their menus by placing “No Thank You” boxes in ten elementary and middle school cafeterias. The district’s goal is primarily to avoid food waste by serving healthy food that students choose to eat and secondarily to redirect unwanted, healthful food to help students who need it.

The No Thank You boxes are placed near the cafeteria doors next to the garbage cans and give students the option of returning uneaten food items such as apples, bananas, and unopened cereal bowls. The returned food is inspected for integrity, washed, and given to the school nurse, who distributes it to students who are hungry or need to take food with their medicine. In partnership with the [Food Bank of Iowa](#), the district is including some of the rescued food in its Backpack Buddies program.



In addition to rescuing unwanted but wholesome food, a primary objective of the No Thank You Box program is to improve the school menu by discovering and replacing the food items that are most often returned. Administration already knows from production figures how many of each food item is taken, but production figures alone do not show how many of the items taken are actually consumed. The No Thank You Box helps bridge this gap by indicating how many items are taken but not eaten.

A common concern with school food rescue programs is that students will decide not to eat food that they would otherwise consume so that they can share it with others. The Des Moines Public Schools addressed this concern in two ways:

1. They do not advertise to their students what happens with the rescued food. Students know that the food doesn’t go into the garbage, but they are not told that it goes to the school nurse for distribution to kids who might be hungry.
2. The name “No Thank You Box” was deliberately chosen instead of a “Sharing Table” name, in order to downplay the generosity aspects of the program.

Additional suggestions include:

- Because the primary goal is to improve the menu so that less food needs to be rescued, it is important not to evaluate school food rescue programs solely based on the amount of food rescued.
- Partnerships and collaboration are essential for this type of work. Outside partners include the Food Bank of Iowa and the FoodCorps VISTA program. Internal partners include school administration, food service personnel, nurses and teachers.

For more information about the Des Moines Public Schools food rescue program, please contact Ms. Amanda Miller at amanda.miller@dmschools.org or 515-242-8308.

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Emmetsburg Borlaug Scholars Research and Combat Hunger (3/13/2015)



In the spirit of Dr. Norman Borlaug and his legacy of alleviating world hunger; the [Emmetsburg High School](#) sophomore class has researched, created posters and presented to their peers the plight of those who are food insecure in various countries. The students also proposed solutions to these barriers to food security.

In an effort to assist hungry people in their own community the "EHS Borlaug Scholars" responded to a Canned Food Drive challenge where they collected 288 lbs of food that has been delivered to the [Upper Des Moines Food Pantry in Palo Alto](#). The students have the option of turning their research into a formal essay for the honor of attending the [World Food Prize Iowa Youth Institute](#) that will be held April 27, 2015 at Iowa State University.

For more information about the EHS Borlaug Scholars, please contact Ms. Tricia Richert at treichert@e-hawks.org or 712-852-2966.

February Question of the Month: Responses are In (3/13/2015)

Last month, we asked Iowa Hunger Directory members to share the most important constraint limiting the effectiveness of their work against hunger. Here are their answers:

- Too little support for objectively effective government nutrition programs. The politics of attacking government and marginalizing low income individuals and families is preventing communities, states, and our country from using highly cost effective programs to provide a springboard for people to improve their lives. – Matt Russell, [Drake University Agricultural Law Center](#)
- With nearly \$50 million in cash and non-cash contributions to food banks in Iowa, we are able make food available to the 389,730 food-insecure Iowans. However, as retail contributions decrease and food prices rise, it is becoming increasingly difficult to meet the demand. Ninety-two percent of cash and non-cash contributions to food banks come from the private sector; the remaining eight-percent comes from federal and county sources. If we want to alleviate hunger in our state, we need to encourage state elected officials to invest in feeding our friends and neighbors. Investing in anti-hunger activities will have a tremendous impact on state's economy, health, and education. – Cory Berkenes, [Iowa Food Bank Association](#)
- Food supply and identifying needs of families for our Backpacks Against Hunger school program. – [Interstate 35 Middle School Backpacks against Hunger](#)
- Money and Food. November 2014 was our highest month of usage in our Food Pantry Network's nearly 40 year history. We continue to see increases in use from month to month. Donated food and donated money for purchasing food help us keep up with this rising demand, but it is a constant struggle. – Luke Elzinga, [Des Moines Area Religious Council](#)
- Lack of flexibility from the Food Bank on how food is distributed and to whom. (income requirements, not allowing for proxy-pick up, self-imposed rules on donated fresh produce, etc). – Anonymous Respondent
- Lack of effective coordination among providers, funders and food banks. We are not addressing the systemic problems of fund insecurity, rather we are continuing to use models that we are familiar with and with which we can raise money. – Anonymous Respondent

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Honduran Farmer Shares his Story with Iowa Partners (2/25/2015)



As a Christian response to world hunger, [Foods Resource Bank](#) (FRB) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger. FRB engages volunteers to raise money through "Growing Projects" for between 50-60 overseas programs a year.

Last weekend, almost 60 representatives of Growing Projects across Iowa and the Midwest gathered at Zion United Church of Christ in Waukon to learn from one of the Honduran farmers who has benefited from their efforts. After receiving training from a local FRB partner in Honduras, Melecio Cantoral now grows 29 different crops on his 4 acre farm.

This diversity enabled his family to survive crippling weather extremes last year and to share his harvest with his neighbors. FRB staff and volunteers emphasize the importance of sharing the stories of farmers in Iowa and around the world to build community and solidarity as they confront hunger. In addition to his presentations, Melecio [shared his story](#) in the Sunday Des Moines Register.

For more information about FRB, please contact Rev. Joan Fumetti at joan@foodsresourcebank.org or 515-421-5545.

Growing Dome Project Supports Year-Round Gardening and Vocational Training (2/25/2015)

Lush beds of salad greens are a welcome sight on a cold February afternoon at the [Central Iowa Shelter and Services](#) (CISS) Growing Dome. The Growing Dome project provides vocational training to people living at risk of homelessness and helps Central Iowa Shelter and Services get a head start on its summer gardens.



The physical structure is a 33-foot-diameter dome which came in a box and took about a day to set up. The dome design allows it to maintain favorable temperatures without heaters or access to electricity and a large water tank absorbs heat in the daytime and releases it at night. Plans are being developed for raising Koi fish in the water tank and selling them to local pet stores.

Employees in the vocational training program practice soft job skills such as punctuality, emotional intelligence, and following direction; develop gardening and culinary food preparation skills; and build their employment histories. As the Growing Dome project matures, trainees will expand food production in the indoor and outdoor gardens, process the harvest in the CISS certified kitchen, and begin marketing produce through a street-side food cart.

CISS purchased their Growing Dome from [Growing Spaces](#). Start-up cost is a barrier, with the 33 foot dome kit costing \$30,000. CISS partnered with DuPont Pioneer to cover the cost of the dome infrastructure.

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Based on their experience so far, CISS staff recommends:

- Start slow. CISS is focusing on streamlining production in the Growing Dome before expanding to culinary and marketing activities.
- Partnerships are essential. This project was only possible because of the support of [DuPont Pioneer](#) and [United Way of Central Iowa](#).
- Share the story. The Growing Dome project is an exciting initiative, but outreach to media and community groups is essential to spread excitement and encourage support from the community.

For more information about the CISS Growing Dome project, please contact Mr. AJ Olson at aolson@centraliowashelter.org or Ms. Jorie Landers at jlanders@centraliowashelter.org or 515-564-5752.

Corporate – Nonprofit Partnership Rescues over Two Million Pounds of Food (2/12/2015)

Since 2011, [Kwik Trip](#) and partner food banks, including the [Northeast Iowa Food Bank](#), have rescued over 2 million pounds of food through the Kwik Trip Food Rescue program. This corporate – nonprofit partnership combines the skills and assets of Kwik Trip and food banks to better reach the shared goal of food secure communities:



- Kwik Trip's logistical and marketing skills are combined with food banks' community needs assessment and client relations skills, and;
- Kwik Trip's surplus food assets are combined with food bank's food distribution assets;
- Resulting in more food secure communities, which food banks serve and where Kwik Trip does business.

Kwik Trip traditionally waits until there are at least ten of their stores in a food bank's service area before initiating a food rescue partnership, and challenges partnering food banks to rescue food from every Kwik Trip store in their region.

Food bank staff and volunteers typically collect food two times a week from participating Kwik Trip stores. To ensure quality as the rescued food is transported, Kwik Trip helps partner food banks:

- collect food from Kwik Trip stores in totes, and;
- transport food in climate controlled vehicles.

Kwik Trip, Inc. relies on the partner agencies each food bank has in their network. Each food bank will partner with a local agency that is able to conduct store pick-ups at a minimum of 2 times a week. Donated/Rescued food stays in the local communities and ultimately reduces hunger in the communities where Kwik Trip and Kwik Star are located. Even donations raised at store level are distributed through the food banks to the partner agencies that are picking up at the stores.

The program began as a small pilot in 2011 with the Channel One Regional Food Bank in Rochester, Minnesota. By September, 2012, the program expanded to include Second Harvest Heartland Food Bank in the Twin Cities and the Northeast Iowa Food Bank. Food banks serving Wisconsin were added in 2013, and the program will soon expand again to include the [River Bend Foodbank](#) serving Eastern Iowa and Western Illinois. With these expansions, the program is on track to rescue over 1 million additional pounds of food in the fiscal year ending in September 2015.

For more information about the Kwik Trip Food Rescue Program, please contact Mr. Marty Putz at MPutz@kwiktrip.com or at 608-793-6218.

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Inspired by Iowa Youth Institute, Boone Students Continue Fight Against Hunger (2/12/2015)



Almost 100 people gathered in the [Boone High School](#) gymnasium on Friday to fight hunger through the second annual Boone Community Hunger Banquet. Participants learned about how food is distributed unequally in the world and raised money for a student-led meal packaging activity. The Boone student-organizers were inspired by ISU freshman Paige Myers, who was in turn inspired by her experiences as a high school delegate to the Iowa Youth Institute at Iowa State University.

The Iowa Youth Institute inspires the next generation of hunger fighters. Students work with a teacher-mentor to research and present their own solutions to food insecurity, participate in hands-on experiments and simulations led by ISU faculty, and network with peers and leaders in government, business, the nonprofit community and academia. Full details are online at <http://www.worldfoodprize.org/iowayouth>.

Iowa Hunger Fighters Draft Sports Fans through the Souper Bowl of Caring (1/29/2015)



Iowa's hunger-fighting community is reaching out to sports fans this season through the [Souper Bowl of Caring](#) – an opportunity for individuals, church congregations, and other groups to team up against hunger. Teams can join the national Souper Bowl movement online and raise funds for their local food banks and food pantries. Food banks and pantries can benefit from the Souper Bowl simply by encouraging members of their communities to participate. The [Food Bank of Northeast Iowa](#) is taking this approach. [Meals from the Heartland](#) is taking a similar approach to raising awareness through their independent [Souper Bowl 2015 Challenge](#).

This year, [Davenport Volunteer Connection](#) is partnering with other area organizations to take the Souper Bowl of Caring to the next level through a kick-off event on Martin Luther King Day and a two week donation drive through Super Bowl Sunday.

Davenport Volunteer Connection, AmeriCorps member and RSVP collaborated to organize the local Souper Bowl drive to benefit the Kings Harvest Ministries food pantry. Over 150 community members participated in the very first Davenport area Souper Bowl kick-off event, which raised funds and awareness of the food pantry and of the importance of volunteering and national service organizations.

Organizers credit the event's success to:

- Partnering with United Neighbors to hold the Souper Bowl kick-off during their annual MLK Day Celebration. This boosted participation in the kick off without adding an additional competing event to the MLK Day of Service – especially important because the Souper Bowl kick-off had not been done in Davenport before.
- Bringing together three National Service groups to co-organize the event. By working together, Davenport Volunteer Connection, AmeriCorps, and RSVP were able to make their message of community service through collaboration much more powerful.
- Recruiting community ambassadors to help publicize and promote the kick-off and ongoing drive.

Recruiting more ambassadors and teaming up with other events to get more foot-traffic past the donation pots would further increase the success of the ongoing Souper Bowl drive.

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For more information about the Davenport Souper Bowl of Caring drive, please contact Ms. Alisha Espey at aespey@ci.davenport.ia.us or 563-888-3201. For more information about the Northeast Iowa Food Bank's Souper Bowl promotion, please contact Nikki Litzel at nlitzel@northeastiowafoodbank.org or 319-235-0507. For more information about Meals from the Heartland's Souper Bowl 2015 Challenge, please contact Mr. Dave Bradley at dave.bradley@mealsfromtheheartland.org or 515-473-9530.

January Question of the Month: Responses are In (1/29/2015)

Last month, we asked Hunger Directory members to share what combination of relief (addressing the immediate needs of hungry people) and development (helping hungry people better meet their own needs over time) best describes the work that you do. Here is some of their feedback:

- "The focus changes as resources / donations become available. Without donations, we don't have resources for relief. Our long term emphasis is on development. We are glad to be involved in both."
- "We provide relief through student meals every day, but also development by education students and families which will help them be better able to seek and provide healthy food for themselves."
- "It's difficult for the Coalition to separate feeding and development. Our goal to alleviate hunger, especially childhood hunger requires a combination of feeding, empowering, and advocating."

Rescued Food Helps Feed Muscatine's Hungry (1/15/2015)



For a variety of reasons, grocery stores, restaurants, farmers markets and gardens often find themselves with a surplus of healthy food that they are unable to sell. Food rescue initiatives channel this extra food to meal sites and food pantries, thereby reducing waste and helping feed hungry people.

A new collaboration in Muscatine rescues a weekly average of 4,000 pounds of food, valued at \$96,000, without any new source funding. Food is collected from [Hy-Vee](#), Hy-Vee Mainstreet, Fareway and Pizza Ranch. It goes to the Muscatine Community Food Pantry, Pearl City Outreach and the Salvation Army.

Successful food rescue initiatives must master the logistics of communication (connecting groups with surplus food to groups needing food) and transportation (moving the food).

The Muscatine Blue Zones Food Policy Group, which launched the food rescue initiative in April 2014, manages the logistics of communication between organizations. Transportation is accomplished through the dedication of fourteen volunteers, supported by the Volunteer Center at the [United Way of Muscatine](#).

More information about national food rescue [best practices](#) is available through the [Food Waste Reduction Alliance](#).

[Table to Table](#), a 30-year-old food rescue program in Iowa City is a go-to source for Iowa best practices. Table to Table provided the model for the food rescue initiative in Muscatine and is also advising an effort by [Eat Greater Des Moines](#) to improve the coordination of food rescue efforts in central Iowa through the use of the "Food Cowboy" mobile app.

For more information about the Muscatine food rescue initiative, please contact Ms. Nichole Sorgenfrey at nichole@unitedwaymuscatine.org or 563-263-5963. For more information on Table to Table, please contact Mr. Bob Andrlik at bob@table2table.org or 319-337-3400. For more information about Eat Greater Des Moines, please contact Ms. Aubrey Alvarez at aalvarez@dmreligious.org or 515-491-1891.

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Iowa CROP Walks Raise over \$400,000 to Combat World Hunger in 2014 (12/18/2014)

[Church World Service](#) CROP Hunger Walks provide Iowans in nearly 80 cities and towns with the opportunity to walk to raise awareness and funds to fight hunger in their communities and around the world. In [August](#) and [September](#), we wrote about how CROP Hunger Walks can become community-wide celebrations of Iowa's agricultural heritage and service ethic.



[Church World Service Field Director, Jordan Bles provides an update on this year's walks:](#)

From Dubuque to Sioux City, from Ames to Burlington, in nearly 80 communities overall, Iowans across the state walked to support the work of Church World Service in the United States and around the world, and to support local agencies working to end hunger in their communities. More than \$400,000 was raised by more than 1500 walkers statewide. The communities of Dubuque, Wayland, Ames, Iowa City, Cedar Rapids, the Quad Cities, Muscatine, and Sioux City all raised more than \$20,000! Thanks, Iowa, for another year of partnership working to end hunger and poverty locally and globally!

For more information about CROP Hunger Walks, contact Mr. Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

Over 200 Iowans Discuss “Women Doing Democracy” (12/18/2014)

The 2014 [Women Food and Agriculture Network](#) Conference on November 14 and 15 in Fairfield brought together over 200 people around the topic of “Women Doing Democracy: Building Grassroots Coalitions to Grow Healthy Food and Farming in Your Community”.

The keynote address was delivered by Karen Washington, a community activist, gardener and founder of Black Urban Growers delivered the keynote address. Black Urban Growers (BUGS) builds networks and community support for growers in both urban and rural settings, and nurtures collective black leadership on food and farm issues.

Ms. Washington lives and works in South Bronx, in one of the poorest congressional districts in the United States. Based on her experiences as an organizer working to improve access to healthy food in poor neighborhoods and among people of color, she recommended that Iowans consider to following:

- Explore the synergies between aging and youth populations. Elders often have knowledge of gardening, cooking, and the “home-economics” skills that much of society has forgotten. Young people often bring the most current computer and social media skills to a partnership.
- When doing outreach, find the community leaders who are already working in an area and partner with – and listen to – them.
- The best way to get people together is to share a meal. Invitations should be delivered in person or over the phone. Be mindful of challenges of transportation, childcare, work-schedules, and translation.

For more information about the Women Food and Agriculture Network, contact Ms. Bridget Holcomb at 515-460-2477 or bridget@wfan.org. The proceedings of the 2014 WFAN Conference are available [on their website](#).

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Successful “Food for Thought” Discussion Series Provides Lessons for Organizing Community Conversations (12/9/2014)



This fall, the [Food Bank of Iowa](#) held a “Food for Thought” discussion series in five communities in North-Central Iowa. The Food for Thought discussions brought together over 100 people in Storm Lake, Spencer, Sheldon, Estherville, and Humboldt. Participants shared and learned about food insecurity, and discussed types of food assistance programs and ways the Food Bank of Iowa can help. The discussions led to new partnerships to combat hunger in North-Central Iowa, including with: 4 community food pantries, 9 new Backpack Program partners, 4 School Pantry partners, and a new Mobile Food Pantry location.

Christina Zink, Communications Manager at the Food Bank of Iowa, offers the following reflections on how they organized community discussions in North-Central Iowa:

When planning the series, we took a hard look at:

- Counties in our service area that have relatively high food insecurity rates
- Counties in our service area where we don’t have many partner agencies
- Distance, we wanted as many individuals as possible to attend so we chose towns that are easily accessible
- We also looked at availability of space to hold the meetings

In order to have a variety of individuals and groups represented, *Food for Thought* was open to the public. We did targeted invites as well to:

- County and local government
- Businesses and chambers
- Churches, community centers, senior centers
- Schools
- Media
- Non-partner organizations that we wanted to learn more from and start up conversations
- Our current partner agencies that attended were able to talk about our partnership and ways in which the Food Bank of Iowa can help

We were so pleased, not only with turnout, but the conversation between attendees and the Food Bank of Iowa. There are three takeaways from this event:



1. Community members are working very hard to solve food insecurity in their local communities. While we looked at locations with few food bank partner agencies, there are many existing food assistance programs doing great work. Local community partners from media outlets to churches to businesses are working together to provide volunteer, financial and awareness support. The Food Bank of Iowa sees its role as providing support to their current initiatives and helping to expand their services.

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2. There is a need. Despite the incredible efforts going on in the community, there remains a significant gap in serving food insecure individuals. As we continue to converse and partner, there are many counties that have emergency food providers that require families to drive over 30 miles to receive help.

There are areas that have a high child hunger need and no program to help provide food assistance over the weekend. How can we get more partner agencies in these areas? Part of the Food Bank of Iowa's mission is to educate and partner, we hope as we continue sharing and learning about the need, communities and leaders will come together to help solve hunger issues.

3. Our third takeaway is relationships. It is through relationships that we build trust and understanding. Being able to have face-to-face interaction and foster personal relationships with the communities in our service area can really drive a shared vision, open communication and accountability.

For more information on *Food for Thought: Food Insecurity in Your Community*, please contact Tyler Dillon, Food Bank of Iowa AmeriCorps VISTA at 515-729-8624 or tdillon@foodbankiowa.org

Food Banks at the Center of Hunger Efforts (11/20/2014)



Backbone organizations help communities tackle complicated problems by bringing people together and helping new groups plug-in and become part of the solution. When it comes to hunger in Iowa, Food Banks are well-placed to serve as backbone organizations. While Food Banks can't solve hunger alone, their networks of partner-organizations, volunteers, advocates and resources across the areas they serve put them in a position to serve as conveners and match-makers among hunger initiatives in their regions.

The Northeast Iowa Food Bank leverages its status as a backbone organization through a constant focus on community outreach, being present at a large number and variety of community events, and aggressively publicizing their activities and those of their partner organizations.

Barb Prather, Executive Director of the Northeast Iowa Food Bank, provides more details:

"A look at the [Northeast Iowa Food Bank](#)...."

I was asked recently, how the Northeast Iowa Food Bank became the center point for hunger in northeast Iowa, so I paused to reflect on where we have come from over the past 30 plus years of existence.

The Food Bank began, as a food pantry, in 1981. Businesses were downsizing and closing in Black Hawk County and many people were in need. At the same time, nationally Second Harvest-now called Feeding America, began. Their purpose was to rescue food from manufacturers that was going in the dump and get it to people who need it.

Food Banks serve organizations, food pantries serve people. So in the beginning, locally, the Food Bank had a pantry that served Black Hawk County and was the first point of contact for people who needed food in our community. It then began serving nonprofit organizations in 16 counties.

The key to the Food Bank's success from the start has been community collaboration. From the beginning we partnered with the community to pick up food donations and distribute it to people in need. When we started each of our programs, first the food pantry and then the food bank, we needed both food donors and community organizations. We also needed the community to support us with additional food, funding and volunteers.

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Since 2000, we have really made great strides in combating hunger and building community partnerships. Kids Café was a partnership started with ConAgra and the Boys and Girls Club; the Backpack Program started as a partnership with the schools, United Way, John Deere and community groups; the Elderly Nutrition Program started as a partnership with Area Agencies on Aging; Mobile Pantries partner with community groups and this summer our new Community Garden was a partnership with UNI. These, however, are the big picture view of the collaboration and partnerships we have started and continued.

Through the years these have been sustained because of the work of many, whether it is a study or in the action we take to get the message across. Conducting Hunger Studies, advocating for a strong nutrition title in the Farm Bill and sharing the Feeding America and USDA studies are tools used to raise awareness. We use these when we talk about the Food Bank and do presentations, give tours of the Food Bank, prove volunteer opportunities, and network with businesses, churches and the community. Being a resource on hunger issues in the community has helped us to increase awareness and be a strong voice for the people we serve. The Food Bank can't do what we do alone, it takes all of us. We have strived to not only provide food but to be a resource to educate the community that hunger does exist.



As a result of this work, when it comes to hunger related issues and research, the community calls the Food Bank. When we have a volunteer need, the community answers our call. Giving the community facts, information and ways to help make a difference on how the community will respond. We have spent a lot of time letting the community know what we do and marketing our mission and the resources we have to assist in reducing food insecurity in northeast Iowa. The community wants to help and we have provided them a venue for helping. As a result, more resources are gathered so we can provide more programs and make a difference.

The Northeast Iowa Food Bank continues to provide the best service we can to the community and those in need. We are only limited by the resources we are given. From starting as a food pantry providing a few thousand pounds of food to becoming a hunger relief organization that provides food to many and hunger education to the community, we continue to strive to live out our mission. We want to provide as much information as we can to the community and continue to be the resource on the hunger issue in northeast Iowa. In doing so, those who need food and who need assistance will have it because we were able to be a resource for them.”

More information about the eight [Food Banks serving Iowa](#) is available through the Iowa Hunger Directory.

Iowa President, Humanitarian Hero Honored in West Branch (11/3/2014)



Saturday, October 25, was the 50th anniversary of President Herbert Hoover's state funeral in his boyhood home of West Branch, Iowa. Hoover is the only Iowa-born United States President, and the first to be born west of the Mississippi River. He is also one of Iowa's – and the world's – greatest humanitarian heroes, whose famine-relief initiatives during World War One and again following World War Two are credited with saving up to 1.4 billion lives.

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As the leader of the Commission for the Relief of Belgium during World War One, Hoover spearheaded an unprecedented initiative to purchase and deliver food to over nine million Belgian men, women, and children who were trapped between the occupying German army and a British naval blockade. Hoover secured diplomatic privileges for the Commission and negotiated with both sides of the conflict to ensure that food was safely delivered to starving civilians. His fundraising efforts were such that the Commission was left with surplus funds after the armistice, which were used to rebuild schools and establish a Belgian-American cultural exchange program. Following World War Two Hoover again sprang into action, conducting an assessment of global hunger that resulted in further American leadership to avert famine.



Remembrance ceremonies on October 25th included a grave-site reading of the eulogy delivered at his state funeral 50 years ago and remarks by Iowan dignitaries, including World Food Prize President Ambassador Kenneth Quinn. Perhaps the greatest tribute paid to Hoover that day was a 3 ½ hour meal-packaging event in the high school gymnasium, where over 250 volunteers packaged 84,024 meals for distribution to hungry families in Iowa and abroad. Organized on a three-month timeline by the [West Branch Lions Club](#) in partnership with [Outreach, Inc](#) and local businesses, the activity was described as “something simple that everybody can do”.

West Branch Lion’s Club organizer Mike Quinlan, who climbed a tree as a boy to watch the original state funeral, captured the spirit of the community, saying: “After serving our country in the armed forces, serving the hungry and our community is the best thing we can do to honor the legacy of President Hoover”.

These same Iowa-values once led President Herbert Hoover to declare: "For thousands of years, the question 'am I my brother's keeper?' has echoed in the conscience of mankind. The American people were the first in history to accept that obligation as a nation."

Read Ambassador Quinn’s full remarks [here](#). For more information about the West Branch meal-packaging event, contact Mike Quinlan at bigquin9@lcom.net or at 319.631.4017.

Food for Thought Meetings Tackle Food Insecurity in North-Central Iowa (9/30/2014)

A Food for Thought meeting in Storm Lake on September 25th brought together over 50 participants to discuss food insecurity in Buena Vista, Sac and Calhoun counties. Organized by the [Food Bank of Iowa](#), the dialogue included perspectives from government officials, university staff, students, church leaders, school administrators, and area food pantries. Discussion topics included healthy eating, the HUSH and Backpack programs of the Food Bank of Iowa, volunteer recruitment and retention, food rescue and transportation for people to gain access to healthy food.

Conclusions included:

- A major constraint to area food assistance programs is the difficulty in recruiting and retaining regular volunteers. Discussion participants suggested more targeted outreach to churches, youth groups & schools.
- Food rescue efforts may need to be expanded. These efforts currently include a partnership between Community Basket Ida, The Bridge, Pizza Hut, and Sodexo. Meat food rescue operations such as Food for Life at a locker in Paullina are seen as particularly valuable.
- The Good Samaritan Act protects restaurants and others who donate food in good faith from liability.
- The Farm to Food Donation Tax Credit supports farmers who donate food to food banks and pantries.

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Meal Packaging takes Cresco Festival to New Heights (9/30/2014)



The 2014 Norman Borlaug Heritage Festival in Cresco, Iowa hit a high note this year with the addition of a meal-packaging session to the weekend's activities. This annual festival is organized by the [Cresco Chamber of Commerce](#) and the Norman Borlaug Heritage Foundation, and combines a small-town, Iowa harvest fest with a celebration of the life and legacy of Cresco-area native Norman Borlaug. As part of the festival this year, over 50,000 meals were packaged for hungry people in Northeast Iowa and overseas. Organizers describe the addition of meal packaging to the festival as a "crescendo", which built community spirit and helped area residents to become valued participants in the fight to end hunger.

As the kick-off to the Norman Borlaug Heritage Festival, over 300 fifth-grade students from eight area schools gathered on the Borlaug Family Farm for "Inspire Day" to learn about hunger, agriculture, and Norman Borlaug's life and work. During Inspire Day, students packaged 6264 meals for the hungry from the Borlaug barn. On the last day of the festival, community members gathered at [Cresco High School](#) to package the remaining 43,746 meals. People in the community are eager to package again next year and planning for a repeat performance has already begun.



The [Cresco CROP Hunger Walk](#) was also held in conjunction with the festival. Walkers raised \$5239 to fight hunger internationally through Church World Service's programs and locally by supporting the local food pantry at Community Action. This year, the Cresco CROP Hunger Walk was organized in partnership with the Prairie Springs Recreational Trail 5K, which helped raise awareness and increase participation in both activities. Elderly and others preferring not to walk/run raised funds and participated in the event through a "CROP Hunger Rock" by sitting in rocking chairs near the route for the duration of the walk.

Based on their experiences adding meal-packaging to the Norman Borlaug Heritage Festival, organizers suggest that other communities:

- Reach out to [Meals from the Heartland](#) and [Outreach, Inc.](#), two organizations that specialize in helping organizations and communities package meals for the hungry. Meals from the Heartland and Outreach, Inc. have a wealth of information about how much money to raise to cover the cost of food, the size and type of venues needed for a packaging event, and walk event organizers through every step of the process.
- Involve schools, churches, and clubs in packaging and fundraising activities. Groups in Cresco raised \$50,000 to help cover the cost of the meals by encouraging their members to donate money and register for a packaging shift during the festival.
- Make sure people know that some of the meals stay to help local families who are hungry. By keeping half of the meals in Northeast Iowa, organizers at the festival helped people feel that their efforts were more local and tangible. Community members will also know that their efforts are successful when they start seeing the meals they packaged on the shelves of their local food pantries.
- If possible, secure a matching donation from an area business or foundation. The Lynch Family Foundation agreed to match the \$50,000 raised by Cresco community members, which made fundraising easier and doubled the amount of meals that could be packaged during the festival.

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For more information about the Norman Borlaug Heritage Festival, contact Ms. Spiff Slifka at spiff@cedausa.com. For more information about the Cresco CROP Hunger Walk, contact Ms. Vickie Grube at vgrube@mac.com. For more information about Meals from the Heartland, contact Mr. Dave Bradley at dave.bradley@mealsfromtheheartland.org. For more information about Outreach, Inc., contact Mr. Matt Hamilton at matt@outreachprogram.org.

Donations from Ag Youth Benefit Iowa Food Pantries (9/30/2014)



At the recent Farm Progress Show in Boone, Iowa, [Monsanto](#) partnered with [Farm Progress](#) and the [Howard G. Buffett Foundation](#) to sponsor the sixth annual America's Farmers Food Drive. The drive collected 6,847 pounds of food for food pantries in the Boone area.

FFA chapters and 4-H clubs from across the state were asked to join the cause, and 52 responded to the challenge. FFA and 4-H members who brought food received free entry to the show, and the FFA chapters and 4-H clubs who brought the most food, in pounds, were awarded \$250 each.

The ag youth organizations with the most food donations who will receive a monetary donation are the Garner Hayfield FFA Chapter, the Newton FFA Chapter, the Humboldt FFA Chapter, and the Happy Homebodies 4-H Club.

For every pound of food collected at the America's Farmers Food Drive, Monsanto committed to matching a \$1 donation, up to \$10,000, to the [United Way of Story County](#). Despite the fact that the food drive collected less than 10,000 pounds of food, due to rainy weather and a shortened show, Monsanto donated the full \$10,000. The Howard G. Buffett Foundation also committed to a matching donation of \$6,847 to Feeding America.

Community Comes Together on Sweet Corn Project (9/12/2014)

A community-wide effort to provide families with access to fresh sweet corn has emerged in the town of Ossian providing clients of the [Greater Area Pantry](#) with 70 bags of donated sweet corn every week.



The effort began as a spontaneous act of generosity by Doug and Mary Lou Egeland, who decided to donate sweet corn from two-and-a-half acres of their land. When Doug ordered the sweet corn seed from Pat Tekippe at Farmers Union Coop, the coop and DuPont Pioneer agreed to donate the seed. Doug's neighbor, Al Schmidt donated the fertilizer. Many community groups have volunteered labor to pick the sweet corn, including groups from Boy Scouts, Zion Lutheran Church, Calmar Lutheran Church, First Lutheran Church in Decorah and the Calmar & Ossian Co 4-H club. South Winneshiek Elementary school now plans to create an educational day at the sweet corn field for its students.

Extra sweet corn beyond what Greater Area Pantry clients need is taken to market, with the proceeds donated to support the work of the pantry.

Ms. Joanne Roney with the Greater Area Pantry observes that this project was only possible due to the broad support among the community. Picking 800-850 ears of corn each week for the pantry is a source of community pride, and plans are underway to do it again.

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Hunger Action Month is Underway (9/12/2014)

The month of September is Hunger Action Month, and Iowans are responding with a number of exciting initiatives, among them:

- [Panera Bread of Iowa](#) hosted a [Hunger Action Day Fundraiser](#) on September 4th, donating 10% of customer purchases to local Iowa Food Banks.
- [Hy-Vee](#) stores kicked off the [12th Annual Hy-Vee Colossal Cookie Sale](#) on September 7th. Running through September 22nd, Hy-Vee will donate a penny to the DMARC Food Pantry Network for every cookie purchased at stores in Central Iowa. This money adds up: since the Cookie Sale began in 2003, Hy-Vee stores have sold over 8.5 million cookies and have donated more than \$85,000 in food products to DMARC's network of neighborhood pantries in greater Des Moines.
- The [Great American Milk Drive](#) is coming to the Downtown Des Moines Farmers Market on September 27th to raise awareness and support for Iowa's food banks and food pantries. In the five months since the Great American Milk Drive began, more than 4200 gallons of milk have been donated.
- The [Food Bank of Iowa](#) is launching a community dialogue series focusing on hunger in North-Central Iowa. At each dialogue, the Food Bank of Iowa and their current local partners, community leaders and general public will come together to spread awareness about food insecurity to community leaders and members who may be in a position to help reduce it. Goals include fact-finding and fostering networking between relevant organizations, matching local needs to Food Bank programming and determining whether new Food Bank programs are needed to match local needs. Dialogues are currently scheduled in [Buena Vista](#), [Spencer](#) and [Estherville](#).
- The Food Bank of Iowa has released [a downloadable calendar](#) with additional ideas for celebrating Hunger Action Month.

FFA Students, Land O'Lakes Spearhead Community Hunger Effort (8/28/2014)

The [Land O'Lakes Foundation](#) and the [Roland-Story FFA chapter](#) are partnering to address food insecurity in Story City through community gardening. For FFA students, the partnership provides an excellent opportunity for service learning and to engage with more members of their community.



Under the guidance of Advisor Brad Taylor, twenty-two FFA students manage 1.5 acres of sweet corn and 4,000 square feet of potatoes, peppers, tomatoes, onions, kale, beans and peas. So far this year, over 1500 pounds of fresh produce were donated to Loaves and Fishes, the local food pantry.

The garden would not have been possible without the support of many corporate and community partners. The Land O'Lakes Foundation provided \$1,200 and a "tool-kit" of gardening information to help the FFA chapter launch the garden.

The local Land O'Lakes WinField Answer Plot donated the land for the garden, and WinField employees are available to provide technical support when needed.

Additional partners include:

- Key Co-Op, which provides fertilizers and chemicals if needed;
- Story City, which delivers water to the garden with their tanker truck;
- The Story City Herald, a local newspaper that provides publicity, and;
- Several adults from the community who help with harvesting.

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The Land O'Lakes Foundation currently supports twenty-one FFA chapters in the Midwest to manage gardens near Winfield Answer Plots, including Iowa FFA chapters in Creston, Gilbert, and Roland-Story. More information about the program is [available on the Land O'Lakes website](#).

Based on their experience, Roland-Story FFA Advisor Brad Taylor has the following advice:

For FFA Chapters looking to start a project:

- FFA Chapters should contact a WinField representative about becoming involved with their project.
- After contact is made with WinField, the chapter should approach their local food pantry to find out whether they will support the effort and when is the best time to deliver or hand out produce.
- Start small and be sure to have enough workers to manage the garden.
- Till to control weeds early. Roland-Story FFA tilled the garden every day for the first month to eliminate weed problems (it took about 10 minutes to till the entire garden).
- When planting, space rows far enough apart to make it easier to control weeds.
- Publicize the activities using local newspapers and social media.

For Food Pantries looking to start a project:

- Talk to the local FFA chapter to see if there is a mutual interest. FFA chapters will need to know approximately how many families the pantry serves every week.
- Have ideas about what produce your clients prefer, and recognize that some produce should be distributed with recipes so that families will know how to prepare it.

Making Action Against Hunger a Community Celebration (8/13/2014)



One way to bring people from many different perspectives and faith traditions together to raise money and fight hunger is to make a community celebration out of it. This is the approach taken for 37 years by the [Sioux City CROP Hunger Walk](#); the second longest running of over 80 CROP Hunger Walks across Iowa.

Last year, the Sioux City CROP Hunger Walk brought together 365 walkers and raised over \$36,400 to combat hunger. Of the money raised, 25% goes to relieve local hunger through programs at the [Community Action Agency of Siouxland](#) and Interfaith Resources. The remainder is used to alleviate global hunger through the programs of [Church World Service](#).

The Sioux City CROP Hunger Walk is organized by a small taskforce that meets during the months of August through October. A network of volunteer recruiters drums up support and involvement at 35 churches and schools in September and October. The walk itself takes place every year on a Sunday afternoon in October; complete with balloons and family-friendly activities for walkers of all ages. [This year's walk](#) will be on October 19th.

Organizers attribute the longevity and success of the Sioux City CROP Hunger Walk to:

- Participants are able to raise money to “fight hunger around the block and around the globe”, through an easy, concrete action that people can take together with their friends.
- The community-wide feeling of the CROP Hunger Walk that they cultivate by involving a large number of organizations every year; including 30 churches of many denominations and several high school clubs.

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- Efforts over the past 30 years to make the CROP Hunger Walk a family tradition by encouraging children to come in strollers or wagons, providing fun activities and balloons to walkers of all ages, and encouraging church confirmation classes and high school student clubs to invite their families to walk with them.
- Thanking participants and recruiters for their efforts. Recruiters are especially important for keeping churches, student clubs, and other groups engaged in the CROP Hunger Walk over the years, and the organizing committee works hard to recognize the dedication of their recruiters.

For more information about the Sioux City CROP Hunger Walk, please contact Ms. Rolene Beauvais at trb5052@cablone.net or 712-574-9607. For more information about other [CROP Hunger Walks in Iowa](#), please contact Mr. Jordan Bles at jbles@cwsglobal.org or 515-274-2224.

Teaming Up to Fight Hunger this Harvest Season (8/13/2014)



[Governor Terry E. Branstad](#) proclaimed September as Hunger Action Month today at the Iowa State Fair. Governor Branstad and Lieutenant Governor Reynolds were joined by statewide partners of the [Iowa Food Bank Association](#). The [Iowa Soybean Association](#) launched their Invest an Acre - Grain Gifting Program, [Midwest Dairy](#) spoke on the Great American Milk Drive, and the Deb and Jeff Hansen Foundation provided information on the Backpack Coupon Program.

In addition to these ongoing programs, Iowans have a special opportunity to help feed hungry people at the Farm Progress Show in Boone on August 26-28, and the 7th Annual Hunger Fight in Des Moines on August 27-30.

The [Farm Progress Show](#), along with Monsanto and the Howard G. Buffett Foundation (HGBF), is teaming up to feed Iowa's hungry with the America's Farmers Food Drive. Monsanto will match every pound of food donated (up to \$10,000) with a one dollar donation to the [United Way of Story County](#). The Howard G. Buffet Foundation will donate one dollar for every pound of food collected (up to \$10,000) to Feeding America. The top three FFA chapters and 4-H clubs in pounds of food donated will receive a \$250 donation from Monsanto. For more information about fighting hunger at the Farm Progress Show, email Mr. Rod Swoboda at rswoboda@farmprogress.com.

The 7th Annual Iowa Hunger Fight prides itself on being the largest hunger-fighting event in the country. Their goal is to package 5 million meals with the assistance of 15,000 volunteers. For more information or to volunteer, visit the [Meals from the Heartland website](#) or email Mr. Joel Odell at joel.odell@mealsfromtheheartland.org.

Web Videos and Nutrition Classes Help Families Eat Healthy on a Budget (7/31/2014)



[A new video](#) released by [Iowa State University Extension & Outreach](#) demonstrates that it is possible for families to eat healthy on a budget. In the video, mothers Andrea and Shelly explain how a series of eight nutrition classes provided them with ideas and concrete support in their efforts to improve their families' diets without breaking the bank. In 2013, ISU Extension & Outreach helped more than 80% of the participants in these classes improve their nutrition and make their food budgets go farther through the EFNEP and SNAP-Ed programs.

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In addition to the in-person classes, ISU Extension & Outreach provides nutrition education through the [Spend Smart, Eat Smart website](#), which includes a [section of educational videos](#) demonstrating shopping tips, food preparation, food safety and storage practices, and easy recipes for nutritious and budget-friendly meals.

ISU Extension relies on community partners to refer families to the classes and to share the web videos with people in their networks. ISU is interested in ideas for additional web-content and are eager to work more closely with food banks and food pantries in Iowa.

Community partners include service providers such as food pantries and WIC clinics, as well as others who are interested in healthier families in their communities. For example, Andrea was recruited through the WIC program and Shelly joined after hearing about the program through her apartment complex.

An especially innovative partnership involved an agency in Linn County which partnered with Extension to help their clients to eat better and get more exercise. Children receiving care at the office wanted to play soccer, but the fees to join soccer leagues were a barrier for their families. The agency arranged to cover league fees for children whose guardians joined the nutrition education program. Combining nutrition education classes for parents with soccer for kids provided the right mix of healthy eating and physical activity, helping these families become healthier.

For more information, or to suggest ideas for web-content or partnerships, please contact Christine Hradek at hradek@iastate.edu or 515-294-3554.

Iowa Family Featured in National Geographic (7/31/2014)

As part of their "Food Features" series, the latest edition of National Geographic magazine features the story of an Iowa family who is working to escape from hunger in Osage in Mitchell County. [Read their story](#) for insight into the root causes of hunger in Iowa and the United States. The [Northeast Iowa Food Bank](#) is working to alleviate hunger in 16 counties, including Mitchell County. Their Executive Director, Barbara Prather weighs in on the coverage: "Hunger affects people no matter where you live. In rural communities it is often harder to get to grocery stores because they aren't in every town. Families on limited incomes sometimes have to travel far to get food, spending more resources on gas. We appreciate National Geographic highlighting hunger in Iowa."

For more information on the work of the Northeast Iowa Food Bank, please contact Barbara Prather at bprather@feedingamerica.org or 319-235-0507.

Girl Scouts Produce Cookbooks for Eating Healthy on a Budget (7/7/2014)



In addition to common challenges of time and money, it is important for kids to be involved when their families decide to eat more healthily. Realizing that some of the people being helped at area food pantries are kids their own age, [Girl Scouts](#) in Story County are tackling these challenges with a new cookbook of healthy meals that are low-cost, simple enough for kids to help with preparation, and tasty so that kids want to eat them.

The Girl Scouts toured three food pantries in their community to get an idea of what foods were available. They wanted to create a cookbook that would utilize primarily those ingredients or other items that could be purchased inexpensively at local grocery stores.

The Scouts also toured 2 grocery stores, and talked to dietitians and [Iowa State Extension](#) for additional information. They wanted simple, nutritious and easy recipes that anyone could make and would appeal to kids of all ages.

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Originally the girls sold cookbooks directly to offset the printing costs. More recently the [United Way of Story County](#) partnered with the Girl Scout Troops to apply for a grant to print 500 copies of the cookbook. For more information, or to purchase copies of the cookbook, contact the girl scouts at gstroops28and150@gmail.com.

Travelling Photography Display Shows Faces of Hunger in Iowa (7/7/2014)



The Feed the Need photography display features real-life stories and faces of Iowans who struggle with hunger each day. Struggling to put food on the table is something most people don't talk about. Indeed, the need for community conversations about hunger came up as a priority at [Hunger Thought Leader Meetings](#) in Cedar Rapids, Waterloo, Sioux City, and Des Moines.

By bringing to life this wide array of stories, the [Iowa Food Bank Association](#) hopes to remind people about this critical issue in Iowa communities and encourage everyone to take action and help, whether by volunteering, donating or planting extra crops.

The exhibit, which includes the work of award-winning local photographer Molly Rogalla of Indianola, debuted at the Iowa State Capitol in April as part of the Iowa Food Bank Association's hunger awareness campaign. It is now travelling across Iowa through partnerships with local organizations.

Exhibitions are currently scheduled in [Des Moines](#), [Davenport](#), [Ames](#), [Waterloo](#), [Waukee](#), [Marshalltown](#) and [Cedar Rapids](#). To find out more information or to schedule an exhibition in your community, contact Michelle Winkey at 319-234-0776 or mwinkey@iowafba.org.

2014 World Food Prize Laureate Announced (6/18/2014)



On June 18, 2014, [Dr. Sanjaya Rajaram](#) was named the 2014 World Food Prize laureate for his development of 480 varieties of wheat, bred to offer higher yields, resistance to catastrophic rust disease, and that thrive in a wide array of climates. Dr. Rajaram succeeded Dr. Norman Borlaug in leading CIMMYT's wheat breeding program. His wheat varieties are grown by small- and large- scale farmers in 51 countries on six continents. Dr. Rajaram will be honored in Des Moines on October 16, 2014.

Support Veteran-Farmers through "Homegrown By Heroes" (6/18/2014)

Americans have a new opportunity to support veteran-farmers by purchasing food with the "Homegrown By Heroes" logo. Homegrown By Heroes agricultural products represent the labors of hardworking veterans that have now chosen to become farmers to feed their communities and the nation. So far, the "Homegrown By Heroes" logo is used by more than 60 farmers who have served in the United States Military. Veterans, Guard members, Reservists, and active duty personnel are eligible for the label and can apply at hgbh.org.



Homegrown By Heroes is a national initiative, which is promoted in the state of Iowa by the [Farmer Veteran Coalition of Iowa](#). Since launching in 2013, the Farmer Veteran Coalition of Iowa has grown rapidly to include more than 150 farming veterans. In their first year of work, they convened a state-wide Iowa Farmer Veteran Conference and held four workshops around the state that covered topics such as land access, loan programs, business planning, and transitioning from the military to agriculture.

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They are hosting a Midwest Farmer Veteran Conference at Drake University on July 25-26. The conference will include a farm tour, educational workshops and a great deal of peer-to-peer networking.

Organizers attribute the rapid growth of the Iowa Farmer Veteran Coalition to their emphasis on developing a robust Board of Directors, which includes representatives from organizations serving both farmers and veterans. Their early focus on board development has been crucial in ensuring that their programs are driven by the needs of farming veterans, and to their ability to make referrals to provide support for farming veterans.

For more information, contact Ed Cox at 641-436-7280 or edcox@ommglaw.com.

Seven Years of Food Pantry Collaboration Brings in Donations (6/18/2014)

The Story County Food Pantry Collaboration engages representatives from 16 area food pantries in quarterly meetings to educate staff and volunteers, coordinate efforts, and share best practices. The collaboration began in the fall of 2007, when several food pantries requested the [United Way of Story County](#) to provide a forum for discussion.



Discussion topics have included ideas for holiday food distribution, food storage, insurance, and use of the [Food Bank of Iowa](#). Food pantries have also shared information about other programs in Story County, including sourcing fresh produce through [Plant A Row for the Hungry](#); providing clients with nutrition education through [Spend Smart, Eat Smart](#) and a collaboration with area [Girl Scouts](#); and supporting clients to purchase discounted food through SHARE.

The Food Pantry Collaboration also allows the community to take advantage of additional opportunities to attract donations. In 2010, they launched a partnership with Monsanto to collect donations at the semi-annual Farm Progress Show. In 2012, over 10,000 pounds of food was collected through the Farm Progress Show, 4-H Clubs, and Future Farmers of America chapters which brought in a \$10,000 match from Monsanto. When The Salvation Army opened a service corps and food pantry in 2012, Feed The Children asked if they would coordinate a distribution site that would provide 400 boxes of food and 400 boxes of personal items to individuals and families in need. The Food Pantry Collaboration enabled area food pantries to successfully organize the effort in less than 6-weeks.

For more information on the Story County Food Pantry Collaboration, contact Shannon Bardole at 515-268-5142 or sbardole@uwstory.org or Jean Kresse at jkresse@uwstory.org.

New Maps Help Locate Summer Feeding Sites (5/30/2014)

The [Summer Food Service Program](#) provides nutritious meals and snacks to children in low-income areas during the summer months.



The [United States Department of Agriculture](#) (USDA) recently unveiled two free online map services to help communities and partner organizations locate nearby feeding sites and identify gaps in program coverage. The [Capacity Builder](#) map shows the locations of school districts and 2013 feeding sites, and 2014 feeding sites will be added to the map over the summer. The [Area Eligibility](#) map shows low-income census tracts, which are priority locations for feeding sites. The USDA has released a [webinar](#) with more information on these maps, and maintains a resource site at www.summerfood.usda.gov.

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Iowa organizations partner with the Iowa Department of Education to host feeding sites in their communities. For more information on the program in Iowa, contact Stephanie Dross at stephanie.dross@iowa.gov or 515-281-4760.

Using Fundraisers for Community Education (5/12/2014)



In addition to helping cover costs, fundraising events provide important opportunities for community education and engagement. The key is to design the fundraiser so that area businesses and civic organizations can participate in a variety of ways beyond the traditional role of the principal event sponsor.

This is the strategy that the [Northeast Iowa Food Bank](#) takes with its bi-annual Empty Bowls Fundraiser.

The core concept behind an “Empty Bowls” fundraising event is serving guests a simple meal of soup and bread in a locally crafted bowl, which guests are invited to take home with them as a reminder of hunger in the world. This concept lends itself to community engagement through opportunities for businesses and organizations to provide volunteers, bowls, soups, and a venue.

The recent Empty Bowls event in Waterloo included bowls donated by local artists, schools, a local decorate-it-yourself ceramics business, local woodworkers groups, and area art centers. Soups were prepared and donated by local chefs, including a high school culinary class. The partnerships with schools and woodworkers groups engaged students and craftspeople who might not otherwise participate in a fundraising meal. The partnership with the ceramics business brought in people who enjoyed decorating bowls but would not want to take their work home with them. These new customers learned about both the ceramics business and the work of the Northeast Iowa Food Bank.

The venue was provided by the United Auto Workers, who was a principal sponsor alongside Networking Solutions, Aspro, and the Community Services Committee. The Northeast Iowa Food Bank created further opportunities for corporate sponsorship and community involvement by holding a live and silent auction of donated items during their Empty Bowls event.

By intentionally creating opportunities for area businesses and civic groups to participate in their Empty Bowls fundraiser, the Northeast Iowa Food Bank was able to reach far more people than the 400 who purchased tickets to the event itself.

For more information about the Empty Bowls concept, visit www.emptybowls.net. For more information about the Empty Bowls event hosted by the Northeast Iowa Food Bank, email Niki Litzel at nlitzel@feedingamerica.org.

Farmers Helping Farmers Succeed (4/28/2014)



In 2011 and 2012, twelve Iowa farmers volunteered to travel to Africa to help 180 women farmers in Uganda escape the cycle of poverty. While overseas, the Iowa farmers visited groups of Ugandan farmers and provided training on post-harvest handling of maize (corn), increasing soybean production through simple changes such as planting in rows, seed germination testing, improving farm record-keeping, and developing collective marketing strategies for increased profitability.

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These trips were part of the “Bridging the Gap” partnership between Iowa State University Extension and Outreach, the [Center for Sustainable Rural Livelihoods](#) and VEDCO, a local Ugandan organization; and were funded by the USAID Farmer-to-Farmer grant program.

Ugandan farmers benefitted from the program by learning improved farming practices, teaching these practices to others in their communities, and by increasingly seeing themselves as successful businesswomen. The program benefitted Iowan farmers as well, primarily by providing them with the opportunity to meet and be of service to Ugandan farmers, but also by expanding their vision of farming in a globalized world. Over 95% of the Ugandan farmers who were surveyed said that the “Bridging the Gap” program was a significant benefit to their families. Read more about the impacts of the program [here](#).

“As a return volunteer for the program, I saw amazing things happening. The farmers wanted to learn from their American friends. The improved varieties are helping them successfully grow soybeans. The children are thriving with a high protein nutritional source. The farmers are being creative and resourceful by direct marketing and using value-added sales of soybean products, like party cakes, baby formula, porridge mix, and fresh roasted as a snack.” - Lori Lang, Farmer-to-Farmer Volunteer

While the “Bridging the Gap” program has ended, Iowa farmers are still needed to volunteer their time and expertise with smallholder farmers around the world. A new, five-year partnership between Catholic Relief Services and Foods Resource Bank is currently searching for Iowa farmers and others with agricultural expertise to share their skills with farmers in Kenya, Uganda, Ethiopia and Tanzania.

To submit your application [please visit the CRS Farmer to Farmer website](#). Email Kelsey Day at Kelsey@foodsresourcebank.org for more information about the Catholic Relief Services – Foods Resource Bank partnership. For more information on Iowa State University’s “Bridging the Gap” program, email Linda Naeve at lnaeve@iastate.edu or read more [online](#).

High Schools as Partners in Ending Hunger: Part Two (4/11/2014)



FFA students at Sumner-Fredericksburg High School worked with their advisor and school administration to organize an Oxfam Hunger Banquet and fundraiser involving their entire school. The [Oxfam Hunger Banquet](#) is a free curriculum that helps participants understand the injustice and causes of world hunger through an interactive meal at which some are fed well and others eat very little.

The student organizers used the school-wide hunger banquet as an activity to introduce the issue of hunger to their entire school and to kick off a week of fundraising, where students voted with their donations on which teachers would participate in a hands-free pie eating contest in front of the student body.

Students at Sumner-Fredericksburg raised \$250, which was donated to [Oxfam America](#)’s global hunger relief efforts and to the local Fayette County Food Shelf, which is recovering from a fire. The community was supportive, and funds to cover the cost of food at the Hunger Banquet were donated by the first person the students approached.

At [Emmetsburg High School](#), a sophomore biology teacher has modified [free curriculum](#) published by the World Food Prize to introduce all sophomore students to the human face of global hunger through a poster project and canned food drive. Sophomore biology students research a country and a challenge that contributes to hunger in that country, come up with their own solutions, and then present their ideas on a poster through short written lists and pictures.

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Students are encouraged to bring in non-perishable food items as part of the project, which are donated to the local food pantry in the name of the Emmetsburg High School Sophomore class. The posters are hung in the school for public viewing to further raise awareness of hunger. After completing their posters, students have the option to write a paper and attend the World Food Prize Iowa Youth Institute at Iowa State University.

Recommendations for encouraging high school students' interest in hunger and supporting them as they take action include:

1) Ensure that projects provide an appropriate mix of challenge and support to meet a variety of students where they are at. Providing options for building on a shared experience is one way of doing this.

- At Emmetsburg, the poster assignment allowed students to focus on writing, images, or oral presentation, ensuring that all students, including special education students, were able to produce a good looking poster with appropriate content. The option for students to develop their poster into a larger paper supported interested students in building on their passion, without burdening students whose interests lie elsewhere.
- At Sumner-Fredericksburg, the hunger banquet provided opportunities for student participants to speak or observe based on their comfort level. Interested students had the option to help plan a hunger activity next year. By involving the entire student body in the hunger banquet, the organizers provided academic value and created a shared experience that teachers are using to frame discussions in classes across disciplines.

2) Be a resource to students, while allowing them to take the lead where possible.

- At Sumner-Fredericksburg, a core group of FFA students had worked with their advisor on other projects in the past and felt ready to organize the school wide hunger banquet with little direct involvement from the advisor, who continued to provide advice when asked.
- While the poster presentation curriculum at Emmetsburg was developed by teachers, students have the opportunity to make their own decisions about the countries and challenges they research, the solutions they present, and how they design their posters.

3) Foster teamwork and solidarity and build incrementally on successes.

- FFA students at Sumner-Fredericksburg were interested in helping organize the hunger banquet but had to overcome the fear of failure. By visibly working as a team, the organizers reminded themselves that they would succeed or fail together. Focusing on the students who were positively impacted by the hunger banquet helped organizers to persist despite the realization that few of their peers were as passionate about hunger the student-organizers.
- The teacher at Emmetsburg has built incrementally on the poster curriculum over several years. This year, she reached out to the local newspaper to observe the poster presentations and inform the community about what the students did to learn about global food insecurity and make a difference locally. Next year, she hopes to partner with another school group or church group to add a student-run soup supper with a free will donation to the local food pantry.

Please contact Ms. Meghan Bond at bondm@sfcougars.k12.ia.us for more information about the initiative in Sumner-Fredericksburg or Ms. Tricia Reichert at reichert@e-hawks.org for more information about the initiative in Emmetsburg.

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Special Section: Celebrating the Borlaug Centennial (3/28/2014)

This week, the State of Iowa honored one of its greatest heroes: agricultural scientist, humanitarian, and founder of the World Food Prize, Dr. Norman E. Borlaug. Dr. Borlaug's statue was installed at the U.S. Capitol in Washington, D.C., on March 25th, at a ceremony including the leadership of the United States Congress, U.S. Secretary of Agriculture Tom Vilsack, Iowa Governor Terry E. Branstad, and Ambassador Kenneth M. Quinn, who chaired the Borlaug Statue Committee.



Every state in the United States is permitted two statues of notable citizens to represent it in the nation's capitol building; Iowa leaders voted to return another statue and add Dr. Borlaug. The date of the ceremony was especially fitting as March 25th was National Agriculture Day and would have been Dr. Borlaug's 100th birthday.

Iowans and hunger fighters around the world can [read more](#) about this week's celebration of Dr. Borlaug and of Iowa's agricultural and humanitarian heritage, [see photos](#) or [watch video footage](#) of the ceremony, and share their own work fighting hunger at www.worldfoodprize.org/norm.

High Schools as Partners in Ending Hunger: Part One (3/28/2014)

"We have to personalize hunger. If you can't find passion for the cause, you have to find someone who you know and care about who is hungry at your school or church and think about them." – High School Student and Organizer Against Hunger

Students and educators across Iowa are developing innovative ways to reduce hunger in their communities while developing the skills and knowledge to make a lifelong contribution to the fight against hunger. Many high school students and their teachers partner with local nonprofit groups and businesses to reduce hunger through service learning activities.



In [Clay-Central-Everyly](#), an agricultural educator worked with two student FFA officers to organize a Hunger Summit for students and members of the community. Despite winter weather, over 100 people participated in their Hunger Summit on February 17th. The Hunger Summit included a series of five 20-minute workshops in which participants learned about the local backpack program for hungry kids, tips and tricks for communicating about hunger through social media, the Farm to Fork program at Iowa State University, issues and opportunities in Iowa agriculture, and the

National FFA "Running on Empty" hunger simulation. Senior management with Elanco Animal Health gave a keynote address, and participants were supported to continue raising awareness and encouraging action against hunger through Elanco's nation-wide [#Feedthe9 initiative](#).



In Boone, a high school senior worked with Iowa-based [Outreach, Inc.](#), the school's talented and gifted coordinator, and eighth-grade students to organize a community hunger banquet raising awareness and funds for community development in Tanzania. About 75 people battled winter weather to attend the Boone Hunger Banquet, where they participated in an educational hunger simulation, learned about Outreach and its work in Tanzania, raised \$756 to send Tanzanian children to school and equip a kitchen at a newly built children's feeding center in Tanzania.

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Students and adults from the community also discussed next steps, and there is substantial interest in sponsoring an Outreach, Inc. meal-packaging event to provide meals for hungry people in the Boone area and overseas.

Recommendations for successful collaborations involving high schools include:

1. Design collaborations so that they further the top priorities of each partner.

A successful collaboration makes the academic work of students more relevant, raises the profile of local nonprofits, and demonstrates local businesses' commitments to corporate citizenship.

Clay-Central-Everyly students demonstrated sensitivity to the priorities of businesses and nonprofits by involving ISU Extension and Outreach, the Clay County Cattlemen, the local food pantry, and the CC/E FFA chapter as workshop leaders, and by partnering with Elanco's existing #Feedthe9 initiative. Boone high school students worked closely with Outreach, Inc., as a nonprofit partner, and their decision to mentor eighth grade students supported the middle school's service-learning and citizenship curriculum.

2. Identify teachers and nonprofit leaders who have facilitated successful collaborations in the past and learn from their successes and failures.

Clay-Central-Everyly's Hunger Summit was inspired by the students' experiences at the national FFA conference last October, and they were able to learn from FFA's network as they planned their event. Boone's Hunger Banquet was successful in large part because the high school organizer was able to work closely with staff at Outreach, Inc., and because the talented and gifted teacher worked with district administrators early on to secure approval.

3. Apply for outside funding when necessary and possible.

There are [pools of funding](#) dedicated to service-learning efforts. Organizers at Clay-Central-Everyly received a "Be the Seed" mini-grant through a partnership between DuPont Pioneer and the Iowa Food and Family Project.

4. Start small and keep investments and expectations manageable.

Area grocers were reluctant to donate food for the Boone Hunger Banquet because it was the first time one had been organized by students in Boone. Rather than becoming discouraged, the students were able to cover the cost of food out of the money they raised through their fundraiser. After demonstrating the success of the event this year, they are optimistic that businesses will be supportive next year.

Please contact Ms. Betsy Schoelerman at bschoelerman@claycentraleverly.org for more information about the initiative in Clay-Central-Everyly or Ms. Jackie Matt (jackie@outreachprogram.org) and Mr. Matt Hamilton (matt@outreachprogram.org) for more information about the initiative in Boone.

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Using Information Strategically to Make a Difference (3/7/2014)

In their continued efforts to be an advocate and resource for all Iowans, and in particular those ages 50 and older, AARP in Iowa commissioned a survey to gauge Iowans' experience with hunger in the state and their opinion about state support for food banks. The 2013 "Hunger in Iowa" survey, involving 800 adult Iowans, provides several key findings:

1. Most adult Iowans view hunger as an important issue in the state, with a third saying it is a very important issue and nearly half saying it is a somewhat important issue.
2. Many Iowans are involved in the fight against hunger and many more would be interested in helping if asked. At least half of all adult Iowans have donated money or donated food to an organization providing food to those in need, donated food to a food drive, or gave money directly to a person, family, or neighbor in need in the last 12 months.
3. Most Iowans think local government and local organizations should help reduce hunger in the state. Nearly three-quarters say both the state government and public or private organizations and individuals should help reduce the number of families at risk for hunger in Iowa.

After unveiling the results of the survey at the 2013 Iowa Hunger Summit in Des Moines, [AARP](#) State Director Kent Sovern partnered with [Iowa Food Bank Association](#) Director Cory Berkenes and local food banks to organize Hunger Thought Leader meetings in Cedar Rapids, Waterloo and Sioux City. Using the results of the 2013 Hunger in Iowa Survey, area thought leaders discussed the barriers to broader community adoption, acceptance, or advocacy on the topic of food insecurity in their community.

Full results are online at: www.aarp.org/politics-society/advocacy/info-09-2013/iowa-hunger-survey.html

Waverly Food Insecurity Taskforce (2/21/2014)



Last week, over 30 leaders in the fight against hunger gathered at Waverly City Hall to begin a coordinated effort to eliminate food insecurity in Waverly. This initial gathering emphasized networking and identifying community assets that could be leveraged to end hunger in Waverly. The next step will be the formation of a smaller taskforce of approximately 8 – 10 leaders to research and recommend specific projects and areas for collaboration.

While the taskforce is being formed, Waverly's hunger fighters have already benefited by finding out what everyone else does and identifying areas where collaboration can improve service delivery. For example, the Saints Café ecumenical soup kitchen was introduced to the Northeast Iowa Food Bank, where they can partner to purchase food at low cost; and child-care advocates and disability service providers received up-to-date information on the scope of childhood hunger from the Waverly Community School District.

The idea for the food insecurity gathering and taskforce began during conversations between the ELCA and the City of Waverly about how to expand the impact of the [Waverly Sharing Gardens](#), in which residents grow and donate produce to area food pantries and soup kitchens. Organizers recommendations for other communities seeking to build a taskforce include:

1. Secure City Support: If possible, secure support from the city government early in the process. City support lends legitimacy to the process and the process benefits from the experience that city staff have in facilitating discussions about community issues. Early in the process, the verbal and moral support of city leaders is much more important than financial support. In larger cities, it is valuable to approach housing or social services staff early on, as their daily work sensitizes them to the importance of ending hunger.

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2. **Be Citizen-Led:** The process should be led by active citizens who have both passion and experience fighting hunger. Food banks and pantries, schools and institutions of higher education, faith-based organizations, local government, and social service providers should all be represented. Waverly's process centers on an emerging partnership between area churches, the school district, the city government, and food pantries.
3. **Be Inclusive:** While a taskforce is necessarily limited in size, networking and fact-finding gatherings should be as inclusive as possible. The City of Waverly identified and invited 20 leaders from faith communities, the school district, homeless and housing services, and emergency food providers. These leaders reached out through their networks to invite additional leaders that the City was not previously aware of.

For more information about the Waverly Food Insecurity Taskforce, contact Mr. Tab Ray at 319-352-6263 or tab@ci.waverly.ia.us

An Integrated Approach to Workforce Development (2/7/2014)



One of the most effective ways to end hunger is through adequate employment for the breadwinners in every family. Project IOWA works to increase access to 21st century, career track, living wage jobs for chronically under-employed and unemployed residents of Central Iowa through an intensive public-private skills training and economic development program. Since February 2012, 112 central Iowans have participated in Project IOWA's education programs, with 75% accepting living-wage positions (at least \$13.66/hr with opportunities for advancement) with area businesses. The job retention rate for Project IOWA graduates is 87%.

Three factors feature prominently in Project IOWA's early successes:

1. Project IOWA's origin in a model of community organizing that emphasizes building relationships over the long-term.
2. The support of central Iowa businesses, who advise on which technical skills are most desirable in the workforce, are a source of volunteer trainers, and agree to interview program graduates.
3. Project IOWA's workforce development approach, which combines technical skills training with a soft-skills curriculum that emphasizes emotional intelligence, communication, and workplace behavior expectations.

Relational Organizing

The concept of Project IOWA was born from a series of community listening sessions held by [AMOS](#), a community organizing network that emphasizes "relational organizing", in which change is created through building public relationships between citizens with diverse interests and backgrounds.

The need for career track, living wage jobs was a common theme at these sessions, which led AMOS members to convene with important community stakeholders about the feasibility of a job-training program modeled off of the Industrial Area Foundation's Project Quest. Area businesses supported the concept, which led to the creation of Project IOWA in September of 2011.

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Partnerships with the Business Community

The early and ongoing support of central Iowa businesses has been critical to the successes of Project Iowa. Graduates have been hired by Bridgestone, ALMACO, Vermeer, Danfoss, EFCO, ACH, Mercy and Unity Point. Up-front work with the business community helped Project Iowa determine which skill sets are currently in need and influenced the development of the skills training curriculum. Several companies have joined as hiring partners based on feedback from their existing employees who volunteered as skills mentors or attended showcases, in which Project Iowa participants practice resume and interview skills.

Integrated Technical and Soft Skills Training



Project IOWA combines technical skills trainings with a soft-skills curriculum in the context of a relationship-based approach to workforce development. Technical skill trainings are offered based on what area businesses need, and currently include welding, certified production technician, and certified nursing assistant classes. Soft-skills trainings use a “Vision, Initiative and Perseverance (VIP)” curriculum that emphasizes goal setting, emotional management skills, communication skills, workplace behavior and expectations, and resume-writing and interviewing.

During the 12-16 week program, cohorts of 12 participants meet 3 nights per week for technical skills and one night per week for soft skills. The classes work synergistically, with technical skills trainings providing a context for developing soft skills and the soft skills classes providing an opportunity to work through workplace situations that develop during the technical skills trainings.

Instructors intentionally develop tension and unfair situations in the classes in order to simulate and work through challenges commonly encountered in the workplace. Although influenced by the sanctuary model of trauma-informed care, soft-skills classes are not therapy. Rather, they focus on why participants sometimes react to workplace situations in unproductive ways, with the philosophy that understanding plus practice leads to change.

The relational emphasis of Project IOWA begins with recruitment interviews, in which applicants’ abilities, skills, career goals and barriers are discussed. Applicants whose goals would be better addressed by other programs are given referrals. The relational focus continues after graduation, with participants receiving ongoing support or up to a year and continuing contact with employers about placements. Project IOWA and Goodwill Industries partner to provide employment placement and retention services.

Project IOWA is about graduation not just an education, and creates opportunities that produce life changing transformation. For more information, please contact Ms. Julie Fugenschuh at juliefugenschuh@projectiowa.org or 515-280-1502.

How-To Guides and Templates for Project Management (2/7/2014)

Tools4dev is a website (www.tools4dev.org) with a collection of free how-to guides and templates that provide guidance on many aspects of project management. This collection includes strategic plans, project proposals, job descriptions, budgets, monitoring and evaluation, research reports, and logical frameworks. Guides and templates are presented in a way that is accessible to those without advanced professional training, while remaining detailed enough to be useful to professionals. Tools4dev is especially useful for people working to end hunger abroad.

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Meals for Disaster Relief in the Philippines (1/24/2014)



Responding to the devastation of Typhoon Haiyan, Iowans delivered 1,425,600 nutritious meals to the Philippines through a partnership between [Outreach, Inc.](#), of Union, IA; Rotary International Clubs; and Somebody Cares International. Organizers at Outreach, Inc. were able to respond quickly and forcefully after the typhoon by leveraging preexisting partnerships with meal-packaging organizations in Minnesota and Missouri and by approaching contacts at Rotary International and Somebody Cares International with a proposal that each organization could easily insert itself into and accomplish their own objectives.

Their recommendations for laying the groundwork for successful partnerships include:

1. Developing a reputation for sharing credit and publicity between partners
2. Proposing projects that meet the visions and missions of potential partners while building on each partner's strengths
3. Listening to feedback from potential and actual partners both before and especially after the 'crunch time' of an actual partnership

Iowa Governor Terry Branstad will sign a Proclamation at 2:30 P.M. on February 13, 2014, honoring this effort. To find out more, contact Rick McNary at rick@outreachprogram.org.

Hy-Vee Community Garden Grants (1/24/2014)



Community gardens are one promising way to increase access to healthy, nutritious food in cities and towns across Iowa. Hy-Vee is awarding "One Step Community Garden Grants" to organizations whose core focus teaches those in need about health and nutrition through the process of planting, tending and harvesting their own fruits and vegetables. Grants will not exceed \$750 per garden.

More information about community gardening is available through several organizations, including [Cultivate Iowa](#), a statewide initiative promoting the benefits of food gardening and produce donation.

Create the Good (1/10/2014)

Create The Good connects people with volunteer opportunities to share their life experiences, skills and passions in their community. The network expands on traditional ways to volunteer by connecting people with simple activities, time-flexible opportunities and a wide variety of interests.

On www.CreateTheGood.org potential volunteers find:

- A wide range of local volunteer opportunities that suit a variety of interests;
- Easy guides for starting projects;
- A cost-free way to find helping hands for service projects, big or small;
- Opportunities to volunteer from the comfort of home;
- A monthly newsletter and other resources filled with tips, ideas and inspiration to get started volunteering.

Create The Good is an initiative of AARP. For more information, contact Ms. Ann Black at ablack@aarp.org or 515-697-1003.

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Perry High School Food Pantry (1/10/2014)

School-based food pantries are one way to help make sure that hungry, food insecure high school and middle school students can eat outside of school breakfasts and lunches. With the support of the principal and the Perry community food pantry, teachers at Perry High School started a school-based food pantry just over a year and a half ago. Their recommendations for a successful school pantry include securing buy-in from school administration and the community early on, prioritizing food items that students will eat and can cook, and prioritizing personal relationships with students in need to avoid stigma and make sure that the school pantry is used.

The [Perry High School Food Pantry](#) organizers were fortunate to have support from the principal at the very beginning of the process. The district used some of its modified allowable growth funds to refit an old school photography lab into a food pantry. The food pantry is accessed through the alternative school classroom, which is beneficial because many of the users attend the alternative school and because the pantry is managed by a guidance counselor and an alternative school teacher.

The Perry High School food pantry had early support from the Perry community food pantry, which has so far contributed \$4000 to a separate account for the school pantry and community pantry staff helps purchase food items on behalf of the school pantry organizers. The community pantry also accepts expired but still usable food items from the school pantry – due to liability concerns; the school pantry does not give out any expired food items.

Students who may benefit from the school pantry are usually identified by the alternative school teachers or by the guidance counselors. There are periodic announcements made through school publications, but these are carefully worded to avoid stigma. The organizers acknowledge that their heavily relationship-based approach means that some students who may benefit from the pantry don't know about it, but avoiding stigma is a higher priority for the organizers at this time. They also note that they have not had any abuse of school pantry so far, and they don't anticipate abuse being a problem in Perry High School in the future. Approximately 8-10 students use the Perry High School food pantry every week.

Recommendations for other school-based pantry initiatives include:

1. Secure buy-in from school administration and the community early on. Administrators who focus on learning and test-scores may recognize that students learn better when they aren't distracted by hunger. Teachers and staff often have connections in the community that can support the food pantry. In Perry, teachers were able to involve their spouses – one spouse is a dentist who donates dental care supplies to the pantry, while another works at Hy-Vee and donates over-stocked food items.
2. Prioritize food items that the students will eat and can cook. Keep in mind that students may lack appliances such as stoves, ovens, and refrigerators. The most popular items at the Perry school food pantry are Ramen, pasta with sauce, peanut butter and jelly, soup, and pop tarts.
3. Personal relationships with students are the key to success, especially in smaller districts such as Perry. By integrating the school pantry into alternative education and guidance counseling programs, Perry High School has been able to avoid stigma and customize their food pantry program to the varied and changing needs of individual students. Tying the school pantry into existing at-risk programs may be a viable approach for other school districts to copy.
4. While the popular "Backpack Buddies" program is useful for serving elementary school students, older students' needs are often better served through different programming. In schools with an existing Backpack Buddies program, it is important for organizers to think critically about which aspects of Backpack Buddies need to be modified in order to better serve older students.

For more information about the Perry High School food pantry, please contact Ms. Tammi Valline at tammi.valline@perry.k12.ia.us or 515-465-8370.

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Part Two: Profiles of Iowa Organizations Fighting Hunger

The Iowa Hunger Directory is an initiative to profile all organizations fighting hunger from Iowa, serving as a comprehensive platform for those seeking to engage and collaborate in this area. The Directory includes a description of each organization along with contact information and a brief explanation of how Iowans can engage with them.

The World Food Prize Foundation is a non-partisan, non-profit organization that does not take policy positions on issues. A listing in the Iowa Hunger Directory does not imply an endorsement by the World Food Prize Foundation of any agency or its programs.

If you or someone you know are hungry and need immediate assistance, please dial 211 for referrals to local social services, including food pantries, supplemental food services, and more. The [211 service](#) is an independent initiative and is not a program of the World Food Prize Foundation.

To **sign up** your organization for a profile in the Iowa Hunger Directory, please visit www.worldfoodprize.org/shareyourstory

This printable edition of the Iowa Hunger Directory is current to the best of our knowledge as of March 25, 2015. For the most up to date information on organizations fighting hunger in Iowa, please visit the online directory at: www.iowahungerdirectory.org

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A-H-S-T High School

Contact Information:

Contact Name: Mrs. Carmen Ahern
Office Address: 768 Maple Street / Avoca, IA 51521
Phone: 712-343-6364
Email: ahernc@ahst.k12.ia.us
Website: www.ahst.k12.ia.us/secondary
County: Pottawattamie
Type of Work: Educational/School

Description:

Students and educators at **A-H-S-T High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mrs. Carmen Ahern for more information and to explore opportunities to work together.

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A-Maizing Grace FRB Growing Project

Contact Information:

Contact Name: Mr. & Mrs. Arlyn and Marla Schipper
Office Address: 28088 H Avenue / Conrad, IA 50621
Phone: 641-751-9757
Email: amschipp@heartofiowa.net
Website: N/A
County: Grundy
Type of Work: Community Based, Faith Based, International

Description:

The **A-Maizing Grace FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in Central America to grow their own food.

A collaboration between Conrad area church congregations, businesses and farmers, the A-Maizing Grace Growing Project raises funds that are sent to Central America through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Conrad area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinators Mr. & Mrs. Arlyn and Marla Schipper or [Mr. Don Linnenbrink](#) to become involved with the A-Maizing Grace FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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AARP Iowa: Drive to End Hunger

Contact Information:

Contact Name: Mr. Kent Sovern
Office Address: 600 E. Court Avenue / Des Moines, IA 50309
Phone: 866-554-5378
Email: ia@aarp.org
Website: www.aarp.org
County: Activities Statewide, Polk
Type of Work: Community Based

Description:

As part of the AARP and AARP Foundation Drive to End Hunger, **AARP Iowa** is recruiting volunteers to help raise awareness of hunger in Iowa, especially among older adults, and assist older Iowans in the application process for the Iowa Food Assistance Program or Supplemental Nutrition Assistance Program (SNAP) formerly known as food stamps. The [Drive to End Hunger](#) campaign is a multi-pronged effort by AARP and AARP Foundation to not only raise awareness of the issue of food insecurity but end hunger among older adults.

How to Help:

Volunteers are needed across the state to assist in various ways. For those interested in assisting with applications for Iowa Food Assistance, one day of training on the computer application is required. For those interested in helping raise awareness of hunger and senior nutrition, volunteers are needed for a speakers' bureau to make presentations to organizations and groups in their home areas. Speakers' bureau volunteers receive skills training and scheduling assistance.

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Accenture

Contact Information:

Contact Name: Mr. Rich Kottmeyer
Office Address: 211 North Broadway, Suite 2950 / St. Louis, MO 63102
Phone: 312-842-5012
Email: us.corporatecitizenship@accenture.com
Website: www.accenture.com
County: Activities Statewide
Type of Work: Corporate

Description:

Based in St. Louis, **Accenture** is one of the world's leading organizations providing management consulting, technology and outsourcing services, with approximately 275,000 employees; and offices and operations in more than 200 cities in 54 countries.

Accenture's [Skills to Succeed](#) program helps address the need for skills that open doors to employment around the world. By 2015, they plan to equip 500,000 people globally with the skills to get a job or build a business. Accenture collaborates with global and local nonprofit organizations that share their passion for building skills, understand the value of being both global and local, and bring rigor and discipline to the importance of measurement and outcomes.

[Accenture Development Partnerships](#) provides strategic advice and technical and project management support to nonprofit organizations, nongovernmental organizations, foundations and donor organizations operating in the development sector.

How to Help:

For more information about opportunities to partner with Accenture, Iowans should email their corporate citizenship team at us.corporatecitizenship@accenture.com.

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The Iowa Hunger Directory

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ADM High School

Contact Information:

Contact Name: Ms. Jodi Baier
Office Address: 801 Nile Kinnick Dr. S. / Adel, IA 50003
Phone: 515-993-3781
Email: jbaier@adm.k12.ia.us
Website: N/A
County: Dallas
Type of Work: Educational/School

Description:

Students and educators at Adel-DeSoto-Minburn High School work to alleviate hunger through educational and service-learning projects.

For example, students at ADM High School [host an annual fundraiser](#) for [Heifer International](#), and have provided over \$8000 to Heifer's work alleviating hunger around the world.

How to Help:

Iowans are encouraged to contact Ms. Jodi Baier for more information and to explore opportunities to work together.

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Agape Garden

Contact Information:

Contact Name: Mr. Craig Crist
Office Address: Ankeny First United Methodist Church / 7384 NW 16th Street / Ankeny, IA 50023
Phone: 515-577-8260
Email: cwcris@aol.com
Website: www.growthefood.org/?page_id=56
County: Polk
Type of Work: Community Based, Faith Based

Description:

Agape Garden is an ecumenical faith garden that donates produce to the DMARC Food Warehouse, the Ankeny Food Pantry, Lutheran Church of Hope (North Branch in Ankeny), Bethel Mission in Des Moines, Door of Faith Mission in Des Moines, and Trinity Methodist Church in Des Moines. Volunteer gardeners do all of the gardening and delivery to area food pantries.

17,250 lbs of produce were grown and donated in 2013. In 2014, their 12 tree orchard began to produce apples, pears and plums, and they began growing their own seedlings in a small green house. They are also building a 500 gallon rain barrel and irrigation project and are working on building a rain garden in the wetland portion of the garden.

How to Help:

Agape Garden is always in need of donations and volunteers. During the growing season, volunteer gardeners gather on Tuesdays and Thursdays at 6:30 PM and 9 AM on Saturday mornings. Agape Garden is an ecumenical faith garden that welcomes collaboration with other churches. Interested people should contact Agape Garden directly to sign up to volunteer or to explore partnerships with their faith community.

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Aging Resources of Central Iowa

Contact Information:

Contact Name: Ms. Kate Kelderman
Office Address: 5835 Grand Avenue, Suite 106 / Des Moines, IA 50312
Phone: 515-622-9518
Email: kate.kelderman@agingresources.com
Website: www.agingresources.com
County: Boone, Dallas, Jasper, Madison, Marion, Polk, Story, Warren
Type of Work: Community Based, Meal Site

Description:

Aging Resources of Central Iowa advocates, coordinates and provides services through federal, state and private funding to persons 60 years of age and older and their families. Their goal is to allow older adults individual choices in their care process in order to remain safe and independent in their homes. As part of this mission, their [Nutrition and Healthy Living programs](#) serve meals to older adults at [congregate meal sites](#), coordinate home-delivered meals, and connect older adults with food assistance and nutrition education programs.

Aging Resources of Central Iowa also has a variety of [other programs](#) to support Iowans through the aging process.

How to Help:

Aging Resources of Central Iowa is in need of financial contributions and volunteers to support their mission. Volunteer opportunities include Holiday Meals-on-Wheels, Older Iowans Legislature, Senior Medicare Patrol program and Fresh Conversations (a monthly nutrition education program). More information is available [online](#).

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Agri Drain Corporation

Contact Information:

Contact Name: Mr. Charlie Schafer
Office Address: 1462 340th Street / Adair, IA 50002
Phone: 1-800-232-4742
Email: info@agridrain.com
Website: www.agridrain.com
County: Adair, Guthrie
Type of Work: Corporate

Description:

Agri Drain Corporation is a manufacturer and supplier of products for drainage water management, wetlands, ponds, lakes, erosion control and land improvement. Agri Drain is a partner on numerous conservation initiatives, and is a corporate sponsor of local and national non-profits including the Adair and Guthrie County 4-H clubs, Guthrie County Farm Bureau, Iowa Drainage District Association, Iowa Future Farmers of America, and the Soil and Water Conservation Society.

How to Help:

To learn more about Agri Drain Corporation and its initiatives, or to explore partnerships, email them at info@agridrain.com.

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The Iowa Hunger Directory

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Algona Clergy Association

Contact Information:

Contact Name: Rev. Mark Holmer
Office Address: Algona, IA
Phone: N/A
Email: revmark@netamumail.com
Website: N/A
County: Kossuth
Type of Work: Faith Based

Description:

The **Algona Clergy Association** is a joint effort of Algona area religious leaders who coordinate efforts to support the needs of the hungry, homeless, the transient and the local food pantry.

How to Help:

People in the Algona area are encouraged to email the Algona Clergy Association for opportunities to match their skills and interests with the activities of the Algona Clergy Association. Every fall for the past twelve years, the Algona Clergy Association has partnered with [Church World Service](#) and over 100 area volunteers to raise over \$45,000 for hunger alleviation in Algona and around the world.

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Algona High School

Contact Information:

Contact Name: Ms. Carmen Ahern
Office Address: 600 S. Hale Street / Algona, IA 50511
Phone: 515-295-7207
Email: mhanson@algona.k12.ia.us
Website: N/A
County: Kossuth
Type of Work: Educational/School

Description:

Students and educators at **Algona High School** work to alleviate hunger through educational and service-learning projects.

For example, students held a competition in 2013 to create the best, most creative, and "stand out" sculpture out of donated, non-perishable food items, which were subsequently donated to the Algona Food Pantry.

How to Help:

Iowans are encouraged to contact Ms. Mary Kay Hansen for more information and to explore opportunities to work together.

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Allamakee County Food Shelf

Contact Information:

Contact Name: Mrs. Jessica Howe
Office Address: 1125 West Main Street / Waukon, IA 52172
Phone: 563-794-1759
Email: howe.jess35@yahoo.com
Website: N/A
County: Allamakee
Type of Work: Food Pantry

Description:

The **Allamakee County Food Shelf** provides food on a monthly basis to families in need.

How to Help:

Iowans can support the work of the Allamakee County Food Shelf through a non perishable food item or a cash donation.

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Alliance to End Hunger

Contact Information:

Contact Name: Ms. Danielle Haddy
Office Address: 425 3rd Street SW, Suite 1200 / Washington, DC 20024
Phone: 202-688-1084
Email: dhaddy@alliancetoendhunger.org
Website: www.alliancetoendhunger.org
County: Activities Statewide
Type of Work: Advocacy, Community Based

Description:

The **Alliance to End Hunger** brokers partnerships and increases public and political will to end hunger domestically and internationally. The Alliance to End Hunger sponsors the Hunger Free Communities initiatives, three of which are located in Iowa. Hunger Free Communities brings together businesses, non-profits, faith-based groups and others in order to address the issue of hunger.

How to Help:

Iowans can help by supporting the four Hunger Free Communities organizations in Iowa: the [Food Access and Health Working Group](#), the [Move the Food](#) initiative of the [Des Moines Area Religious Council](#), the [Coalition in Support of Hungry Children](#), and [Hunger Free Heartland](#) project.

Iowans can also support the Alliance to End Hunger directly through donations. For more information, contact Ms. Danielle Haddy at dhaddy@alliancetoendhunger.org or JK Granberg Michaelson at jk@alliancetoendhunger.org.

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The Iowa Hunger Directory

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American Red Cross Serving Greater Iowa

Contact Information:

Contact Name: Mr. Bryce Sitter
Office Address: 2116 Grand Avenue / Des Moines, IA 50312
Phone: 515-243-7681
Email: Bryce.Sitter@redcross.org
Website: www.redcross.org/ia/des-moines
County: Activities Statewide, Black Hawk, Cerro Gordo, Clay, Linn, Marshall, Polk, Story, Wapello, Webster, Woodbury
Type of Work: Community Based, Educational/School, International

Description:

The **American Red Cross Serving Greater Iowa** has ten offices located within the three areas of Central Iowa, Greater Northwest Iowa, and Eastern Iowa and serves 80 counties in Iowa, Nebraska and South Dakota. Through community partnerships, volunteers, and donors, the Red Cross builds community resilience and serve those in need after a disaster strikes or an emergency happens.

The [Central Iowa Area offices](#) serve the Central Iowa Area Chapter, the Iowa Rivers Chapter, and the Ames and Ottumwa branch offices. Last year in the Central Iowa Area, trained volunteers assisted 894 individuals with food, shelter, clothing, medical necessities and emotional support after 217 disaster incidents, including 209 home fires.

The Red Cross builds resilience by teaching people of all ages how to prevent and prepare for natural and man-made disasters, such as fires, floods, tornadoes, heat waves and winter storms, and provides CPR, First Aid, and AED training; swim, lifeguard, and babysitting classes; and [Ready Rating](#) training.

The American Red Cross also [responds to international disasters](#) that exceed the capacity of foreign Red Cross organizations to respond.

How to Help:

Iowans can [support the work](#) of the American Red Cross through [donations](#), [volunteering](#) and [community partnerships](#).

Volunteers are trained and registered with the Red Cross for disaster assignments, responding primarily to local disasters within Iowa communities such as home fires and floods. In addition, many Red Cross disaster volunteers also traveled to other parts of the United States to help with large-scale disasters such as the tornado in Moore, Oklahoma and Hurricane Sandy.

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The Iowa Hunger Directory

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Ames CROP Hunger Walk

Contact Information:

Contact Name: Mr. & Mrs. Ron and Darlys Orth
Office Address: Ames, IA
Phone: 515-232-9258
Email: rondarlysorth@gmail.com
Website: N/A
County: Story
Type of Work: Community Based, Faith Based, International

Description:

The **Ames CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Ames CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Ron and Darlys Orth at rondarlysorth@gmail.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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AMOS – A Mid-Iowa Organizing Strategy

Contact Information:

Contact Name: Mr. Paul Turner
Office Address: 3829 Grand Ave / Des Moines, IA 50312
Phone: 515-554-3433
Email: amosipl@gmail.com
Website: www.amosiowa.org
County: Polk, Story
Type of Work: Advocacy, Community Based

Description:

AMOS is a non-profit community organization in central Iowa made up of 29 diverse members. AMOS pursues an agenda with multiple issues and responds to the concerns and pressures people feel. These concerns and pressures are identified through hundreds of small-group conversations, and are then explored in depth by investigative issue teams who research the facts and develop possible solutions to the problems. AMOS then acts publicly, bringing the power of organized people to decision-makers to implement the AMOS agenda. Through this three-step process, hundreds of people re-enter public life and reclaim responsibility for their future in central Iowa.

How to Help:

AMOS works thanks to the support of its many volunteer leaders. To find out more information or become involved, visit their [website](http://www.amosiowa.org), which has contact information for volunteer organizers in the Ames and Des Moines communities.

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AmpleHarvest.org

Contact Information:

Contact Name: Mr. Gary Oppenheimer
Office Address: 24 Clover Road / Newfoundland, NJ 07435
Phone: 267-536-9880
Email: gary@ampleharvest.org
Website: www.ampleharvest.org
County: Activities Statewide
Type of Work: N/A

Description:

AmpleHarvest.org educates, encourages and enables America's home and community gardeners to donate their excess garden produce to local food pantries nationwide... including across Iowa.

How to Help:

Iowans can learn more by viewing their [TED Talk](#), [Google Talk](#), and [press kit](#). Individuals can support the work of AmpleHarvest.org by [making a donation](#) or by [activating a network](#) in their community. Corporate cause marketing campaigns are also welcomed.

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Amson Technology

Contact Information:

Contact Name: Ms. Peg Armstrong-Gustafson
Office Address: N/A
Phone: 515-491-0128
Email: peg@amsontechnology.com
Website: www.amsontechnology.com
County: Polk
Type of Work: Corporate

Description:

Amson Technology, LLC provides consulting services in strategic planning and marketing, sustainability, technology transfer and business development for food and agriculture involving technology and innovation. Recent work has included an international project developing standards and markets for carbon offset credits and a project to identify innovation clusters in ag-bioscience. Amson Technology is owned by Peg Armstrong-Gustafson, an accomplished business executive who has led organizations in life sciences, agriculture and health.

Amson Technology's vision is that the application of innovative ideas, technology and collaboration will redesign the food and agriculture system of the world to produce more healthy food that is locally sourced and produced with less impact on the environment.

How to Help:

Individuals and organizations that are interested in collaborating with Amson Technology should contact Peg Armstrong-Gustafson directly at peg@amsontechnology.com or 515-491-0128.

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The Iowa Hunger Directory

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Ankeny Centennial High School

Contact Information:

Contact Name: Mr. Chad Fickbohm
Office Address: 2220 NW State Street / Ankeny, IA 50023
Phone: 515-965-9630
Email: chad.fickbohm@ankenyschools.org
Website: <http://ankeney.achs.schoolfusion.us>
County: Polk
Type of Work: Educational/School

Description:

Students and educators at **Ankeny Centennial High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mr. Chad Fickbohm for more information and to explore opportunities to work together.

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The Iowa Hunger Directory

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Ankeny High School

Contact Information:

Contact Name: Mrs. Julie Heitz
Office Address: 1155 SW Cherry Street / Ankeny, IA 50023
Phone: 515-965-9630
Email: julie.heitz@ankenyschools.org
Website: <http://ahs.ankenyschools.org>
County: Polk
Type of Work: Educational/School

Description:

Students and educators at **Ankeny High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mrs. Julie Heitz for more information and to explore opportunities to work together.

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Ankeny Northview Middle School

Contact Information:

Contact Name: Mr. Greg Severseike
Office Address: 1302 N. Ankeny Blvd. / Ankeny, IA 50023
Phone: 515-965-9700
Email: greg.severseike@ankenyschools.org
Website: http://northview.ankenyschools.org
County: Polk
Type of Work: Educational/School

Description:

Students and educators at **Ankeny Northview Middle School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to email [Mr. Greg Severseike](mailto:greg.severseike@ankenyschools.org) or [Ms. Linette Mace](#) for more information and to explore opportunities to work together.

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Ashworth Road Baptist Church

Contact Information:

Contact Name: Rev. Brent Clark
Office Address: 5300 Ashworth Road / West Des Moines, IA 50266
Phone: 515-223-0914
Email: N/A
Website: www.ashworthroad.com
County: Dallas, Polk
Type of Work: Community Based, Faith Based, International

Description:

Ashworth Road Baptist Church engages in missions ministry to be the presence of Christ through action wherever they see need. Their [current missions involvement](#) includes work in Central Iowa, the United States, and around the world. In Central Iowa, their partners include [Central Iowa Shelter and Services](#), [West Des Moines Human Services](#), the [Des Moines Area Religious Council](#), and the [Salvation Army](#).

How to Help:

Whether it is serving a meal at a homeless shelter in Des Moines, planting an orchard in South Dakota, or packaging and delivering Christmas presents to orphans in Haiti, Ashworth Road Baptist Church provides a place for everyone to be involved in sharing the love of Christ around the world. Iowans are encouraged to [contact the church office](#) for more information or to become involved.

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Audubon CROP Hunger Walk

Contact Information:

Contact Name: Rev. Gordon Buchholz
Office Address: Audubon
Phone: 712-563-2200
Email: gosabuch@windstream.net
Website: N/A
County: Audubon
Type of Work: Community Based, Faith Based, International

Description:

The **Audubon CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Audubon CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Rev. Gordon Buchholz at gosabuch@windstream.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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Beckman Catholic High School

Contact Information:

Contact Name: Ms. Cheryl Kluesner
Office Address: 1325 9th Street SE / Dyersville, IA 52040
Phone: 563-875-7188
Email: ckluesner@beckman.pvt.k12.ia.us
Website: www.beckman.pvt.k12.ia.us
County: Delaware, Dubuque
Type of Work: Educational/School

Description:

Students and educators at **Beckman Catholic High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mrs. Cheryl Kluesner for more information and to explore opportunities to work together.

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Belmond Chamber of Commerce

Contact Information:

Contact Name: Ms. Linda Thiele
Office Address: 223 East Main Street / Belmond, IA 50421
Phone: 641-444-3937
Email: belmondareachamberofcommerce@gmail.com
Website: www.belmondiowa.com
County: Wright
Type of Work: Community Based, Corporate, Food Pantry

Description:

The **Belmond Chamber of Commerce** promotes Belmond's businesses and services and works to improve the quality of life in Belmond and Wright County. They maintain an [online directory](#) of area businesses, support events in the community, and manage the Belmond Food Pantry.

How to Help:

Individuals and organizations interested in working with the Belmond Chamber of Commerce should contact them online or call 641-444-3937.

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Bethesda Community Food Pantry

Contact Information:

Contact Name: Mr. & Mrs. Roy & Pat Hougen
Office Address: Bethesda Lutheran Church, 1517 Northwestern Ave / Ames, IA 50010
Phone: 515-232-6256
Email: N/A
Website: www.bethesdanet.org/site/resources/community-food-pantry/
County: Story
Type of Work: Faith Based, Food Pantry

Description:

The **Bethesda Community Food Pantry** is an initiative of Bethesda Lutheran Church in Ames to help ensure that everyone in Story County has enough to eat. Bethesda Lutheran Church provides the facility and utilities, with community partners providing support through donations of money, food, and volunteer hours.

How to Help:

Many groups regularly give to the food pantry, both financial contributions and donations of food. Ames letter carriers participate in an annual food drive each May, and some of those donations come to Bethesda. The same is true of Boy Scout troops, Iowa State University student organizations, neighborhood groups, businesses, and hundreds of individuals. Within the past year, the Bethesda Community Food Pantry has received donations from 20 Ames area businesses, 20 different congregations, 19 civic groups, 9 ISU employee-student groups, 4 non-ISU public agencies, and 7 schools and youth programs. Contact the food pantry staff to become involved.

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Bidwell Riverside Center

Contact Information:

Contact Name: Ms. Desiree Funke
Office Address: 1203 SE Hartford Avenue / Des Moines, IA 50315
Phone: 515-244-6251
Email: dfunke@bidwellriverside.org
Website: www.bidwellriverside.org
County: Polk
Type of Work: Faith Based, Food Pantry

Description:

The **Bidwell Riverside Center** serves people in need in Des Moines through a child care center, a food pantry and clothing distribution network, and provision of social services to families in need. Participation in their Christmas Sharing Program is increasing, serving over 1000 families in the 2009 Christmas Season.

How to Help:

The Bidwell Riverside Center is currently looking for support through donations of personal hygiene items, baby formula, clothes for babies and children, and financial support for building and playground maintenance. Bidwell Riverside is also looking for partners to help fund two programs: the child development program which provides low-income children with quality child care, and the new Pathways to Self Sufficiency program, which works intensively with families to break the cycle of poverty.

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The Iowa Hunger Directory

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Bishop Garrigan Schools

Contact Information:

Contact Name: Mr. Beaney Bode
Office Address: 1224 North McCoy Street / Algona, IA 50511
Phone: 515-295-3521
Email: bodeb@bishopgarrigan.org
Website: www.bishopgarrigan.org
County: Kossuth
Type of Work: Educational/School

Description:

Students and educators at **Bishop Garrigan Schools** work to alleviate hunger through educational and service-learning projects.

For example, students organize food pantry drives on Halloween and other occasions to demonstrate Christian Leadership in Action.

How to Help:

Iowans are encouraged to contact Mr. Beaney Bode for more information and to explore opportunities to work together.

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Blakesburg CROP Hunger Walk

Contact Information:

Contact Name: Ms. Erica Appleton
Office Address: Blakesburg
Phone: 515-210-9737
Email: bikerappleton@hotmail.com
Website: N/A
County: Wapello
Type of Work: Community Based, Faith Based, International

Description:

The **Blakesburg CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Blakesburg CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Ms. Erica Appleton at bikerappleton@hotmail.com Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Blessman Ministries

Contact Information:

Contact Name: Dr. Jim Blessman
Office Address: 2557 106th Street / Urbandale, IA 50322
Phone: 515-343-5920
Email: doc@blessmanministries.org
Website: www.blessmanministries.org
County: Polk
Type of Work: Faith Based, International

Description:

Blessman Ministries works to meet the physical needs of the children of South Africa by providing nutritional support, housing, and medical care; and to meet their spiritual needs through training and support for leaders of the African church. Blessman Ministries has operated a feeding program to help hungry children in South Africa for over ten years. Blessman Ministries also organizes frequent mission trips to South Africa. Blessman Ministries is currently helping feed over 7000 children every day in the country of South Africa in partnership with Convoy of Hope and [Meals from the Heartland](#).

How to Help:

Individuals can support the work of Blessman Ministries through online donations, volunteering in Iowa, and volunteering on mission trips to South Africa. Volunteer opportunities in Iowa include sewing eyeglass cases, cutting cleaning cloths, and volunteering at events to raise fund and awareness of Blessman Ministries. Volunteer opportunities in South Africa include short-term, two week mission trips and long-term, nine month mission experiences.

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The Iowa Hunger Directory

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Blue Zones Project – Cedar Rapids

Contact Information:

Contact Name: Ms. Stephanie Neff
Office Address: 205 2nd Avenue, SE / Cedar Rapids IA 52401
Phone: 319-270-5303
Email: bluezonesprojectcedarrapids@healthways.com
Website: <http://iowa.bluezonesproject.com/communities/cedar-rapids>
County: Linn
Type of Work: Community Based, Educational/School

Description:

The **Blue Zones Project - Cedar Rapids** by Healthways, sponsored by Wellmark, is a community well-being improvement initiative designed to make healthy choices easier through permanent changes to environment, policy, and social networks. It is one of 15 [Blue Zones Projects across Iowa](#).

The Blue Zones Project helps Cedar Rapids emulate the [nine healthy lifestyle habits](#) shared by people living in the [original Blue Zones areas](#), which have exceptionally high concentrations of people living 100 years or more. These nine small, easy steps fit into a few categories and can be practiced anywhere. They include Moving Naturally, Right Outlook, Eating Wisely and Belonging.

By collaborating to encourage and support these healthy lifestyle habits in worksites, schools, restaurants, grocery stores, private life and public policy, Cedar Rapids is working towards [certified Blue Zones Community status](#).

How to Help:

Individuals can support the mission of the Blue Zones Project by [registering online](#) and [taking action](#), [attending](#) Blue Zones events, and [volunteering](#).

Worksites, schools, restaurants and grocery stores are also encouraged to join the Blue Zones Project. The first step for organizations is to [learn more and register](#) on the Blue Zones Project website. Other organizations seeking more information on the Blue Zones Project - Cedar Rapids are encouraged to contact them directly.

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Boone County Homeless Prevention Board - Crawford Hall

Contact Information:

Contact Name: Ms. Julie Nash
Office Address: 2nd and State Street / Boone, IA
Phone: 515-212-1652
Email: julie.nash55@gmail.com
Website: N/A
County: Boone
Type of Work: Community Based, Food Pantry

Description:

Crawford Hall provides emergency shelter and transition for those that are homeless as well as homeless prevention services. They work closely with landlords and housing entities to assist people in staying in their homes if at all possible. They provide financial assessment, financial coaching and support through rental assistance and circles of support to assist in redeveloping relationships and trust that leads to retaining and or obtaining needed housing.

How to Help:

Volunteers are the backbone of Crawford Hall's efforts, and provide support in many ways – from remodeling work in the building to expand their existing space to becoming part of the “family team” for homeless families through building relationships and friendships with the goal that these team members will continue their support even after the family gets on their feet. Additional volunteer needs include children's programs, nutrition, physical fitness/ healthy lifestyles, and gardening. Donations are always welcome and needed. Crawford Hall operates a furniture and household goods bank for families in need and are also always in need of perishable food such as milk, eggs, and meat.

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The Iowa Hunger Directory

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Boone CROP Hunger Walk

Contact Information:

Contact Name: Mr. Dick Dahle
Office Address: Boone, IA
Phone: 515-432-5910
Email: ddahle@augustanaboone.org
Website: N/A
County: Boone
Type of Work: Community Based, Faith Based, International

Description:

The **Boone CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Boone CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Dick Dahle at ddahle@augustanaboone.org or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Boone Middle and High School TAG Program

Contact Information:

Contact Name: Mrs. Peggy Watkins
Office Address: 500 7th Street / Boone, IA 50036
Phone: 515-230-4233
Email: pwatkins@boone.k12.ia.us
Website: https://boone.k12.ia.us/schools/high_school
County: Boone
Type of Work: Educational/School

Description:

Students and educators at the **Boone Middle and High School TAG Program** work to alleviate hunger through educational and service-learning projects. For example, they host community Hunger Banquets in February to raise awareness of global hunger. These community events include meal packaging activities to help alleviate hunger in collaboration with the Boone community.

How to Help:

They are looking for continuous donations in order to sponsor their meal packaging activities, and support of student-led fundraisers is much appreciated. Iowans are encouraged to contact Mrs. Peggy Watkins for more information and to explore opportunities to work together.

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Boys & Girls Clubs of Central Iowa

Contact Information:

Contact Name: Ms. Elaine Collet
Office Address: 1031 Office Park Road, Suite 1 / West Des Moines, IA 50310
Phone: 515-262-5695
Email: ecollet@bgcci.org
Website: www.bgcci.org
County: Polk
Type of Work: Community Based, Educational/School, Food Pantry, Meal Site

Description:

Boys & Girls Clubs of Central Iowa (BGCCI) [serves more than 2,000 central Iowa youth](#) ages 5-18 from 44 local schools each year (500 kids a day). They offer hands-on educational and experiential enrichment every day after school, as well as all-day programming during the summer and other breaks.

BGCCI supplies at-risk children with nutritious, child-friendly, self-serve food designed to supplement a family of four for the weekend. BGCCI also just began a hot meal program with the McCombs Club where any Club kid can receive a free dinner any night Club is in session. BGCCI will offer this opportunity to all Club sites very soon.

How to Help:

Iowans can [donate food](#) to the BGCCI food pantry, provide a [financial donation](#) to assist with food purchases or [volunteer](#) to help package food bags.

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Bread for the World

Contact Information:

Contact Name: Dr. Kristin Ostrom
Office Address: 205 W. Monroe, Ste. 311 / Chicago, IL 60606
Phone: 1-800-447-0239
Email: kostrom@bread.org
Website: www.bread.org
County: Activities Statewide
Type of Work: Advocacy, Faith Based

Description:

Bread for the World is a collective Christian voice urging leaders in the United States to end hunger at home and abroad. Bread for the World partners with a wide spectrum of church organizations and faith communities to build the political commitment needed to overcome hunger and poverty at home and abroad. Bread empowers faith communities, campus groups, and other organizations to end hunger, mobilizing people of faith to write to congress, engage their churches, and organize in their communities.

How to Help:

Individuals, churches, and organizations in Iowa can partner with Bread for the World by writing to congress, engaging their churches, organizing their communities, and becoming members of Bread for the World. More information and resources to get involved in each of these ways is available at www.bread.org/help or by contacting Regional Organizer Kristin Ostrom [by email](#) or at 402-902-9362, or by emailing Tom Smull, member of Bread for the World's Iowa Advisory Board at tsmull@associationsinc.us.

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Broadlawns Medical Center

Contact Information:

Contact Name: Ms. Constance Rainey
Office Address: 1801 Hickman Road / Des Moines, IA 50314
Phone: 515-282-2484
Email: crainey@broadlawns.org
Website: www.broadlawns.org
County: Polk
Type of Work: Community Based

Description:

Broadlawns Medical Center works to build a healthy community through the delivery of accessible, cost effective and high quality patient care. Over 1000 employees, 300 physicians and an 88-member physician staff work on a medical campus that includes a main hospital, emergency services, inpatient and outpatient services, lab and radiology services, mental health services, specialty clinics, and a crisis team.

As part of its mission to build a healthy community, Broadlawns' serves as the host site for the [Food Bank of Iowa](#)'s fresh produce stand sponsored by Aetna and held for 10-weeks during the summer. The produce stand is free and open to the public, targeted towards individuals, families and seniors in need of access to quality fruits and vegetables. Broadlawns maintains the line and provides water and blood pressure checks to patrons while Aetna and Food Bank of Iowa volunteers distribute the produce. Broadlawns also coordinates a food drive every November in coordination with Star 102.5's annual Combat Hunger.

How to Help:

Iowans should contact Broadlawns Medical Center directly for more information about their programs and how to collaborate on hunger-related activities.

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Buena Vista County Outreach

Contact Information:

Contact Name: Ms. Joan Spooner
Office Address: 620 Michigan Street / Storm Lake, IA 50588
Phone: 712-732-1757
Email: jspooner@udmo.com
Website: www.udmo.com
County: Buena Vista
Type of Work: Community Based, Food Pantry

Description:

The **Buena Vista County Outreach Center** builds stronger communities by addressing the effects of poverty on individuals and families in Buena Vista County. Their programs and services include weatherization assistance and supplemental help for winter heating bills, a partnership with Elderbridge Agency on Aging to assist eligible applicants age 60 and over with chores, an emergency food pantry and food shelf to assist eligible families with food, and client advocacy and referral services. They also provide an [online directory](#) of resources in Buena Vista County.

The Buena Vista County Outreach Center is affiliated with Upper Des Moines Opportunity, Inc.

How to Help:

Iowans can [support the work](#) of the Buena Vista County Outreach Center by volunteering, raising awareness, and making in-kind or monetary donations. Volunteer opportunities include advocacy, direct interaction with families, support for special events and projects, and working alongside staff at the food pantry. Iowans are encouraged to contact them directly for more information about volunteering and donations, or to invite a representative of the center to visit their church or community group.

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Burlington CROP Hunger Walk

Contact Information:

Contact Name: Kay Weiss
Office Address: Burlington
Phone: 319-753-1343
Email: brickandgenie@yahoo.com
Website: N/A
County: Des Moines
Type of Work: Community Based, Faith Based, International

Description:

The **Burlington CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Burlington CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Kay Weiss at brickandgenie@yahoo.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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CARE

Contact Information:

Contact Name: Mr. Faheem Khan
Office Address: 151 Ellis Street, NE / Atlanta, GA 30303
Phone: 404-979-9533
Email: fkhan@care.org
Website: www.care.org
County: Activities Statewide
Type of Work: Advocacy, International

Description:

CARE is a leading humanitarian organization fighting global poverty. CARE works in 87 countries around the world to support more than 900 poverty-fighting development and humanitarian-aid projects.

[Women](#) are at the heart of CARE's community-based efforts to improve basic [education](#), end [gender-based violence](#), provide [healthcare](#) and [nutrition](#), increase access to [clean water and sanitation](#), expand [economic opportunity](#) and [protect natural resources](#).

CARE also delivers [emergency aid](#) to survivors of war and natural disasters, and helps people rebuild their lives.

How to Help:

Iowans can support CARE's critical work through donations via its website at <http://www.care.org/>. You can also join the [CARE Action Network](#) (CAN), a network of more than 200,000 advocates across the U.S. Members of CAN are provided with information and opportunities to communicate with their legislators about issues critical to the fight against global poverty, learn about upcoming CARE events happening in their communities and become part of a global movement standing up for the rights of women, children and poor families around the world.

Iowans can join CAN [online](#) or contact Philippe Nassif for more information at pnassif@care.org or 832-526-0624.

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Carver Elementary School Community Garden

Contact Information:

Contact Name: Ms. Kailei Hogan
Office Address: Carver Elementary School / 705 East University Avenue #100 / Des Moines, IA 50316
Phone: 515-242-8418
Email: N/A
Website: N/A
County: Polk
Type of Work: Educational/School

Description:

The **Carver Elementary School Community Garden** was founded in 2012, when the 2nd grade teacher at Carver, Ms. Hogan, Ray Meylor of Pheasants Forever and the Ilzaak Walton League, and FoodCorps service members broke ground in April. The garden was constructed with support from [Maid-Rite Corporation](#), and consists of six 6 foot by 45 foot strips and four raised beds.

How to Help:

The [Boys & Girls Club](#) and parents from the community help support and maintain the garden. Contact Carver Elementary School at 515-242-8418 to find out more about opportunities to help with the garden.

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CAST – Council for Agricultural Science and Technology

Contact Information:

Contact Name: Mr. Dan Gogerty
Office Address: 4420 West Lincoln Way / Ames, IA 50014
Phone: 515-292-2125
Email: cast@cast-science.org
Website: www.cast-science.org
County: Activities Statewide, Story
Type of Work: Educational/School

Description:

CAST (the Council for Agricultural Science and Technology) is an organization composed of scientific societies and many individual, student, company, nonprofit, and associate society members. CAST publishes reports, commentary papers, and issue papers written by scientists from many disciplines, with the mission to assemble, interpret, and communicate credible science-based information to decision-makers and the general public. CAST addresses issues in animal sciences, food sciences and agricultural technology, plant and soil sciences, and plant protection sciences.

How to Help:

Activities of the Council for Agricultural Science and Technology are made possible by support from members. To find out more information or become a member, contact their [membership department](#) at 515-292-2125 ext 224. CAST also has a long-standing interest in science education, from elementary school through graduate programs. Information from member societies and affiliated organizations has been compiled at: www.cast-science.org/education.

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Cathedral Church of St. Paul – Des Moines

Contact Information:

Contact Name: Ms. Ro Ruth-Bany
Office Address: 815 High Street / Des Moines, IA 50309
Phone: 515-288-7297
Email: outreach@cathedralchurchofstpaul.org
Website: <http://cathedralchurchofstpaul.org>
County: Polk
Type of Work: Faith Based

Description:

The **Cathedral Church of St. Paul** is the Cathedral and liturgical center of the Episcopal Diocese of Iowa. They are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond the parish church. Since the mid-1800s, St. Paul's has felt a special calling to care for those in Des Moines and around the world who are in economic need. Members are especially involved in the [Connection Café](#) and [Central Iowa Shelter](#) meal programs and in initiatives in Africa, Swaziland, and Sudan.

How to Help:

Organizations and individuals should contact the Outreach Cloister at St. Paul's to explore opportunities to work together, by emailing outreach@cathedralchurchofstpaul.org or calling the parish office at 515-288-7297.

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Catholic Charities – Diocese of Des Moines

Contact Information:

Contact Name: Ms. Nancy Galeazzi
Office Address: 601 Grand Avenue / Des Moines, IA 50309
Phone: 515-244-3761
Email: ngaleazzi@catholiccharitiesdm.org
Website: www.dmdiocese.org/catholic-charities.cfm
County: Adair, Adams, Audubon, Cass, Clarke, Dallas, Decatur, Fremont, Guthrie, Harrison, Lucas, Madison, Mills, Montgomery, Page, Polk, Pottawattamie, Ringgold, Shelby, Taylor, Union, Warren, Wayne
Type of Work: Advocacy, Community Based, Faith Based, Food Pantry

Description:

Catholic Charities is a non-profit, social service organization that serves people of all faiths in Central and Southwest Iowa. Each year, Catholic Charities offers food, clothing, shelter, counseling and hope to more than 20,000 people. Guided by the teachings of the Catholic Church, they serve all people in need with compassion, competence, advocate for justice and encourage all people of good will to join in these efforts.

Services of Catholic Charities include: [adoption & pregnancy counseling](#), [therapy & life counseling](#), [refugee resettlement](#), [Hispanic community outreach](#), the [Phoenix House](#) providing domestic violence and sexual abuse services, [St. Joseph Emergency Family Shelter](#) providing emergency shelter to families, and [St. Mary Family Center](#) providing food, clothing, and infant care items to individuals and families. Additionally, the Social Justice Consortium and the [Center for Social Ministry](#) promote the social justice mission of the Catholic Church through advocacy.

How to Help:

Catholic Charities welcomes the support of individuals, families, and organizations through donations, volunteering, and advocacy. For information about making a donation, visit www.dmdiocese.org/charities-donate.cfm. For more information about volunteer opportunities, visit www.dmdiocese.org/volunteer.cfm or contact Pat Nestvedt at pnestvedt@dmdiocese.org. For more information about advocacy opportunities, contact Trish Radke at tradke@catholiccharitiesdm.org or 515-237-5078, or Ken Bresnan at 515-237-5089.

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Catholic Charities' St. Mary's Family Center

Contact Information:

Contact Name: Ms. Bernadette Egger
Office Address: 1815 Hubbell Avenue / Des Moines, IA 50316
Phone: 515-262-7290
Email: begger@catholiccharitiesdm.org
Website: www.dmdiocese.org/st-mary-family-center.cfm
County: Polk
Type of Work: Faith Based, Food Pantry

Description:

Catholic Charities' St. Mary Family Center distributes more than 8500 food boxes each year to an average of 600 families each month. In addition to emergency food boxes, St. Mary Family Center offers perishable food items, clothing and infant items. Daily traffic at the center has grown from an average of 100-200 people to 200-400 people each day. Pantry hours are Monday to Friday 10:00am-3:30pm. St. Mary's Family Center is a program of [Catholic Charities](#) in Des Moines.

How to Help:

Catholic Charities welcomes the support of individuals, families, and organizations through donations, volunteering, and advocacy. Volunteers support St. Mary's through food delivery, food box preparation, clothing donations processing, and cleaning. Volunteer shifts are Monday to Friday, 9:30am-12:30pm or 12:30pm-3:30pm. Those interested in volunteering at St. Mary's should contact Pat Nestvedt at 515-237-5019.

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Catholic Relief Services

Contact Information:

Contact Name: Ms. Teresa Dunbar
Office Address: 770 N. Halsted Street, Suite 170 / Chicago, IL 60642
Phone: 515-974-8008
Email: teresa.dunbar@crs.org
Website: www.crs.org
County: Activities Statewide
Type of Work: Advocacy, Community Based, Faith Based, International

Description:

Catholic Relief Services (CRS) is the official international humanitarian agency of the Catholic community in the United States. They do Emergency Relief and Development work in [93 countries](#) around the world.

Their key program areas include [emergency response](#), [water and sanitation](#), [hunger](#) and [agriculture](#), and [global health](#). In the [United States](#), Catholic Relief Services programs work to help Catholics live their faith by helping our poorest brothers and sisters across the globe.

In the United States, CRS works with 8.5 million Catholics in 14,337 parishes, dioceses and schools through programs such as [CRS Rice Bowl](#), [CRS Fair Trade](#), the [Helping Hands](#) volunteer program, [advocacy initiatives](#), and programs for [university students](#) and [young people](#).

How to Help:

Iowans can get involved in the work of CRS through a variety of programs, including:

- 1) [Catholics Confront Global Poverty](#), to learn and advocate on policies that affect global poverty
- 2) [CRS Rice Bowl](#): A Lenten program with curricula and materials to Pray, Learn, Fast and Give. CRS Rice Bowl donations are used to fight hunger, 75% of the money goes overseas, and 25% stays in the US for local hunger fighting initiatives.
- 3) [CRS Fair Trade](#): Support a sale or purchase items that promote human dignity
- 4) Educators can access CRS Resources at www.Education.CRS.org and www.University.crs.org

Iowans should contact Teresa Dunbar, the CRS Relationship Manager in Des Moines, for more information about these and other opportunities to become involved.

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Cedar County Public Health

Contact Information:

Contact Name: Ms. Lynn Winters
Office Address: 400 Cedar Street / Tipton, IA 52772
Phone: 563-886-2226
Email: publichealth@cedarcounty.org
Website: www.cedarcounty.org/offices/publichealth/
County: Cedar
Type of Work: Community Based

Description:

Cedar County Public Health is committed to promoting, protecting and preserving the health of the community by providing leadership, care and direction as advocates for the individual, the family, the community, and the environment.

Cedar County Public Health offers multiple public health services including immunization clinics, disease follow-up to prevent the spread of communicable disease, assistance with WIC clinics on the second Wednesday of every month, and foot clinics to assist elderly individuals with foot care. They also offer a home health care service and support environmental health through lead and radon testing and smoking cessation programming.

How to Help:

Individuals and organizations should contact Cedar County Public Health directly to explore potential areas for collaboration.

The Iowa Hunger Directory

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Cedar Rapids CROP Hunger Walk

Contact Information:

Contact Name: Ms. Ellen Fisher
Office Address: Cedar Rapids
Phone: 319-363-0879
Email: crcsd79@hotmail.com
Website: N/A
County: Linn
Type of Work: Community Based, Faith Based, International

Description:

The **Cedar Rapids CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Cedar Rapids CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Ellen Fisher at crcsd79@hotmail.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Cedarland Harvest of Hope FRB Growing Project

Contact Information:

Contact Name: Mr. Mike August
Office Address: 1535 New Liberty Road / New Liberty, IA 52765
Phone: 563-843-3569
Email: maugust2@netins.net
Website: N/A
County: Cedar
Type of Work: Community Based, Faith Based, International

Description:

The **Cedarland Harvest of Hope FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Cedarland Harvest of Hope FRB Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Tipton area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinators Mr. Mike August, to become involved with the Cedarland Harvest of Hope FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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Center for Community-Based Learning at Central College

Contact Information:

Contact Name: Ms. Cheri Doane
Office Address: 812 University / Pella, IA 50219
Phone: 641-628-5332
Email: doanec@central.edu
Website: www.central.edu/service-Learning/
County: Marion
Type of Work: Educational/School

Description:

The **Center for Community-Based Learning at Central College** partners with non-profit agencies and grassroots organizations to extend learning beyond the classroom. Their service-learning partnerships allow for the joining of information and theory with context, practice and reflection, while engaging students, faculty and community members in sustained partnerships that foster collaborative learning and civic participation in a diverse society.

The Center for Community-Based learning develops and sustains quality partnerships with approximately 100 community agencies and grassroots organizations throughout Central Iowa.

How to Help:

The Center for Community-Based Learning's service-learning program relies on partnerships between [students](#) and [faculty](#) at Central College and over 100 partnering [community organizations](#). Organizations in Central Iowa can sign up as partners [online](#).

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Center for Social Ministry

Contact Information:

Contact Name: Ms. Susie Tierney
Office Address: 4211 Grand Avenue / Des Moines, IA 50312
Phone: 515-782-3054
Email: centerforsocialministry@gmail.com
Website: www.dmdiocese.org/center-for-social-ministry.cfm
County: Polk
Type of Work: Advocacy, Faith Based

Description:

The **Center for Social Ministry** enables people of faith to develop a passion for justice, to express this passion in concrete acts of social ministry, and to expand the work of social ministry in their faith communities. It creates and supports faith formation processes and resources that emphasize the Gospel message of peace and justice, Church social teaching and the intersection of spirituality and action.

Programs include JustFaith, Engaging Spirituality, JustMatters, and the GoodNews People Program. The Center for Social Ministry is in partnership with [Catholic Charities](#).

How to Help:

Individuals and communities of faith should contact Susie Tierney at centerforsocialministry@gmail.com or 515-782-3054 to find out more and become involved.

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Center for Sustainable Rural Livelihoods at Iowa State University

Contact Information:

Contact Name: Dr. Patricia C. Hipple
Office Address: 111 Curtis Hall, Iowa State University / Ames, IA 50011
Phone: 515-294-9237
Email: phipple@iastate.edu
Website: www.csrl.cals.iastate.edu
County: Story
Type of Work: Educational/School

Description:

The **Center for Sustainable Rural Livelihoods** (CSRL) helps small landholder farmers in Kamuli District, Uganda to achieve food security, improve household nutrition, and stabilize income through sustainable crop and livestock production, access to marketing opportunities, school gardens and lunch programs, and mother/child nutrition education centers. CSRL also provides support for malnourished children, widows, and families living with HIV/AIDS.

CSRL works with partners in the US and developing countries to improve the livelihoods of rural people. Through learning and discovery, these partners train community volunteers in practices that will alleviate food insecurity and poverty. CSRL's focus on improving the food security, nutrition and health of the poor is rooted in the land-grant mission of Iowa State University and the College of Agriculture and Life Sciences.

How to Help:

Students and faculty at Iowa State University have many opportunities to become involved with the activities of CSRL, including through [academic research](#) and the student [service-learning program](#).

Anyone who is interested in finding out more about the activities of CSRL should contact the center staff at csrl@iastate.edu or email the Director, Dr. Patricia Hipple, at hipple@iastate.edu. CSRL accepts donations [online](#).

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The Iowa Hunger Directory

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Centerville CROP Hunger Walk

Contact Information:

Contact Name: Ms. Janice Bolger
Office Address: Centerville, IA
Phone: 641-856-8251
Email: jjbolger@iowatelecom.net
Website: N/A
County: Appanoose
Type of Work: Community Based, Faith Based, International

Description:

The **Centerville CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Centerville CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Janice Bolger at jjbolger@iowatelecom.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Central City High School

Contact Information:

Contact Name: Mr. Rob Pangburn
Office Address: 400 Barber Street / Central City, IA 52214
Phone: 319-438-6183
Email: rpangburn@central-city.k12.ia.us
Website: www.central-city.k12.ia.us/hs/hs.php
County: Linn
Type of Work: Educational/School

Description:

Students and educators at **Central City High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mr. Rob Pangburn for more information and to explore opportunities to work together.

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Central Iowa Shelter & Services

Contact Information:

Contact Name: Ms. Jorie Landers
Office Address: 1420 Mulberry Street / Des Moines, IA 50309
Phone: 515-564-5752
Email: jlanders@centraliowashelter.org
Website: www.centraliowashelter.org
County: Polk
Type of Work: Community Based, Food Pantry

Description:

Since 1992 **Central Iowa Shelter & Services'** mission is to provide free shelter and meals to homeless adults regardless of physical or emotional conditions, and to facilitate their move toward self-sufficiency. Approximately 2,000 homeless women and men have received emergency shelter and supportive services to help them move beyond homelessness each year.

In September 2012, Central Iowa Shelter & Services (CISS) opened its new facility. The facility grew from being 8,000 square feet and 96 beds to 207 beds and 42,000 square feet. It is equipped to provide emergency shelter (150 beds); transitional housing for Veterans (19 rooms); and 38 Project Based Section 8 Voucher efficiency apartments. CISS also provides an on-site health clinic, food pantry, clothing closet and classroom.

All guests and residents are provided evening, lunch and breakfast meals; access to shower and laundry facilities, a weekly medical clinic, individualized case management, life skills instruction, and referrals to other community services and benefits. Programming continues to evolve to meet emerging homeless and community needs.

How to Help:

Some of the simplest ways to help are to collect their [top need items](#) and bring them to the center or help serve lunch. Volunteers can also help on projects, committees, or serve at the shelter for a day. Volunteers can [sign up online](#) or contact Jorie Landers directly at 515-564-5752.

Individuals, restaurants, and grocery stores are invited to join their food rescue initiative, which supports the donation of surplus food that would otherwise be thrown out. Contact Jorie Landers for more information about the food rescue initiative.

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Chariton CROP Hunger Walk

Contact Information:

Contact Name: Ms. Jill Naylor
Office Address: Chariton
Phone: 641-774-2131
Email: pipers@iowatelecom.net
Website: N/A
County: Lucas
Type of Work: Community Based, Faith Based, International

Description:

The **Chariton CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Chariton CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Jill Naylor at pipers@iowatelecom.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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Children & Families First

Contact Information:

Contact Name: Ms. Mary Lee Madison
Office Address: 1620 Pleasant Street Suite 237 / Des Moines, IA 50314
Phone: 515-244-1716
Email: childfamilies@aol.com
Website: www.childrenfamiliesfirst.org
County: Polk
Type of Work: Community Based

Description:

Children & Families First works with children, adolescent, adults and families, using Life Skills Coaching to help them achieve their goals and help them author a plan for their personal success. Children & Families First provides coaching, mentoring, counseling, consultation on educational and parenting issues to help individuals and families succeed.

How to Help:

For more information about Children & Families First or to become involved, contact them directly at 515-244-1716 or childfamilies@aol.com.

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The Iowa Hunger Directory

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Church Women United

Contact Information:

Contact Name: Ms. Sandy Fleck
Office Address: Des Moines, IA
Phone: 515-265-7921
Email: sandyfleck1@gmail.com
Website: www.churchwomen.org
County: Activities Statewide, Polk
Type of Work: Faith Based

Description:

Church Women United is a racially, culturally and theologically inclusive ecumenical Christian women's movement, celebrating unity in diversity and working for a world of peace and justice. The Des Moines area local unit meets monthly and has about 55 women from over 27 different churches attending. Their meetings are held in a local church for lunch and a program of Bible study, worship and celebration, and action on women's and children's social justice issues.

How to Help:

Church Women United has several hands-on local projects supported by their time, gifts and service. In Iowa there are 35 county/local units of Church Women United geographically spaced around the state. Interested Christian women in Des Moines should contact Ms. Sandy Fleck to get involved. Interested Christian women outside the Des Moines area should contact Church Women United at cwu@churchwomen.org or 212-870-2347 to get involved.

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Church World Service

Contact Information:

Contact Name: Mr. Jordan Bles
Office Address: CWS Iowa Office, c/o St. Andrew's Episcopal Church / Des Moines, IA 50310
Phone: 515-274-2224
Email: jbles@cwsglobal.org
Website: www.cwsglobal.org
County: Activities Statewide, Polk
Type of Work: Faith Based, International

Description:

Church World Service works with partners to eradicate hunger and poverty and to promote peace and justice around the world. Church World Service has programs to feed the hungry, respond to emergencies, support immigrants and refugees, assist mothers and children, and ensure access to clean water for all. They work in over 140 countries around the world, including in the United States, where they have programs to respond to natural disasters and support immigrants and refugees.

How to Help:

Individuals and faith communities across Iowa can support the work of Church World Service through organizing or participating in [CROP Hunger Walks](#) in their communities, holding [Blankets+](#) events, assembling [CWS kits](#) for shipment around the world, and joining their [advocacy](#) efforts. For more information or to get involved, contact Mr. Jordan Bles, Iowa Field Director, at jbles@cwsglobal.org or 515-274-2224.

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The Iowa Hunger Directory

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Churches United of the Quad City Area

Contact Information:

Contact Name: Ms. Anne Wachal
Office Address: 2535 Tech Drive, Suite 205 / Bettendorf, IA 52772
Phone: 563-332-5002
Email: awachal@cuqca.org
Website: www.cuqca.org
County: Scott
Type of Work: Faith Based, Food Pantry, Meal Site

Description:

Churches United of the Quad City Area is a cooperative association of [over 136 churches](#) representing over 20 Christian Faith traditions in the greater Quad Cities area. Churches United Hunger Ministries have 25 [Food Pantries](#) responding to over 118,000 needs for meals annually throughout Rock Island and Scott Counties. They also coordinate a [hot meal site](#) in Davenport that provides a hot meal Monday through Saturday at 6:00 pm.

How to Help:

The Churches United Hunger Ministries are made possible by over 500 generous, hardworking and dedicated volunteers. [Volunteers](#) do a variety of things to help the operation of their food pantries, including: packing boxes/bags of food to give to clients, assisting in volunteer coordination, gathering groceries and donations to stock the food pantry shelves, transporting donated items from the food bank or local stores, and hosting Food Drives.

Donations to support the Churches United Hunger Ministries can be made online through the Virtual Food Pantry or [through their website](#). For every dollar donated, Churches United can purchase 6 lb. of food, so a financial contribution to Churches United can go a long way to helping hunger in the Quad City area.

Contact their office to find out more about how to help or to sign up to volunteer.

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City of Inwood Food Pantry

Contact Information:

Contact Name: Ms. Carol Vander Kolk
Office Address: Inwood Community Center / 103 S. Main Street / Inwood, IA 51240
Phone: 712-753-4833
Email: cityofinwood@hotmail.com
Website: N/A
County: Lyon
Type of Work: Food Pantry, Government Agency

Description:

The **City of Inwood** runs a food pantry, which is open Monday-Friday, 9:00-12:00 and 1:00-4:00 at the Inwood Community Center.

How to Help:

The City of Inwood food pantry welcomes donations of non-perishable food items, laundry detergent, and paper products.

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Clay Central Everly FFA

Contact Information:

Contact Name: Ms. Betsy Schoelerman
Office Address: 306 E 2nd / Everly, IA 51338
Phone: 712-363-4635
Email: bschoelerman@claycentraleverly.org
Website: <http://cceffa.theaet.com/AETHome.aspx?ID=21799>
County: Clay
Type of Work: Educational/School

Description:

In February 2013, the **Clay Central Everly FFA chapter** established the "Mavpack" backpack program in their school district. Mavpacks are named after the district's mascot and are distributed every Friday to students in Preschool through 12th grade. Mavpacks contain 2 breakfast items, 2 snacks, and 2 lunches to help get hungry students through the weekend. Mavpacks are packed each week by FFA members and are distributed by the guidance counselor to ensure confidentiality.

In the 2013-14 school year there were 74 students enrolled in the Mavpack program. This was nearly 25% of their total enrollment. This program is funded entirely on community and church donations and grants.

How to Help:

Iowans can support the work of the Clay Central Everly FFA Chapter by purchasing non-perishable food items or by sending cash donations to the Mavpack program. For more information about how to help, contact Clay Central Everly FFA Advisor Betsy Schoelerman.

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Clayton County Food Shelf

Contact Information:

Contact Name: Ms. Utoni Ruff
Office Address: 100 W. Hill St., P.O. Box 48 / St. Olaf, IA 52072
Phone: 563-783-7794
Email: claytoncountyfoodshelf@gmail.com
Website: N/A
County: Allamakee, Buchanan, Clayton, Delaware, Dubuque, Fayette, Winneshiek
Type of Work: Food Pantry

Description:

Clayton County Food Shelf provides an emergency food supply to Clayton County (and the immediate surrounding counties) residents in crisis. Every family or individual is provided with enough food for one week.

How to Help:

Food Shelf Sunday is the first Sunday of every month at all the churches in Clayton County. Every parishioner attending church is asked to bring a non-perishable food item or non-food (toiletry) item for the Clayton County Food Shelf. Anybody can drop off perishable or non-perishable food items or non-food items during their business hours. Monetary donations can be mailed. The Clayton County Food Shelf is open Monday through Friday 9:00 a.m. to 12:00 p.m. and 1:00 p.m. to 4:00 p.m.

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The Iowa Hunger Directory

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Clinton CROP Hunger Walk

Contact Information:

Contact Name: Mr. Marc Smith
Office Address: Clinton, IA
Phone: 563-243-3170
Email: clintoniacropwalk@gmail.com
Website: N/A
County: Clinton
Type of Work: Community Based, Faith Based, International

Description:

The **Clinton CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Clinton CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Marc Smith at clintoniacropwalk@gmail.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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Clinton FRB Growing Project

Contact Information:

Contact Name: Mr. & Mrs. Louie and Gabriela Egging
Office Address: 705 Terrace Drive / Clinton, IA 52732
Phone: N/A
Email: eightegg1@msn.com
Website: N/A
County: Clinton
Type of Work: Community Based, Faith Based, International

Description:

The **Clinton FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Clinton Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Clinton area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinators Mr. & Mrs. Louie and Gabriela Egging, to become involved with the Clinton FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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The Iowa Hunger Directory

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Coalition in Support of Hungry Children

Contact Information:

Contact Name: Rev. Diana Sickles
Office Address: Greater Des Moines Area
Phone: 515-255-5055
Email: dsickles4@gmail.com
Website: http://coalitioninsupportofhungrychildren.blogspot.com
County: Polk
Type of Work: Community Based

Description:

The **Coalition in Support of Hungry Children** is an all-volunteer grassroots coalition that collaborates with civic organizations, school systems, religious organizations and congregations, other food-related groups to alleviate childhood hunger. The Coalition's motto is "Global Goals...Local Solutions" and believes that if all communities would just work toward alleviation of childhood hunger in their community that the United Nations goal of alleviating childhood hunger globally by the end of 2015 and all hunger by 2030 could be accomplished.

Although the primary method of pursuing the Coalition's goal since its inception in 2010 has been hands-on, practical ways, in 2014 the Coalition produced a 30-minute documentary, [Hunger in the Heartland](#), and a companion resource guide to build awareness of childhood hunger in Iowa and to give step-by-step assistance and resources to those who want to help. The Coalition encourages local communities to ask 4 basic questions: 1) What is already happening here? 2) How can I help? 3) What isn't happening that needs to be? 4) What can I do about it?

How to Help:

The Coalition currently partners with many organizations across Greater Des Moines, including the [Food Bank of Iowa](#), the After School Arts Program, the Kiwanis Clubs in Greater Des Moines, the Des Moines Public Schools, and [Eat Greater Des Moines](#). Individuals and organizations interested in partnerships or in joining the Coalition as members should email Rev. Diana Sickles at dsickles4@gmail.com.

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The Iowa Hunger Directory

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Community Action Agency of Siouxland

Contact Information:

Contact Name: Ms. Jean Logan
Office Address: 2700 Leech Ave. / Sioux City, IA 51106
Phone: 712-274-1610
Email: jlogan@caasiouxland.org
Website: www.caasiouxland.org
County: Woodbury
Type of Work: Community Based, Food Pantry

Description:

The **Community Action Agency of Siouxland** provides short-term aid and encourages long-term change to help people through economic crises and help them make it on their own..

Their programs include early childhood education, emergency assistance, heating assistance, weatherization, transitional housing, senior employment training, family development and child care food program.

They fight hunger directly through their emergency food pantry & promote good nutrition & healthy meals & snacks through CACFP and their early childhood programs.

How to Help:

Iowans can support the mission of the Community Action Agency of Siouxland through monetary contributions or donations of food pantry items, garden seeds and/or fresh produce. People wishing to be supportive should call their office at 712-274-1610 for more information about how to become involved.

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The Iowa Hunger Directory

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Community Action of Southeast Iowa

Contact Information:

Contact Name: Mr. Dennis Ostrander
Office Address: 2850 Mount Pleasant Street Suite 108 / Burlington, IA 52601
Phone: 319-753-0193
Email: dennis.ostrander@caofseia.org
Website: www.caofseia.org
County: Des Moines, Henry, Lee, Louisa
Type of Work: Community Based, Food Pantry

Description:

Community Action of Southeast Iowa works to better focus available local, state, private, and federal resources to assist low-income individuals and families acquire useful skills and knowledge, gain access to new opportunities and achieve economic self-sufficiency.

Community Action of Southeast Iowa has [Neighborhood Centers](#) in 5 cities in four counties in southeast Iowa. They operate emergency food pantries at each location. Their centers are located in Burlington, Mount Pleasant, Fort Madison, Keokuk and Columbus Junction, Iowa.

A full description of their programming is available [online](#).

How to Help:

Iowans can support the work of Community Action of Southeast Iowa through [donations](#) of food or finances. Contact them by phone or [online](#) for more information.

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Community Interfaith Worm Project

Contact Information:

Contact Name: Ms. Helen Dagley
Office Address: N/A
Phone: N/A
Email: Helen@communitywormproject.org
Website: www.communitywormproject.org
County: Polk, Story
Type of Work: Faith Based

Description:

The **Community Interfaith Worm Project** is a ministry of men and women from diverse backgrounds, working together to affirm the dignity of every person and of all Creation by employing people in local communities who have been marginalized or denied opportunities to engage in productive work, often resulting in poverty or homelessness. Employees of the Community Interfaith Worm Project manage a composting system that recycles green waste into worm castings, which are then sold as organic garden fertilizer.

How to Help:

Individuals and organizations can support the work of the Community Interfaith Worm Project through direct donations, or by [purchasing the project's worm castings](#) as an eco-friendly fertilizer for their gardens. Special rates are available for religious or nonprofit groups who wish to sell Community Interfaith Worm Project worm castings as a fundraiser.

The Iowa Hunger Directory

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Community of Hope FRB Growing Project

Contact Information:

Contact Name: Mr. Andy Ludeking
Office Address: 1798 Old Stage Road, Suite #2 / Decorah, IA 52101
Phone: N/A
Email: andyludeking@hotmail.com
Website: N/A
County: Winneshiek
Type of Work: Community Based, Faith Based, International

Description:

The **Community of Hope FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Community of Hope FRB Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Decorah area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinator Mr. Andy Ludeking, to become involved with the Community of Hope FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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The Iowa Hunger Directory

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Community Youth Concepts

Contact Information:

Contact Name: Mrs. Julie Cackler
Office Address: 3826 1/2 Douglas Ave. / Des Moines, IA 50310
Phone: 515-243-4292
Email: julie@cyconcepts.org
Website: www.cyconcepts.org
County: Polk
Type of Work: Community Based, Educational/School

Description:

Community Youth Concepts (CYC) promotes the use of positive youth development principles and best practices through training and technical assistance and through youth development initiatives. CYC helps youth discover their passions and connects them with organizations where they can use their passions on a long-term basis. Connecting youth with high-quality programs is essential. CYC's training and technical assistance work addresses the needs of organizations in attaining and maintaining the research-based high-quality standards the community expects. CYC offers the research-based assessment, training, and technical assistance to help guide agencies with their program improvement processes.

How to Help:

CYC has opportunities for youth and for adults to volunteer. CYC has volunteer opportunities to fit a variety of skill sets, and also helps connect youth and adults to other organizations. Youth and adults can register to volunteer on their [website](#), and anyone can email Kelsey at kelsey@cyconcepts.org for more information. CYC also accepts donations of funds and has a list of needed items [online](#).

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Convoy of Hope

Contact Information:

Contact Name: Mr. Jeff Roman
Office Address: 330 S. Patterson Avenue / Springfield, MO 65802
Phone: 417-823-8998
Email: jroman@convoyofhope.org
Website: www.convoyofhope.org
County: Activities Statewide
Type of Work: Community Based, Faith Based, International

Description:

Convoy of Hope is a faith-based, international, humanitarian-relief organization strategically based in Springfield, Missouri — the crossroads of America. Since being founded in 1994 Convoy of Hope has helped more than 63 million people who are impoverished, hungry and hurting.

How to Help:

Convoy of Hope works annually with partners in Iowa for local community outreach. Convoy of Hope also partners with several Iowa-based organizations that are fighting hunger globally.

Iowans can support Convoy of Hope in a variety of ways found through their website at www.convoyofhope.org. For more information, please visit the Convoy of Hope blog at www.convoyofhope.org/blog.

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Coralville Ecumenical Food Pantry

Contact Information:

Contact Name: Mr. John Boller
Office Address: 203 1st Street / Coralville, IA 52240
Phone: 319-351-2446
Email: director@cefoodpantry.org
Website: www.cefoodpantry.org
County: Johnson
Type of Work: Food Pantry

Description:

The **Coralville Ecumenical Food Pantry** (CEFP) offers temporary food assistance to residents who live within the Coralville city limits. Comprised of a group of volunteers hailing from local faith-based organizations, schools, businesses, and civic groups, CEFP has been serving the community since September 2009.

How to Help:

Iowans can support the mission of the Coralville Ecumenical Food Pantry by volunteering, or making a donation of fund, food, or fresh produce. In addition to needing volunteers for three weekly pantry shifts – Tuesdays (2-4, 4-6pm) and Saturdays (10am-1pm) – they are always looking for people interested in stocking shelves, repackaging bulk food items, cleaning/tidying up, food pick-up, data entry, marketing, graphic design, fundraising, and more. Those interested in volunteering should email them at volunteer@cefoodpantry.org.

In 2014, the food pantry secured funding to establish a seed library. Those interested in collaborating or helping with this project should email CEFP Director John Boller at director@cefoodpantry.org. CEFP will also graciously accept any of area gardeners' excess produce during the summer months. They request that gardeners please call or email in advance before delivering fresh fruits and vegetables to the food pantry.

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Corner of Hope FRB Growing Project

Contact Information:

Contact Name: Mr. & Mrs. Dave and Gail Prestemon
Office Address: 1085 Sand Hill Road / Waukon, IA 52172
Phone: N/A
Email: prestemon@acegroup.cc
Website: N/A
County: Allamakee
Type of Work: Community Based, Faith Based, International

Description:

The **Corner of Hope FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Corner of Hope FRB Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Waukon area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinators Mr. & Mrs. Dave and Gail Prestemon or Mr. Dennis Byrnes at 563-568-2867, to become involved with the Corner of Hope FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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The Iowa Hunger Directory

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Correctionville CROP Hunger Walk

Contact Information:

Contact Name: Ms. Nancy Clausen
Office Address: Correctionville
Phone: 712-373-5273
Email: nclausen@wiatel.net
Website: N/A
County: Woodbury
Type of Work: Community Based, Faith Based, International

Description:

The **Correctionville CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Correctionville CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Nancy Clausen at nclausen@wiatel.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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Corydon CROP Hunger Walk

Contact Information:

Contact Name: Ms. Nancy Cumando
Office Address: N/A
Phone: 641-203-7150
Email: N/A
Website: N/A
County: Wayne
Type of Work: Community Based, Faith Based, International

Description:

The **Corydon CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Corydon CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Ms. Nancy Cumando at 641-203-7150 or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Covenant Presbyterian Church of West Des Moines

Contact Information:

Contact Name: Rev. Jan Scott
Office Address: 1025 28th Street / West Des Moines, IA 50266
Phone: 515-225-2254
Email: church@wdmcovenant.org
Website: www.wdmcovenant.org
County: Polk
Type of Work: Faith Based

Description:

Covenant Presbyterian Church of West Des Moines is a congregation of the Presbyterian Church (USA). As a congregation they support with hands-on work the Eddie Davis Center, Cross Ministries, [Des Moines Area Religious Council](#), Habitat for Humanity, Our Sister Parish—El Salvador, Drake University Head Start, West Des Moines Human Services, [Meals from the Heartland](#), a twice annual Blood Drive, Hope Ministries and the mission of the Presbytery of Des Moines. Presbyterian Women, children's Sunday School classes and Vacation Bible School also accept the mission challenge.

In addition and along with St. Timothy's Episcopal Church, Covenant hosts the [Faith & Grace Garden](#) on the land between the churches. This garden provides produce to all DMARC food pantries, is the site for Dowling High School's environmental science classes and hosted in 2013 with Lutheran Services of Iowa Burmese refugees in their work of cultural integration and socialization. The Faith & Grace Garden has been the recipient of grants to help support its program and is a community laboratory for area grade schools and the Head Start school which the church houses in teaching about food issues.

How to Help:

Individuals and organizations should contact Covenant Presbyterian Church of West Des Moines to volunteer or explore opportunities for partnerships.

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Crawford County CROP Hunger Walk

Contact Information:

Contact Name: Mr. Richard Francis
Office Address: N/A
Phone: 712-265-1167
Email: N/A
Website: N/A
County: Crawford
Type of Work: Community Based, Faith Based, International

Description:

The **Crawford County CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Crawford County CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, call Richard Francis at 712-265-1167 or email Church World Service Regional Director Jordan Bles at jbles@cwsglobal.org.

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The Iowa Hunger Directory

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Crawford County Hunger Fighters

Contact Information:

Contact Name: Mr. Warren Hawn
Office Address: 500 North 24th Street / Denison, IA 51442
Phone: 712-269-1576
Email: wah1@frontiernet.net
Website: N/A
County: Crawford
Type of Work: Food Pantry

Description:

Crawford County Hunger Fighters is a network of communities in Crawford County, Iowa working together to provide assistance to needy kids and bulk food distribution to needy families. Assistance to kids is provided through the backpack program, which provides a weekly supply of nutritious, shelf-stable food to get food insecure students through the weekend when school meals are not available. They are currently delivering backpack food sacks to seven Elementary Schools, grades K through 5, in Crawford County.

The Bulk Food Distribution Program is provided to needy families in partnership with the Sioux City Food Bank. On the second Wednesday of each month, Crawford County Hunger Fighters holds a bulk food distribution at Our Savior Lutheran Church (500 24th St, Denison) open from 2:00 PM - 4:00 PM to all residents in need throughout Crawford County.

How to Help:

Crawford County Hunger Fighters is a nonprofit corporation and relies 100% on the support of volunteers and donations to fulfill its mission. Contact them directly for more information about how to become involved.

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The Iowa Hunger Directory

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Creston CROP Hunger Walk

Contact Information:

Contact Name: Mr. & Mrs. Jim and Mary Morris
Office Address: Creston
Phone: 641-782-2715
Email: N/A
Website: N/A
County: Union
Type of Work: Community Based, Faith Based, International

Description:

The **Creston CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Creston CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Mr. & Mrs. Jim and Mary Morris at 641-782-2715 or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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CROSS Ministries

Contact Information:

Contact Name: Dr. Roberta Victor
Office Address: 1050 24th Street / Des Moines, IA 50311
Phone: 515-279-8877
Email: crossministriesdm@gmail.com
Website: www.crossministriesdm.org
County: Polk
Type of Work: Faith Based, Food Pantry

Description:

CROSS Ministries manages a food pantry to assist hungry people in the community.

How to Help:

CROSS Ministries' food pantry can be supported by volunteering and through donations of money or food. Donations can be made in person, by mail, or [online](#).

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The Iowa Hunger Directory

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Cultivate Iowa

Contact Information:

Contact Name: Dr. Betsy Danforth-Richey
Office Address: c/o Iowa Food Systems Council / PO Box 112 / Elkhart, IA 50073
Phone: 563-580-8939
Email: info@cultivateiowa.org
Website: www.cultivateiowa.org
County: Activities Statewide
Type of Work: Community Based

Description:

Cultivate Iowa is an initiative of the Iowa Food Systems Council's [Food Access & Health Work Group](#) (FAHWG) to promote the benefits of food gardening and produce donation to create a sustainable future and healthier communities in Iowa.

Through outreach and community engagement, Cultivate Iowa inspires Iowans to grow some of their own produce and live healthier lifestyles. In addition, Cultivate Iowa empowers gardeners and community members to donate fresh produce to their local food pantries or other community organizations.

How to Help:

Cultivate Iowa asks Iowans to plant a little extra in their gardens to donate to their local food pantries. Gardeners don't need to have a big garden to donate; any amount is helpful and needed. Iowans can [learn about gardening](#), learn about donating produce and [pledge to donate](#) on their website.

Organizations that wish to collaborate should email Cultivate Iowa at info@cultivateiowa.org, as they are currently looking for partners.

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Dallas Center Rotary Club

Contact Information:

Contact Name: Ms. Maureen Cahill
Office Address: Dallas Center, IA
Phone: 515-992-3735
Email: mcahill@spurgeonmanor.com
Website: N/A
County: Dallas
Type of Work: Community Based

Description:

Members of the **Dallas Center Rotary Club** support the Dallas Center Food Pantry and [Meals from the Heartland](#) in feeding hungry people both at home and around the world.

How to Help:

Individuals can support the Dallas Center Rotary Club and its work fighting hunger by attending their pancake breakfast functions.

The Iowa Hunger Directory

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Dallas County CROP Hunger Walk

Contact Information:

Contact Name: Ms. Nancy Lister-Settle
Office Address: N/A
Phone: 515-992-3639
Email: neitherthecat@gmail.com
Website: N/A
County: Dallas
Type of Work: Community Based, Faith Based, International

Description:

The **Dallas County CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Dallas County CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, email Nancy Lister-Settle at neitherthecat@gmail.com or Church World Service Regional Director Jordan Bles at jbles@cwsglobal.org.

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Dallas County Hospital

Contact Information:

Contact Name: Ms. Kari Severson
Office Address: 610 10th Street / Perry, IA 50220
Phone: 515-465-3547
Email: kseverson@dallascohospital.org
Website: www.dallascohospital.org
County: Boone, Dallas, Greene, Guthrie
Type of Work: Community Based, Government Agency

Description:

Dallas County Hospital is a 25-bed critical access hospital that focuses on providing the highest quality health care to the people they serve through their knowledgeable staff and physicians, up-to-date facility and modern equipment. From wellness and prevention, to the common cold or a serious illness, their physicians and staff recognize their responsibility to serve the community and set the standard in compassionate, convenient and cost-effective medical care. Dallas County Hospital supports efforts to end hunger and improve nutrition in the communities they serve.

How to Help:

Those seeking to learn more about Dallas County Hospital and their work on hunger and nutrition issues are encouraged to contact them directly.

Dallas County Public Health Nursing Services

Contact Information:

Contact Name: Ms. Jennifer Walters
Office Address: 902 Court Street / Adel, IA 50003
Phone: 515-993-3750
Email: phn@co.dallas.ia.us
Website: www.co.dallas.ia.us/department-services/public-health-home-health
County: Dallas
Type of Work: Government Agency

Description:

Dallas County Public Health Nursing Services was founded in 1948 and has been providing public health services to the communities of Dallas County since that time. The Agency's mission is to promote, protect and improve the public's health through surveillance, education, care coordination, disease prevention, mobilization of community resources, and enforcement of public health policies and regulations.

Dallas County Public Health seeks to deliver quality, cost effective health services by developing, maintaining and improving health related programs that recognize the wellness continuum. Holistic services are directed toward individuals and their families, groups, and the community with special attention to populations at risk and system and environmental changes to make healthy choices easier. Services include community wellness programming, immunization clinics, communicable disease control, health education, emergency preparedness, home health nursing program, maternal child health, health navigation, and county-wide health needs assessment and planning.

How to Help:

Individuals and organizations should contact Dallas County Public Health directly to explore potential areas for collaboration.

Davenport Volunteer Connection

Contact Information:

Contact Name: Ms. Alisha Espey
Office Address: 226 W 4th Street / Davenport, IA 52801
Phone: 563-888-3201
Email: aespey@ci.davenport.ia.us
Website: www.volunteerdavenport.com
County: Scott
Type of Work: Community Based, Government Agency

Description:

The **Davenport Volunteer Connection** helps the community connect to volunteer opportunities and provides centralized volunteer recruitment and management for city departments and community organizations. Their [searchable online database](#) serves as a one stop source for connecting volunteers and organizations, encouraging meaningful service activities in the Quad Cities region of Eastern Iowa and Western Illinois.

Other initiatives of the Davenport Volunteer Connection include an Emergency Response Volunteer Program and partnerships with community groups to promote national days of service and conduct volunteer management training sessions.

The Davenport Volunteer Connection is a program of the City of Davenport, a partner of the [Iowa Commission on Volunteer Services](#), and is affiliated with the [Volunteer Centers of Iowa](#) network.

How to Help:

Individuals are encouraged to find opportunities to volunteer in the Quad Cities region of Eastern Iowa and Western Illinois using Davenport Volunteer Connection's [online database](#), or to contact Davenport Volunteer Connection directly for more information about National Days of Service or the Emergency Response Volunteer Program.

Organizations can support the work of Davenport Volunteer Connection by [posting opportunities](#) for volunteers to serve on their website, joining their Partners and Advisory Committee, collaborating on activities around a National Day of Service, or hosting a volunteer management training session.

The Iowa Hunger Directory

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Davenport West High School

Contact Information:

Contact Name: Mr. Kim Strunk
Office Address: 3535 West Locust / Davenport, IA 52804
Phone: 563-386-5500
Email: strunkk@davenportschools.org
Website: www.davenportschools.org/west
County: Scott
Type of Work: Educational/School

Description:

Students and educators at **Davenport West High School** work to alleviate hunger through educational and service-learning projects.

For example, the annual Student Hunger Drive has collected over 15,700,000 pounds of food since 1986.

How to Help:

Iowans are encouraged to contact Mr. Kim Strunk for more information and to explore opportunities to work together.

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The Iowa Hunger Directory

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Decorah CROP Hunger Walk

Contact Information:

Contact Name: Mr. Mark Kvale
Office Address: Decorah
Phone: 563-382-2462
Email: N/A
Website: N/A
County: Winneshiek
Type of Work: Community Based, Faith Based, International

Description:

The **Decorah CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Decorah CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Mr. Mark Kvale at 563-382-2462 or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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Des Moines Area Hunger Hike

Contact Information:

Contact Name: Mr. Dennis Stull
Office Address: P.O. Box 489 / Des Moines, IA 50302
Phone: 515-279-5657
Email: desmoineshungerhike@gmail.com
Website: www.desmoineshungerhike.org
County: Polk
Type of Work: Community Based, International

Description:

The **Des Moines Area Hunger Hike** designates a route for individuals and groups to hike together on the second Sunday afternoon in October as visible witness to their concern about hunger among our fellow humans, having made prior collections from friends and neighbors to give tangible evidence of this concern. The hike coincides with World Hunger Week and the awarding of the World Food Prize.

Over the years, over \$900,000 has been given to local and international organizations for food purposes. Over 96% of each year's funds is allocated to a wide variety of service agencies for food purposes with less than 4% of funds going for required insurance, printing and postage expense. Approximately, forty percent of receipts go to [Church World Service/CROP](#) for food and food-related programs. A wide variety of service agencies apply for and receive the remainder of the money for food purposes.

How to Help:

Individuals and groups can join the Des Moines Area Hunger Hike by publicizing the hike, fund-raising and hiking the route, or by donating to the cause. More information is available on their [website](#), by sending an email to ruffkleis@msn.com, or by calling the Hunger Hike Treasurer at 515-279-1106 or Mr. Jordan Bles at 515-274-2224.

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The Iowa Hunger Directory

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Des Moines Area Religious Council

Contact Information:

Contact Name: Mr. Luke Elzinga
Office Address: 1435 Mulberry Street / Des Moines, IA 50309
Phone: 515-277-6969
Email: info@dmarcunited.org
Website: www. dmarcunited.org
County: Polk
Type of Work: Community Based, Faith Based, Food Pantry

Description:

The **Des Moines Area Religious Council** is an association of over 400 volunteers and 140 religious congregations in Greater Des Moines that work together to fill emergency food needs in central Iowa. The Des Moines Area Religious Council runs a [network of emergency food pantries](#) through its [Move the Food program](#) and coordinates a system of food donation barrels in area grocery stores through its [Red Barrel Program](#).

How to Help:

Iowans can support the Des Moines Area Religious Council by [making a donation](#) or by [signing up to volunteer](#). Groups of four or more people can work together to sponsor a "Sack Saturday" event at a Des Moines area grocery store, where they inform and encourage shoppers to donate a food item to the Red Barrel Program.

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The Iowa Hunger Directory

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Des Moines Community Action Agency

Contact Information:

Contact Name: Ms. Marci Rafdal
Office Address: 1618 6th Avenue / Des Moines, IA 50314
Phone: 515-248-6216
Email: caa@dmgov.org
Website: www.dmgov.org/Departments/HousingServices/Pages/Assistance.aspx
County: Polk
Type of Work: Government Agency

Description:

The **Des Moines Community Action Agency** works with low-income residents to provide crisis assistance and provide tools to help low-income residents gain personal and economic self-sufficiency. Most low-income [programs](#) are available to households with annual gross incomes meeting 150% of federal poverty guidelines. The Des Moines Community Action Agency role is filled by the Community Services Division of the City of Des Moines.

How to Help:

For more information or to explore opportunities to volunteer or partner, email the Des Moines Community Action Agency at CAA@dmgov.org or call 515-248-6216.

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The Iowa Hunger Directory

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Des Moines Herbert Hoover High School

Contact Information:

Contact Name: Mr. Michael Blair
Office Address: 4800 Aurora Avenue / Des Moines, IA 50310
Phone: 515-242-7300
Email: michael.blair@dmschools.org
Website: <http://hoover.dmschools.org>
County: Polk
Type of Work: Educational/School

Description:

Students and educators at **Hoover High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mr. Michael Blair for more information and to explore opportunities to work together.

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The Iowa Hunger Directory

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Des Moines Human Rights Commission

Contact Information:

Contact Name: Mr. Rudy Simms
Office Address: 602 Robert D. Ray Drive / Des Moines, IA 50309
Phone: 515-237-1457
Email: rusimms@dmgov.org
Website: www.dmgov.org/departments/humanrights
County: Polk
Type of Work: Government Agency

Description:

The **Des Moines Human Rights Commission** collaborates with Federal, State, and local organizations to foster justice and equality for all people who live in or visit Des Moines. They do this through three core activities. First, they increase awareness and enforce the laws regarding discrimination. Second, they initiate, receive, hear and investigate complaints of discrimination. Third, they provide human rights education and training to business and community groups.

How to Help:

Iowans can support the work of the Des Moines Human Rights Commission by volunteering to assist their human rights education and training programs. Interested individuals should contact the Des Moines Human Rights Commission about volunteer opportunities.

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The Iowa Hunger Directory

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Des Moines Public Schools – Pick A Better Snack Program

Contact Information:

Contact Name: Ms. Lyn Jenkins
Office Address: Des Moines, IA
Phone: N/A
Email: lyn.jenkins@dmschools.org
Website: www.dmschools.org
County: Polk
Type of Work: Educational/School, Government Agency

Description:

Pick A Better Snack is a statewide nutrition program through the Iowa Nutrition Network and the Iowa Department of Public Health. Pick A Better Snack aims to increase healthy behaviors in students and families through nutrition education and promotion of nutrition programs such as SNAP, School Lunch, Summer Food Service Program, and farmers markets. Activities include presentations to school classes and distribution of educational materials to support healthy eating decisions among Iowa families.

How to Help:

Iowans can help by becoming more aware of the Pick A Better Snack program and supporting school nutrition programs including school breakfast and lunch programs and especially summer food service programs that help feed children. Pick a Better Snack may be seeking volunteer involvement to help implement nutrition programs next summer. Contact them directly with more information about how to become involved.

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The Iowa Hunger Directory

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Des Moines Theodore Roosevelt High School

Contact Information:

Contact Name: Ms. Noreen Nsereko
Office Address: 4419 Center Street / Des Moines, IA 50312
Phone: 515-242-7272
Email: noreen.nserekowantante@dmschools.org
Website: <http://roosevelt.dmschools.org>
County: Polk
Type of Work: Educational/School

Description:

Students and educators at **Des Moines Theodore Roosevelt High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Ms. Noreen Nsereko for more information and to explore opportunities to work together.

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The Iowa Hunger Directory

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DeWitt CROP Hunger Walk

Contact Information:

Contact Name: Mr. Eli Voss
Office Address: DeWitt
Phone: 563-529-0891
Email: N/A
Website: N/A
County: Clinton
Type of Work: Community Based, Faith Based, International

Description:

The **DeWitt CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the DeWitt CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Eli Voss at 563-529-0891 or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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Dickinson County Outreach Center

Contact Information:

Contact Name: Ms. Annette Eckert
Office Address: 1575 18th Street / Spirit Lake, IA 51360
Phone: 712-336-1112
Email: aeckert@udmo.com
Website: www.udmo.com/Dickinson.htm
County: Dickinson
Type of Work: Community Based, Food Pantry

Description:

The **Dickinson County Outreach Center** builds stronger communities by addressing the effects of poverty on individuals and families in Dickinson County. Their programs and services include weatherization assistance and supplemental help for winter heating bills, a partnership with Elderbridge Agency on Aging to assist eligible applicants age 60 and over with chores, an emergency food pantry and food shelf to assist eligible families with food, and client advocacy and referral services. They also provide an [online directory](#) of resources in Dickinson County.

The Dickinson County Outreach Center is affiliated with Upper Des Moines Opportunity, Inc.

How to Help:

Iowans can [support the work](#) of the Dickinson County Outreach Center by volunteering, raising awareness, and making in-kind or monetary donations. Volunteer opportunities include advocacy, direct interaction with families, support for special events and projects, and working alongside staff at the food pantry. Iowans are encouraged to contact them directly for more information about volunteering and donations, or to invite a representative of the center to visit their church or community group.

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The Iowa Hunger Directory

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Digital Green Foundation

Contact Information:

Contact Name: Mr. Rikin Gandhi
Office Address: 2342 Shattuck Ave., #151 / Berkeley, CA 94704
Phone: N/A
Email: rikin@digitalgreen.org
Website: www.digitalgreen.org
County: Activities Statewide
Type of Work: International

Description:

Digital Green is dedicated to improving the social, economic, and environmental sustainability of small farmer livelihoods. They improve the livelihoods of smallholder farmers across the developing world through the targeted production and dissemination of agricultural information through participatory videos and mediated instruction through grassroots-level partnerships. This work begins by disseminating targeted agricultural information to small and marginal farmers using a cost-realistic media exchange that is supported by existing, people-based extension systems and local facilitators.

How to Help:

People can educate themselves and their friends through the Digital Green Facebook game, Wonder Village. Iowans can further support the work of the Digital Green Foundation by donating on the website, volunteering to help subtitle videos, or pursuing internship opportunities with Digital Green. For more information, visit their [Facebook](#) or [Google+](#), or follow them on [Twitter](#).

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Diocese of Davenport –Operation Rice Bowl

Contact Information:

Contact Name: Mr. Kent Ferris
Office Address: 780 West Central Park Ave. / Davenport, IA 52804
Phone: 563-888-4211
Email: ferris@davenportdiocese.org
Website: www.davenportdiocese.org
County: Appanoose, Cedar, Clinton, Davis, Des Moines, Henry, Iowa, Jasper, Jefferson, Johnson, Keokuk, Lee, Louisa, Mahaska, Marion, Monroe, Muscatine, Poweshiek, Scott, Van Buren, Wapello, Washington
Type of Work: Faith Based

Description:

Catholic Relief Services' **Operation Rice Bowl** is an annual collection sponsored by Catholic Relief Services in parishes across the United States. The collection occurs during the Lenten season each year. Seventy-five percent of the collection goes to Catholic Relief Services to support programs that address hunger and poverty in over 100 developing countries around the world. Twenty-five percent of the collection remains in the local Diocese and is distributed through a grant process to organizations that fight hunger and poverty within the Diocese.

How to Help:

Catholics should contact their parishes to get a Rice Bowl and participate.

The Iowa Hunger Directory

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DMACC Honors Program

Contact Information:

Contact Name: Prof. Sarah Waddle
Office Address: Office Boon Campus – Bldg 1309 / Boone, IA 50036
Phone: 515-433-5091
Email: stwaddle@dmacc.edu
Website: <https://go.dmacc.edu/honors/Pages/welcome.aspx>
County: Boone, Carroll, Dallas, Jasper, Polk
Type of Work: Educational/School

Description:

The **DMACC Honors Program** offers high-achieving, motivated students at Des Moines Area Community College an opportunity to graduate with honors. As part of the honors program, students participate in a service learning seminar, where they plan, execute, and assess a service-learning project that helps meet a community need.

How to Help:

Service learning projects are undertaken through partnerships with the community. Organizations and community groups should contact Professor Sarah Waddle to learn more about DMACC's service learning programs or explore opportunities to collaborate with DMACC honors students.

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The Iowa Hunger Directory

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Drake University Agricultural Law Center

Contact Information:

Contact Name: Mr. Matt Russell
Office Address: 2507 University Avenue / Des Moines, IA 50311
Phone: 515-271-4956
Email: bfbl@drake.edu
Website: www.law.drake.edu/aglaw
County: Boone, Dallas, Jasper, Madison, Marion, Marshall, Polk, Story, Warren
Type of Work: Advocacy, Community Based, Educational/School

Description:

The **Drake University Agricultural Law Center** coordinates the Greater Des Moines Buy Fresh Buy Local campaign and the Plant a Mile project. They find ways for farmers to grow for the emergency food system and for others to volunteer or donate to get more locally grown, fresh produce into the emergency food network in Greater Des Moines. They do additional work with nutrition assistance programs, farm to school, food policy, and local food planning statewide.

How to Help:

Iowans can get involved by taking the pledge at www.Drakebuyfreshbuylocal.org, donating to the [DMARC Fresh](#) fund, and volunteering for Plant a Mile, which helps bring fresh, locally grown produce to low income families in Greater Des Moines. Email Matt Russell at bfbl@drake.edu for more information or to volunteer.

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The Iowa Hunger Directory

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Drake University Service Learning Program

Contact Information:

Contact Name: Ms. Mandi McReynolds
Office Address: 2507 University Avenue, Old Main 319C / Des Moines, IA 50131
Phone: 515-271-2338
Email: mandi.mcreynolds@drake.edu
Website: www.drake.edu/servicelearning
County: Polk
Type of Work: Community Based, Educational/School

Description:

The **Drake University Service Learning Program** is a set of partnerships between [Drake University](#) students, faculty, alumni, and staff and [charitable organizations](#) in the Greater Des Moines metropolitan area. Each partnership with the Service Learning Program is designed to meet a community need while building the knowledge and skill sets of students.

How to Help:

Drake University students, faculty, alumni, and staff can contact Ms. McReynolds for opportunities to become volunteer service-learners. Community organizations in Greater Des Moines should contact her to explore partnerships with the Drake University Service Learning Program.

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The Iowa Hunger Directory

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Dubuque CROP Hunger Walk

Contact Information:

Contact Name: Ms. Mary Ann LoGuidice
Office Address: N/A
Phone: 608-642-1270
Email: maryannuu@fastmail.fm
Website: N/A
County: Dubuque
Type of Work: Community Based, Faith Based, International

Description:

The **Dubuque CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Dubuque CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, email Mary Ann LoGuidice at maryannuu@fastmail.fm or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

SPONSORED BY THE WORLD FOOD PRIZE FOUNDATION

DuPont Pioneer

Contact Information:

Contact Name: N/A
Office Address: PO Box 1000 / Johnston, IA 50131-0184
Phone: 515-535-3200
Email: N/A
Website: www.pioneer.com
County: Activities Statewide, Polk
Type of Work: Corporate

Description:

For more than 85 years, **DuPont Pioneer** has been working to improve the lives of farm families and rural communities. As the first company to research, develop and sell hybrid seed corn in 1926, our focus was helping farmers increase productivity of corn to support their families, invest in their farms and build stronger rural communities. Many things have changed in eight decades, but our focus is still the same: helping farmers be more productive while supporting the communities in which our employees and customers live and work.

Our [Pioneer Giving program](#) works to improve food security by advancing agriculture through science, education, and innovation. We are also committed to enhancing the quality of life for farmers and their communities globally.

Eligible community organizations include local schools, public charities and 501c3 organizations.

Pioneer's Giving Program provides up to \$5,000 for a project or program which focuses on the following:

1. **Food Security.** While we are working toward the goal of providing nutritious food to 9 billion people by 2015, millions of people today don't know where their next meal will come from.

Food security support could include school to home backpack meal programs, food banks, rural meal delivery, congregate meal programs, meals on wheels programs, community gardens.

Program examples include:

- [Food Bank of the Heartland & Community Programs](#), Nebraska

2. **Education.** Science education is the key to continuing important advancements in agriculture. Increasing productivity, preserving natural resources, developing healthier plants, oils and animals ... it will take a new generation of researchers, agronomists, scientists and farmers to meet lofty goals. Education support could be for a local science fair, classroom science activity, and after school activities like Lego League.

Program examples include:

- [CASE Program Helps Teachers Prepare Future Ag & Science Leaders](#), Iowa
- [Urban Agriculture Academy](#), Nebraska

3. **Community Betterment.** Vibrant communities support our customers and employees in important ways. We support programs and projects that create sustainable infrastructure for communities in which our employees and customers live and work. Projects could include grain rescue tubes or other support for local rescue teams, a key community improvement effort, or local health and human services projects.

Program examples include:

- [Focus on Youth Drives Community Outreach in Hawaii](#)
- [Grain Bin Rescue Equipment Donations](#), Iowa

[Contact your local Pioneer sales representative or business team](#) for more details on program applications.

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The Iowa Hunger Directory

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Easter Seals Iowa

Contact Information:

Contact Name: Ms. Tracy Keninger
Office Address: 401 NE 66th Avenue / Des Moines, IA 50313
Phone: 515-309-2371
Email: tkeninger@eastersealsia.org
Website: www.eastersealsia.org
County: Activities Statewide, Polk
Type of Work: Community Based

Description:

Easter Seals Iowa provides exceptional services to ensure all people with disabilities or special needs and their families have equal opportunities to live, learn, work and play in their communities. Easter Seals [Rural Solutions program](#) serves Iowa farmers with disabilities by working with families to identify possible modifications that will assist with farming. This unique service is not available through any other entity in Iowa.

How to Help:

Businesses, families and individuals can support Easter Seals Iowa through [donations](#) or through [volunteer opportunities](#).

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The Iowa Hunger Directory

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Eat Greater Des Moines

Contact Information:

Contact Name: Ms. Aubrey Alvarez
Office Address: 756 16th Street / Des Moines, IA 50314
Phone: 515-491-1891
Email: aalvarez@eatgreaterdesmoines.org
Website: www.eatgreaterdesmoines.org
County: Dallas, Marion, Polk
Type of Work: Community Based

Description:

Eat Greater Des Moines works to provide access to healthy food for all Iowans with a focus on central Iowa. Eat Greater Des Moines identifies and fills gaps within the food system, through efforts that include a [directory of farms](#), a [directory of community gardens and farmers markets](#), a [directory of food assistance sites](#), [information about starting community gardens](#), and an [online calendar of events](#).

Their [food rescue initiative](#) connects people and organizations with surplus food to people and organizations that feed hungry people, reducing food waste and helping ensure that everyone has enough healthy food to eat.

How to Help:

There are many opportunities for people and organizations to support the work of Eat Greater Des Moines. Their [food rescue initiative](#) has roles for individual volunteers, food industry professionals, and social service professionals. People can also provide support by [signing up](#) on their website, helping expand their directories and [submitting events](#) to their calendar.

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The Iowa Hunger Directory

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Elder Services Inc.

Contact Information:

Contact Name: Ms. Micki Miller
Office Address: 1556 S 1st Ave, Suite A / Iowa City, IA 52240
Phone: 319-338-0515
Email: mfox@elderservicesinc.com
Website: www.elderservicesinc.com
County: Johnson
Type of Work: Community Based

Description:

Elder Services Inc. provides [hot daily meals](#) to home-bound older adults in Johnson County, Iowa and twice monthly deliveries of breakfast bags, seventeen choices from a frozen meal menu, six choices from a shelf stable menu, and four choices of liquid supplements to four rural counties.

[Their services](#) also include an "Elder Answers" hotline, support with bill paying management, affordable senior housing, care coordination assistance, in-home assistance, health insurance information, and help with transportation.

How to Help:

Elder Services Inc. has a variety of volunteer needs, which are posted on their [website](#). In particular, they always need drivers to deliver [Meals on Wheels](#). Monetary donations are also appreciated. Older adults (over 55) can also find opportunities to volunteer their time and talents through the [Retired and Senior Volunteer Program](#).

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The Iowa Hunger Directory

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Eldora CROP Hunger Walk

Contact Information:

Contact Name: Mr. & Mrs. Eldon and Lenore Droessler
Office Address: Eldora, IA
Phone: 641-939-9393
Email: eldondroessler@unitedsuppliers.com
Website: N/A
County: Hardin
Type of Work: Community Based, Faith Based, International

Description:

The **Eldora CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Eldora CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Eldon and Lenore Droessler at eldondroessler@unitedsuppliers.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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Elvira FRB Growing Project

Contact Information:

Contact Name: Mr. Steve Witt
Office Address: 3961 220th Street / Clinton, IA 52732
Phone: N/A
Email: witt.s54@gmail.com
Website: N/A
County: Dubuque
Type of Work: Community Based, Faith Based, International

Description:

The **Elvira FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Elvira Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Elvira area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinator Mr. Steve Witt, to become involved with the Elvira FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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The Iowa Hunger Directory

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Ely CROP Hunger Walk

Contact Information:

Contact Name: Rev. Erica Uthe
Office Address: Ely, IA
Phone: 319-329-4129
Email: pastorstjohnely@southslope.net
Website: N/A
County: Linn
Type of Work: Community Based, Faith Based, International

Description:

The **Ely CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Ely CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, email Erica Uthe at pastorstjohnely@southslope.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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EMBARC – Ethnic Minorities of Burma Advocacy and Resource Center

Contact Information:

Contact Name: Ms. Kaitlyn Munro
Office Address: 2309 Euclid Ave. / Des Moines, IA 50310
Phone: 515-286-3928
Email: volunteer@embarciowa.org
Website: www.embarciowa.org
County: Polk
Type of Work: Community Based

Description:

EMBARC is a holistically-minded organization, founded by refugees from Burma. Services provided address education, advocacy, and community building concepts and activities.

A key factor in strengthening communities is strong community-based organizations. By providing linguistically and culturally appropriate services, and building bridges to community resources, families will increase their economic stability, integrate with the mainstream population, develop tools to engage in civic participation and self-advocacy, and strengthen their capacity to help others in their community.

EMBARC provides language courses and ongoing community support for families. Since December 2011, EMBARC has organized five donation drives in collaboration with private and public partners, providing basic essentials to an estimated 1,200 individuals.

How to Help:

Iowans can support the work of EMBARC through a variety of volunteer opportunities or by [making a donation online](#).

Volunteer opportunities include:

- Helping refugee children improve their English and complete homework
- Helping adult refugees learn English, computer skills, and prepare for the GED
- Assisting with donation drives
- Helping refugees apply for 'green cards' so they can work
- Transporting refugees to appointments and resource centers
- Helping write grants, plan events, and fundraisers
- Performing basic clerical tasks – filing, data entry, correspondence
- Helping publicize EMBARC

To find out more about volunteering opportunities, email them at embarc@embarciowa.org.

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Emmet County Outreach

Contact Information:

Contact Name: Ms. Cinda Joynt
Office Address: 508 S. 1st Street / Estherville, IA 51334
Phone: 712-362-2391
Email: cjoynt@udmo.com
Website: www.udmo.com/Emmet.htm
County: Emmet
Type of Work: Community Based, Food Pantry

Description:

The Emmet County Outreach Center builds stronger communities by addressing the effects of poverty on individuals and families in Emmet County. Their programs and services include weatherization assistance and supplemental help for winter heating bills, a partnership with Elderbridge Agency on Aging to assist eligible applicants age 60 and over with chores, an emergency food pantry and food shelf to assist eligible families with food, and client advocacy and referral services. They also provide an [online directory](#) of resources in Emmet County.

The Emmet County Outreach Center is affiliated with Upper Des Moines Opportunity, Inc.

How to Help:

Iowans can [support the work](#) of the Emmet County Outreach Center by volunteering, raising awareness, and making in-kind or monetary donations. Volunteer opportunities include advocacy, direct interaction with families, support for special events and projects, and working alongside staff at the food pantry. Iowans are encouraged to contact them directly for more information about volunteering and donations, or to invite a representative of the center to visit their church or community group.

The Iowa Hunger Directory

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Emmetsburg High School Borlaug Biology Scholars

Contact Information:

Contact Name: Ms. Tricia Reichert
Office Address: 205 King Street / Emmetsburg, IA 50536
Phone: 712-852-2966
Email: treichert@e-hawks.org
Website: www.e-hawks.org/District/Department/2-High-School
County: Palo Alto
Type of Work: Educational/School

Description:

Every year, tenth grade students accept the challenge to become **Emmetsburg High School Borlaug Biology Scholars**. Borlaug Biology Scholars research the challenge of global hunger and present solutions to their peers. They also collect food items for the Upper Des Moines Food Pantry to help feed the hungry in Iowa.

How to Help:

Individuals and organizations should contact Ms. Tricia Reichert at treichert@e-hawks.org or 712-852-2966 ext 224 for more information on how to support the work of the Borlaug Biology Scholars. They especially desire partnerships with the business community and teachers and students at other schools.

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Employee & Family Resources

Contact Information:

Contact Name: Ms. Julie McCarty
Office Address: 505 Fifth Avenue, Suite 600 / Des Moines, IA 50309
Phone: 515-471-2308
Email: jmccarty@efr.org
Website: www.efr.org
County: Polk
Type of Work: Community Based, Educational/School

Description:

Employee & Family Resources (EFR) is a nonprofit human services organization dedicated to helping people manage life's challenges so they can reach their full potential.

Their [Community Services](#) help individuals and families to establish and meet goals, focus on increasing access and services for specific language and cultural groups, and provide substance abuse related prevention and programming. These programs include [Project Uplift](#) and the [Student Assistance Program](#) for youth, [bilingual counseling](#) services, and [behavioral](#) and [restorative justice](#) programs.

Their [Workplace Services](#) help organizations perform optimally by growing healthy and focused employees and providing guidance in times of crisis. These programs include an [Employee Assistance Program](#) and [wellness programming](#) for employees, [training](#) and [leadership coaching](#) for management, and [mediation](#) and [crisis response](#) services.

Their [Substance Abuse Services](#) help individuals, families, and employers impacted by substance abuse-related problems.

How to Help:

Individuals can support the work of EFR by [volunteering](#) and through [monetary donations](#). Iowans are encouraged to learn more about volunteer, internship and service learning opportunities by contacting Louise Crall [online](#) or at 515-471-2362.

Organizations can support the work of EFR by participating in their workplace services programming, making referrals to their community services and substance abuse services, or requesting a member of their [Speakers Bureau](#) to share their expertise and success stories with members and employees. Please contact EFR staff directly for more information about these opportunities or to explore other partnership ideas.

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Empower Tanzania Inc

Contact Information:

Contact Name: Mr. Phil Latessa
Office Address: 5414 Cervantes / Ames, IA 50014
Phone: N/A
Email: info@empowertz.org
Website: www.empowertz.org
County: Activities Statewide, Story
Type of Work: International

Description:

Empower Tanzania Inc (ETI) works in partnership with Tanzanians to develop models that sustainably improve the quality of life and resilience of rural areas through health improvements, education and economic empowerment. ETI is addressing the underlying issues that hinder resiliency in the rural areas, such as health care, education, agriculture practices, markets for products, and increasing water supply and quality. ETI's programs fall into three groups: [economic empowerment](#), [education](#), and [health care](#).

How to Help:

Iowans can find out more about Empower Tanzania by [signing up](#) for their listserv or visiting their [Facebook page](#). Donations are accepted [online](#).

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The Iowa Hunger Directory

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Entrepreneurial and Diversified Agriculture Program at Iowa Valley Community College

Contact Information:

Contact Name: Ms. Sally Wilson
Office Address: 3700 S. Center St. / Marshalltown, IA 50158
Phone: 641-844-5786
Email: sally.wilson@iavalley.edu
Website: www.iavalley.edu/mcc/careers_degrees/entrediversifiedag.html
County: Activities Statewide, Marshall
Type of Work: Educational/School

Description:

The **Entrepreneurial and Diversified Agriculture Program at Iowa Valley Community College** provides facilities and programming to train all those involved in agriculture and food production in sustainable production practices.

How to Help:

People can support the work of the Entrepreneurial and Diversified Agriculture Program by signing up for classes or training, telling others about the opportunity, visiting their Midwest Agricultural Center, asking about their survey on future programming, or donating time, money or equipment. The Program is still growing, and is eager to make connections and explore partnerships with individuals and organizations across Iowa and beyond. Contact them directly for more information.

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The Iowa Hunger Directory

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Epworth CSM Food Pantry

Contact Information:

Contact Name: Ms. Susie Tierney
Office Address: 412 Euclid Ave. / Des Moines, IA 50314
Phone: 515-782-3054
Email: centerforsocialministry@gmail.com
Website: N/A
County: Polk
Type of Work: Food Pantry

Description:

The **Epworth CSM Food Pantry** is part of the [Des Moines Area Religious Council](#) (DMARC) Food Pantry network. Individuals or families may receive a 4-5 day supply of food, once every calendar month. In order to receive food, an ID for every person in the household and proof of current address is requested. Diapers and personal hygiene items are also provided, when available. The Epworth CSM Food Pantry serves all of Polk County.

How to Help:

Volunteers are welcome. For information about volunteering, contact Susie Tierney at 515-782-3054 or centerforsocialministry@gmail.com.

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The Iowa Hunger Directory

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ESNA Village Network

Contact Information:

Contact Name: Mr. Bill Fischer
Office Address: Des Moines, IA
Phone: 515-490-1803
Email: bfishcher8@msn.com
Website: www.esnavillages.org
County: Polk
Type of Work: International

Description:

ESNA Village Network trains rural families who are subsistence farmers in El Salvador, teaching them alternative farming methods that will produce both food and income on a consistent and sustainable monthly basis.

ESNA provides the training, the tools and the distribution channels for their produce. It costs \$3,000 per farmer on one half acre of ground to provide the training, tools, marketing, distribution and follow on support. Each farmer they train creates an additional three jobs in the community. Their main effort is in drip irrigation of vegetables.

How to Help:

Iowans can assist ESNA in two ways: [donations](#) to their work, or [organizing a service learning trip](#) of 8-12 people who travel to El Salvador with ESNA. Iowans can also [join an existing service-learning trip](#).

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The Iowa Hunger Directory

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Estherville CROP Hunger Walk

Contact Information:

Contact Name: Mr. David Bergstrom
Office Address: Estherville, IA
Phone: 712-362-4607
Email: elchurch@questoffice.net
Website: N/A
County: Emmet
Type of Work: Community Based, Faith Based, International

Description:

The **Estherville CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Estherville CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, email David Bergstrom at elchurch@questoffice.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Fairfield CROP Hunger Walk

Contact Information:

Contact Name: Ms. Stacy Grau
Office Address: Fairfield, IA
Phone: 641-472-4184
Email: flcoffice@lisco.com
Website: N/A
County: Jefferson
Type of Work: Community Based, Faith Based, International

Description:

The **Fairfield CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Fairfield CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, email Stacy Grau at flcoffice@lisco.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Fairfield Volunteer Center

Contact Information:

Contact Name: Ms. Melinda Arndt
Office Address: PO Box 2155 / Fairfield, IA 52556
Phone: 641-209-9045
Email: fairfieldvolunteers@gmail.com
Website: <https://facebook.com/pages/FairfieldVolunteerCenter/146130585400770>
County: Jefferson
Type of Work: Community Based

Description:

The **Fairfield Volunteer Center** works to strengthen and support health, wellness, safety and social services in Fairfield; meet the needs of and expanding opportunities for seniors, and provide opportunities to strengthen community connectedness. They are affiliated with the [Volunteer Centers of Iowa](#) network.

They support a variety of local non-profits and their [volunteer website](#) provides a one-stop shop for volunteer opportunities in the Fairfield area.

How to Help:

Individuals interested in volunteering in the Fairfield area can [visit their volunteer website](#) to find opportunities to serve. Agencies with volunteer needs are encouraged to contact the Fairfield Volunteer Center about posting them online.

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Faith & Grace Garden

Contact Information:

Contact Name: Mr. Tim Goldman
Office Address: St Timothy's Episcopal Church, 1020 24th Street / West Des Moines, IA 50266
Phone: 515-745-9842
Email: timothyjgoldman@gmail.com
Website: www.growthefood.org
County: Polk
Type of Work: Community Based, Faith Based

Description:

Faith & Grace Garden is part of [Grow The Food](#), a collection of community gardens in the Des Moines area with the goal of growing food to feed the local hungry. All of the food they grow is donated to local food pantries, including the [Des Moines Area Religious Council](#), the Eddie Davis Community Center and the food distribution program at Trinity Methodist Church.

Faith & Grace Garden is located alongside St. Timothy's Episcopal Church and [Covenant Presbyterian Church](#) in West Des Moines.

How to Help:

Individuals and groups can join the work of Faith & Grace Garden by volunteering or donating equipment or materials. Volunteers are retirees, church groups, civic groups, students, neighbors and other people who want to enjoy fresh air and sunshine while helping other people. Volunteers help with planting, weeding, watering, harvesting and delivering to the food pantries.

Scheduled work days in the gardens are week days 6:00 p.m. to 8:30 p.m. and weekends except Sunday mornings. Food delivery help is needed on Tuesday and Saturday mornings. However, they will schedule a work event any time (except Sunday morning) that three or more persons wish to work.

Individuals can weed or hoe outside of scheduled work times anytime at their convenience. A typical work event lasts 1 to 2 hours. Donations of equipment or materials are also helpful from time to time. Their [website](#) has a list of current equipment needs.

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Farmer Veteran Coalition of Iowa

Contact Information:

Contact Name: Mr. Edward Cox
Office Address: P.O. Box 35872 / Des Moines, IA 50315
Phone: 641-436-7280
Email: edcox@ommglaw.com
Website: www.iowafarmerveteran.org
County: Activities Statewide, Polk
Type of Work: Community Based

Description:

The **Farmer Veteran Coalition of Iowa** assists military veterans to develop, grow, and succeed as Iowa's next generation of farmers and agribusiness leaders. They [connect military veterans](#) with resources and networks of information, programs, and organizations to help transition to agricultural careers, identify collaborations and resources between agribusiness, farming, education and military communities, and [promote opportunities](#) for all military veterans in all sectors of Iowa's agricultural economy.

How to Help:

One of the best ways to support the Farmer Veteran Coalition of Iowa is to [join as a member](#). Farmer Veterans may join the coalition free of charge and access their resources and programs. Farmer Veterans include veterans of the US Military, Active Duty, Guard and Reserve members who are involved in, or wish to be involved in, some aspect of agriculture. Those who are not Farmer Veterans and would like to join may do so as a Supporter. Supporters are requested to make a contribution to the organization.

Other ways to support the Farmer Veteran Coalition of Iowa include [using their directory](#) to locate Farmer Veterans and purchasing their products or renting them land. Another way to show support is by [donating farm machinery](#) to Farmer Veterans. Employers can also use the "[Rural America Hiring Heroes](#)" program to identify and hire qualified Farmer Veterans.

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The Iowa Hunger Directory

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Feed Iowa First

Contact Information:

Contact Name: Ms. Sonia Kenderik
Office Address: 1622 42nd Street NE / Cedar Rapids, IA 52402
Phone: 319-329-5818
Email: feediowa1st@gmail.com
Website: http://feediowa1st.com
County: Linn
Type of Work: Community Based

Description:

Dedicated to confronting food insecurity today and tomorrow by growing food and farmers, **Feed Iowa First** raises wholesome, top-quality, fresh food and delivers it to those in need, while offering opportunities for beginning farmers to get started.

Feed Iowa First partners with [corporations](#) and [faith communities](#) who provide volunteers and land for gardening and urban farming. They also work with [schools](#) on gardening and education initiatives and partner with area food pantries and soup kitchens to deliver their harvest to the hungry in Cedar Rapids. They also support many other local urban farms with seeds, transplants, equipment, and advice.

How to Help:

Individuals can support the work of Food at First by [giving](#) of their time, skills, land, tools, and monetary donations. [Beginning farmers](#) and volunteers who are familiar with bees, creating a market study or evaluation of a market for a new product are especially needed.

Corporations and organizations can provide support by providing access to land for urban farm-sites, encouraging employees or members to volunteer, and through donations in cash or in kind. Iowans are encouraged to [contact Food at First](#) for more information or to explore collaborations.

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Fields of Faith FRB Growing Project

Contact Information:

Contact Name: Mr. Dennis Lundy
Office Address: 1787 210th Street / Fontanelle, IA 50846
Phone: N/A
Email: haylundy@yahoo.com
Website: N/A
County: Adair
Type of Work: Community Based, Faith Based, International

Description:

The **Fields of Faith FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Fields of Faith FRB Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Greenfield area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinator Mr. Dennis Lundy, to become involved with the Fields of Faith FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

First Lutheran Church (Cedar Rapids)

Contact Information:

Contact Name: Ms. Vicki Hughes
Office Address: 100 3rd Avenue SE / Cedar Rapids, IA 52403
Phone: 319-365-1494
Email: vickih@firstlutherancr.org
Website: www.firstlutherancr.org
County: Linn
Type of Work: Community Based, Faith Based, Food Pantry

Description:

First Lutheran Church supports the hungry through their Saturday Evening Meal Program. They provide a free meal every Saturday night of the year for anyone who needs it - no questions asked. This program is one of their several [social outreach ministries](#).

How to Help:

The Saturday Evening Meal Program is always in need of monetary donations as well as donations of meat, milk, fruits and vegetables. More information is available on their website or by contacting them directly.

The Iowa Hunger Directory

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First Presbyterian Church of Shenandoah

Contact Information:

Contact Name: Ms. Carol Hornbuckle
Office Address: 200 West Clarinda Avenue / Shenandoah, IA 51601
Phone: 712-246-3592
Email: N/A
Website: N/A
County: Fremont, Page
Type of Work: Faith Based

Description:

Members of **First Presbyterian Church of Shenandoah** set aside 2 - 5 cents for every meal they eat. (This guideline has been set by the "Cents-Ability" program.) On the last Sunday of every month they collect this offering during the last hymn of their worship service. Members bring their change forward and put it in a rattan fish. Half of the offering goes to their local food bank and the other half goes to the Presbyterian Hunger Program which fights hunger through projects in the United States and around the world. If members forget their change, or don't collect it at home during the month, they drop their pocket change or bills in the fish. No one misses this amount of money - and it definitely adds up over the year.

Members also contribute money to help fund an ecumenical "[Seeds of Faith](#)" field of corn or soybeans. Three other churches in the community participate: The Congregational United Church of Christ, the First Christian Church and the United Methodist Church. Fields of a number of acres, dependent on the amount raised, are planted by volunteer farmers. After the crop is harvested by these farmers, and sold, the money is distributed by the [Foods Resource Bank](#) in projects around the world to combat hunger.

How to Help:

Iowans can support this work by starting a similar program in their own church or organization.

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Fisher Delta Research Center

Contact Information:

Contact Name: Dr. Gene Stevens
Office Address: PO Box 160 / Portageville, MO 63873
Phone: 573-379-5431
Email: stevensw@missouri.edu
Website: <http://delta.cafnr.org>
County: N/A
Type of Work: Educational/School

Description:

The Fisher Delta Research Center works with University of Missouri extension, state and federal agencies and Missouri agribusiness to support a reliable, safe supply of quality food supplied in a sustainable, profitable manner.

As part of this mission, the Fisher Delta Research Center is partnering with [Outreach, Inc.](#), headquartered in Union, Iowa, to help farmers in Tanzania.

How to Help:

Iowans should contact Outreach staff for more information about their work in Tanzania.

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Five Hundred Dresses

Contact Information:

Contact Name: Mrs. Kim Harms
Office Address: 809 Ashwood Dr. c/o Kim Harms / Huxley, IA 50124
Phone: 515-537-5365
Email: 500dresses@gmail.com
Website: <http://500dresses.org/>
County: Story
Type of Work: Faith Based, International

Description:

The primary focus of **500 Dresses** is to provide clothing for Haitian children and to support Mission to Haiti's Dorcas Ministry Shop (a bridal store in Port au Prince, Haiti). Dorcas Ministry Shop employs impoverished single Haitian mothers, providing them with an income for housing and food. 500 Dresses will also soon be providing supplies for Mission Harvest Church in Iganga, Uganda to use in their seamstress/tailor vocational training classes.

How to Help:

500 Dresses accepts donations of sundresses, shorts, formal gowns (including wedding gowns, bridesmaid dresses, mother-of-the-bride dresses and flower girl dresses), and sewing supplies. They also welcome cash donations to purchase supplies and pay for shipping. The current specific needs list is always available on their website: 500dresses.org.

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Food Access and Health Work Group

Contact Information:

Contact Name: Ms. Angie Tagtow
Office Address: PO Box 112 / Elkhart, IA 50073
Phone: 515-669-8579
Email: angie.tagtow@mac.com
Website: www.iowafoodsystemscouncil.org/food-access-health
County: Activities Statewide
Type of Work: Advocacy, Community Based

Description:

The **Food Access and Health Work Group** (FAHWG) is a vibrant statewide network of individuals and organizations focused on cultivating a diverse and just food system that eliminates hunger, increases access to nutritious food, and improves the health of all Iowans. The signature initiative of FAHWG is [Cultivate Iowa](#), a food gardening social marketing initiative that promotes food gardening and produce donation.

FAHWG is led by an engaged leadership team whose objectives are to increase communication, coordination and collaboration among partners; monitor food insecurity and hunger rates; identify research, program and policy strategies that link healthy food access with community-based food systems; and offer educational opportunities on innovative strategies for improving access the healthful food for all Iowans. FAHWG annually presents the Nourish Iowa Award to recognize individuals and organizations across Iowa that have made a difference with increasing access to nutritious food and improved the health of a community.

How to Help:

People who are interested in partnering with the Food Access and Health Work Group on any of their initiatives should contact Ms. Angie Tagtow at 515-669-8579 or angie.tagtow@mac.com or Dr. Betsy Richey at 563-580-8939 or betsdanforth@gmail.com.

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Food and You, LLC

Contact Information:

Contact Name: Ms. Linda Gobberdiel
Office Address: Des Moines, IA
Phone: 515-321-7853
Email: foodandyou@gmail.com
Website: N/A
County: Polk
Type of Work: Corporate

Description:

Food and You, LLC is an independent consulting business that works on project management. Previous projects include research involving processing foods in existing licensed kitchens, as well as value-added and poultry processing in western Iowa. Work is generally focused on supporting systems to provide healthy food choices for Iowans.

How to Help:

Individuals should contact Linda Gobberdiel directly if they are interested in supporting or managing specific projects.

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Food Bank for the Heartland

Contact Information:

Contact Name: Ms. Susan Ogborn
Office Address: 10525 J Street / Omaha, NE 68127
Phone: 402-331-1213
Email: sogborn@foodbankheartland.org
Website: www.foodbankheartland.org
County: Cass, Fremont, Harrison, Mills, Montgomery, Page, Pottawattamie, Shelby
Type of Work: Food Bank

Description:

The **Food Bank for the Heartland** provides emergency and supplemental food to people in need in Nebraska and western Iowa. They are a nonprofit organization that serves 325 food pantries, emergency shelters, after school programs, senior housing sites and rehabilitation centers in the area. During 2013, they distributed 13 million pounds of food to local nonprofit agencies that in turn delivered it directly to those in need in their communities.

Food Bank for the Heartland also operates its own programs that serve vulnerable populations directly, including [Kids Cafe](#), Food for Seniors, [BackPack Program](#), [Mobile Pantry](#), Fresh Produce, and [SNAP Outreach](#).

How to Help:

Iowans can support the work of Food Bank for the Heartland by donating money, food, or time, or by volunteering to host a fundraiser. Donations of money and food are critical to sustaining the work of Food Bank for the Heartland. Volunteers are needed to work in the warehouse and office, and to help with special events, SNAP outreach, and community programs. Information about how to become involved is available [online](#).

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Food Bank of Iowa

Contact Information:

Contact Name: Ms. Christina Zink
Office Address: 2220 East 17th Street / Des Moines, IA 50316
Phone: 515-564-0330
Email: czink@foodbankiowa.org
Website: www.foodbankiowa.org
County: Adair, Adams, Audubon, Boone, Buena Vista, Calhoun, Carroll, Cerro Gordo, Clarke, Clay, Dallas, Decatur, Dickinson, Emmet, Franklin, Greene, Guthrie, Hamilton, Hancock, Hardin, Humboldt, Jasper, Kossuth, Lucas, Madison, Marion, Marshall, O'Brien, Osceola, Palo Alto, Pocahontas, Polk, Ringgold, Sac, Story, Taylor, Union, Warren, Webster, Winnebago, Worth, Wright

Type of Work: Food Bank

Description:

The **Food Bank of Iowa** is a private, not-for-profit organization striving to meet the critical food needs of a diverse population through 375 [partner agencies](#) in 55 Iowa counties who directly serve children, families and seniors in need. These partner agencies include pantries, soup kitchens, homeless and domestic violence shelters, child and adult care centers, and youth and senior programs.

Besides traditional food banking, the organization also operates four successful programs: the [BackPack Program™](#), [Mobile Pantries](#), the [Fresh Produce Program](#) and [Help Us Stop Hunger \(HUSH\)](#).

How to Help:

Iowans can take action and make a difference by:

- [Donating funds](#)
- [Donating food](#)
- [Hosting](#) or participating in a local food drive
- [Volunteering](#)
- [Becoming an advocate](#)

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Food Bank of Siouxland

Contact Information:

Contact Name: Ms. Linda Scheid
Office Address: 1313 11th Street / Sioux City, IA 51105
Phone: 712-255-9741
Email: linda@siouxlandfoodbank.org
Website: www.siouxlandfoodbank.org
County: Cherokee, Crawford, Ida, Lyon, Monona, Plymouth, Sioux, Woodbury
Type of Work: Food Bank

Description:

The **Food Bank of Siouxland** was founded in 1991 to serve community charities in Sioux City with feeding programs to nourish the needy, the ill and children. The Food Bank strives to be responsive to the needs of its agencies, donors and volunteers. They were established to provide a year-round source of food to these organizations.

Today their outreach includes eleven counties in the Siouxland area. Currently, the Food Bank of Siouxland provides food to nearly 125 member agencies.

How to Help:

Iowans can support the Food Bank of Siouxland through volunteering or through donations of money or food. Volunteers are especially needed to organize fundraisers and food drives. Fundraisers are especially significant because the Food Bank of Siouxland is able to leverage every dollar donated into \$17 worth of food. Food drives are also a source of significant support.

People who are interested in volunteering should call 712-255-9741, email info@siouxlandfoodbank.org or [visit their website](http://www.siouxlandfoodbank.org) to get started.

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Food Bank of Southern Iowa

Contact Information:

Contact Name: Mr. Neal Abbott
Office Address: 705 West Main Street / Ottumwa, IA 52501
Phone: 641-682-3403
Email: fbosi@lisco.com
Website: www.foodbankofsoutherniowa.org
County: Appanoose, Davis, Des Moines, Henry, Jefferson, Keokuk, Lee, Louisa, Mahaska, Monroe, Van Buren, Wapello, Wayne
Type of Work: Food Bank

Description:

The **Food Bank of Southern Iowa** is a private, non-profit charitable organization whose mission is to alleviate hunger through food distribution, partnership, and education. The Food Bank of Southern Iowa solicits, receives, inventories, and distributes donated food and grocery products. These products are distributed to partner agencies in 13 Southern Iowa counties who directly serve needy families and individuals through a variety of programs. As a non-profit food bank, their primary role is to provide food to the charitable agencies offering direct service to hungry Iowans.

The Food Bank of Southern Iowa has also implemented two programs in Southern Iowa. The [HUSH program](#) is a cooperative effort among the food bank, Department of Natural Resources, and deer hunters to provide deer meat to Iowans in need. The [Backpack Buddies](#) program provides food to low-income children who do not have access to free or reduced lunch programs.

How to Help:

The Food Bank of Southern Iowa is always in need of monetary donations to cover costs of operation, including warehouse rent and electricity for operating freezers. Iowans can donate online through their [website](#). Donations of food are also welcomed, and volunteers are always needed to organize food drives.

People who are interested in supporting the Food Bank of Southern Iowa through donations or volunteering should contact Neil at 641-682-3403.

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Food Fellows at The Ohio State University

Contact Information:

Contact Name: Ms. Meera Nagarajan
Office Address: 281 W Lane Ave / Columbus, OH 43210
Phone: N/A
Email: nagarajan.26@osu.edu
Website: www.facebook.com/foodfellowsosu
County: Activities Statewide
Type of Work: Educational/School

Description:

Food Fellows is a grant-funded student cohort at The Ohio State University that trains interdisciplinary students about food-related issues, such as food policy, nutrition, agriculture, and food insecurity, through research and service with various community agencies. The aim is to mobilize students to take action against hunger in their community. The students work with agencies, such as the Mid-Ohio Foodbank and the Children's Hunger Alliance, conducting service and research to eliminate hunger in the United States.

How to Help:

As a student cohort, Food Fellows aims to train students to become change agents in their community. The Food Fellows model can be adopted at other universities in order to mobilize students to change the current health and hunger situation in their area. People wishing to become involved should contact them directly to find out more about their model.

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Foods Resource Bank

Contact Information:

Contact Name: Rev. Joan Fumetti
Office Address: 4479 Central Avenue / Western Springs, IL 60558
Phone: 515-421-5545
Email: admin@foodsresourcebank.org
Website: www.foodsresourcebank.org
County: Activities Statewide
Type of Work: Community Based, Faith Based, International

Description:

As a Christian response to world hunger, **Foods Resource Bank** (FRB) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

FRB engages volunteers to raise money through "[Growing Projects](#)" for between 50-60 [overseas programs](#) a year. All of the programs focus on developing small-holder agriculture, often in the most remote and poorest regions of the world. Growing Projects are the heart and soul of FRB and have supported over 100,000 families since the first Growing Projects were created in 1999.

How to Help:

Iowans can support the work of Foods Resource Bank by starting or joining a Growing Project in their community. A Growing Project is a group whose members work together on a project or fundraiser to help farmers overseas become self-sufficient. Growing Projects include pumpkin patches, Sunday school gardens, revenue from an acre of field crops, pie auctions, and more. Each member plays a unique role and contributes to the Growing Project in different ways by offering what they have.

For more information about starting or joining a Growing Project, Iowans should call 515-421-5545 or email Joan Fumetti at joan@foodsresourcebank.org.

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The Iowa Hunger Directory

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Forest Avenue Outreach

Contact Information:

Contact Name: Mr. Ralph Chiodo
Office Address: 1511 12th Street / Des Moines, IA 50314
Phone: 515-991-2665
Email: forestaveoutreach.com
Website: www.forestaveoutreach.com
County: Polk
Type of Work: Community Based, Educational/School, Faith Based

Description:

Forest Avenue Outreach performs gospel outreach activities under the guidance and direction of the Holy Spirit, in the King-Irving and surrounding neighborhoods to the lost and hurting community in order to meet basic needs, teach life skills, build relationships, love unconditionally, and shine the light of Jesus into the darkness.

[Youth Programs](#) of Forest Avenue Outreach include the [Fishing Club](#), which uses the Fish Iowa! Curriculum to teach the basics of fishing to inner city youth; the [youth entrepreneurial and employment training program](#) and the [Community Garden](#) Club.

[Community Programs](#) include refugee mentorship and community meals, and [Urban Agriculture Programs](#) include the Community Garden and the Community Orchard, which provide an outdoor classroom and community gathering area where people can access fresh food and are [educated and empowered](#) to go home and grow their own food.

How to Help:

There are many opportunities to support the work of Forest Avenue Outreach through financial and in-kind donations, volunteering, and more. Individuals and organizations are encouraged to learn more through their [website](#) and [Facebook page](#) and to contact Ralph Chiodo directly to become involved.

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Franklin County CROP Hunger Walk

Contact Information:

Contact Name: Ms. Autumn Colglazier
Office Address: N/A
Phone: 515-579-6123
Email: autumn@frontiernet.net
Website: N/A
County: Franklin
Type of Work: Community Based, Faith Based, International

Description:

The **Franklin County CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Franklin County CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, email Autumn Colglazier at autumn@frontiernet.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Friendship Force of Greater Des Moines

Contact Information:

Contact Name: Ms. Adrienne Moen
Office Address: P.O. Box 13136 / Des Moines, IA 50310
Phone: 515-333-8871
Email: ffgdmiowa@yahoo.com
Website: www.friendshipdsm.org
County: Polk
Type of Work: International

Description:

The mission of **Friendship Force of Greater Des Moines** (FFGDM) is to build global goodwill through personal friendships. One of the oldest in Friendship Force International history, they began in 1977 and have executed more than 100 incoming and outgoing exchanges all over the world. Current FFGDM membership is approximately 90 well-traveled men and women; all are encouraged to take part in monthly social activities in addition to special celebrations of World Friendship Day, Spring Fest, Annual Meetings, and other fun, educational, international programs and events.

The [Global Youth Institute](#) was created as a partnership between The Friendship Force of Greater Des Moines and the Des Moines Public Schools in 1990. The Global Youth Institute brings together approximately 40-45 students from different countries to study and contemplate significant global issues challenging the world today.

How to Help:

Iowans can support Friendship Force of Greater Des Moines by joining as members. Membership dues cover web based newsletters, email notification of upcoming events, social gatherings, and the opportunity to participate in the Friendship Force International (FFI) exchange program with FFGDM as well as other FFI clubs. To become a member, contact FFGDM directly.

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Full Spectrum Productions

Contact Information:

Contact Name: Mr. Kent Newman
Office Address: Des Moines, IA
Phone: 515-883-1230
Email: kent@fullspectrumproductions.com
Website: www.fullspectrumproductions.com
County: Polk
Type of Work: Corporate

Description:

Full Spectrum Productions pursues opportunities to produce programs about issues of society and the environment, renewable energy, sustainable living, international relations, history, and popular culture; and provides a range of production services and equipment. Full Spectrum Productions has provided comprehensive media consulting and production services to a wide variety of clients from nonprofit, educational, and government institutions to create multipurpose media for education and advocacy to address public issues, programs, and services.

They also document, broadcast, and package conferences and special events; do multi-camera live and/or packaged productions for distribution and ancillary uses; specialize in producing live music performances as well as music videos; and more recently producing documentaries and non-fiction programs for broadcast, distribution, and sale.

Full Spectrum Productions is currently working to produce a short film on Local Hunger and Food Rescue for the Real Food Media Contest; and raising money to produce an updated version of "Making the Connections in Iowa's Food System."

How to Help:

Individuals and organizations who are interested in partnering with Full Spectrum Productions should contact them directly.

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Garnavillo FRB Growing Project

Contact Information:

Contact Name: Rev. Hillary Burns-Kite
Office Address: 307 N Adams Street / Garnavillo, IA 52049
Phone: 563-964-2459
Email: pastorhillary@alpinecom.net
Website: N/A
County: Clayton
Type of Work: Community Based, Faith Based, International

Description:

The **Garnavillo FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Garnavillo Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Garnavillo area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinator Rev. Hillary Burns-Kite, to become involved with the Garnavillo FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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Gilbert Agricultural Education Department

Contact Information:

Contact Name: Mr. Jon Davis
Office Address: 312 Gretten Street / Gilbert, IA 50105
Phone: 515-232-3738
Email: davisj@gilbert.k12.ia.us
Website: <https://sites.google.com/a/gilbert.k12.ia.us/ffa/>
County: Boone, Story
Type of Work: Educational/School

Description:

The **Gilbert Agriculture Education Department** and the Gilbert FFA Chapter are fighting hunger by planning, maintaining, and harvesting a 1/4 acre garden and a 1 acre sweet corn patch. Produce is harvested and delivered to local food pantries. Plants are started in the Horticulture Greenhouse and purchased from a local nursery. They receive some donations, but have one main sponsor through Winfield Solutions. They provide FFA members and Ag Ed students with financial support through a grant to fund the project. Over 70 students and members are involved in the process that runs from February through October.

How to Help:

Iowans can support this work by providing garden tools, bedding, vegetable plants, and donations.

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Girl Scouts of Greater Iowa

Contact Information:

Contact Name: Ms. Linda Bisgaard
Office Address: 10715 Hickman Road / Des Moines, IA 50322
Phone: 800-342-8389
Email: info@gsiowa.org
Website: www.gsiowa.org
County: Adair, Adams, Appanoose, Audubon, Boone, Buena Vista, Butler, Calhoun, Carroll, Cass, Cerro Gordo, Cherokee, Clarke, Clay, Crawford, Dallas, Davis, Decatur, Dickinson, Emmet, Floyd, Franklin, Fremont, Greene, Guthrie, Hamilton, Hancock, Hardin, Harrison, Humboldt, Ida, Jasper, Keokuk, Kossuth, Lucas, Madison, Mahaska, Marion, Marshall, Mills, Mitchell, Monona, Monroe, Montgomery, O'Brien, Page, Palo Alto, Plymouth, Pocahontas, Polk, Pottawattamie, Poweshiek, Ringgold, Sac, Shelby, Sioux, Story, Taylor, Union, Wapello, Warren, Wayne, Webster, Winnebago, Woodbury, Worth, Wright
Type of Work: Educational/School

Description:

Girl Scouts of Greater Iowa serves 67 counties in Iowa, two counties in South Dakota, and one county in Nebraska, where they carry out the Girl Scout mission of building girls of courage, confidence, and character, who make the world a better place.

Girl Scouts of Greater Iowa incorporates three keys to leadership: they help girls *Discover* themselves, *Connect* with others, and *Take Action* to create positive change in their communities. Girl Scout troops, interest groups, and individual scouts regularly partner with local organizations and lead or support efforts to end hunger locally and around the world. Over 19,000 girls and 4000 adult mentors are active in Girl Scouts of Greater Iowa, providing volunteers, ideas, and leadership that make the world a better place.

How to Help:

There are many ways for Iowans to support the Girl Scouts. Girls (grades k-12) can join a troop in their area, and adults (women and men over 18) can serve as adult mentors. Anyone who is interested in partnering on hunger (or in other ways) with Girl Scouts of Greater Iowa should contact them directly at (800) 342-8389 or info@gsiowa.org, or find a local Girl Scout troop through their online directory at <http://www.girlscoutsiowa.org/troop.cfm>.

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Global Compassion Network

Contact Information:

Contact Name: Mr. Terry Baxter
Office Address: PO Box 193, 310 E. Broadway / Eagle Grove, IA 50438
Phone: 515-448-3131
Email: office@globalcn.us
Website: www.globalcn.us
County: Activities Statewide
Type of Work: Community Based, Faith Based, International

Description:

Global Compassion Network responds to international disasters by providing housing in the form of Safe T Homes® in Haiti, Peru & Kenya, as well as connects sponsors to orphans and widows in Haiti and India. GCN also focuses on sustainable agriculture in Haiti and is developing an agricultural research center in Peru. They also respond to tornadoes and other natural disasters in the Midwestern United States.

How to Help:

Iowans can provide [financial donations](#) for a number of projects including the Safe T Home®, the medical clinic in Haiti, the school in India as well as sponsor orphans, widows, teachers, and pastors around the world. Domestically, Iowans can financially support their disaster relief team that responds to tornadoes and other natural disasters right here in the U.S.

Iowans may also [volunteer](#) to go on a mission trip with GCN to Haiti, Peru, Kenya, India or serve on a disaster relief team here in the Midwest. People who are interested in volunteering should call Global Compassion Network at 515-448-3131.

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Global Health Programs at Des Moines University

Contact Information:

Contact Name: Ms. Chris Catrenich
Office Address: 3200 Grand Avenue / Des Moines, IA 50312
Phone: 515-271-1425
Email: chris.catrenich@dmu.edu
Website: www.dmu.edu/globalhealth
County: Polk
Type of Work: Educational/School, International

Description:

The **Global Health Programs at Des Moines University** provides students, faculty, alumni, and others an opportunity to gain real-world experience in international medicine. Des Moines University's international experiences provide a breadth of cultural, social, political, and clinical experiences that are not available within the United States.

Through its partnerships with the Heartland Global Health Consortium, the Global Health Programs hosts an annual global health conference for students, professors, and others in central Iowa to engage with health on an international level.

How to Help:

Individuals and organizations interested in global health issues should contact the Global Health Programs at Des Moines University to explore opportunities for collaboration. Students and professors at colleges and universities in central Iowa are especially encouraged to attend the annual Heartland Global Health Conference, which takes place every year in October.

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Global Horizons, LLC

Contact Information:

Contact Name: Ms. Kim Spillers
Office Address: Atlantic, IA
Phone: 712-250-0275
Email: kim@ghorizons.com
Website: www.bewuca.com
County: Cass
Type of Work: Corporate

Description:

Global Horizons, LLC is a consulting firm specializing in supporting organizations and communities to communicate effectively through the making sure that all parties are: welcome, understood, comfortable, and appreciated. Global Horizons conducts workshops for organizations, communities, and classrooms to support effective communication.

How to Help:

Organizations and communities, who are interested in working with Global Horizons, should email or call to explore how they might be a good fit.

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Gloria Dei Lutheran Church

Contact Information:

Contact Name: Mrs. Karen Kennedy
Office Address: 8301 Aurora Avenue / Urbandale, IA 50322
Phone: 515-276-1700
Email: office@gloriadeionline.com
Website: www.gloriadeionline.com
County: Polk
Type of Work: Community Based, Faith Based, International

Description:

Gloria Dei Lutheran Church is passionate about helping the community by lending a hand to those in need. Through [their missions](#), they embrace and partner with Jesus in His pursuit to show love and dignity to "the least of these."

The missions of Gloria Dei Lutheran Church include combating human trafficking, working with the homeless in partnership with Homelessness Joppa Outreach, supporting the youth outreach and life-skills programs of Freedom For Youth, annual mission trips to Honduras and the Dominican Republic, and support for hungry children through the Orphan Grain Train.

How to Help:

Individuals and organizations who are interested in participating in or partnering with Gloria Dei Lutheran Church's missions should contact them directly.

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Good Samaritan Food Pantry

Contact Information:

Contact Name: Ms. Celia McCollum
Office Address: 115 South 10th Street / Adel, IA 50003
Phone: 515-423-0753
Email: helpinghands@adelfoodpantry.com
Website: www.adelfoodpantry.com
County: Dallas
Type of Work: Faith Based, Food Pantry

Description:

The **Good Samaritan Food Pantry** allows qualifying families from the Adel-DeSoto-Minburn school district and the town of Van Meter, the opportunity to shop once a month at their pantry. Families need proof of where they live and that they fall under the income guidelines that the [Food Bank of Iowa](#) puts out each year. Pantry hours are Mondays and Wednesdays from 12:00 to 2:00.

How to Help:

Monetary donations from memorial gifts, anniversary or birthday gifts are important to continuing the work of the Good Samaritan Food Pantry. Food donated from the [updated lists](#) on their website is also appreciated. Fresh produce is the best by far- their clients LOVE it! For more information on how to help, contact them using their [online form](#).

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Goodwill of Omaha

Contact Information:

Contact Name: Mr. Andy Bradley
Office Address: 4805 N. 72nd Street / Omaha, NE 68134
Phone: 402-341-4609
Email: info@goodwillomaha.org
Website: www.goodwillomaha.org
County: Pottawattamie
Type of Work: Community Based

Description:

Goodwill of Omaha provides employment and training services to help [young people](#) and [adults](#) with employment barriers earn a living and succeed in life. By helping put people to work, Goodwill is assisting the community's economy by creating wage earners as well as consumers. In 2008, they served 2,420 people with disabilities and disadvantaging conditions and 291 individuals were placed into competitive employment.

Goodwill is best known for its [network of stores](#), which provide employment opportunities for people with disabilities and other employment barriers. Goodwill of Omaha also manages the [Heartland Workforce Solutions Career Center](#) at 5752 Ames Ave, the [READY program](#) for job-seekers, and the [AbilityOne Program](#), which provides part-time job opportunities for individuals with disabilities in a supportive, team-oriented work environment at several Federal Properties.

How to Help:

Iowans can support the work of Goodwill through [donations](#) or by shopping [online](#) or at one of its [network of stores](#). Individuals or organizations can also contact them directly for more information about opportunities to work together.

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Grand Junction CROP Hunger Walk

Contact Information:

Contact Name: Ms. Deb Griffin
Office Address: Grand Junction
Phone: 515-386-3887
Email: N/A
Website: N/A
County: Greene
Type of Work: Community Based, Faith Based, International

Description:

The **Grand Junction CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Grand Junction CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Deb Griffin at 515-386-3887 or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Greater Area Pantry

Contact Information:

Contact Name: Ms. Joanne Roney
Office Address: 110 Main, PO Box 319 / Calmar, IA 52132
Phone: 563-419-6024
Email: jroney@acegroup.cc
Website: N/A
County: Allamakee, Bremer, Chickasaw, Fayette, Howard, Winneshiek
Type of Work: Faith Based, Food Pantry

Description:

The **Greater Area Pantry** is a ministry of South Winn Churches, governed by a board of representatives from 10 area churches. They offer food to 50-60 clients in need every Saturday morning from 9:00 a.m. to 11:00 a.m. The pantry is managed by about 50 volunteers and has no paid employees.

How to Help:

Individuals and groups can support the work of the Greater Area Pantry by volunteering to work at the pantry and through donations of produce or groceries or financial aid to purchase product.

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Greater Des Moines Partnership

Contact Information:

Contact Name: Ms. Mary Bontrager
Office Address: 700 Locust Street, Suite 100 / Des Moines, IA 50309
Phone: 515-286-4950
Email: info@desmoinesmetro.com
Website: www.desmoinesmetro.com
County: Dallas, Guthrie, Jasper, Madison, Marshall, Polk, Poweshiek, Warren
Type of Work: Community Based

Description:

The **Greater Des Moines Partnership** is the regional economic and community development entity serving Central Iowa. Supported by over 290 public and private investors, the Partnership now serves eight counties through [economic development](#), [workforce development and education](#), [downtown development](#), and the regional [Cultivation Corridor](#) initiative.

With their regional [Affiliate Chambers of Commerce](#) and more than 4,700 business members, the Partnership is devoted to making the Greater Des Moines area a better place to build a business, a career, and a future.

How to Help:

Businesses can support the mission of the Greater Des Moines Partnership by joining their local affiliate chamber of commerce. Individuals can join one of the Partnership's many [volunteer initiatives](#). More information for both businesses and individuals is available on their [website](#).

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Greene FRB Growing Project

Contact Information:

Contact Name: Mr. Darrell Needham
Office Address: 12806 Bluebird Road / Greene, IA 50636
Phone: N/A
Email: cdn@omnitelcom.com
Website: N/A
County: Jefferson
Type of Work: Community Based, Faith Based, International

Description:

The **Greene FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Greene Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Greene area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinators Mr. Darrell Needham, to become involved with the Greene FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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Grinnell CROP Hunger Walk

Contact Information:

Contact Name: Mr. & Mrs. Robert and Dot Anderson
Office Address: Grinnell, IA
Phone: 641-236-3827
Email: bobdot3435@outlook.com
Website: N/A
County: Poweshiek
Type of Work: Community Based, Faith Based, International

Description:

The **Grinnell CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Grinnell CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, email Robert and Dot Anderson at bobdot3435@outlook.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Grow the Food

Contact Information:

Contact Name: Mr. Tim Goldman
Office Address: Des Moines, IA
Phone: 515-745-9842
Email: timothyjgoldman@gmail.com
Website: www.growthefood.org
County: Polk
Type of Work: Community Based, Faith Based

Description:

Grow The Food is a collection of community gardens in the Des Moines area with the goal of growing food to feed the local hungry. All of the food they grow is donated to local food pantries. They often grow over four tons of fresh vegetables and donate them to the Des Moines Area Religious Council, the Eddie Davis Community Center and the food distribution program at Trinity Methodist Church. Since 2013, their gardens have increased in area and their goal is to grow over eight tons of fresh vegetables to feed the local hungry.

Member gardens include Faith & Grace garden at St. Timothy's Episcopal Church in West Des Moines, Agape Garden at Ankeny First United Methodist Church, Urban Harvest at Urban Heights Covenant Church in Urbandale, and St. John's Lutheran Faith Garden in Des Moines.

How to Help:

Individuals and groups can support the work of Grow the Food by volunteering or donating to their member gardens. Volunteers are retirees, church groups, civic groups, students, neighbors and other people who want to enjoy fresh air and sunshine while helping other people. Volunteers help with planting, weeding, watering, harvesting and delivering to the food pantries. Donations of equipment or materials are also helpful from time to time. Their [website](http://www.growthefood.org) has a list of current equipment needs.

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Growing Hope Foundation

Contact Information:

Contact Name: Ms. Julie Fiske
Office Address: 505 Hillside Drive / Fairfield, IA 52556
Phone: 507-402-5316
Email: contact@growinghopefoundation.org
Website: www.growinghopefoundation.org
County: Jefferson
Type of Work: Corporate, International

Description:

The **Growing Hope Foundation** reduces hunger and poverty through the development of farmland in developing countries and training programs to train farmers in those countries how to farm effectively. The end goal is for communities in developing nations to be able to become more self-sustaining by learning how to make the land productive. Crops to be raised will not only provide food, but will also be marketed to provide income. They also [support a variety of nonprofit organizations](#).

How to Help:

Iowans can support the activities of the Growing Hope Foundation by [donating to their programs](#) through their website. The Growing Hope Foundation will most likely be soliciting volunteers in the future to go to the places in which they are working with farmers and communities in the development and training process. Volunteers would be helping with a variety of tasks, including helping to train and providing support by laboring alongside the farmers of the community.

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Growing Hope FRB Growing Project

Contact Information:

Contact Name: Mr. Dan Zauche
Office Address: 19862 Zauche Ln / Peosta, IA 52068
Phone: N/A
Email: zauched@windstream.net
Website: N/A
County: Dubuque
Type of Work: Community Based, Faith Based, International

Description:

The **Growing Hope FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Growing Hope FRB Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Peosta area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinator Mr. Dan Zauche, to become involved with the Growing Hope FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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Grundy Center CROP Hunger Walk

Contact Information:

Contact Name: Mr. Daniel Butler
Office Address: Grundy Center, IA
Phone: 319-939-1526
Email: bagona@yahoo.com
Website: N/A
County: Grundy
Type of Work: Community Based, Faith Based, International

Description:

The **Grundy Center CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Grundy Center CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Daniel Butler at bagona@yahoo.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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HACAP Food Reservoir

Contact Information:

Contact Name: Ms. Amanda Pieper
Office Address: 1515 Hawkeye Drive / Hiawatha, IA 52233
Phone: 319-393-7811
Email: apieper@hacap.org
Website: www.hacap.org
County: Benton, Cedar, Iowa, Johnson, Jones, Linn, Washington
Type of Work: Food Bank

Description:

HACAP Food Reservoir is part of the larger HACAP organization, a nonprofit community action agency providing programs and services that work toward engaging low-income citizens in advancing from dependency to self-sufficiency.

The [HACAP Food Reservoir](#) distributes approximately 2.3 million pounds of food to 103 partner agencies, saving them over 2 million in food costs. HACAP also provides over 4,000 food boxes a year for families in need, serves as a food distributor for Holiday Assistance Programs, and operates the HACAP Adopt-a-Family program that links over 300 families with individuals and organizations wishing to support them.

How to Help:

Volunteers are needed to help with a variety of tasks, including running special events, checking in food donations, packing food boxes, and transporting food to local partners. Drivers and volunteers to assist with data collection are especially needed. People interested in volunteering should contact Mr. Greg Goodell at 319-393-7811.

Donations of money and food are also welcome. Financial donations help cover operating costs and purchase food - each dollar donated purchases approximately three meals. Food donations are an important source of food for the Food Reservoir, and volunteers are always welcome to organize a food drive. More information about how to help the HACAP Food Reservoir is available [online](#).

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Hands In Service Ministries

Contact Information:

Contact Name: Dr. Lee Baggett
Office Address: 3305 Shores Court / Amarillo, TX 79110
Phone: 806-220-5895
Email: lbaggett1@gmail.com
Website: www.his-ministries.org
County: Activities Statewide
Type of Work: Community Based, Faith Based, International

Description:

Hands in Service Ministries works with Manos Hermanas, A.C., based in Guadalajara, Mexico in order to match needs and resources to alleviate hunger through mutual projects:

1. Partner with Texas Baptist Hunger Offering to provide intensive ecological micro gardening and animal husbandry training so that people can produce their own food in urban, suburban, and rural poverty belts
2. Partner with Leaf Nutrient, Inc., in a mutual project to integrate alfalfa cellular concentrate production with gardening and husbandry training for an ecological, self-sustaining community farm.
3. Partner with Limbs International to rehabilitate leg amputees with a novel prosthesis so that they can return to work and support their families.
4. Partner with Amigos Internacionales, Inc. and Breedlove Dehydrated Foods to receive concentrated food supplements for distribution through a broad network of Mexican NGOs and community support committees that focus on hunger related needs: orphanages, shelters, homes for the elderly, after school and other feeding programs and stations, rehab centers, as well as directly to families living in urban and rural poverty belts.
5. Partner with different organizations to help families living in poverty belts to construct their own ecological outhouses (no smell, no flies) to break the cycle of fecal – oral contamination that propagates diseases that are important factors for chronic malnutrition.
6. Help families to eat better and more cheaply by recognizing their invisible spending and developing their own family budget through a home economics course, “¿Te Sobra Dinero?” (Do You Have Too Much Money?)
7. Helping families construct ecological outhouses, (no smell, no flies) in poverty belts to break the cycle of fecal - oral contamination for diseases that are an important factor for chronic malnutrition.
8. Teach simple ways to prevent and to remedy many of the common diseases that cause malnutrition with their reproducible materials available in English, Spanish, and Kiswahili.

Hands in Service Ministries is a broad based, 501 (c)(3) human needs organization that works to alleviate: hunger, thirst, illness, poverty, lack of purpose, and to improve quality of life for those in need. All of their services are provided without any limitation or distinction based race, creed, gender, or political affiliation.

How to Help:

Iowans are encouraged to [watch an interview](#) that explains their background and current project, or contact Dr. Baggett directly for more information about the projects or programs of Hands in Service Ministries. These programs can be supported through providing input and advice, volunteer time, and financial support. Iowans can also contact Dr. Baggett to request free, reproducible materials in English, Spanish, and Kiswahili that might be useful to groups who are working with hunger related problems or in poverty belts.

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The Iowa Hunger Directory

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Harlan CROP Hunger Walk

Contact Information:

Contact Name: Pat Davitt
Office Address: Harlan, IA
Phone: 712-755-2910
Email: pjdavitt@harlannet.com
Website: N/A
County: Shelby
Type of Work: Community Based, Faith Based, International

Description:

The **Harlan CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Harlan CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Pat Davitt at pjdavitt@harlannet.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Hays Pure Water for All Foundation

Contact Information:

Contact Name: Mr. John Hays
Office Address: P.O. Box 447 / Washington, IA 52353
Phone: 319-653-9147
Email: john@hayspurewater.com
Website: www.hayspurewater.com
County: Washington
Type of Work: International

Description:

Hays Pure Water for All Foundation saves lives by making drinking water safe, thereby creating a better quality of life all around the world. Hays Pure Water for All offers simple, affordable chlorine generators that are both portable and permanent depending upon the needs of the developing country citizens being served.

How to Help:

Iowans can [support the work](#) of the Hays Pure Water for All Foundation primarily through [donations](#) or fundraising. [Volunteers](#) are also needed to help assemble the water purification units in Iowa and to deliver these units to the developing countries where they are needed.

Organizations can also request a representative from the Hays Pure Water for All to speak at their events. Hays Pure Water for All Foundation also welcomes referrals of people who work in areas that need clean water or of villages in need of assistance. For more information, please contact the foundation directly at www.hayspurewater.com/#contact-section.

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Heartland Global

Contact Information:

Contact Name: Mr. Lloyd Le Page
Office Address: 6320 Sudbury Court / Johnston, IA 50131
Phone: 515-771-1685
Email: admin@heartland-global.com
Website: www.heartland-global.com
County: Polk
Type of Work: Corporate, International

Description:

Heartland Global is a farm, agribusiness investment, and economic development business focused on emerging markets, ag-innovation and advisory services. It was founded to combine the experiences and networks of [a group of 7 partners](#) previously working independently in farming, international agribusiness, food production and systems management, global nutrition solutions, and in international development.

Working with a [diversity of collaborators](#), Heartland Global delivers food and livestock value-chain innovations that provide lasting economic and livelihood growth, helping farmers, agribusiness, and communities solve their own needs sustainably. Their business includes [consulting and advisory services](#), [innovation and knowledge transfer](#), [agribusiness and emerging market growth](#), and [nutrition and health](#) activities.

How to Help:

Heartland Global frequently partners with corporations, government agencies, and civil society organizations to advance sustainable development. They also have an internship program, providing international business and development opportunities for college students from their office in Johnston, Iowa.

[Contact them directly](#) for more information about Heartland Global or to explore opportunities to work together

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Hearts to Harvest FRB Growing Project

Contact Information:

Contact Name: Mr. Bob Braden
Office Address: 24280 145th Avenue / Eldridge, IA 52748
Phone: 563-285-9202
Email: bas1000@aol.com
Website: N/A
County: Scott
Type of Work: Community Based, Faith Based, International

Description:

The **Hearts to Harvest FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Hearts to Harvest FRB Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Long Grove area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinator Mr. Bob Braden, to become involved with the Hearts to Harvest FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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Heifer International

Contact Information:

Contact Name: Mr. Kenny Clark
Office Address: 1 World Avenue / Little Rock, AR 72202
Phone: 855-948-6437
Email: volunteer@heifer.org
Website: www.heifer.org
County: Activities Statewide
Type of Work: International

Description:

Heifer International's mission is to end hunger and poverty while caring for the Earth. For 70 years, Heifer has provided livestock and environmentally sound agricultural training to improve the lives of those who struggle daily for reliable sources of food and income. Heifer is currently working in more than 30 countries, including the United States, to help families and communities become more self-reliant.

How to Help:

Interested Iowans can support Heifer's work by [volunteering](#) to share Heifer's mission and story, educating the public about hunger and poverty and generating financial support for their programs, including by [donating](#) through their website.

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Heritage Area Agency on Aging

Contact Information:

Contact Name: Mr. Tim Getty
Office Address: 6301 Kirkwood Blvd. SW, P.O. Box 2068 / Cedar Rapids, IA 52406
Phone: 319-398-5559
Email: tgetty@kirkwood.edu
Website: www.heritageaaa.org
County: Benton, Cedar, Iowa, Johnson, Jones, Linn, Washington
Type of Work: Community Based

Description:

The **Heritage Area Agency on Aging** provides congregate and home delivered meals and nutrition education to older adults over the age of 60 in East Central Iowa, and advocates on issues related to the food security of older adults. The Heritage Agency also administers the Senior Farmer's Market Nutrition Program, on a seasonal basis.

How to Help:

Iowans can contribute to the Heritage Regional Senior Nutrition Program [financially](#), through [advocacy](#) efforts, by volunteering, and by donating resources such as food and products.

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House of Compassion

Contact Information:

Contact Name: Ms. Karen Frohwein
Office Address: 211 W Church St. / Marshalltown, IA 50158
Phone: 641-752-5999
Email: hocmarshalltown@gmail.com
Website: N/A
County: Marshall
Type of Work: Community Based, Meal Site

Description:

House of Compassion runs a soup kitchen, where volunteers cook and serve a meal every evening of the year. Everyone who is hungry is welcome to join them between 5:00-6:15pm.

How to Help:

House of Compassion is always in need of volunteers to cook and serve as they prepare a meal every night. Anyone interested in volunteering can call their office for available dates. They also welcome pantry donations that can be used to make their meals.

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Howard County Business & Tourism

Contact Information:

Contact Name: Ms. Spiff Slifka
Office Address: 101 2nd Ave SW / Cresco, IA 52136
Phone: 563-547-3434
Email: spiff@howard-county.com
Website: www.howard-county.com
County: Howard
Type of Work: Community Based, Government Agency

Description:

Howard County Business & Tourism promotes and coordinates economic growth and enhances the quality of life for Howard County residents through four strong divisions: [Howard County Economic Development](#) (HCED), Howard County Tourism, the Cresco Industrial Development Corporation (CIDC), and the Cresco Area Chamber of Commerce.

Their accomplishments include helping to establish a farmers market in every community in Howard County and coordinating the annual [Norman Borlaug Harvest Fest](#), which includes activities to raise awareness of and combat hunger.

How to Help:

Individuals and organizations that are interested in finding out more or exploring partnerships with Howard County Business & Tourism should contact them directly.

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Howard County CROP Walk

Contact Information:

Contact Name: Ms. Vickie Grube
Office Address: N/A
Phone: N/A
Email: vgrube@mac.com
Website: N/A
County: Howard
Type of Work: Community Based, Faith Based

Description:

The **Howard County CROP Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local congregations to raise funds to end hunger at home and around the world. The CROP Hunger Walk is held annually to raise awareness and funds to fight hunger, both locally and globally. In 2013, \$3,141.00 has been raised as of October 11.

The Walk is held in conjunction with other festivities of the Norman Borlaug Harvest Fest every September. Dr. Borlaug was born and raised in Howard county, attended school and graduated from the Crestwood High School. The Friday of the Borlaug Harvest Fest is "Inspire Day", with events held at the Borlaug Farm, which is being restored. 5th graders from nearby schools come to learn about Dr. Borlaug and what he did to save billions of lives. Howard County CROP Walk places educational articles in the local newspaper and provides local schools with educational material on hunger and poverty.

How to Help:

Individuals, businesses, and congregations in Howard County can join in the Howard County CROP Walk as walkers and by raising money to support hunger alleviation. The Howard County CROP Walk encourages all Iowans to visit the Norman Borlaug Birthplace and see how he lived.

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Howard-Winneshiek Community School District

Contact Information:

Contact Name: Ms. Cheryl Dickman
Office Address: 1000 Schroder Drive / Cresco, IA 52136
Phone: 563-547-2762
Email: cdickman@howard-winn.k12.ia.us
Website: N/A
County: Howard, Winneshiek
Type of Work: Educational/School

Description:

Howard-Winneshiek Community School District is located in Cresco, Iowa, the boyhood home of Dr. Norman Borlaug. They celebrate Dr. Borlaug every fall with a weekend celebration that also brings attention to the needs of children in the district, country, and world. The district has a high percentage of students qualifying for free and reduced price meals, and also offers a summer feeding program which is free to any child from preschool age to 18 years. They also participate in the backpack buddies program, which supplies students with meals over the weekend when they are not in school.

Howard-Winneshiek Community School District has strived for years to introduce students to healthier eating habits. These efforts were honored last year when the district was awarded the Healthier US School Challenge Gold Award. The first entire school district to receive this award, Howard-Winneshiek Community School District is noted nationally as one of the healthiest schools in the nation.

How to Help:

Members of the community are encouraged to call or email the school district to get involved.

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Humanities Iowa

Contact Information:

Contact Name: Mrs. Rosemarie Ward
Office Address: 100 Lib Rm 4039 / Iowa City, IA 52242
Phone: 319-335-4153
Email: humanities-iowa@uiowa.edu
Website: <http://thestudio.uiowa.edu/humanitiesiowa/wp/>
County: Activities Statewide, Johnson
Type of Work: Educational/School

Description:

Humanities Iowa promotes understanding and appreciation of the people, communities, cultures, and stories of importance to Iowa and the nation. [They provide grants](#) to other non-profit organizations that further the humanities in the state, and conduct their own programs that support the humanities across Iowa. Each year they serve over 250,000 Iowans with programming and projects, such as their [Speakers Bureau](#) and [Library Reading and Discussion Series](#).

How to Help:

Organizations may [apply for grants](#) from Humanities Iowa for activities that promote their missions through the humanities. Iowans can also support the mission of Humanities Iowa by visiting their [traveling exhibits](#), which present humanities issues in a visual format by lending portable exhibits to schools, libraries, banks, museums, businesses and city governments for public display.

Organizations that are interested in partnering with Humanities Iowa to bring a Humanities Iowa traveling exhibit to their community should contact Humanities Iowa by phone at 319-335-4153 or by email at humanities-iowa@uiowa.edu.

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Hy-Vee

Contact Information:

Contact Name: Mr. Pat Hensley
Office Address: 5820 Westown Pkwy / West Des Moines, IA 50266
Phone: 515-267-2800
Email: N/A
Website: www.hy-vee.com
County: Activities Statewide
Type of Work: Corporate

Description:

Hy-Vee ranks among the top 20 supermarket chains in the United States. Hy-Vee supports Iowan's well-being through their [network of Registered Dietitians](#), their [Seasons Online Magazine](#), and their [Get Growing website](#).

Hy-Vee's philanthropy encompasses financial contributions to hundreds of causes, leadership roles in non-profit organizations and one-on-one volunteer contacts in the community. The company's autonomous structure fosters a spirit of entrepreneurship that allows stores to custom-tailor their contributions to meet the needs of their communities.

At the corporate level, Hy-Vee's giving focuses on the support of organizations that provide for the general well-being of children in regard to their physical, emotional, educational and cultural needs. Hy-Vee partners with [Variety, the Children's Charity](#) on the Cash for Kids program, which brings together grocery wholesalers, retailers, manufacturers and food brokers in a coupon redemption program to raise funds for children. Other events, activities and programs raise additional funds each year. Hy-Vee also supports the disaster relief work of the Red Cross through corporate donations and through partnerships between Hy-Vee stores and local Red Cross chapters.

How to Help:

Organizations that are fighting hunger in Iowa are encouraged to contact the manager at their [local Hy-Vee store](#) to explore opportunities for collaboration through employee volunteerism or donations.

Individuals and groups can partner with Hy-Vee in supporting the Red Cross through the [annual Hero's Game](#).

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The Iowa Hunger Directory

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IDALS Farm to School Program

Contact Information:

Contact Name: Ms. Tammy Stotts
Office Address: Wallace State Office Building, 502 E. 9th Street / Des Moines, IA 50319
Phone: 515-281-7657
Email: tammy.stotts@iowaAgriculture.gov
Website: www.iowaagriculture.gov/AgDiversification/FarmToSchoolProgram.asp
County: Activities Statewide, Polk
Type of Work: Government Agency

Description:

The goals behind each of the **IDALS Farm to School Program** initiatives is to link schools with Iowa farmers; provide schools with fresh and minimally processed Iowa-grown food for inclusion in school meals and snacks, and encourage children to develop healthy eating habits while offering them hands-on learning activities.

[Iowa Farm to School Chapter Initiative](#) helps individuals and organizations establish Farm to School Chapters in their communities. Chapters can encompass an entire school district or simply be built around one school and a single project. They provide a resource packet with step-by-step instructions for starting a successful Farm to School chapter, and ongoing advice to chapters that register with them.

IDALS maintains a [directory of farmers](#) who are interested in participating in Iowa Farm to School programs.

As a part of the [Growing Together](#) initiative, FFA chapters receive incentives to plant a fruit or vegetable that can be included in a school meal.

["A" is for Apple Initiative](#) supports teachers to get Iowa-grown apples into their classrooms and schools. Since 2008, the "A" is for Apple initiative has supported teachers with financial assistance, curriculum, and information about connecting with local Iowa apple growers.

The [A Garden is the Way to Grow](#) initiative offers Iowa schools the opportunity to apply for funding to create their own school garden. In 2013, funds of \$350 were allocated to 20 school districts to buy the supplies necessary to create a garden or raised beds. In addition to funds, each participating school received a garden planner and seeds from Seed Saver Exchange along with either a nationally-recognized, elementary-level, garden-based curriculum "Growing in the Garden", or a refractometer / sap extractor.

How to Help:

Anyone who is interested in working with IDALS Farm to School Program should contact them directly.

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IDALS Horticulture and Farmers Market Program

Contact Information:

Contact Name: Mr. Mike Bevins
Office Address: Wallace State Office Building, 502 E. 9th Street / Des Moines, IA 50319
Phone: 515-242-5043
Email: HorticultureAndFarmersMarket@iowaAgriculture.gov
Website: www.iowaAgriculture.gov/HorticultureAndFarmersMarket.asp
County: Activities Statewide, Polk
Type of Work: Government Agency

Description:

The **IDALS Horticulture and Farmers Market Program** works to support farmers markets, farm stands, and CSA programs through [technical assistance](#) and to help nutritionally at-risk women, infants, children, and low-income seniors to access locally grown fruits and vegetables through its [Iowa Farmers Market Nutrition Program](#).

The IDALS Horticulture and Farmers Market Program also maintains a [directory of farmers markets](#) and a [directory of farm stands](#) on its website.

How to Help:

Anyone who is interested in any of the initiatives of the IDALS Horticulture and Farmers Market Program should visit their website for more information or contact them directly. Individuals who may be eligible to participate in the Iowa Farmers Market Nutrition Program can find more information about that program [online](#).

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IDPH Bureau of Nutrition and Health Promotion

Contact Information:

Contact Name: Ms. Brenda Dobson
Office Address: 321 East 12th Street / Des Moines, IA 50319
Phone: 515-281-7769
Email: N/A
Website: www.idph.state.ia.us/NutritionHealthPromotion/
County: Activities Statewide, Polk
Type of Work: Government Agency

Description:

The **Bureau of Nutrition and Health Promotion** of the Iowa Department of Public Health works to ensure that Iowans have the opportunity to live a healthy lifestyle by providing education and resources, building partnerships and supporting communities. The bureau administers programs and grants in partnership with a variety of community-based agencies and organizations.

Programs administered within the Bureau of Nutrition and Health Promotion include: the [Iowa Special Supplemental Nutrition Program for Women, Infants and Children](#), the Iowa Nutrition Network, Iowans Fit For Life and Iowa Community Transformation Grant.

The [Iowa Nutrition Network](#) is a partnership of public agencies, private organizations, and communities dedicated to promoting healthy lifestyles among all Iowans, particularly among low-income individuals and families. In its role as one of the SNAP-Education implementing agencies, the Iowa Nutrition Network [provides funding](#) to agencies who wish to provide nutrition education to schools where 60% or more of the students qualify for free and reduced price meals. They also provide resources to educators through the [Pick a Better Snack program](#) and the [Play Your Way](#) program.

How to Help:

Individuals and communities can collaborate with the Bureau of Nutrition and Health Promotion through the [Iowa Nutrition Network's resources](#) and through the [Iowa WIC Program](#).

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iJAG – Iowa Jobs for America’s Graduates

Contact Information:

Contact Name: N/A
Office Address: 400 E. 14th Street / Des Moines, IA 50319
Phone: 515-242-5617
Email: N/A
Website: www.ijag.org
County: Black Hawk, Dallas, Des Moines, Dubuque, Lee, Linn, Marshall, Plymouth, Polk, Pottawattamie, Scott, Union, Wapello, Woodbury
Type of Work: Educational/School

Description:

iJAG is an independent, statewide 501(c) (3) private nonprofit corporation established in 1999. Initially created for high school seniors as a school-to-work program, iJAG has evolved into an organization serving more than 1,500 students per year in 30 programs (25 schools), reaching into multiple communities across the state of Iowa. In its 13-year history, iJAG has provided more than 8,100 students who were at the highest risk of disengaging from school or dropping out of school without the skills and motivation needed to succeed in higher education and the workforce.

Service Learning is a critical part of the iJAG curriculum. All iJAG students participate in a minimum of 15 hours each year. Since the inception of the iJAG program in 1999, iJAG students have contributed over 56,000 hours of service in their local communities. Throughout the school year, iJAG students plan fundraisers for organizations, volunteer at nursing homes, food kitchens and in community cleanup projects.

How to Help:

iJAG is constantly seeking out partnerships for students to interact with employers and community-based organizations in their communities. Organizations looking for student volunteers should contact them online at <http://www.ijag.org/about-us/contact-us.html> or at 515-242-5617.

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Imagine No Malaria – United Methodist Church

Contact Information:

Contact Name: Rev. Katie Dawson
Office Address: 2301 Rittenhouse St. / Des Moines, IA 50321
Phone: 515-974-8910
Email: katie.dawson@iaumc.org
Website: www.inmiowa.org
County: Activities Statewide, Polk
Type of Work: Faith Based, International

Description:

Imagine No Malaria works to eradicate death and suffering from malaria in Sub-Saharan Africa. They do this through grants provided through in-country boards of health. These resources provide education, prevention, treatment, and help to communicate best practices around malaria prevention.

Malaria is a part of the cycle of poverty in many of these places. Illness leads to the inability to harvest crops or time away from work, which reduces the money a family needs to sustain itself and provide adequate food. This in turn leads to a greater risk of contracting diseases like malaria. By addressing just one aspect of the cycle, we can benefit ALL aspects of the cycle.

How to Help:

Their work primarily focuses on community empowerment in Africa and Iowans can help by providing resources. They have a goal of raising \$75 million throughout the United Methodist Church. Here in Iowa, they are aiming to raise at least \$2 million to save over 200,000 lives. Donations can be made at www.inmiowa.org/donate. Additional resources for United Methodist churches to become involved are located at www.inmiowa.org/church. Any business or organization can find out more about how to be a partner in this effort at www.inmiowa.org/partners.

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Immigrant Entrepreneurs Summit

Contact Information:

Contact Name: Mr. Benjamin Jung
Office Address: 3816 Ingersoll Avenue / Des Moines, IA 50312
Phone: 515-288-3188
Email: info@iesusa.org
Website: www.iesusa.org
County: Polk
Type of Work: Community Based

Description:

The **Immigrant Entrepreneurs Summit** brings businesses of diverse backgrounds together to share, learn, and celebrate the immigrant entrepreneurship experience and contribution to the overall community. Their annual Summit exhibits the success stories of immigrant entrepreneurs. Tips for business growth and creating true understanding among different ethnic groups are shared among immigrant business owners and the keys to succeed by working with immigrant populations are shared in a noncompetitive and supportive environment.

How to Help:

Immigrant entrepreneurs, immigrant business owners, and others who are interested in reaching out to or partnering with immigrants or immigrant businesses can support the Immigrant Entrepreneurs Summit through attending, exhibiting, or sponsoring.

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Impact Dubuque

Contact Information:

Contact Name: Ms. Joey Taylor
Office Address: 215 W. 6th Street / Dubuque, IA 52001
Phone: 563-588-1415
Email: joey.taylor@dbqunitedway.org
Website: www.dbqunitedway.org
County: Dubuque
Type of Work: Community Based

Description:

Impact Dubuque improves the quality of life in Dubuque County by connecting people with an interest in volunteering to local organizations needing volunteers. Impact Dubuque is part of the [Volunteer Centers of Iowa](#) network and is housed at [United Way of Dubuque Area Tri-States](#).

How to Help:

Individuals who are interested in volunteering in the Dubuque area can [search for volunteer opportunities](#) through Impact Dubuque's website. Nonprofits and organizations with a need for volunteers can [register](#) on Impact Dubuque's website and recruit volunteers.

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The Iowa Hunger Directory

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Indianola CROP Hunger Walk

Contact Information:

Contact Name: Ms. Tricia Ingram
Office Address: Indianola
Phone: 515-494-5459
Email: tricia.ingram@my.simpson.edu
Website: N/A
County: Warren
Type of Work: Community Based, Faith Based, International

Description:

The **Indianola CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Indianola CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Tricia Ingram at tricia.ingram@my.simpson.edu or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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Indianola High School

Contact Information:

Contact Name: Ms. Cindy Bauer
Office Address: 1304 East 1st Street / Indianola, IA 50125
Phone: 515-961-9510
Email: cindy.bauer@indianola.k12.ia.us
Website: www.indianola.k12.ia.us/high-school/index.php
County: Warren
Type of Work: Educational/School

Description:

Students and educators at **Indianola High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mrs. Cindy Bauer for more information and to explore opportunities to work together.

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International Agriculture Club - Iowa State University

Contact Information:

Contact Name: Dr. Mary Wiedenhoeft
Office Address: 1009 Agronomy Hall / Ames, IA 50011
Phone: N/A
Email: iaasisu@gmail.com
Website: www.stuorg.iastate.edu/site/275
County: Story
Type of Work: Educational/School, International

Description:

The **International Agriculture Club at Iowa State University** stimulates interest in the field of international agriculture, supports international events and opportunities on campus and prepares students for a wide range of opportunities and careers in agriculture around the world. Students gather in an informal setting to learn about agriculture and global issues in countries around the world. Opportunities for national and international conferences are available to members.

How to Help:

Students at Iowa State University can join the club and become involved with meetings and activities. Organizations that are interested in partnering with the International Association of Students in Agriculture and Related Sciences should email the club to explore opportunities for collaboration.

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International Education, Travel and Sustainable Development

Contact Information:

Contact Name: Mr. David Fredrick
Office Address: N/A
Phone: 319-352-2390
Email: mdfredrickworld@gmail.com
Website: N/A
County: Black Hawk, Bremer, Butler, Grundy, Johnson, Linn, Polk
Type of Work: Corporate, International

Description:

International Education, Travel and Sustainable Development provides advise and consulting services regarding international development, international student recruiting, project development, and fund-raising. Their areas of expertise are agricultural development, rural development, and health.

How to Help:

Individuals and organizations who are interested in using the education and advising services of International Education, Travel and Sustainable Development should contact Mr. Fredrick directly.

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The Iowa Hunger Directory

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Interstate 35 Secondary School

Contact Information:

Contact Name: Mrs. Sue Meggers
Office Address: 445 E North / Truro, IA 50257
Phone: 641-765-4818
Email: smeggers@i-35.k12.ia.us
Website: www.edline.net/pages/I35HS
County: Madison
Type of Work: Educational/School

Description:

Students and educators at **Interstate 35 Secondary School** work to alleviate hunger through educational and service-learning projects.

For example, in 2009, 8th grade students and the high school FFA chapter led a community meal packaging effort to package 4000 meals for hungry people in Tanzania.

How to Help:

Iowans are encouraged to contact Mrs. Sue Meggers for more information and to explore opportunities to work together.

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The Iowa Hunger Directory

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Iowa 4-H Youth Programs

Contact Information:

Contact Name: Ms. Cayla Taylor
Office Address: Iowa State University 3630 Extension 4-H Youth Bldg / Ames, IA 50011
Phone: 515-294-1877
Email: cayla@iastate.edu
Website: www.extension.iastate.edu/4h/
County: Activities Statewide
Type of Work: Educational/School

Description:

Iowa 4-H Youth Programs provide opportunities for youth to develop skills they can use now and throughout their life. Iowa 4-H builds upon a century of experience as it fosters positive youth development that is based on the needs and strengths of youth, their families, and communities. Iowa 4-H follows the principles of experiential learning, and draws on the knowledge base of Iowa State University and other institutions of higher education in cooperation with the United States Department of Agriculture.

The Iowa 4-H [Connecting Learning & Living programs](#) provide applicable garden-based, nutritional, environmental and agricultural education to youth of all ages, through hands-on lessons and activities that connect learning in classrooms and after-school programs with living on planet Earth.

Iowa 4-H also supports [after-school learning programs](#) and [service learning projects](#), which take community service or volunteer projects to the next level by emphasizing both service and learning to create a more meaningful experience for youth.

How to Help:

Iowa 4-H provides a variety of resources for educators, including Connected Learning & Living [training sessions](#) and a collection of [publications](#). Youth and educators can become involved as participants in Iowa 4-H programs, and should [sign up online](#) to receive more information.

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The Iowa Hunger Directory

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Iowa Academy of Nutrition & Dietetics

Contact Information:

Contact Name: Ms. Monica Lursen RDN, LD, CLF
Office Address: 27924 Butler Center Road / Clarksville, IA 50619
Phone: 319-885-6557
Email: N/A
Website: www.eatright.org
County: Activities Statewide
Type of Work: Advocacy, Community Based, Educational/School

Description:

As an affiliate of the Academy of Nutrition and Dietetics, the **Iowa Academy of Nutrition and Dietetics** strives to improve the nation's health and advance the profession of dietetics through research, education and advocacy. The Iowa Academy of Nutrition and Dietetics is a professional organization comprised of Iowans who share a personal and professional commitment to health and nutrition. Members include registered dietitians, registered dietitian nutritionists, dietetic technicians, students, educators, researchers, retired and international members.

[Programs](#) of the Academy of Nutrition and Dietetics include the eatright.org website providing nutrition information for consumers, accreditation of academic programs and credentialing for dietetics professionals, an annual conference and peer reviewed journal, advocacy work and charitable work through the Academy of Nutrition and Dietetics Foundation. The Iowa Academy of Nutrition and Dietetics advances the work of these programs in Iowa.

They also generate a number of nutrition manuals that are used throughout the United States and beyond for the training and education of food service personnel and are best known for their [Simplified Diet Manual](#), currently published by Wiley.

How to Help:

Iowans are encouraged to learn more about nutrition online at eatright.org, use the [Find an Expert](#) feature to find a Registered Dietitian Nutritionist who can help individuals and organizations meet their nutrition goals, or [contact](#) the Iowa Academy of Nutrition and Dietetics to explore further opportunities for collaboration.

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The Iowa Hunger Directory

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Iowa Afterschool Alliance

Contact Information:

Contact Name:	Ms. Michelle Rich
Office Address:	N/A
Phone:	515-243-2000
Email:	mrich@sppg.com
Website:	www.iowaafterschoolalliance.org
County:	Activities Statewide, Polk
Type of Work:	Advocacy, Community Based, Educational/School

Description:

The **Iowa Afterschool Alliance** supports high quality programs that serve students outside of the traditional school day. They work to ensure that all Iowa children, youth, and families have access to quality out-of-school time opportunities in their community by:

- Developing policies and partnerships that build capacity at the state and local levels for high-quality afterschool programming,
- Connecting local providers with the resources and tools necessary to provide high-quality afterschool programming, and;
- Communicating critical data on the need and impact of afterschool programming to the public, partners, and other vital stakeholders.

The Iowa Afterschool Alliance maintains the [Iowa Afterschool Opportunities Statewide Directory](#). Many of these afterschool opportunities alleviate hunger in the short-term by providing free meals and healthy snacks to participating children and reduce hunger over the long term by improving educational and career outcomes for the children they serve.

How to Help:

Afterschool programs often depend on the valuable contributions of members of the community. Afterschool program providers and allied organizations can [support the mission](#) of the Iowa Afterschool Alliance by joining as members or as funding partners. Individuals can support this work by becoming advocates for afterschool educational programming, volunteering at an afterschool program in their community, or becoming a mentor through the [Iowa Mentoring Partnership](#).

Individuals and organizations are encouraged to [email Ms. Rich](#) to learn more about the work of the Iowa Afterschool Alliance and to become involved.

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The Iowa Hunger Directory

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Iowa Agricultural Development Division of the Iowa Finance Authority

Contact Information:

Contact Name: Mr. Steve Ferguson
Office Address: 2015 Grand Avenue / Des Moines, IA 50312
Phone: 515-725-4928
Email: steve.ferguson@iowa.gov
Website: www.iowafinanceauthority.gov/iadd
County: Activities Statewide, Polk
Type of Work: Government Agency

Description:

The **Iowa Agricultural Development Division (IADD)** of the [Iowa Finance Authority](#) was established by the Iowa General Assembly in 1980 to provide financial assistance to Iowa's grain and livestock producers. Operating expenses for the IADD are derived from modest application and service fees paid by program participants. The IADD also earns interest from a trust fund, but it does not receive any state tax dollars.

Their [Beginning Farmer Loan Program](#) and [Loan Participation Program](#) help Iowa farmers purchase agricultural land, depreciable machinery or equipment, breeding livestock or buildings. The IADD loans may also be used to improve existing buildings or farmland. These programs may be used independently or in conjunction with one another. Both loan programs can only be used for new purchases and neither program can be used to refinance existing debt.

The [Beginning Farmer Tax Credit Program](#) encourages owners of capital agricultural assets to lease them to Iowa's qualifying beginning farmers. The program provides the agricultural asset owner a credit against Iowa income taxes owed. The program is designed to help beginning farmers secure leased farm land or equipment.

How to Help:

Farmers and other individuals interested in using IADD programs should visit their website for more information about how to qualify and apply for support. Others who are interested in collaborating with IADD should contact them directly.

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The Iowa Hunger Directory

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Iowa City West High School

Contact Information:

Contact Name: Ms. Roxanne Hughes
Office Address: 2901 Melrose Avenue / Iowa City, IA 52246
Phone: 319-688-1050
Email: hughes.roxanne@iccsd.k12.ia.us
Website: www.edline.net/pages/WestHighSchool
County: Linn
Type of Work: Educational/School

Description:

Students and educators at **Iowa City West High School** work to alleviate hunger through educational and service-learning projects.

For example, Iowa City West High School works with [Table to Table](#) to reduce food waste and help provide wholesome food for hungry, homeless, and at-risk populations in Iowa City.

How to Help:

Iowans are encouraged to contact Ms. Roxanne Hughes for more information and to explore opportunities to work together.

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The Iowa Hunger Directory

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Iowa Commission on Volunteer Service

Contact Information:

Contact Name: Mr. Adam Lounsbury
Office Address: 200 E Grand Avenue / Des Moines, IA 50309
Phone: 1-800-308-5987
Email: icvs@iowa.gov
Website: www.volunteeriowa.org
County: Activities Statewide, Polk
Type of Work: Government Agency

Description:

The **Iowa Commission on Volunteer Service** improves lives, strengthens communities, and fosters civic engagement through service and volunteering. The commission is comprised of 25 governor-appointed individuals who work with the staff and partner agencies to:

- Help agencies develop quality programs that use service as a strategy to fulfill their missions and address Iowa's greatest areas of need;
- Help engage Iowans in their communities by promoting service and expanding the volunteer base, and;
- Connect individuals with appropriate service opportunities by building the volunteer infrastructure.

The Iowa Commission on Volunteer Service also works with [Iowa's network](#) of Volunteer Coordination Centers and United Ways to provide localized volunteer service solutions.

How to Help:

Individuals can use their [Volunteer Solutions website](#) to find opportunities to volunteer in communities across Iowa. They also have a section of [volunteer FAQs](#), and specific information for volunteers [age 55 and over](#), volunteers [with disabilities](#), and individuals interested in volunteering as [a pathway to employment](#).

[Organizations can partner](#) with the Iowa Commission on Volunteer Service and become connected with funding opportunities, technical assistance on engaging community volunteers, and a variety of [state-wide programs](#) promoting and recognizing volunteerism. Organizations can also [recruit volunteers](#) through the Volunteer Solutions website.

Anyone who is interested in exploring opportunities to partner with the Iowa Commission on Volunteer Service should call them at 1-800-308-5987 or email icvs@iowa.gov.

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Iowa Department of Agriculture and Land Stewardship

Contact Information:

Contact Name: Secretary Bill Northey
Office Address: 502 E. 9th Street / Des Moines, IA 50319
Phone: 515-281-5321
Email: agri@iowaagriculture.gov
Website: www.iowaagriculture.gov
County: Activities Statewide, Polk
Type of Work: Government Agency

Description:

The **Iowa Department of Agriculture and Land Stewardship** (IDALS) provides leadership for all aspects of agriculture in Iowa, ensures consumer protection and promotes the responsible use of Iowa's natural resources. Two IDALS programs of particular relevance to fighting hunger are the [Iowa Farm to School Program](#) and the [Iowa Horticulture and Farmers Market Program](#).

The Iowa Farm to School Program links schools with Iowa farmers, provides schools with fresh and minimally processed Iowa-grown food for inclusion in school meals and snacks, and encourages children to develop healthy eating habits while offering them hands-on learning activities. The Iowa Horticulture and Farmers Market Program works to provide fresh, nutritious, unprepared, locally grown fruits, vegetables and herbs from farmers markets and farm-stands to nutritionally at-risk women, infants, children and low-income seniors through its Iowa Farmers Market Nutrition Program. The Iowa Horticulture and Farmers Market Program also works to expand farmers markets, farm-stands and CSA programs and develop new and additional farmers markets, farm-stands and CSA programs through its technical assistance program.

How to Help:

Individuals and organizations that are interested in working with the Iowa Department of Agriculture should contact them directly, or explore their website to find programs and initiatives that would be a good fit for collaboration.

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The Iowa Hunger Directory

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Iowa Department of Education - Bureau of Nutrition and Health

Contact Information:

Contact Name: Ms. Ann Feilmann
Office Address: 400 E 14th Street / Des Moines, IA 50319
Phone: 515-281-5356
Email: ann.feilmann@iowa.gov
Website: www.educateiowa.gov
County: Activities Statewide, Polk
Type of Work: Government Agency

Description:

The **Iowa Department of Education's Bureau of Nutrition and Health** facilitates and promotes quality USDA Child Nutrition Programs that benefit the education, health, and well being of the citizens of Iowa. In addition to its role in promoting nutritious school breakfasts and lunches during the school year, the Bureau of Nutrition and Health manages the Summer Food Service Program, which provides meals and snacks to children aged 18 and under when school is not in session.

How to Help:

Individuals, corporations and organizations interested in supporting the Summer Food Service Program should contact the Iowa Department of Education, Bureau of Nutrition and Health to determine areas of potential collaboration.

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The Iowa Hunger Directory

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Iowa Department of Human Services

Contact Information:

Contact Name: N/A
Office Address: N/A
Phone: 515-725-2600
Email: contactdhs@dhs.state.ia.us
Website: www.dhs.iowa.gov
County: Activities Statewide
Type of Work: Government Agency

Description:

The **Iowa Department of Human Services** (DHS) administers a variety of [food assistance programs](#) to help low income Iowans access healthy food. Programs include the Iowa Food Assistance Program (SNAP), The Emergency Food Program (TEFAP), [Commodities](#) and Food Assistance Outreach programs.

They also partner with Iowa State University Extension and the Iowa Department of Public Health to provide free [nutrition education programs](#) for families. Administration of these programs is a complicated process that requires strict adherence to all federal rules and regulations as well as monitoring quality control and program integrity.

How to Help:

Many community or faith based organizations provide computer access and have received training from the outreach providers on how to assist others to apply. Each of the outreach workers have received train the trainer training. The online application provides help throughout the application that makes it easier to read and fill out. This application is also available in Spanish. The online application found at <https://secureapp.dhs.state.ia.us/oasis/>

DHS offices are located throughout Iowa. Find a nearby office [online](#).

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The Iowa Hunger Directory

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Iowa Department on Aging

Contact Information:

Contact Name: Ms. Carlene Russell
Office Address: Jessie M. Parker Building, 510 E 12th Street / Des Moines, IA 50319
Phone: 515-725-3312
Email: carlene.russell@iowa.gov
Website: www.iowaaging.gov
County: Activities Statewide, Polk
Type of Work: Government Agency

Description:

The mission of the **Iowa Department on Aging** is to develop a comprehensive, coordinated and cost-effective system of long-term living and community support services that help individuals maintain health and independence in their homes and communities. [Nutrition and Wellness Programs](#) are available to older Iowans 60 years and older, a spouse of any age, and disabled persons under 60 years who reside in housing facilities. These meals can help aging and disabled Iowans live healthier lives through balanced nutrition. For the FY year 2012, over 20 million dollars went to support the congregate and home delivered meal programs for older Iowans.

How to Help:

Iowans interested in supporting the work of the Iowa Department of Aging should contact them directly about opportunities to volunteer, which arise frequently throughout the state.

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Iowa Food & Family Project

Contact Information:

Contact Name: Mr. Aaron Putze
Office Address: 1255 SW Prairie Trail Pkwy / Ankeny, IA 50023
Phone: 515-334-1099
Email: aputze@iasoybeans.com
Website: www.iowafoodandfamily.com
County: Activities Statewide, Polk
Type of Work: Advocacy, Community Based, Corporate

Description:

The **Iowa Food & Family Project** unites Iowans in greater understanding, awareness and appreciation about the continuous improvement of today's farmers and the dedication of those involved in the food system to providing wholesome food for everyone. The Iowa Food & Family Project is an activity-led initiative that brings together Iowans from all walks of life -- farmers and farm families, teachers, students, health professionals, food retailers, manufacturers, bankers and lenders, academia, agronomists, transportation specialists and people of faith. All those who are involved in the Iowa Food & Family Project believe in the increasingly significant role Iowa plays in feeding and fueling our state, nation and the world. They want all farmers to prosper. They believe that food should be respected and valued. They believe every person involved in today's food system brings something to the table. The Iowa Food & Family Project was created in 2011 by the Iowa Soybean Association, involves more than 35 dedicated partners and proudly serves as presenting sponsor of the Iowa Games and supporter of Live Healthy Iowa. It is funded in part by soybean, pork, beef, egg, corn, turkey and dairy checkoffs.

How to Help:

The Iowa Food & Family Project supports efforts to end hunger in Iowa through a [variety of activities and events](#) held throughout the year. Interested individuals and organizations should contact them about volunteering at their many unique events - from the ["Fields of Champions" Cookout](#) at the Summer Iowa Games in July to the [Iowa State Fair Food & Agricultural Experience](#) in August. Individuals registering on their [Facebook page](#) stand to win an exclusive on-farm tour.

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Iowa Food Bank Association

Contact Information:

Contact Name: Mr. Cory Berkenes
Office Address: 1111 9th Street, Suite 260 / Des Moines, IA 50314
Phone: 515-288-3234
Email: cberkenes@iowafba.org
Website: www.iowafba.org
County: Activities Statewide
Type of Work: Advocacy, Food Bank

Description:

The **Iowa Food Bank Association** (IFBA) is a collaboration of the eight Feeding America food banks that serve all Iowa's 99 counties. Together, the food banks serve over 1,000 non-profit organizations serving ill, infant or needy individuals. As an association, the organization is coordinating efforts to alleviate hunger by supporting Feeding America food banks that serve Iowa.

The eight Feeding America food banks that make up the Iowa Food Bank Association are: [Food Bank of Iowa](#), [Northeast Iowa Food Bank](#), [River Bend Food Bank](#), [Food Bank for the Heartland](#), [HACAP Food Reservoir](#), [Food Bank of Siouxland](#), [Food Bank of Southern Iowa](#), and [St. Stephen's Food Bank](#).

How to Help:

IFBA has opportunities for individuals and organizations to support the mission of Iowa's food banks through [advocacy](#) and [monetary support](#). Individuals can [learn more and become grassroots advocates](#) for the hungry through a partnership with Feeding America. Individuals and organizations can also volunteer or donate to support the [programs run by IFBA member food banks](#).

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Iowa Homeless Youth Centers

Contact Information:

Contact Name: Mrs. Toni Nicol
Office Address: 1219 Buchanan St. / Des Moines, IA 50316
Phone: 515-265-1222
Email: TNicol@yss.ames.ia.us
Website: www.iowahomelessyouth.org
County: Polk
Type of Work: Meal Site

Description:

Iowa Homeless Youth Centers serves meals at their homeless youth Outreach Center located at 701 Grand Ave. Connections Cafe uses their space to serve lunch and Central Iowa Shelter and Services serves evening meals at their facility as well. Iowa Homeless Youth Centers is a community based program of [Youth Shelter and Services, Inc.](#)

How to Help:

Volunteers are needed to serve meals to their youth. In addition to the Outreach Center, they have two Transitional Living facilities where volunteers can serve meals to youth who are getting back on their feet. Contact them for more information or to sign up to volunteer.

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Iowa Interfaith Power and Light

Contact Information:

Contact Name: Rev. Susan Guy
Office Address: 505 5th Avenue / Des Moines, IA 50309
Phone: 515-689-1112
Email: director@iowaipl.org
Website: www.iowaipl.org
County: Activities Statewide, Polk
Type of Work: Advocacy, Educational/School, Faith Based

Description:

Iowa Interfaith Power & Light (Iowa IPL) engages and equips people of faith to become leaders in addressing the environmental and social justice consequences of climate change. Iowa IPL is a part of [the national Interfaith Power & Light movement](#).

Iowa IPL's [Cool Congregations](#) program has trained representatives of over 275 congregations across Iowa to activate their care for creation by helping members calculate and reduce their household energy use by roughly 10% per year. Their [Food • Faith • Climate](#) program teaches participants how their food choices impact climate change and how their faith traditions call them to respond with practical solutions. As part of the Food • Faith • Climate program, congregations sometimes choose to grow food to donate to local food pantries and soup kitchens.

How to Help:

Individuals can become involved by signing up for Iowa IPL's [e-action alerts](#). Congregations that are interested in hosting a Cool Congregations workshop or a Food • Faith • Climate workshop should contact Sarah Webb at programs@iowaipl.org for more information.

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Iowa International Center

Contact Information:

Contact Name: Dr. Judith Conlin
Office Address: 319 7th Street, Suite 200 / Des Moines, IA 50309
Phone: 515-282-8269
Email: jconlin@iowainternationalcenter.org
Website: www.iowainternationalcenter.org
County: Activities Statewide, Polk
Type of Work: International

Description:

The **Iowa International Center** provides access to international resources to Iowans, new Iowans, and international visitors to Iowa. The overarching impact provides economic and leadership development resulting in Iowa being a more inclusive and welcoming place to live, work and raise a family. The Iowa International Center has four main programmatic areas: assistance to refugees and other new Iowans, an extensive translation service covering more than 49 languages, monthly public forums introducing Iowans to international topics, and facilitating the travel of international visitors to Iowa.

How to Help:

Individuals can assist the efforts of the Iowa International Center through [donating](#) or [volunteering](#) in any of its programmatic areas. Volunteers are especially needed to help guide international visitors around the state and to host them for meals or overnight. People with foreign language skills can join the Iowa International Center's on-call interpretation network to assist new Iowans with emergency interpretation needs.

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Iowa Oxfam Action Corps

Contact Information:

Contact Name: Ms. Amy Luebbert
Office Address: Des Moines, IA
Phone: N/A
Email: iowa@oxfamactioncorps.org
Website: <http://iowansforoxfam.blogspot.com>
County: Polk, Story
Type of Work: Advocacy, International

Description:

Volunteers with the **Iowa Oxfam Action Corps** work to improve national legislation and deepen local community resources for fighting poverty and injustice. Activities include outreach tables at farmers markets, concerts, and community events, visits to the offices of elected officials, and supporting the work of local community gardens and food banks. Oxfam's current advocacy campaign: GROW, focuses on building a food system that sustainably feeds a growing population and empowers poor people to earn a living, feed their families, and thrive.

How to Help:

Individuals and organizations interested in finding out more or volunteering with the Iowa Oxfam Action Corps should email them directly at iowa@oxfamactioncorps.org, or visit their [Facebook page](#) or [blog](#) for more information.

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Iowa Public Television (IPTV)

Contact Information:

Contact Name: Mr. John Nichols
Office Address: 6450 Corporate Drive, P.O. Box 6450 / Johnston, IA 50131
Phone: 515-242-3100
Email: N/A
Website: www.iptv.org
County: Activities Statewide, Polk
Type of Work: Educational/School

Description:

Iowa Public Television (IPTV) is Iowa's statewide public broadcasting network. IPTV provides quality, alternative programming that educates, enlightens, and entertains Iowans throughout the state. More than one million viewers a week turn to IPTV for programming that reflects a range of interests for Iowans in all demographic categories. In addition to its programming, IPTV has a variety of [educational resources](#) for students, parents, and teachers.

How to Help:

Iowa Public Television is exploring opportunities to collaborate with Iowans who are fighting hunger. Individuals and organizations can contact IPTV at 515-242-3100 or through their [online form](#) to submit questions, pitch ideas, and start conversations about collaboration.

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Iowa Sister States - Yucatan

Contact Information:

Contact Name: Ms. Sue Jarnagin
Office Address: 200 East Grand Avenue / Des Moines, IA 50309
Phone: 515-725-3164
Email: info@iowasisterstates.org
Website: www.iowasisterstates.org/yucat-n.html
County: Polk
Type of Work: International

Description:

The **Iowa Sister States - Yucatan** began as the Iowa-Yucatan Partners of the Americas. It was established on September 24, 1965 by a group of business and civic leaders who met in Des Moines with then Iowa Governor Harold Hughes. The Yucatan Peninsula of Mexico was chosen as Iowa's partner because of its henequen production. Henequen was used in baler and binder twine, a common product used for harvesting Iowa's oats and hay crops. With the help of the United States Department of State, a partnership was established between Iowa and the states of the Yucatan Peninsula of Mexico. The Iowa-Yucatan partnership has evolved over the years into an ongoing effort to alleviate hunger in the Yucatan Peninsula.

How to Help:

Interested Iowans can donate to the Yucatan committee's anti-hunger work through the homepage of Iowa Sister States. There are also opportunities to volunteer in a fundraising capacity, especially during the annual [Des Moines Area Hunger Hike](#).

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Iowa United Nations Association

Contact Information:

Contact Name: Mr. Yashar Vasef
Office Address: 20 E Market Street / Iowa City, IA 52245
Phone: 319-337-7290
Email: yashar@unaiowa.org
Website: www.unaiowa.org
County: Johnson, Linn, Polk, Story
Type of Work: Advocacy, International

Description:

The **Iowa United Nations Association** advocates for and raises funds for humanitarian relief efforts of various United Nations' agencies, such as the World Food Programme, UNICEF, and UNHCH that deliver life saving assistance and food.

How to Help:

Iowans can support the Iowa United Nations Association and their work by [becoming members](#) and attending their programming, by [volunteering](#), or by applying for their [internship positions](#).

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The Iowa Hunger Directory

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Iowa WIC Program

Contact Information:

Contact Name: Ms. Jill Lange
Office Address: 321 East 12th Street / Des Moines, IA 50319
Phone: 515-281-7095
Email: jill.lange@idph.iowa.gov
Website: www.idph.state.ia.us/WIC
County: Activities Statewide, Polk
Type of Work: Government Agency

Description:

The **Iowa WIC Program** is administered by the [Bureau of Nutrition and Health Promotion](#) of the Iowa Department of Public Health. WIC (Women Infants, & Children) is a supplemental nutrition program for babies, children under the age of 5, pregnant women, breastfeeding women, and women who have had a baby in the last 6 months. [WIC helps families](#) by providing healthy foods, nutrition education, and referrals to other health care agencies.

The Iowa WIC Program works through a network of agencies and vendors. [WIC agencies](#) provide services locally to the WIC families including nutrition education, breastfeeding promotion and support, nutritious food packages, and referrals to other health programs. [WIC vendors](#) are stores that are approved by the State WIC office to accept WIC checks that are provided by the local WIC agencies.

Iowa WIC also maintains a collection of [online community resources](#) to support community partners and other professionals to help meet the nutrition and health needs of WIC clients and Iowa families.

How to Help:

Iowa communities and organizations are encouraged to [contact their local WIC agency](#) to explore opportunities to work together. Stores wishing to become authorized WIC vendors are encouraged to [learn more online](#) and call 800-532-1579 to speak with a WIC Vendor Management Representative.

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Iowa Women's Foundation

Contact Information:

Contact Name: Ms. Dawn Oliver Wand
Office Address: 2201 East Grantview Drive, Suite 200 / Coralville, IA 52241
Phone: 319-774-3813
Email: dawn@iawf.org
Website: www.iawf.org
County: Activities Statewide, Johnson
Type of Work: Advocacy, Community Based, Educational/School

Description:

The **Iowa Women's Foundation (IWF)** is committed to improving the lives of Iowa's women and girls through economic self-sufficiency. With a diversified mix of action and funding including research, grantmaking, advocacy, education and collaboration they work to alleviate the causes and not just the symptoms of economic illiteracy.

- Research: IWF funds and supports research that enables it to invest wisely in activities that create pathways to economic success for women and girls.
- Fundraising/Grantmaking: At the heart of IWF is the goal of raising funds to provide grants to organizations that give IWF the power to advance the lives of women and girls each year.
- Advocacy: In order to lead change, IWF educates policy makers and other community leaders regarding issues and solutions.
- Education: IWF educates the community on the importance of improving the lives of women and girls.
- Collaboration: IWF works with social services organizations, government agencies, schools and businesses to address the needs of women and girls in a coherent and complete way.

IWF uses research to uncover the biggest barriers to women's success and their greatest needs, and targets their efforts accordingly to achieve their goals and make the most significant impact.

How to Help:

Iowans can support the work of IWF through donations, volunteering, [attending their events](#), or collaborating towards shared goals. [Donations](#) fund the activities of IWF and enable them to continue their grantmaking. IWF is always in need of talented individuals as [volunteers](#) to help them fulfill their mission.

Organizations working to foster self-sufficiency and leadership skills among Iowa's women and girls are invited to [apply annually for grants](#) from IWF to help support their work. [Recent grants](#) have supported projects in the areas of education, gender equality, domestic violence, mentoring, financial management, self-esteem, and decision-making.

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The Iowa Hunger Directory

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ISU Agronomy Department

Contact Information:

Contact Name: Dr. Laura Merrick
Office Address: 2104 Agronomy Hall, Iowa State University / Ames, IA 50011
Phone: 515-294-3763
Email: lmerrick@iastate.edu
Website: www.agron.iastate.edu
County: Activities Statewide, Story
Type of Work: Educational/School

Description:

The mission of the **Iowa State University Agronomy Department** is to provide continued excellence in agronomic teaching, research, and outreach. The department achieves this by serving Iowa, the nation, and the world in ways that:

- expand knowledge in crop, soil, and atmospheric sciences
- identify, develop, and deliver appropriate information and technologies for agronomic practice
- prepare students for successful careers and continued education in agronomic and related sciences
- improve crop production and soil management practices, while enhancing environmental quality and sustainability, through interdisciplinary cooperation
- anticipate and respond to societal needs relative to food and fiber production
- promote, through education, harmony among the diverse clientele served by agronomy.

How to Help:

To find out more about the Iowa State University Agronomy Department, please visit their website or contact them directly.

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The Iowa Hunger Directory

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ISU Community Design Lab

Contact Information:

Contact Name: Ms. Courtney Long
Office Address: 2321 North Loop Drive, Suite 121 / Ames, IA 50010
Phone: 515-294-2213
Email: isucdl.iastate.edu
Website: <http://research.design.iastate.edu/communitydesignlab>
County: Activities Statewide, Howard, Linn, Polk, Story
Type of Work: Community Based, Educational/School

Description:

The **ISU Community Design Lab** partners with communities and organizations to combine local knowledge and design research expertise to create equity and resilience through inclusive, transferable, innovative strategies and tactics. They are a partnership between Iowa State University College of Design and the Office of Extension and Outreach. The Lab encompasses many fields of expertise including landscape architecture, architecture, sustainable agriculture, community and regional planning and community engagement. Their primary areas of focus include: health and wellness, infrastructure and prototypes and community revitalization.

Partnership with communities is the foundation of their work; while they bring professional expertise and research-driven methodology to the table, the local knowledge and decision-making provided by their community partners is essential.

The Agricultural Urbanism Toolkit is a program that was created through a Leopold Center Grant in 2014 at the Community Design Lab. Currently, they are developing local and regional food system plans in three Iowa communities: Cedar Rapids, Cresco and Des Moines. The toolkit process was created to assist in decision making and design for local and regional food systems using agricultural best management practices or tactics. The toolkit promotes public interest design through engagement and networking with community leaders in efforts to build a holistic food system that is uniquely designed for each community. This toolkit uses agricultural urbanism tactics (i.e. school gardens, farmers markets, and food hubs) as a strategy to promote local food system revitalization in communities.

How to Help:

Communities or organizations who are interested in participating in the process of the Agricultural Urbanism Toolkit can contact the ISU Community Design Lab to learn more: isucdl@iastate.edu.

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The Iowa Hunger Directory

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ISU Extension & Outreach – Region 20

Contact Information:

Contact Name: Ms. Patricia Steiner
Office Address: 102 W Main Street / Mediapolis, IA 52637
Phone: 319-394-9433
Email: psteiner@iastate.edu
Website: www.extension.iastate.edu
County: Des Moines, Henry, Lee, Louisa
Type of Work: Educational/School, Government Agency

Description:

ISU Extension & Outreach - Region 20 serves [Des Moines](#), [Henry](#), [Lee](#) and [Louisa](#) counties. They work to provide research-based, unbiased information and education to help county citizens make better decisions.

Their activities include: the [4-H Program](#) to empower youth to reach their full potential working and learning in partnership with caring adults, [Community and Economic Development Workshops](#) conducted with community organizations, individuals and leaders to help develop and implement plans for physical and social community improvements, an [Agriculture and Natural Resources](#) program which works to ensure the long term profitability of Iowa agricultural producers and increasing production capacity of the agricultural sector while protecting natural resources, and [Human Sciences Programs](#) which promote health and help people access and eat safe, nutritious, and healthy foods.

How to Help:

There are many opportunities for individuals and organizations to work with ISU Extension in [Des Moines](#), [Henry](#), [Lee](#) and [Louisa](#) counties by participating in one or more of their programs or partnering in other ways. Iowans can find out more information online or contact them with questions or ideas.

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ISU Extension & Outreach in Dallas County

Contact Information:

Contact Name: Ms. Lisa Mickelson
Office Address: 28059 Fairground Road / Adel, IA 50003
Phone: 515-993-4281
Email: lmickel@iastate.edu
Website: www.extension.iastate.edu/dallas
County: Dallas
Type of Work: Community Based, Educational/School

Description:

ISU Extension and Outreach of Dallas County is led by the elected Dallas County Extension Council, with support from county and state ISU Extension and Outreach staff. They work together to engage citizens through research-based educational programs and resources. Through partnerships they increase the ability of Iowans to make informed decisions by applying relevant, needs-driven resources to create significant impact in our state.

Their activities include: the [Dallas County 4-H Program](#) to empower youth to reach their full potential working and learning in partnership with caring adults, [Community and Economic Development Workshops](#) conducted with community organizations, individuals and leaders to help develop and implement plans for physical and social community improvements, a [Food Security Program](#) which works to ensure the long term profitability of Iowa agricultural producers and increasing production capacity of the agricultural sector while protecting natural resources, [Food Safety and Nutrition Courses](#) which help people in Dallas County to access and eat safe, nutritious, and healthy foods, and [Family Life and Finance](#) which strives to promote healthy behavior and relationships to help people make decisions that improve and transform their lives.

How to Help:

There are many opportunities for individuals and organizations to work with ISU Extension in Dallas County by participating in one or more of their programs or partnering in other ways. Iowans can find out more information on [their website](#) or [contact them](#) with questions or ideas.

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ISU Extension & Outreach in Montgomery County

Contact Information:

Contact Name: Ms. Barbara Fuller
Office Address: 400 Bridge Street, Suite #2 / Red Oak, IA 51566
Phone: 712-623-2592
Email: xmontgomery@iastate.edu
Website: www.extension.iastate.edu/montgomery
County: Montgomery
Type of Work: Educational/School, Government Agency

Description:

ISU Extension in Montgomery County is led by the elected Montgomery County Extension Council, with support from county staff and ISU Extension and Outreach staff. They work together to provide research-based, unbiased information and education to help county citizens make better decisions.

Their activities include: the [Montgomery County 4-H Program](#) to empower youth to reach their full potential working and learning in partnership with caring adults, [Community and Economic Development Workshops](#) conducted with community organizations, individuals and leaders to help develop and implement plans for physical and social community improvements, a [Food Security Program](#) which works to ensure the long term profitability of Iowa agricultural producers and increasing production capacity of the agricultural sector while protecting natural resources, and [Food Safety and Nutrition Courses](#) which help people in Montgomery County to access and eat safe, nutritious, and healthy foods.

How to Help:

There are many opportunities for individuals and organizations to work with ISU Extension in Montgomery County by participating in one or more of their programs or partnering in other ways. Iowans can find out more information on [their website](#) or [contact them](#) with questions or ideas.

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ISU Extension & Outreach in Polk County

Contact Information:

Contact Name: Ms. Mary Krisco
Office Address: 1625 Adventureland Drive, Suite A / Altoona, IA 50009
Phone: 515-957-5760
Email: mkrisco@iastate.edu
Website: www.extension.iastate.edu/polk
County: Polk
Type of Work: Educational/School, Government Agency

Description:

ISU Extension in Polk County is led by the elected Polk County Extension Council, with support from county staff and ISU Extension and Outreach staff. They work together to provide research-based, unbiased information and education to help county citizens make better decisions.

Their activities include: the [Polk County 4-H Program](#) to empower youth to reach their full potential working and learning in partnership with caring adults, [Community and Economic Development Workshops](#) conducted with community organizations, individuals and leaders to help develop and implement plans for physical and social community improvements, a [Food Security Program](#) which works to ensure the long term profitability of Iowa agricultural producers and increasing production capacity of the agricultural sector while protecting natural resources, and [Food Safety and Nutrition Courses](#) which help people in Polk County to access and eat safe, nutritious, and healthy foods.

How to Help:

There are many opportunities for individuals and organizations to work with ISU Extension in Polk County by participating in one or more of their programs or partnering in other ways. Iowans can find out more information on [their website](#) or [contact them](#) with questions or ideas.

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ISU Extension & Outreach in Story County

Contact Information:

Contact Name: Ms. Sherry Glenn
Office Address: 220 H Avenue, P.O. Box 118 / Nevada, IA 50201
Phone: 515-382-6551
Email: xstory@iastate.edu
Website: www.extension.iastate.edu/story
County: Story
Type of Work: Educational/School, Government Agency

Description:

ISU Extension in Story County is led by the elected Story County Extension Council, with support from county staff and ISU Extension and Outreach staff. They work together to provide research-based, unbiased information and education to help county citizens make better decisions.

Their activities include: the [Story County 4-H Program](#) to empower youth to reach their full potential working and learning in partnership with caring adults, [Community and Economic Development Workshops](#) conducted with community organizations, individuals and leaders to help develop and implement plans for physical and social community improvements, a [Food Security Program](#) which works to ensure the long term profitability of Iowa agricultural producers and increasing production capacity of the agricultural sector while protecting natural resources, and [Food Safety and Nutrition Courses](#) which help people in Story County to access and eat safe, nutritious, and healthy foods.

How to Help:

There are many opportunities for individuals and organizations to work with ISU Extension in Story County by participating in one or more of their programs or partnering in other ways. Iowans can find out more information on [their website](#) or [contact them](#) with questions or ideas.

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The Iowa Hunger Directory

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ISU Extension & Outreach Nutrition Programs

Contact Information:

Contact Name: Ms. Christine Hradek
Office Address: Iowa State University, 104 MacKay Hall / Ames, IA 50011
Phone: 515-294-3554
Email: hradek@iastate.edu
Website: www.extension.iastate.edu/humansciences/nutrition-education
County: Activities Statewide, Story
Type of Work: Educational/School

Description:

ISU Extension & Outreach Nutrition Programs help low-resource families with children develop the knowledge, skills, attitudes and behavior needed to improve their diet. Families learn to make informed choices about low-cost, nutritious foods, to better manage family finances and to become self-sufficient. ISU Extension & Outreach Nutrition Programs include the Expanded Food and Nutrition Education Program (EFNEP) and the Family Nutrition Program (FNP), which together serve [25 counties across Iowa](#). These programs reach over 13,500 youth and 2,000 pregnant teens and families with young children each year.

The Loving Your Family – Iowa (LYF-IA) program delivers nutrition education to low-income families with children under age 10 in Iowa counties where Extension and Outreach does not have a nutrition education program. Using a “Train the Trainer” format, Extension and Outreach staff train and support staff from other agencies that already have an established relationship with young families (HOPES, PAT, etc.). They also maintain a [collection of resources](#) on their website.

How to Help:

Iowans who are interested in supporting the work of ISU Extension & Outreach Nutrition Programs should contact Ms. Hradek to find out which programs are active in their county. Individuals and families who wish to find out more about the nutrition education resources offered in their area should [contact them online](#). Individuals and organizations who are interested in more information about Loving Your Family-IA program should contact Justine Hoover, LYF-IA Program Coordinator at jhoover@iastate.edu.

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The Iowa Hunger Directory

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Jasper County CROP Hunger Walk

Contact Information:

Contact Name: Mr. Terry Townsend
Office Address: N/A
Phone: 641-792-3637
Email: townsend@pcpartner.net
Website: N/A
County: Jasper
Type of Work: Community Based, Faith Based, International

Description:

The **Jasper County CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Jasper County CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Terry Townsend at townsend@pcpartner.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Jasper County Kids Against Hunger

Contact Information:

Contact Name: Mr. Ken Ahnholz
Office Address: Newton, IA
Phone: 515-720-0172
Email: ken@ahnholz.com
Website: www.facebook.com/pages/Jasper-County-Kids-Against-Hunger/270360974804
County: Jasper
Type of Work: Community Based, International

Description:

Food packaged by **Jasper County Kids Against Hunger** is distributed to hungry people in the United States and around the world. Food has been distributed through Liberty Ministries to local food banks in Iowa and to Joplin, MO. Larger quantities have been sent to established orphanages and schools in Haiti, Honduras, Guatemala, Albania and South Africa. Since the Jasper County organization began in 2009 nearly 200,000 meals have been packaged. Each meal costs approximately 25 cents for food, packaging, materials and shipping.

How to Help:

Donations may be sent to Jasper County Kids Against Hunger in care of Bill Bennett, Treasurer, 513 South Third Avenue, East, Newton, IA 50208. In addition to donations, interested groups or individuals may form a team of 12 members and join in a packaging event. It costs \$360 to host a team of 12 or \$30/person. Individuals may also arrange to host a packaging event for their group. Typically Jasper County Kids Against Hunger hosts three packaging events a year.

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The Iowa Hunger Directory

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JETT

Contact Information:

Contact Name: Dr. Ted Schierer
Office Address: 8350 EP True Parkway, Unit 1301 / West Des Moines, IA 50266
Phone: 515-230-8253
Email: renewableproducts2020@gmail.com
Website: www.johnmaxwellgroup.com/TedSchierer
County: Dallas, Madison, Polk, Story, Warren
Type of Work: Corporate

Description:

JETT is involved in creating awareness for sustainability initiatives that impact hunger issues such as the relationship of hunger and social program management. Alternatives that effectively address community sustainability issues are discussed through JETT books, JETT radio, and the JETT newsletter. In development are coaching programs that target obesity and Type 2 diabetes, a significant financial sustainability issue for the US in coming decades.

How to Help:

Iowans can become involved with JETT by:

1. Engaging in community service as a means of sustainability through JETT, especially by reading "[Everyone Needs Sustainability](#)" and responding to the action items;
2. Listening to [JETT Radio programs](#) and responding to needs in the community; and,
3. Engaging with [JETT photography](#) and [music](#) online or [through iTunes](#).

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Jewish Federation of Greater Des Moines

Contact Information:

Contact Name: Mr. Mark Finkelstein
Office Address: 33158 Ute Avenue / Waukee, IA 50263
Phone: 515-987-0899
Email: jcrc@dmjfed.org
Website: www.jewishdesmoines.org
County: Marshall, Polk, Story
Type of Work: Advocacy, Community Based, Faith Based, International

Description:

The **Jewish Federation of Greater Des Moines** is at the heart of the Greater Des Moines community, which includes Ames, Marshalltown, and other cities and towns in Central Iowa. For almost 100 years, The Jewish Federation has been at the heart of Jewish life in the greater Des Moines area providing social services and connecting Jews locally and abroad.

The diverse efforts of individual organizations are coordinated, central fundraising is budgeted and allocated to fund community needs such as; senior assistance and support through [Jewish Family Services](#), community supplementary education for children pre-Kindergarten through 10th grade at the Jewish Federation Community School, [Jewish Community Relations Committee](#) to monitor American-Israeli relations, interfaith relations, and antisemitism in Iowa communities, offer [Engman Camp Shalom](#), missions to Israel, community newspaper ([Des Moines Jewish Press](#)), support for the [Iowa Jewish Historical Society](#) and IJSLC, and Tzedakah. Community planning and community relations activities are administered through the Federation in cooperation with community synagogues.

How to Help:

Volunteers with the Jewish Federation of Greater Des Moines play a pivotal role in relieving an older person's hardships, affirming for a child the powerful values of Jewish tradition and continuity, and helping others do the wonderful mitzvah of saving Jewish lives and Jewish life. Those interested in volunteering should contact the federation at 515-987-0899.

Organizations that are interested in exploring partnerships with the federation should also contact them directly.

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John Deere

Contact Information:

Contact Name: Ms. Mara Sovey
Office Address: One John Deere Place / Moline, IL 61265
Phone: N/A
Email: N/A
Website: www.deere.com
County: Activities Statewide
Type of Work: Corporate

Description:

By providing premier equipment solutions, **John Deere** supports a higher quality of life around the world, as well as assisting their customers in their successes. Throughout their history, John Deere [has stepped up](#) to support and enrich the quality of life in communities where they live and work, as well as other parts of the world.

John Deere supports economic development, resiliency and safety programs, and community relations activities in communities where they work. In Iowa, these include Des Moines, Dubuque, Quad Cities, Ottumwa, and Waterloo. Key partners in John Deere communities include chambers of commerce, economic development corporations, local United Ways and the organizations they support, food banks and the American Red Cross.

Internationally, John Deere aspires to transform under-resourced agricultural communities in developing countries through distinctive and sustainable solutions for world hunger focused on farmer training, value-chain enhancement, and water access and use. Key partners include KickStart, Opportunity International, TechnoServe, the World Food Program, and Water.org. John Deere also partners with Iowa communities to alleviate hunger overseas through Foods Resource Bank Growing Projects.

How to Help:

Iowans who are interested in partnering with John Deere to alleviate hunger are encouraged to [visit their website](#) for more information and to explore possibilities. John Deere partners with organizations with 501c(3) status through John Deere Foundation Grants, National Corporate Sponsorships, and Community Relations Contributions.

John Deere Foundation Grants support initiatives that create lasting impacts for communities and constituencies served by the requesting organization. National Corporate Sponsorships support select national organizations, programs, and events that benefit participants and present John Deere and its products to their constituents. Community Relations Contributions include monetary donations, gifts in kind, and local sponsorships that improve the quality of life in communities where John Deere has a major presence.

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John Deere Training Center FRB Growing Project

Contact Information:

Contact Name: Ms. Denise Harmsen
Office Address: 800 Jersey Ridge Road / Davenport, IA 52807
Phone: 563-271-1215
Email: harmsendeniser@johndeere.com
Website: N/A
County: Scott
Type of Work: Community Based, Faith Based, International

Description:

The **John Deere Training Center FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the John Deere Training Center FRB Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Davenport area and surrounding communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinators Ms. Denise Harmsen, to become involved with the John Deere Training Center FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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Johnson County CROP Hunger Walk

Contact Information:

Contact Name: Ms. Karen Casavant
Office Address: N/A
Phone: 319-331-0766
Email: karenc@eng.uiowa.edu
Website: N/A
County: Johnson
Type of Work: Community Based, Faith Based, International

Description:

The **Johnson County CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Johnson County CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Karen Casavant at karenc@eng.uiowa.edu or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Johnston Partnership

Contact Information:

Contact Name: Ms. Kelly Renfrow
Office Address: P.O. Box 975 / Johnston, IA 50131
Phone: 515-868-1357
Email: president@johnstonpartnership.org
Website: www.johnstonpartnership.org
County: Polk
Type of Work: Community Based, Food Pantry

Description:

The **Johnston Partnership** unites [local organizations](#) to provide a safe, healthy and nurturing place to live, work and grow by establishing strong community partnerships. Their programs include the [JUMP](#) youth mentoring program and the [Closet at Crown Point](#), a food pantry and clothing closet operated in partnership with DMARC. The food pantry is open to eligible families and community members in Johnston and the Johnston School District Tuesdays and Saturdays from 10am-2pm at Partnership Place 5870 Merle Hay Road, Suite D, Johnston.

How to Help:

There are many [volunteer opportunities](#) at the Johnston Partnership. Volunteers are especially vital to the effective operation of the Johnston Food Pantry, where they greet clients, bag groceries and personal items, re-stock shelves, pick up orders from DMARC, the Iowa Food Bank and other donors, handle office work, and serve on committees.

In addition to city funding, financial and other support from our church and business partners are vital to the Johnston Partnership's ability to serve neighbors in need. Churches or business that would like to become a partner of the Johnston Partnership, should contact their Program Director, Shawna Beron, at director@johnstonpartnership.org for more information.

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Juvenile Court Services – Dallas County Office

Contact Information:

Contact Name: Ms. Debb Franz
Office Address: 801 Court Street, Room 102 / Adel, IA 50003
Phone: 515-993-5805
Email: debb.franz@co.dallas.ia.us
Website: www.co.dallas.ia.us
County: Dallas, Guthrie
Type of Work: Government Agency

Description:

Juvenile Court Services - Dallas County Office offers intake, probation services, a Restorative Justice Program, and in-home and out of home placement services for those under the jurisdiction of Juvenile Court Services. The Adel office covers Dallas and Guthrie counties. Other offices located in Winterset and Creston are supervised from the Adel Office.

How to Help:

Contact Juvenile Court Services directly for more information about their services and how to collaborate with them on hunger issues.

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Karadah Project International

Contact Information:

Contact Name: LTC Rick Burns
Office Address: 2319 Street F58 / Elk Horn, IA 51531
Phone: 712-249-7435
Email: karadahproject@gmail.com
Website: www.facebook.com/KaradahProject
County: Shelby
Type of Work: International

Description:

Karadah Project International creates international problem-solving partnerships that increase understanding, skills and awareness of the world, particularly focused on Iraq and Afghanistan.

After two tours in Iraq as an Army Reserve Civil Affairs officer, LTC Rick Burns concluded that what is needed most in Iraq is not more money, but stronger mentoring and partnering relationships. Building on the Sister Cities International Friendship Partnership he helped establish at the end of his second tour in Iraq between Council Bluffs, Iowa and the Karadah District Council, Rick established the nonprofit Karadah Project International. Their mission is to build long-term partnering and mentoring relationships between individuals and groups in Iraq and the United States. They are also active in Afghanistan, where they work with the Shindand Women's Social Foundation to build sustainable goat herds for villagers in Khairabad.

How to Help:

Donations can be made [online](#). Individuals and organizations can also contact Rick Burns directly to find out more about the work of Karadah Project International and how to partner or become involved.

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Keokuk CROP Hunger Walk

Contact Information:

Contact Name: Mr. David Turner
Office Address: Keokuk
Phone: 319-524-5266
Email: sharon@fcckeokuk.org
Website: N/A
County: Lee
Type of Work: Community Based, Faith Based, International

Description:

The **Keokuk CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Keokuk CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact David Turner at sharon@fcckeokuk.org or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Kids Against Hunger - Our Quad Cities

Contact Information:

Contact Name: Mr. John Kessler
Office Address: 3226 45th Street / Moline, IL 61265
Phone: 563-508-4116
Email: info@kahqc.com
Website: www.kahqc.com
County: Scott
Type of Work: International

Description:

Kids Against Hunger - Our Quad Cities is part of Kids Against Hunger, an international food relief organization working to save the lives of starving people. Kids Against Hunger uses teams of people who donate their time, energy, and finances to help bag life saving food. Quad City people of all ages package meals made up of: rice, soy, 6 vegetables, and 21 vitamins and minerals. The cost of each meal is 25¢. Kids Against Hunger - Our Quad Cities provides meals for hungry kids in Nicaragua, Honduras, Haiti and the Quad Cities (Davenport, Bettendorf, Moline, and Rock Island).

How to Help:

Volunteers are needed to organize packaging events, in which volunteers bag life saving food for hungry people. Packaging events are sponsored by an organization that can bring together a team (or teams) of 12 volunteers. The cost and number of volunteers is flexible. A typical example is \$360 per team to package 1,440 meals in an hour. Representatives of schools, churches, or other organizations that would like to host a Packaging Event should call John or Gail Kessler at (309) 762-0437. Volunteers are also needed to join the Kids Against Hunger - Our Quad Cities team, where they would help setup and monitor packaging events.

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Kinzler Companies

Contact Information:

Contact Name: Mr. Tanner Kinzler
Office Address: 2335 230th Street / Ames, IA 50014
Phone: 515-292-5714
Email: info@insulation.net
Website: www.insulation.net
County: Black Hawk, Polk, Story
Type of Work: Corporate

Description:

Kinzler Companies is the parent company to several integrated construction-related business units including Kinzler Construction Services; Ceilley Insulation; Heim Construction Services; HIGH-R, Inc.; and Auto/Truck Repair Center. Kinzler Companies is committed to recognizing and promoting growth, one relationship and one project at a time, through teaching, innovation, philanthropy and customer-focused service.

Stewardship is a core responsibility at Kinzler Companies. Kinzler Companies is proud to be active in community and philanthropy both as a corporation and through the personal resources of their staff and principals. For example, Kinzler supports Habitat for Humanity's efforts to build simple, decent housing in order to strengthen families and transform neighborhoods through financial contributions and in-kind donations.

How to Help:

Organizations that are interested in working with Kinzler Companies should contact them directly for more information.

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KJWW Engineering

Contact Information:

Contact Name: Ms. Susan Judkins
Office Address: 2882 106th Street / Des Moines, IA 50322
Phone: 515-334-9906
Email: N/A
Website: www.kjww.com
County: Polk
Type of Work: Corporate

Description:

KJWW Engineering is an international engineering consulting firm specializing in healthcare, higher education, K-12, commercial, government and industrial buildings. Their expertise is in designing sustainable and high-performance building infrastructure systems for mechanical, electrical, technology, structural, and architectural lighting. Their core disciplines are complemented by comprehensive services in medical equipment planning, infrastructure assessments, energy audits, master planning, energy modeling, BIM, sustainability, LEED certification, peer reviews and systems commissioning.

In the broader community, the KJWW Engineering leadership team believes that every business and person has a responsibility to contribute. Their contribution includes financial support through donations and sponsorships, as well as volunteer activities that target a variety of organizations and events that improve quality of life. KJWW Engineering participates in [Canstruction](#), using cans of food to build massive sculptures with the food being donated to area food banks after the event.

How to Help:

Organizations that are interested in working with KJWW should contact them directly for more information.

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Kwik Trip, Inc

Contact Information:

Contact Name: Mr. Marty Putz
Office Address: 1626 Oak Street / La Crosse, WI 54603
Phone: 608-793-6218
Email: N/A
Website: www.kwiktrip.com
County: Allamakee, Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Clayton, Clinton, Delaware, Dubuque, Fayette, Floyd, Grundy, Howard, Jackson, Marshall, Mitchell, Poweshiek, Scott, Tama, Winneshiek
Type of Work: Corporate

Description:

Kwik Trip, Inc. is a family owned convenience store chain started in 1965 and currently operating over 400 stores throughout WI, MN and IA.

Kwik Trip partners with the Feeding America network of food banks as a way to donate unused food products to the local communities they serve. Since 2011, Kwik Trip and partner food banks, including the [Northeast Iowa Food Bank](#), have rescued over 2 million pounds of food through the Kwik Trip Food Rescue program. Kwik Trip also raises awareness and financial donations to assist the funding needs of these vital organizations.

How to Help:

Individuals are encouraged to contact their local Feeding America Network partner food bank for more information about how they can participate in hunger relief efforts in their communities. Informational brochures are also available at local Kwik Trip stores.

Organizations that are interested in learning more about this program should [contact Kwik Trip directly](#).

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La Porte-Dysart FFA Chapter

Contact Information:

Contact Name: Mr. Louis Beck
Office Address: 200 Adams St. / Union Comm. School / La Porte City, IA 50651
Phone: 319-939-4532
Email: l_beck@union.k12.ia.us
Website: N/A
County: Benton, Black Hawk, Tama
Type of Work: Educational/School

Description:

The **La Porte-Dysart FFA Chapter** fights hunger by packaging meals for hungry people. They organized their first ever "Hunger Blitz" in October, 2013 in which the Union High School students packaged nearly 30,000 rice-based meals through Outreach, Inc. Their FFA chapter members packaged meals for Meals From the Heartland at the Iowa FFA Conference in spring, 2014.

How to Help:

The La Porte-Dysart FFA Chapter needs to raise money each year to pay for the food supplies for the food packaging events. Individuals and organizations interested in helping should contact Mr. Beck.

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Leaf Nutrient, Inc.

Contact Information:

Contact Name: Dr. Lance Crombie

Office Address: N/A

Phone: 651-343-2616

Email: lancecrombie@msn.com

Website: N/A

County: Activities Statewide

Type of Work: Community Based, International

Description:

Leaf Nutrient, Inc. has been making a notable difference in the mental and physical health for malnourished children and adults in Mexico since 1988 with just 10 grams, or two teaspoons, of alfalfa extract concentrate added to their daily diet. This provides enough extra balanced protein, vitamins, and minerals for normal growth.

The children of families that participate are easily distinguished on the street from those whose families do not participate. They also do much better in school. Since entering the first village in rural Mexico, approximately 150 villages participate in LNI's program. Many of these are part of the Coahuila State Family Development Program, DIF. These villages benefit from the donation of sets of the unique crushing machines and the training to process the extract themselves. The extract has been included in noodles distributed to hundreds of families and as a part of the public school lunches. Every day, approximately 10,000 children in Mexico participate in the program with the inclusion of the concentrate in their typical Mexican dishes: tortillas, bread, rice, lemonade, soup, hot sauce, etc.

The simple village level process uses machines built in the country: the ladies clean and disinfect their alfalfa, they use the machines to crush it and to squeeze out the juice, and then they heat the juice so that the protein coagulate floats. This delicious coagulant juice concentrate, or extract, is composed of 50% balanced protein, chlorophyll, vitamins, and minerals. The leftover fiber pulp is fed to the family's goats and cattle with no loss of milk production. Since the farmers already grow alfalfa to feed their stock, the alfalfa concentrate could be considered almost "free."

Leaf Nutrient, Inc. is currently implementing this program in a partnership with [Hands in Service Ministries](#) and local communities for a model program to alleviate malnutrition on a broader scale by integrating the alfalfa cellular concentrate production with gardening and animal husbandry for an ecological, self-sustaining community farm.

An unrealized goal of LNI is to build a factory adjacent to a large dairy farm in both Mexico and the USA to provide a commercial source of dehydrated alfalfa juice concentrate that could be stored for one year. Additional funds and a new generation of volunteers are needed to expand this successful program. Leaf Nutrient, Inc. (LNI) is a charitable 501(c)(3) organization, founded in 1988 and incorporated in 1990 in the state of Wisconsin to combat malnutrition among children living in poverty in Mexico and other underdeveloped countries.

How to Help:

Individuals and organizations that are interested in learning more about Leaf Nutrient, Inc. please contact: For general information: Noé Alfaro, MD, President Leaf Nutrient, Inc. naalfaro@prodigy.net.mx For information concerning the extraction and production of alfalfa juice concentrate: Lance Crombie, Ph.D., Vice President Leaf Nutrient, Inc. lancecrombie@msn.com

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Leopold Center for Sustainable Agriculture

Contact Information:

Contact Name: Ms. Laura Miller
Office Address: 209 Curtiss Hall – Iowa State University / Ames, IA 50011
Phone: 515-294-3711
Email: lwmill@iastate.edu
Website: www.leopold.iastate.edu
County: Activities Statewide, Story
Type of Work: Educational/School

Description:

The **Leopold Center for Sustainable Agriculture** is a research and education center on the campus of Iowa State University created to identify and reduce negative environmental and social impacts of farming and develop new ways to farm profitably while conserving natural resources. The Center's work is focused in these initiatives - [ecological systems research](#), [marketing and food systems research](#), [policy research](#) and [cross-cutting research](#) that bridges all areas (water, energy, soil and alternative farming systems).

The Leopold Center supports projects in a variety of areas that enhance sustainability for all Iowa agriculture. They supported the [Food Access and Health Work Group](#) for several years after it began operation in Iowa.

The Leopold Center's [Competitive Grants Program](#) is open to all Iowa educational and non-profit organizations. Each year, the Center selects new research and demonstration projects to fund. A Request for Pre-proposals (RFP) is issued in June of each year for funding in the next calendar year.

Many of the grants funded by the Leopold Center focus on the science of sustainability and applied research and demonstration projects. However, education and outreach is an important component of sharing knowledge and technology, so sometimes grants result in resources that can be used in the classroom. The Leopold Center posts these resources on [their website](#).

How to Help:

Individuals and organizations who are interested in participating in or partnering with the Leopold Center's programs should contact them directly for more information. Organizations interested in funding through the Leopold Center's Competitive Grants Program can find out more [online](#).

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Linn Grove and Bloomfield United Methodist Churches

Contact Information:

Contact Name: Rev. Cindy Hickman
Office Address: N/A
Phone: N/A
Email: pastorcindy@mchsi.com
Website: N/A
County: Polk
Type of Work: Faith Based

Description:

Linn Grove United Methodist Church has supported their local school's hot lunch program by providing financial assistance families to who fall behind in their payments for school lunches. Many students receive free and reduced lunch through federal funding, but there are others who "fall through the cracks" when families got through difficult financial times. Each month they provide support for these families. During the summer when school was not in session and children are not receiving the food they receive during the school year, Linn Grove United Methodist Church provided bags of food each week for five families.

Bloomfield United Methodist Church has an on-going food drive. The foods gathered are taken to Bidwell Riverside, the only food pantry on the south side of Des Moines.

How to Help:

Interested Iowans should contact Rev. Cindy Hickman to find out how to match their talents with the church's programs.

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Lohrville Food Pantry

Contact Information:

Contact Name: Ms. Ruth Stephenson
Office Address: 304 Ash Street (Alley Entrance) / Lohrville, IA 51453
Phone: 712-465-5090
Email: ruthstephenso@yahoo.com
Website: www.facebook.com/pages/Lohrville-Food-Pantry/269638803230934
County:
Type of Work:

Description:

Lohrville Food Pantry provides food to the needy in the Lohrville and surrounding area. In addition, Lohrville Mass Gardens grows fresh produce for needy. More information about both projects is [on Facebook](#).

How to Help:

Individuals can support the work of Lohrville Food Pantry by bringing donations to the site, dropping in-kind donations off at participating area churches, or sending monetary donations to P.O. Box 163 Lohrville, Iowa 51453. Individuals and organizations are also encouraged to contact Lohrville Food Pantry directly to explore additional ways to work together.

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Lunch Break

Contact Information:

Contact Name: Rev. Tammy Cain
Office Address: 4225 67th Street / Urbandale, IA 50322
Phone: 515-778-6916
Email: lunchbreakdsm@gmail.com
Website: http://lunchbreakdsm.org
County: Polk
Type of Work: Community Based, Meal Site

Description:

Lunch Break is a mobile children's summer lunch program which takes sack lunches to an apartment complex or park closest to the children.

How to Help:

Lunch Break is always looking for volunteers and donations during the summer. Visit [their website](http://lunchbreakdsm.org) to see what is most needed and for volunteer sign-up.

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Lutheran Services in Iowa – Refugee Community Services Program

Contact Information:

Contact Name: Ms. Hilary Burbank
Office Address: 3116 University Avenue / Des Moines, IA 50312
Phone: 515-271-7315
Email: hilary.burbank@lsiowa.org
Website: <http://lsiowa.org/index.php/services/refugee>
County: Dallas, Polk
Type of Work: Community Based, Faith Based

Description:

Lutheran Services in Iowa's Refugee Community Services Program provides extended support services to refugees in the Des Moines area. Typically, newly arrived refugees in the U.S. receive only 90 days of formal support, making it difficult to adequately address the vast language and cultural barriers that often await them. The Refugee Community Services Program at Lutheran Services in Iowa (LSI) helps meet refugees' ongoing needs through English as a Second Language classes, [intensive work readiness classes](#), [elder services](#), [community gardening](#) and [capacity building initiatives](#) with local service providers and community representatives. More information about refugee services is available through contacting Ms. Hillary Burbank at hilary.burbank@lsiowa.org or Mr. Zachary Couture at zachary.couture@lsiowa.org.

How to Help:

Iowans can [support](#) the Refugee Community Services Program through in-kind donations, financial donations, or by volunteering as an English as a Second Language tutor or with the urban agriculture program. Corporate volunteers can also help with the intensive work readiness classes through providing guest speakers, conducting practice interviews, or hosting a 2 hour tour and job readiness class for refugees at their place of business. Individuals and corporations interested in learning more about volunteering should contact Nick Wuertz at 515.271.7443 or nicholas.wuertz@LSIowa.org.

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Lutheran World Relief

Contact Information:

Contact Name: Ms. Vicky Whetstone
Office Address: 400 Light Street / Baltimore, MD, 21230
Phone: 800-597-5972
Email: lwr@lwr.org
Website: www.lwr.org
County: Activities Statewide
Type of Work: Faith Based, International

Description:

Lutheran World Relief works to improve the lives of smallholder farmers and people experiencing poverty in Africa, Asia and Latin America, both in times of emergencies and for the long term. With the financial support of U.S. Lutherans and other donors, LWR strengthens communities through programs in agriculture, climate, and emergency support. LWR works with partners, supporters and technical assistance providers to achieve lasting results.

How to Help:

There are many ways to join Lutheran World Relief in its mission to end poverty, injustice and human suffering around the world. Learn more about making a gift, assembling LWR Quilts and Kits and purchasing Fair Trade Coffee and Chocolate on their website: lwr.org/getinvolved or by contacting Vicky Whetstone, engagement associate, at 410-230-2800.

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Maid-Rite Corporation

Contact Information:

Contact Name: Ms. Tania Burt
Office Address: 6750 Westown Pkwy., #200-380 / West Des Moines, IA 50266
Phone: 515-276-5448
Email: maidrite@maid-rite.com
Website: www.maid-rite.com
County: Activities Statewide, Polk
Type of Work: Corporate

Description:

The mission of **Maid-Rite Corporation** is to provide well-prepared nutritious meals, made from the freshest ingredients, at a fair price, and in a timely manner. Their customers are their number one priority and they emphasize the importance of giving back to the communities in which they are a part.

Maid-Rite Corporation's recent community initiatives include a partnership with the [Boys and Girls Club of Central Iowa](#) to conduct a winter clothing and food drive, during which Maid-Rite donated 5% of the revenue from the purchases of customers who brought a food or clothing item to the drive, and a partnership with [Carver Elementary School](#), [ISU Community Design Lab](#), the Boys and Girls Club, and others to launch a school garden in an economically challenged neighborhood of Des Moines.

How to Help:

Individuals and organizations that are interested in partnering with Maid-Rite Corporation should contact the Maid-Rite [franchise in their community](#).

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Manning CROP Hunger Walk

Contact Information:

Contact Name: Ms. Angie Loomis
Office Address: Manning
Phone: 712-655-3971
Email: N/A
Website: N/A
County: Carroll
Type of Work: Community Based, Faith Based, International

Description:

The **Manning CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Manning CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Angie Loomis at 712-655-3971 or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Many Hands for Haiti

Contact Information:

Contact Name: Mr. Tim Brand
Office Address: 709 Main Street / Pella, IA 50219
Phone: 641-629-1243
Email: tbrand@mh4h.org
Website: www.mh4h.org
County: Marion
Type of Work: International

Description:

Many Hands for Haiti runs feeding programs established primarily in the rural area of Pignon. They feed through established organizations, such as schools, hospitals, and churches. They prefer to purchase food locally, as it stimulates economic development and rewards local farmers and business people. They also partner with [Convoy of Hope](#), [Meals from the Heartland](#), and [Outreach, Inc.](#), to provide free, prepackaged meals from the United States.

In 2013, they fed over 400,000 meals in Haiti and expect to provide even more over the 2014 year. In September 2013, Many Hands for Haiti started a new program called Thrive for 5 which provides meals 5 days a week to over 130 children ages zero-five, along with other developmental strategies. Many Hands for Haiti's feeding programs are funded entirely through private donations at this point.

How to Help:

Many Hands for Haiti sends teams to Haiti once or twice a month from all over the United States, but a large base of their teams come from Iowa. Most groups that go do a community feeding through the hospital, church, or school in the area. Iowans who want to help distribute the food to the actual end-users can go on a trip.

Many Hands for Haiti also works in cooperation with Meals from the Heartland and Outreach, Inc for packing events. Also, many people support feeding programs through [donations](#). More information is available on their [Facebook page](#).

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Maquoketa CROP Hunger Walk

Contact Information:

Contact Name: Ms. Judy Heinrich
Office Address: Maquoketa
Phone: 563-652-6777
Email: judy@flmaq.org
Website: N/A
County: Jackson
Type of Work: Community Based, Faith Based, International

Description:

The **Maquoketa CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Maquoketa CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Judy Heinrich at judy@flmaq.org or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Maquoketa High School

Contact Information:

Contact Name: Ms. Melinda Orris
Office Address: 600 Washington Street / Maquoketa, IA 52060
Phone: 563-652-2451
Email: morris@maquoketa.k12.ia.us
Website: N/A
County: Jackson
Type of Work: Educational/School

Description:

Students and educators at **Maquoketa High School** work to alleviate hunger through educational and service-learning projects.

For example, high school and middle school students and teachers worked together to host a school-wide World Hunger Service Day at Maquoketa Middle School in 2013 and 2014. The students packaged 3750 meals to help alleviate hunger through Kids vs. Hunger.

How to Help:

Iowans are encouraged to contact Mrs. Melinda Orris for more information and to explore opportunities to work together.

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Maquoketa Valley High School

Contact Information:

Contact Name: Ms. Dawn Mausser
Office Address: 107 South Street / Delhi, IA 52223
Phone: 563-922-2091
Email: dawnmausser@maquoketa-v.k12.ia.us
Website: www.maquoketa-v.k12.ia.us/highschoolmain.html
County: Delaware
Type of Work: Educational/School

Description:

Students and teachers at **Maquoketa Valley High School** are working to raise awareness of and help reduce hunger. Recently, the Leadership in Ag class managed a school-wide campaign: "Solving Hunger Starts at Home", to draw attention to the problem of food waste and encourage students to reduce the amount of food they throw away.

How to Help:

Iowans who are interested in learning more or collaboration should contact Ms. Dawn Mausser.

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Marion County – Knoxville CROP Hunger Walk

Contact Information:

Contact Name: Pat Finan
Office Address: Knoxville
Phone: 641-842-5267
Email: pfinan@coc.org
Website: N/A
County: Marion
Type of Work: Community Based, Faith Based, International

Description:

The **Marion County - Knoxville CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Marion County - Knoxville CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Pat Finan at pfinan@coc.org or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Marshalltown CROP Hunger Walk

Contact Information:

Contact Name: Mr. Gregg Davison
Office Address: Marshalltown
Phone: 641-753-7769
Email: gdavison@tlc-elca.org
Website: N/A
County: Marshall
Type of Work: Community Based, Faith Based, International

Description:

The **Marshalltown CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Marshalltown CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Gregg Davison at gdavison@tlc-elca.org or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Mary's Meals

Contact Information:

Contact Name: Ms. Kaitlyn Flynn
Office Address: 590 Bloomfield Avenue, Unit 280 / Bloomfield, NJ 07003
Phone: 800-385-4983
Email: info@marysmealsusa.org
Website: www.marysmealsusa.org
County: Activities Statewide
Type of Work: Advocacy, International

Description:

Mary's Meals provides daily meals to chronically hungry children in a place of learning. In this way the hungry child is attracted to the classroom where they can gain a better future for themselves and their community. The main focus of Mary's Meals is their [school feeding program](#) but they also have a long history of [providing emergency relief](#) to vulnerable regions around the world. They occasionally [provide residential care](#) for children when funds allow and when this complements their school feeding program.

Mary's Meals grew out of a response to the Bosnian conflict in the early 1990s. Many of the people who work for Mary's Meals are motivated by their religious faith, but Mary's Meals is not a faith-based organization, and people of every and no creed find common ground in the humanitarian focus of Mary's Meals.

Iowans support the mission of Mary's Meals through fundraisers including dodge ball tournaments, walk/run events, school activities, and more. Iowa Volunteer Leader Ellen Miller travels to approximately three k-12 schools each month to facilitate hands-on activities and presentations on hunger and poverty around the world.

How to Help:

Individuals, organizations, and faith communities can support the work of Mary's Meals by [making a donation](#) or [volunteering](#). Volunteers spread awareness, [raise funds](#), and [offer prayer support](#). Larger groups and organizations can also [sponsor a school](#).

Contact their Iowa-based organizer, Ellen Miller at ecosmo@mchsi.com for local volunteer opportunities or to schedule a presentation at your school or church group.

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Maurice CROP Hunger Walk

Contact Information:

Contact Name: Ms. LaDonna DeVries
Office Address: Maurice
Phone: 712-441-4229
Email: ladonnadevries@gmail.com
Website: N/A
County: Sioux
Type of Work: Community Based, Faith Based, International

Description:

The **Maurice CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Maurice CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact LaDonna DeVries at ladonnadevries@gmail.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Maxwell Local Food Pantry

Contact Information:

Contact Name: Ms. Karen Plunkett
Office Address: 221 Main Street / Maxwell, IA 50161
Phone: 515-387-8505
Email: kjplunkett@hotmail.com
Website: N/A
County: Story
Type of Work: Food Pantry

Description:

The **Maxwell Local Food Pantry** is located in the basement of the Presbyterian Church on main street in Maxwell. It is open the third Tuesday of every month from 6:00-7:00 p.m. Volunteers from the churches are in charge of the food pantry. Monetary and food donations are given by many organizations and people from the communities. The Local Food Pantry is open to anyone living in the Maxwell and Collins communities.

How to Help:

The Local Food Pantry in Maxwell welcomes support through food drives and monetary gifts. To find out more information or make a donation, contact Ms. Karen Plunkett at 515-387-8505 or kjplunkett@hotmail.com. More information is available [online](#).

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Meals from the Heartland

Contact Information:

Contact Name: Mr. Dave Bradley
Office Address: 357 Lincoln Street / West Des Moines, IA, 50265
Phone: 515-473-9530
Email: dave.bradley@mealsfromtheheartland.org
Website: www.mealsfromtheheartland.org
County: Activities Statewide, Dallas, Polk
Type of Work: Community Based, International

Description:

Meals from the Heartland is a non-profit organization that engages volunteers to package meals for delivery to alleviate hunger in Iowa, the United States, and around the world. Meals from the Heartland organizes [Hunger Fights](#) throughout the year in partnership with organizations and communities across Iowa, as well as at its new packaging center in West Des Moines. Their [Annual Hunger Fight](#), held every August at Hy-Vee Hall, is the largest event of its kind in the country.

How to Help:

Individuals and organizations can support the work of Meals from the Heartland through donations, sponsoring the raw materials, volunteering for the Annual Hunger Fight or scheduling a Mobile Hunger Fight. Spreading the word!

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MEANS Database

Contact Information:

Contact Name: Mr. Grant Nelson
Office Address: N/A
Phone: N/A
Email: hello@meansdatabase.com
Website: www.meansdatabase.com
County: Activities Statewide
Type of Work: Community Based

Description:

The **MEANS Database** (Matching Excess And Needs for Stability) is designed to help food shelves communicate with each other and significantly decrease food waste. MEANS simplifies the process of matching surplus donations to unmet needs by allowing pantries to post their excess or needs on this website, which will then be matched up against other area pantries' data.

How to Help:

For more information about [MEANS Database](#), visit their website or their Facebook page at: <http://www.facebook.com/MEANS.Database>

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Mediapolis FRB Growing Project

Contact Information:

Contact Name: Mr. Paul Beckman
Office Address: 11714 Stony Hollow Road / Sperry, IA 52650
Phone: 319-985-2527
Email: pbeckman@mepotelco.net
Website: N/A
County: Des Moines
Type of Work: Community Based, Faith Based, International

Description:

The **Mediapolis FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Mediapolis Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Mediapolis area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinator Mr. Paul Beckman to become involved with the Mediapolis FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

Meskwaki Food Sovereignty Initiative

Contact Information:

Contact Name: Ms. Laura Kleiman
Office Address: 349 Meskwaki Road / Tama, IA 52339
Phone: 641-484-4678
Email: lfc.econdev@meskwaki-nsn.gov
Website: www.meskwaki.org/local%20foods.html
County: Tama
Type of Work: Community Based, Educational/School, Government Agency

Description:

The **Meskwaki Food Sovereignty Initiative** (MFSI) is the umbrella name for all the local and traditional foods initiatives on the Settlement. The main focuses are on education and outreach around food system control and the development of sustainable local farms and farmers.

Work done under the MFSI includes the [Red Earth Gardens](#), the Community Garden and [Grower's Cooperative](#), and work by AmeriCorps VISTA volunteers on a Senior Garden, [Meskwaki Settlement School Garden](#), and cooking and gardening workshops.

How to Help:

Individuals and organizations interested in working with the MFSI should call their office at 641-484-4678 ext. 2249 or email [Ms. Jennifer Vazquez](#) or [Ms. Laura Kleiman](#).

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Mid Lee CROP Hunger Walk

Contact Information:

Contact Name: Ms. Nancy Eads
Office Address: N/A
Phone: 319-835-5741
Email: uccdonnellson@windstream.net
Website: N/A
County: Lee
Type of Work: Community Based, Faith Based, Food Pantry

Description:

The **Mid Lee CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Mid Lee CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Nancy Eads at uccdonnellson@windstream.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Mid-Iowa Community Action – Hardin County Office

Contact Information:

Contact Name: Mrs. Stacy Mulford
Office Address: 637 S. Oak Street / Iowa Falls, IA 50126
Phone: 641-648-5036
Email: N/A
Website: www.micaonline.org
County: Hardin
Type of Work: Community Based, Food Pantry

Description:

Mid-Iowa Community Action, Inc. (MICA) is a private, nonprofit organization serving children and families in central Iowa. MICA supports children and families affected by poverty through [education](#), [food assistance](#), and a variety of other programs.

MICA's programs include: Early Head Start, Head Start, Women, Infants, and Children (WIC), Maternal and Child Health, Weatherization, Energy Assistance, and Family Development. MICA primarily serves families in Hardin, Marshall, Poweshiek, Story, and Tama counties.

How to Help:

Iowans can support the work of MICA through [volunteering](#) or [donations](#). There are always volunteer opportunities to help children learn and grow in their Head Start classrooms and to aid families and individuals at our local food pantries. MICA hosts several events during the course of a year to help low-income families that could not be possible without the time and effort of many caring individuals.

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Mid-Iowa Community Action – Poweshiek County Office

Contact Information:

Contact Name: Ms. Danielle Wonderly
Office Address: 611 4th Avenue / Grinnell, IA 50112
Phone: 641-236-3923
Email: danielle.wonderly@micaonline.org
Website: www.micaonline.org
County: Poweshiek
Type of Work: Community Based, Food Pantry

Description:

Mid-Iowa Community Action, Inc. (MICA) is a private, nonprofit organization serving children and families in central Iowa. MICA supports children and families affected by poverty through [education](#), [food assistance](#), and a variety of other programs.

MICA's programs include: Early Head Start, Head Start, Women, Infants, and Children (WIC), Maternal and Child Health, Weatherization, Energy Assistance, and Family Development. MICA primarily serves families in Hardin, Marshall, Poweshiek, Story, and Tama counties.

How to Help:

Iowans can support the work of MICA through [volunteering](#) or [donations](#). There are always volunteer opportunities to help children learn and grow in their Head Start classrooms and to aid families and individuals at our local food pantries. MICA hosts several events during the course of a year to help low-income families that could not be possible without the time and effort of many caring individuals.

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Mid-Iowa Community Action – Story County Office

Contact Information:

Contact Name: Ms. Sunny Thompson
Office Address: 226 SE 16th Street / Ames, IA 50010
Phone: 515-956-3333
Email: sunny.thompson@micaonline.org
Website: www.micaonline.org
County: Story
Type of Work: Community Based, Food Pantry

Description:

Mid-Iowa Community Action, Inc. (MICA) is a private, nonprofit organization serving children and families in central Iowa. MICA supports children and families affected by poverty through [education](#), [food assistance](#), and a variety of other programs.

MICA's programs include: Early Head Start, Head Start, Women, Infants, and Children (WIC), Maternal and Child Health, Weatherization, Energy Assistance, and Family Development. MICA primarily serves families in Hardin, Marshall, Poweshiek, Story, and Tama counties.

How to Help:

Iowans can support the work of MICA through [volunteering](#) or [donations](#). There are always volunteer opportunities to help children learn and grow in their Head Start classrooms and to aid families and individuals at our local food pantries. MICA hosts several events during the course of a year to help low-income families that could not be possible without the time and effort of many caring individuals.

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Mid-Sioux Opportunity, Inc.

Contact Information:

Contact Name: Mr. Dick Sievers
Office Address: 418 S. Marion St. / Remsen, IA 51050
Phone: 712-786-2001
Email: dsievers@midsioux.org
Website: www.midsioux.org
County: Cherokee, Ida, Lyon, Plymouth, Sioux
Type of Work: Community Based, Food Pantry

Description:

Mid-Sioux Opportunity, Inc. is a not-for-profit Community Action Agency established in 1965 to fight poverty at a local level by assisting low-income families in Northwest Iowa to become self-sufficient. Mid-Sioux manages [14 federal, state, and local programs](#) that are designed to help families and children grow through educational, health, and financial assistance.

Their [Emergency Food Pantry](#) program operates out of their Cherokee and Sioux Center [Outreach Offices](#). A three-day supply of food is provided to families who are out of food and money. Through their [Food for Life](#) program, families in need can also receive packages of frozen meat that are donated by local livestock producers.

Mid-Sioux also provides [WIC services](#) in Northwest Iowa. WIC (Women, Infants, & Children) is a supplemental nutrition program for babies, children under the age of 5, pregnant women, breastfeeding women, and women who have had a baby in the last 6 months. WIC helps families by providing healthy foods, nutrition education, and referrals to other health care agencies.

How to Help:

Iowans can [support](#) the mission of Mid-Sioux Opportunity through monetary contributions, donations of food, and volunteer hours.

Their Emergency Food Pantry and Food for Life programs operate entirely on community support. Iowans who are interested in donating to the food pantry should contact their [local Mid-Sioux Outreach Office](#).

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Midas Project Feed More

Contact Information:

Contact Name: Mr. Russ Gibson
Office Address: Central Iowa
Phone: 515-778-0253
Email: russgibson@midasase.com
Website: www.midas.com/desmoines/area.aspx?dmanum=260
County: Polk, Story
Type of Work: Corporate

Description:

Midas Project Feed More: "Putting the Brakes on Hunger" is a partnership between the [Food Bank of Iowa](#) and Central Iowa Midas locations to help families struggling with hunger. Participating Midas locations include:

Ames - 113 Lincoln Way
Clive - 1690 NW 86th Street
Des Moines - 2201 E. Euclid Avenue
Des Moines - 2010 Ingersoll Avenue
Des Moines - 5618 Douglas Avenue
Des Moines - 6500 SE 14th Street

How to Help:

Iowans can contribute to Project Feed More while having their oil changed at participating Midas locations. Midas will donate \$1 to the Food Bank of Iowa for every regular-priced oil change performed. Additionally, nonperishable and/or monetary donations to the Food Bank of Iowa may be dropped off at participating Central Iowa Midas locations.

For more information on the Project Feed More partnership, contact Christina Zink, communications specialist with the Food Bank of Iowa at 515-564-0330 or czink@foodbankiowa.org.

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Midland Middle-High School

Contact Information:

Contact Name: Ms. Jamie Christiansen
Office Address: 109 Green Street / Wyoming, IA 52362
Phone: 563-488-2292
Email: jchristiansen@midland.k12.ia.us
Website: www.midland.k12.ia.us/default.asp
County: Jones
Type of Work: Educational/School

Description:

Students and educators at **Midland Middle-High School** work to alleviate hunger through educational and service-learning projects.

For example, sixth through twelfth graders recently participated in a school-wide World Hunger Day, organized by a team of ten high school students. Students packaged 10,000 meals in partnership with [Outreach, Inc](#) to fight hunger in Tanzania, delivered canned foods to their local food pantry, and participated in educational activities including an [Oxfam America](#) Hunger Banquet.

How to Help:

Iowans are encouraged to contact Ms. Jamie Christiansen for more information and to explore opportunities to work together.

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Midwest Dairy Council

Contact Information:

Contact Name: Ms. Erin Thole
Office Address: 101 NE Trilein / Ankeny, IA 50021
Phone: 515-965-4625
Email: N/A
Website: www.midwestdairy.com
County: Activities Statewide, Polk
Type of Work: Community Based, Corporate

Description:

The Midwest Dairy Council, an affiliate of National Dairy Council, is the nutrition education division of Midwest Dairy Association. The Council is dedicated to dairy nutrition research and education through the investment of more than 9,100 dairy farm families across 10 Midwestern states, and is committed to child health and wellness through their collaborative program, [Fuel Up to Play 60](#).

Fuel Up to Play 60 is a school wellness program, which encourages youth to choose nutrient-rich foods first and get out and play at least 60 minutes each day. It has helped to make wellness part of the game plan in more than 73,000 schools across the county, including more than 12,000 schools in the Midwest. The Midwest Dairy Council has a variety of programs to help school and youth-led efforts to improve access to nutritious foods.

Through its affiliation with the National Dairy Council, the Midwest Dairy Council supports the work of the Feeding America food banking network. In 2012, the National Dairy Council, Feeding America, and the Academy of Nutrition and Dietetics formed the [Future of Food partnership](#) to increase the availability of nutritious, safe and affordable foods across the country by through innovative efforts to help alleviate hunger. Their \$10,000 nutrition initiative grants support nutrition education and increased access to dairy products and other in-demand nutrient-rich foods.

The Midwest Dairy Council also participates in the [U.S. Dairy Sustainability Commitment](#), which involves ongoing research and education efforts to meet humanity's demand for safe and nutritious dairy products while conserving natural resources and making positive contributions to the economic, environmental and social good.

How to Help:

Iowans can work with the Midwest Dairy Council to improve access to nutritious foods by joining their Fuel Up to Play 60 campaign. There are resources for [students](#), [educators](#), and [members of the community](#) to become involved. [Contact](#) the Midwest Dairy Council for more information or to explore additional opportunities for collaboration.

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Miles Preston FRB Growing Project

Contact Information:

Contact Name: Ms. Ellen Secor
Office Address: 7932 258th Avenue / Spragueville, IA 52074
Phone: 563-242-7914
Email: ellen.secor@iowa.gov
Website: N/A
County: Jackson
Type of Work: Community Based, Faith Based, International

Description:

The **Miles Preston FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Miles Preston Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Preston area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinator Ms. Anne Secor, to become involved with the Miles Preston FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

Milestones Area Agency on Aging

Contact Information:

Contact Name: Ms. Joan Nydle
Office Address: 623 Pennsylvania Avenue / Ottumwa, IA 52501
Phone: 855-410-6222
Email: jnydle@milestonesaaa.org
Website: www.genage.org
County: Appanoose, Clinton, Davis, Des Moines, Henry, Jefferson, Keokuk, Lee, Louisa, Lucas, Mahaska, Monroe, Muscatine, Scott, Van Buren, Wapello, Wayne
Type of Work: Food Pantry, Meal Site

Description:

Milestones Area Agencies on Aging offers senior meals at [over 60 meal sites](#) located in their 10 county area. Anyone over 60 years of age receives their meal on a contribution basis, while people under 60 can purchase their meals at a nominal cost. This also includes home delivered meals. Milestones Area Agencies on Aging also has a variety of [other programs](#) to support Iowans through the aging process.

How to Help:

The Milestones Area Agencies on Aging is in need of volunteers to support their meal programs, from delivering meals to kitchen work. People can also contact the Milestones Area Agencies on Aging to ask about opportunities to serve as advocates for the elderly and for the work of Area Agencies on Aging. More information is available [online](#).

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Monsanto Company

Contact Information:

Contact Name: Dr. Frederick Perlak
Office Address: 800 N Lindbergh Blvd. / St. Louis, MO 63167
Phone: 314-694-1000
Email: N/A
Website: www.monsanto.com
County: Activities Statewide
Type of Work: Corporate

Description:

Monsanto Company delivers agricultural products that support farmers all around the world. As an agriculture company with deep roots in rural America, Monsanto is committed to do their part in [fighting rural hunger](#) in America through partnerships and philanthropy.

Monsanto employees fight rural hunger as part of a [coordinated volunteer effort](#) called MonsantoTogether, through which Monsanto employees also earn donations for qualified non-profit organizations where they volunteer for a minimum of 20 hours.

Monsanto works in partnership with farmers, students and others in rural communities to end hunger through the [America's Farmers Food Drive](#), [America's Farmers Grow Communities](#), [Invest an Acre](#), and [support](#) for the National FFA Organization's hunger initiative Feeding Our World - Starting at Home.

In addition to their work in rural America, Monsanto also works to improve the lives of people around the world through the [Monsanto Fund](#), the philanthropic arm of the Monsanto Company.

How to Help:

Through the [Invest an Acre](#) program, farmers can donate an acre or more of their crop to food banks through the local ADM elevators, and Monsanto will match farmer donations, dollar for dollar. Feeding America distributes the farmer donations and the Monsanto monetary match to participating food banks.

Farmers and organizations in rural communities can partner with the Monsanto Fund to fight hunger through their [America's Farmers Grow Communities](#) program. Farmers can visit GrowCommunities.com [to enroll](#). Organizations and community members can suggest their project by [planting their idea](#).

Nonprofit organizations in communities where Monsanto works are encouraged to reach out to their local Monsanto Site contacts to explore possible areas of collaboration, including [employee volunteerism](#) and [US Site Grants](#).

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The Iowa Hunger Directory

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Monticello Community Food Pantry

Contact Information:

Contact Name: Rev. Al Polito
Office Address: P.O. Box 62 / Monticello, IA 52310
Phone: 319-465-3393
Email: al.polito@gmail.com
Website: N/A
County: Jones
Type of Work: Faith Based, Food Pantry

Description:

The **Monticello Community Food Pantry** is operated by the Monticello Minister's Association for families in the school district. It is staffed by volunteers through the churches and is supported by individuals, service groups, churches and others.

How to Help:

The most important need at this time is financial support. Donations can be mailed to: MMA, P.O. Box 62; Monticello, Iowa 52310. All donations go to meet the needs of the hungry that live within the Monticello School District.

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The Iowa Hunger Directory

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Monticello CROP Hunger Walk

Contact Information:

Contact Name: Mr. Eugene Schipper
Office Address: Monticello
Phone: 319-462-2388
Email: geneschipper@yahoo.com
Website: N/A
County: Jones
Type of Work: Community Based, Faith Based, International

Description:

The **Monticello CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Monticello CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Eugene Schipper at geneschipper@yahoo.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Monticello FRB Growing Project

Contact Information:

Contact Name: Rev. Ellery Dykeman
Office Address: 15471 County Road E17 / Monticello, IA 52310
Phone: 319-465-4834
Email: pastorellery@gmail.com
Website: N/A
County: Jones
Type of Work: Community Based, Faith Based, International

Description:

The **Monticello FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Monticello Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Monticello area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinator Rev. Ellery Dykeman, to become involved with the Monticello FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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The Iowa Hunger Directory

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Morsel Combat

Contact Information:

Contact Name: Mrs. Chrystal Tamillo
Office Address: 1707 High Street / Des Moines, IA 50309
Phone: 515-777-7076
Email: ctamillo@flemingssteakhouse.com
Website: www.morselcombat.org
County: Polk
Type of Work: Community Based

Description:

Morsel Combat collaborates with community leaders in creating local and global awareness of the impact of hunger by bringing together culinary experts, community stakeholders and philanthropic leaders through fun sustainable experiences. Morsel Combat features a community cook off that features samples of delicious creations crafted by central Iowa's top chefs in a friendly, healthy competition. Unlike most food competitions, Morsel Combat chefs, are required to create a meal that is 650 calories or less and 20 grams of fat or less.

How to Help:

Morsel Combat is interested in working with Iowa communities inspired to make a positive change. Communities that are interested in hosting a Morsel Combat event should contact them at morselcombat@gmail.com.

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The Iowa Hunger Directory

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Mount Ayr CROP Hunger Walk

Contact Information:

Contact Name: Rev. Chris Conklin
Office Address: Mount Ayr
Phone: 641-234-0360
Email: pastorchriskonklin@gmail.com
Website: N/A
County: Ringgold
Type of Work: Community Based, Faith Based, International

Description:

The **Mount Ayr CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Mount Ayr CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Rev. Chris Conklin at pastorchriskonklin@gmail.com or 641-234-0360 or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Mount Pleasant FRB Growing Project

Contact Information:

Contact Name: Ms. Loren Beachy
Office Address: 1742 Franklin Avenue / Mount Pleasant, IA 52641
Phone: 319-986-2229
Email: N/A
Website: N/A
County: Henry
Type of Work: Community Based, Faith Based, International

Description:

The **Mount Pleasant FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Mount Pleasant Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Mount Pleasant area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinator Ms. Loren Beachy, to become involved with the Mount Pleasant FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

The Iowa Hunger Directory

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Mount Vernon – Lisbon CROP Hunger Walk

Contact Information:

Contact Name: Ms. Cyndi Strong
Office Address: N/A
Phone: 319-895-6506
Email: cdsmas2@msn.com
Website: N/A
County: Linn
Type of Work: Community Based, Faith Based, International

Description:

The **Mount Vernon - Lisbon CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Mount Vernon - Lisbon CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Cyndi Strong at cdsmas2@msn.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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Mount Vernon High School

Contact Information:

Contact Name: Ms. Heather Allen
Office Address: 731 Palisades Road SW / Mount Vernon, IA 52314
Phone: 319-895-8843
Email: hallen@mountvernon.k12.ia.us
Website: www.mountvernon.k12.ia.us/high-school.html
County: Jones
Type of Work: Educational/School

Description:

Students and educators at **Mount Vernon High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mrs. Heather Allen for more information and to explore opportunities to work together.

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The Iowa Hunger Directory

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Muscatine CROP Hunger Walk

Contact Information:

Contact Name: Ms. Judy Brotherton
Office Address: Muscatine
Phone: 563-264-5372
Email: judyb@machlink.com
Website: N/A
County: Muscatine
Type of Work: Community Based, Faith Based, International

Description:

The **Muscatine CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Muscatine CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Judy Brotherton at judyb@machlink.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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National Center for Appropriate Technology's Midwest Regional Office

Contact Information:

Contact Name: Ms. Ann Robinson
Office Address: 206 6th Avenue, Suite 1101 / Des Moines, IA 50309
Phone: 479-587-3474
Email: annr@ncat.org
Website: www.ncat.org/midwest
County: Activities Statewide, Polk
Type of Work: Advocacy, Community Based, Educational/School

Description:

The **National Center for Appropriate Technology's Midwest Regional Office** (NCAT) helps people by championing small-scale, local and sustainable solutions to reduce poverty, promote healthy communities and protect natural resources. NCAT sponsors the [National Sustainable Agriculture Information Service](#), known as ATTRA, a source of practical low-cost information on topics related to NCAT's mission. [NCAT Midwest](#) is the state host for FoodCorps' five service sites in Iowa and is a Midwest leader in the National Farm to School Network. In addition to supporting farm to school efforts, programs here include providing expertise on sustainable poultry production.

How to Help:

Iowans can support NCAT's work in Iowa and the Midwest with an [online donation](#), by [subscribing](#) to NCAT's free Weekly Harvest newsletter, or by volunteering at a nearby school garden.

NCAT also encourages Iowans to support a farm to school chapter in their local community school or help start a chapter if you don't have one. Find out more about Iowa Farm to School chapters through the [IDALS Farm to School Program](#).

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The Iowa Hunger Directory

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National Soybean Research Laboratory

Contact Information:

Contact Name: Ms. Melinda Anderson
Office Address: 170 NSRC, 1101 W. Peabody Drive / Urbana, IL 61801
Phone: 217-244-7384
Email: melindaa@illinois.edu
Website: www.nsrl.illinois.edu
County: Activities Statewide
Type of Work: Government Agency, International

Description:

The **National Soybean Research Laboratory** (NSRL) is headquartered at the University of Illinois in Urbana-Champaign. NSRL is involved in soybean research, outreach and education efforts from production to consumption. NSRL works to develop alliances both domestically and internationally with industry stakeholders to find soy solutions to minimize malnutrition, increase yield, open new markets and engage with those who are developing innovative processing and utilization technology with the ultimate goal to expand the scope and size of the U.S. soybean industry and improve the profitability of U.S. soybean farmers.

How to Help:

Organizations may engage with NSRL on local, state, national and international programs and projects through participation, collaboration and contribution. Organizations have purchased SoyCow machines for orphanages in Guatemala, VitaGoats for villages in Zimbabwe and nutritional education materials that can be used in classrooms around the world. NSRL's work spans the globe and focuses on incorporating soy into the diets of those who can benefit from the addition of a complete protein.

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The Iowa Hunger Directory

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Nazareth Lutheran Church Food & Essentials Pantry

Contact Information:

Contact Name: Ms. Deb Rhoades
Office Address: 7401 University Avenue / Cedar Falls, IA 50613
Phone: 319-266-7589
Email: deb.rhoades@naz.org
Website: www.naz.org
County: Black Hawk
Type of Work: Faith Based, Food Pantry

Description:

Nazareth Lutheran Church Food & Essentials Pantry works with Love in the Name of Christ of the Cedar Valley ([Love INC](#)) to provide food and essentials (hygiene & cleaning supplies) to people in the Cedar Valley who qualify and make appointments through Love INC.

How to Help:

Love INC needs more volunteers to do intakes over the phone. Interested individuals should contact them at 319 266-1264.

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The Iowa Hunger Directory

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Neighbors Around the World FRB Growing Project

Contact Information:

Contact Name: Mr. & Mrs. Lowell and Julie Sanford
Office Address: 3231 Highway D65 / Dysart, IA 52224
Phone: 319-476-5099
Email: lowellsa@fctc.coop
Website: N/A
County: Tama
Type of Work: Community Based, Faith Based, International

Description:

The **Neighbors Around the World FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Neighbors Around the World FRB Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Dysart area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinators Mr. & Mrs. Lowell and Julie Sanford to become involved with the Neighbors Around the World FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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The Iowa Hunger Directory

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Nevada CROP Hunger Walk

Contact Information:

Contact Name: Ms. Nancy Sheridan
Office Address: Nevada
Phone: 515-231-7878
Email: sheridna@yahoo.com
Website: N/A
County: Story
Type of Work: Community Based, Faith Based, International

Description:

The **Nevada CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Nevada CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Nancy Sheridan at sheridna@yahoo.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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New Hampton CROP Hunger Walk

Contact Information:

Contact Name: Ms. Eloise Hines
Office Address: New Hampton
Phone: 641-394-6048
Email: N/A
Website: N/A
County: Chickasaw
Type of Work: Community Based, Faith Based, International

Description:

The **New Hampton CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the New Hampton CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Ms. Eloise Hines at 641-394-6048 or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

SPONSORED BY THE WORLD FOOD PRIZE FOUNDATION

New Hampton High School

Contact Information:

Contact Name: Mr. Jim Russ
Office Address: 710 West Main Street / New Hampton, IA 50659
Phone: 641-394-2144
Email: j_russ@new-hampton.k12.ia.us
Website: www.new-hampton.k12.ia.us
County: Chickasaw
Type of Work: Educational/School

Description:

Students and educators at **New Hampton High School** work to alleviate hunger through educational and service-learning projects.

For example, FFA and National Honor Society members packaged 20,000 meals to help alleviate hunger in 2013. In 2015, they are hosting a hunger banquet, for the student body, and donating money to a local food pantry.

How to Help:

Iowans are encouraged to donate to a local food pantry, or to contact Mr. James Russ for more information and to explore opportunities to work together.

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The Iowa Hunger Directory

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New Opportunities – Perry Area Food Pantry

Contact Information:

Contact Name: Ms. Karen Ventura
Office Address: 2814 1st Avenue / Perry, IA 50220
Phone: 515-465-5185
Email: kventura@newopp.org
Website: www.newopp.org
County: Dallas
Type of Work: Community Based, Food Pantry

Description:

New Opportunities alleviates hunger through its food pantry, mobile food pantry, and SHARE programs. In an emergency situation where there is a shortage of food individuals and families may go to the [Family Development Center](#) at 2814 1st Street, Perry, IA (inside Crossroads Church). The staff will then provide a food package according to the number of people in the household. The food pantry can only be accessed every 90 days, per household per emergency situation. There is no charge for the food pantry, but they do require proof of address and income. The Dallas County food pantry serves Perry, Dawson, Bouton, Woodward and Minburn.

New Opportunities is partnering with the [Food Bank of Iowa](#) for their [Mobile Food Pantries](#). The mobile pantries distribute fresh produce, protein, and non-perishable items and build awareness of the need of food assistance in the community. 2014 dates include: May 3rd, July 5th, September 6th & November 1st.

Through the [SHARE program](#), individuals can purchase food at discounted prices in exchange for two hours of volunteering. This applies to anyone, no matter an individual's income level.

How to Help:

Iowans can support New Opportunities' work through [volunteering](#) and by providing monetary donations for their various programs. People can also show their support by liking [New Opportunities' Facebook page](#).

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The Iowa Hunger Directory

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Newell-Fonda High School

Contact Information:

Contact Name: Mrs. Crystal Nieland
Office Address: 205 South Clark Street / Newell, IA 50568
Phone: 712-272-3324
Email: nielandc@newell-fonda.k12.ia.us
Website: www.newell-fonda.k12.ia.us/pages/Newell-Fonda
County: Buena Vista
Type of Work: Educational/School

Description:

Students and educators at **Newell-Fonda High School** work to alleviate hunger through educational and service-learning projects.

For example, in 2013 students organized a meal packaging drive to help alleviate hunger in partnership with [Meals From The Heartland](#).

How to Help:

Iowans are encouraged to contact Mrs. Crystal Nieland for more information and to explore opportunities to work together.

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The Iowa Hunger Directory

SPONSORED BY THE WORLD FOOD PRIZE FOUNDATION

Newton High School

Contact Information:

Contact Name: Mr. Bill Reed
Office Address: 800 E. 4th Street S. / Newton, IA 50208
Phone: 641-792-5797
Email: reedb@newton.k12.ia.us
Website: www.newton.k12.ia.us/nhs_home.aspx
County: Jasper
Type of Work: Educational/School

Description:

Students and educators at **Newton High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mr. Bill Reed for more information and to explore opportunities to work together.

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The Iowa Hunger Directory

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Norman Borlaug Heritage Foundation

Contact Information:

Contact Name: Ms. Barb Schwamman
Office Address: PO Box 403 / Cresco, IA 52136
Phone: 563-457-3434
Email: nbhf@normanborlaug.org
Website: www.normanborlaug.org
County: Howard
Type of Work: Community Based, Educational/School

Description:

The **Norman Borlaug Heritage Foundation** is a non-profit corporation with an all-volunteer board dedicated to the preservation of the Birthplace and Boyhood home of Dr. Norman E. Borlaug (1914-2009), where he established his values and work ethic.

The Norman Borlaug Heritage Foundation is committed to preserving the boyhood farm and promoting Dr. Borlaug's lifetime achievements and philosophy by welcoming a diversity of local, national, and international visitors to the farm, through education programs such as the Fall and Spring Inspire Education Days and the Education Residency Program, and by hosting agricultural, environmental and humanitarian events on the Borlaug farmstead.

How to Help:

The Foundation board has set the long term endowment goal at \$7,000,000. Interest earned on this goal would fund a full-time Borlaug Education Residency Program, Borlaug Farm Preservation and Maintenance Program in perpetuity.

The work of the Foundation is made possible by the dedication of hundreds of volunteers. Volunteers are needed with a passion for yard work, guiding tours, accounting, law, graphic design, web design and social media, or public relations.

Iowans are encouraged to contact the Norman Borlaug Heritage Foundation directly to schedule a tour or for more information about donating money or time.

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The Iowa Hunger Directory

SPONSORED BY THE WORLD FOOD PRIZE FOUNDATION

North Iowa Community Action Organization

Contact Information:

Contact Name: Ms. Barbara Kellogg
Office Address: 218 5th Street SW / PO Box 1627 / Mason City, IA 50402
Phone: 641-423-1858
Email: admin@nicao-online.org
Website: www.nicao-online.org
County: Butler, Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Winnebago, Worth
Type of Work: Community Based, Food Pantry

Description:

The **North Iowa Community Action Organization** (NICA) works to better focus available local, state, private, and federal resources to assist low-income individuals and families acquire useful skills and knowledge, gain access to new opportunities and achieve economic self-sufficiency.

NICA maintains [office locations](#) and Head Start classrooms in 9 North Central Iowa counties. At each location, County Outreach Specialists provide information and referral services as well as access to emergency financial assistance for basic necessities including food, shelter, and utilities.

NICA also implements the [Family Development and Self-Sufficiency](#) (FaDSS) program in their service area. The Family Development and Self-Sufficiency program is a voluntary home visitation program that uses a strength-based approach to provide core services such as family support and goal setting. Family support is provided through referrals, linking families to community supports and advocacy. Participation in FaDSS is a voluntary option for people receiving Family Investment Program benefits.

A full description of NICA's programming is available [online](#).

How to Help:

Iowans can [support the work](#) of NICA through volunteering or donations. Charitable donations made to NICA are always needed and may have a tax benefit to the donor. Please contact Barbara Kellogg at 641-423-8993 for more information about donations, suggestions, and needs, or with questions.

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North Liberty Community Pantry

Contact Information:

Contact Name: Ms. Tina DuBois
Office Address: 89 North Jones Boulevard / North Liberty, IA 52317
Phone: 319-626-2711
Email: nlpantry@gmail.com
Website: www.northlibertycommunitypantry.org
County: Johnson
Type of Work: Food Pantry

Description:

The **North Liberty Community Pantry** provides emergency food and clothing assistance. Food and clothing services are available to families in North Liberty and other small towns in Johnson County. Families are able to seek out food services as often as once per week. The NLCP encourages families to choose the food items they need with few limits. Services provided in a client-choice method leads to less waste and a respectful environment. Food services provided to families assist them in meeting their needs so they can divert funding towards maintaining their household rather than purchasing food.

How to Help:

Iowans can [volunteer](#) or [donate](#) to help to feed local individuals and families. More information is available on their [website](#) and [Facebook page](#).

The Iowa Hunger Directory

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Northeast Iowa Area Agency on Aging

Contact Information:

Contact Name: Ms. Sally Myers
Office Address: 2101 Kimball Avenue, Suite 320 / Waterloo, IA 50702
Phone: 319-272-2244
Email: smyers@nei3a.org
Website: www.nei3a.org
County: Allamakee, Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Clayton, Delaware, Dubuque, Fayette, Grundy, Hardin, Howard, Jackson, Marshall, Poweshiek, Tama, Winneshiek
Type of Work: Government Agency

Description:

The **Northeast Iowa Area Agency on Aging** connects older adults, caregivers and persons with disabilities to the services they need to remain independent. As part of this mission, they [serve meals](#) to older adults and provide them with food boxes and bags provided by the food bank.

How to Help:

Iowans can help support the work of the Northeast Iowa Area Agency on Aging by making a donation to their food box/bag program or signing up to volunteer. People who are interested in making a donation or becoming volunteers should call 877-538-0508 or [request information](#) through their website.

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The Iowa Hunger Directory

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Northeast Iowa Food & Farm Coalition

Contact Information:

Contact Name: Ms. Teresa Wiemerslage
Office Address: 21 Allamakee Street / Waukon, IA 52172
Phone: 563-794-0599
Email: wiemer@iastate.edu
Website: www.iowafreshfood.com
County: Allamakee, Chickasaw, Clayton, Fayette, Howard, Winneshiek
Type of Work: Community Based

Description:

Most farmers' market mission statements include the notion of increasing the consumption of healthy local foods. The **Northeast Iowa Food & Farm Coalition** also believes that all people should have access to good food – even those with limited ability to pay for that food. A [creative coupon program](#) is making sure that both goals can be achieved in three northeast Iowa communities.

How to Help:

The Northeast Iowa Farmers Market Coupon program is funded by donations. There are currently 3 market partners: Waukon, Riceville and New Hampton. Iowans can support this work with an [online donation](#), or contact them directly to explore other ways to get involved.

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The Iowa Hunger Directory

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Northeast Iowa Food and Fitness Initiative

Contact Information:

Contact Name: Ms. Ann Mansfield
Office Address: c/o Winneshiek County Extension, 325 Washington Street / Decorah, IA 52101
Phone: 563-382-2949
Email: mansan01@luther.edu
Website: www.iowafoodandfitness.org
County: Allamakee, Chickasaw, Clayton, Fayette, Howard, Winneshiek
Type of Work: Community Based

Description:

The **Northeast Iowa Food and Fitness Initiative** is made up of [people working together](#) to create vibrant communities where the healthy choice is the easy choice. The healthy choice means that every day all people in NE Iowa have [access to healthy, locally grown foods](#) and abundant [opportunities for physical activity and play](#). Food and fitness is important because no matter where we are, the places where we live, learn, work and play affect our health and quality of life.

How to Help:

Iowans can [become involved](#) in the NE Iowa Food and Fitness initiative by [subscribing to their newsletter](#), attending a training, volunteering in their community, or [making a donation](#).

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The Iowa Hunger Directory

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Northeast Iowa Food Bank

Contact Information:

Contact Name: Ms. Barbara Prather
Office Address: 1605 Lafayette Street / Waterloo, IA 50703
Phone: 319-235-0507
Email: bprather@feedingamerica.org
Website: www.northeastiowafoodbank.org
County: Allamakee, Black Hawk, Bremer, Buchanan, Butler, Chickasaw, Clinton, Delaware, Fayette, Floyd, Grundy, Howard, Mitchell, Poweshiek, Tama, Winneshiek
Type of Work: Food Bank

Description

The **Northeast Iowa Food Bank** provides nutritious food and grocery products to nonprofit organizations and individuals in Northeast Iowa, while offering hunger education programs to the community and those in need. The Northeast Iowa Food Bank works with approximately 200 member organizations to distribute food throughout 16 counties.

How to Help

The Northeast Iowa Food Bank welcomes support through donations of funds, food, and volunteering. Every dollar donated to the food bank is leveraged to provide \$11.91 worth of food to Iowans in need.

Those interested in providing monetary support should contact Mr. Mike Lind at mlind@feedingamerica.org.

Food donations are also welcome, and are received by Ms. Sheri Huber-Otting: shuber-otting@feedingamerica.org.

There are also many opportunities for volunteers to support the work of the Northeast Iowa Food Bank. These include volunteering at the food bank itself and helping with community outreach events such as food drives. Those interested in volunteering should contact Mr. Patrick Bird at pbird@feedingamerica.org or visit their [volunteer page](#).

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Norwalk CROP Hunger Walk

Contact Information:

Contact Name: Mr. David Lester
Office Address: Norwalk
Phone: 515-681-4929
Email: dlester@citystatebank.com
Website: N/A
County: Warren
Type of Work: Community Based, Faith Based, International

Description:

The **Norwalk CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Norwalk CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact David Lester at dlester@citystatebank.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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NW Gladbrook CROP Hunger Walk

Contact Information:

Contact Name: Mr. Robert Doner
Office Address: N/A
Phone: 641-473-2802
Email: N/A
Website: N/A
County: Tama
Type of Work: Community Based, Faith Based, International

Description:

The **NW Gladbrook CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the NW Gladbrook CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Mr. Robert Doner at 641-473-2802 or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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O'Brien County Outreach

Contact Information:

Contact Name: Ms. Annette Eckert
Office Address: 140 2nd Street SE / Primghar, IA 51245
Phone: 712-957-1023
Email: aeckert@udmo.com
Website: www.udmo.com/O'Brien.htm
County: O'Brien
Type of Work: Community Based, Food Pantry

Description:

The **O'Brien County Outreach Center** builds stronger communities by addressing the effects of poverty on individuals and families in O'Brien County. Their programs and services include weatherization assistance and supplemental help for winter heating bills, a partnership with Elderbridge Agency on Aging to assist eligible applicants age 60 and over with chores, an emergency food pantry and food shelf to assist eligible families with food, and client advocacy and referral services. They also provide an [online directory](#) of resources in O'Brien County.

The O'Brien County Outreach Center is affiliated with Upper Des Moines Opportunity, Inc.

How to Help:

Iowans can [support the work](#) of the O'Brien County Outreach Center by volunteering, raising awareness, and making in-kind or monetary donations. Volunteer opportunities include advocacy, direct interaction with families, support for special events and projects, and working alongside staff at the food pantry. Iowans are encouraged to contact them directly for more information about volunteering and donations, or to invite a representative of the center to visit their church or community group.

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Oelwein FFA Chapter

Contact Information:

Contact Name: Mr. Dan Doeing
Office Address: 315 8th Avenue SE / Oelwein, IA 50662
Phone: 319-283-2731
Email: ddoeing@oelwein.k12.ia.us
Website: www.oelwein.k12.ia.us/OelweinHigh.cmf?subpage=321779
County: Fayette
Type of Work: Educational/School

Description:

Students and educators with the **Oelwein FFA Chapter** work to alleviate hunger through educational and service-learning projects. The Oelwein FFA Chapter plans to become involved with the Norman Borlaug Heritage Foundation through educational/service-oriented lessons, and by sharing the knowledge of his legacy and impact he left on the world, which began in Northeast Iowa.

How to Help:

Iowans are encouraged to contact Mr. Dan Doeing at ddoeing@oelwein.k12.ia.us or Mr. Michael Haden at mhaden@oelwein.k12.ia.us for more information and to explore opportunities to work together.

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Office of Congressman Dave Loebsack

Contact Information:

Phone: 1-866-914-IOWA
Website: <http://loeb sack.house.gov/>
County: Appanoose, Cedar, Clarke, Clinton, Davis, Decatur, Des Moines, Henry, Jasper, Jefferson, Johnson, Keokuk, Lee, Louisa, Lucas, Mahaska, Marion, Monroe, Muscatine, Scott, Van Buren, Wapello, Washington, Wayne
Type of Work: Government Agency

A message from the Congressman:

If you have questions, concerns or need help working with a federal agency, my staff and I are here to assist you.

Congressman Dave Loebsack
1527 Longworth House Office Building
Washington, DC 20515
Phone: 202-225-6576
Fax: 202-226-0757

Congressman Dave Loebsack
209 West 4th Street #104
Davenport, IA 52801
Phone: 563-323-5988
Fax: 563-323-5231

Congressman Dave Loebsack
125 South Dubuque Street
Iowa City, IA 52240
Phone: 319-381-0789
Fax: 319-351-5789

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The Iowa Hunger Directory

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Office of Congressman David Young – Iowa's 3rd Congressional District

Des Moines Office

601 East Locust Street, Suite 204
Des Moines, Iowa 50309
Phone: (515) 282-1909

Council Bluffs Office

501 5th Avenue
Council Bluffs, Iowa 51503
Phone: (712) 325-1404

Creston Office

208 West Taylor Street
Creston, Iowa 50801
Phone: (641) 782-2495

Washington, DC Office (Now Open)

515 Cannon House Office Building
Washington, DC 20515
Phone: (202) 225-5476

Web: DavidYoung.House.Gov

Facebook/Twitter: [@RepDavidYoung](https://www.facebook.com/RepDavidYoung)

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The Iowa Hunger Directory

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Office of Congressman Steve King

Contact Information:

Phone: 202-225-4426
Website: <http://steveking.house.gov>
County: Audubon, Boone, Buena Vista, Butler, Calhoun, Cerro Gordo, Cherokee, Chickasaw, Clay, Crawford, Dickinson, Emmet, Floyd, Franklin, Greene, Grundy, Hamilton, Hancock, Hardin, Harrison, Humboldt, Ida, Kossuth, Louisa, Lyon, Monona, O'Brien, Osceola, Palo Alto, Plymouth, Pocahontas, Sac, Shelby, Sioux, Story, Webster, Winnebago, Woodbury, Wright
Type of Work: Government Agency

A message from the Congressman:

Please do not hesitate to contact me to share your position on any federal issue of importance to you. Also, please know members of my staff are available to provide help with a number of services. Thank you for taking the time to contact me and I look forward to hearing from you soon.

Congressman Steve King
2210 Rayburn Office Building
Washington, DC 20515
Phone: 202.225.4426
Fax: 202.225.3193

Congressman Steve King
723 Central Avenue
Fort Dodge, Iowa 50501
Phone: 515.573.2738
Fax: 515.576.7141

Congressman Steve King
1421 S Bell Avenue
Suite 102
Ames, Iowa 50010
Phone: 515.232.2885
Fax: 515.232.2844

Congressman Steve King
202 1st Street SE
Suite 126
Mason City, Iowa 50401
Phone: 641.201.1624
Fax: 641.201.1523

Congressman Steve King
526 Nebraska Street
Sioux City, IA 51101
Phone: 712.224.4692
Fax: 712.224.4693

Congressman Steve King
306 Grand Avenue, P.O. Box 650
Spencer, IA 51301
Phone: 712.580.7754
Fax: 712.580.3354

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The Iowa Hunger Directory

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Office of Des Moines Mayor Franklin Cownie

Contact Information:

Contact Name: Ms. Amanda Romer
Office Address: 400 Robert D Ray Drive / Des Moines, IA 50309
Phone: 515-283-4054
Email: amromer@dmgov.org
Website: www.dmgov.org
County: Polk
Type of Work: Government Agency

Description:

Des Moines Mayor Franklin Cownie works with his fellow council members for continued sustainable growth in the city of Des Moines that will have long-term benefits to the community; advocating improvement in the quality of development in both residential and commercial sectors. Mayor Cownie is a strong supporter of hunger relief in Des Moines and is also gaining national recognition through his leadership roles with the U.S. Conference of Mayors. He is a member of the [U.S. Conference of Mayors](#) Advisory Board and is a Co-Chair of the Hunger and Homelessness Task Force.

How to Help:

Individuals and groups are encouraged to [help end hunger and homelessness in Des Moines](#) through the [Des Moines Community Action Agency](#). Use the form on the City of Des Moines website to [request an appearance](#) by Mayor Cownie at an event.

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The Iowa Hunger Directory

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Office of Senator Chuck Grassley

Phone: 202-224-3744
Website: www.grassley.senate.gov
County: Statewide
Type of Work: Government Agency

Contact Information:

Office of Senator Chuck Grassley - Cedar Rapids
111 7th Avenue SE, Box 13
Suite 6800
Cedar Rapids, IA 52401
Phone: (319) 363-6832
Fax: (319) 363-7179

Office of Senator Chuck Grassley - Council Bluffs
307 Federal Building
8 South 6th Street
Council Bluffs, IA 51501
Phone: (712) 322-7103
Fax: (712) 322-7196

Office of Senator Chuck Grassley - Davenport
201 West 2nd Street, Suite 720
Davenport, IA 52801
Phone: (563) 322-4331
Fax: (563) 322-8552

Office of Senator Chuck Grassley - Des Moines
721 Federal Building
210 Walnut Street
Des Moines, IA 50309
Phone: (515) 288-1145
Fax: (515) 288-5097

Office of Senator Chuck Grassley - Sioux City
120 Federal Building
320 6th Street
Sioux City, IA 51101
Phone: (712) 233-1860
Fax: (712) 233-1634

Office of Senator Chuck Grassley - Waterloo
210 Waterloo Building
531 Commercial Street
Waterloo, IA 50701
Phone: (319) 232-6657
Fax: (319) 232-9965

Office of Senator Chuck Grassley - Washington, D.C.
135 Hart Senate Office Building
Washington, D.C. 20510
Phone: (202) 224-3744
Fax: (202) 224-6020

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Office of the Governor of Iowa

Contact Information:

Contact Name: Mr. Josh Wilson
Office Address: 1007 East Grand Avenue / Des Moines, IA 50319
Phone: 515-281-5211
Email: josh.wilson@iowa.gov
Website: <http://governor.iowa.org>
County: Activities Statewide, Polk
Type of Work: Government Agency

Description:

The **Office of the Governor of Iowa** is a major contributor to the [Food Bank of Iowa](#). The office oversees the food bank drives of all state agencies. In 2012 they raised close to \$4,000 from the Governor's office alone. A large portion of this came from the Governor's Food Bank Silent Auction, which included memorabilia from all State Universities and many other excellent items. When one includes all State Agencies that number climbs to more than \$80,000. The Governor is a huge advocate for the Food Bank and would encourage all Iowans to donate to their local chapter!

How to Help:

Iowans should call the Governor's office at 515-281-5211 to inquire about volunteer opportunities. The Governor's office also encourages Iowans to be in direct contact with their [local food banks](#) to support local efforts to end hunger.

The Iowa Hunger Directory

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Ogden CROP Hunger Walk

Contact Information:

Contact Name: Ms. Sharon Alban
Office Address: Ogden
Phone: 515-275-2413
Email: gsalban@netins.net
Website: N/A
County: Boone
Type of Work: Community Based, Faith Based, International

Description:

The **Ogden CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Ogden CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Sharon Alban at gsalban@netins.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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Ogden High School

Contact Information:

Contact Name: Mr. John Fuller
Office Address: 732 West Division Street / Ogden, IA 50212
Phone: 515-275-4034
Email: john.fuller@ogdenschools.org
Website: www.ogdenschools.org
County: Boone
Type of Work: Educational/School

Description:

Students and educators at **Ogden High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mr. John Fuller for more information and to explore opportunities to work together.

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The Iowa Hunger Directory

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One Acre Fund

Contact Information:

Contact Name: Ms. Jenny Best
Office Address: N/A
Phone: N/A
Email: N/A
Website: www.oneacrefund.org
County: Activities Statewide
Type of Work: Community Based, International

Description:

One Acre Fund works with smallholder farmers in East Africa to become significantly more productive and so that they can grow their way out of hunger and poverty. They provide a complete set of services within walking distance of the farmers they serve. The service bundle includes distribution of seed and fertilizer, financing for farm inputs, training on agricultural techniques, and market facilitation to maximize profits from harvest sales.

One Acre Fund began in East Africa and currently serves farmers in Kenya, Rwanda, Burundi and Tanzania. Ninety-six percent of their field staff are local African nationals who live and work among the farmers they serve. In addition to supporting smallholder farmers, One Acre Fund helps their staff build meaningful and fulfilling careers through their leadership development program.

How to Help:

Iowans can support the work of One Acre Fund through [individual donations](#) or by [joining Chapters](#). One Acre Fund Chapters are comprised of people who have made a long-term volunteer commitment to promoting One Acre Fund within their networks and communities. The Chapters organize annual fundraising events, introduce staff to potential corporate, foundation and individual supporters and act as representatives for One Acre Fund within their area.

Iowans are encouraged to contact One Acre Fund staff [online](#) for more information or to become involved.

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The Iowa Hunger Directory

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ONE Campaign

Contact Information:

Contact Name: Ms. Samantha Meyer
Office Address: Washington, DC
Phone: 202-495-2763
Email: Samantha.Meyer@one.org
Website: www.one.org
County: Activities Statewide
Type of Work: Advocacy, International

Description:

The **ONE Campaign** is a grassroots advocacy and campaigning organization that fights extreme poverty and preventable disease, particularly in Africa, by raising public awareness and pressuring political leaders to support smart and effective policies and programs that are saving lives, helping to put kids in school and improving futures. Cofounded by Bono and other campaigners, ONE is nonpartisan and works closely with African activists and policy makers. Backed by a movement of more than 3 million ONE members, ONE achieves change through advocacy.

How to Help:

Iowans can support the work of the ONE campaign by volunteering to join in their grassroots advocacy efforts. Volunteers can become as involved as they'd like, ranging from signing an online petition, to volunteering to raise awareness at a concert or other event, to joining ONE as a core volunteer who mobilizes others in the community to volunteer with ONE. Fill out their [online contact form](#) to become involved.

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OPX International

Contact Information:

Contact Name: Mr. Eric Idehen
Office Address: 4414 63rd Street / Urbandale, IA 50322
Phone: 515-661-4163
Email: eric@opxinternational.com
Website: www.opxinternational.com
County: Polk
Type of Work: Corporate, International

Description:

OPX International works to improve the welfare of others through business and trade that provides affordable housing and human development. They have offices in Iowa and Nigeria. Their services include construction (residential, commercial, road etc), real estate (commercial and residential), consulting, and international trade. The real estate and construction lines of business provide affordable housing for low and moderate income families. OPX International operates a customer or client friendly culture with great cultural understanding.

How to Help:

Iowans who are interested in working with OPX International should contact them directly.

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The Iowa Hunger Directory

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Orient-Macksburg High School

Contact Information:

Contact Name: Ms. McKenzie Wallace
Office Address: PO Box 129 / Orient, IA 50858
Phone: 641-337-5061
Email: mckenzie.wallace@o-mschools.org
Website: www.o-mschools.org
County: Boone
Type of Work: Educational/School

Description:

Students and educators at **Orient-Macksburg High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Ms. McKenzie Wallace for more information and to explore opportunities to work together.

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The Iowa Hunger Directory

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Osage CROP Hunger Walk

Contact Information:

Contact Name: Mr. Dean Pohren
Office Address: Osage
Phone: 641-732-3206
Email: westie@osage.net
Website: N/A
County: Mitchell
Type of Work: Community Based, Faith Based, International

Description:

The **Osage CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Osage CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Dean Pohren at westie@osage.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Osceola County Outreach

Contact Information:

Contact Name: Ms. Annette Eckert
Office Address: 1672 Northwest Blvd. / Sibley, IA 51249
Phone: 712-754-2573
Email: aeckert@udmo.com
Website: www.udmo.com/Osceola.htm
County: Osceola
Type of Work: Community Based, Food Pantry

Description:

The **Osceola County Outreach Center** builds stronger communities by addressing the effects of poverty on individuals and families in Osceola County. Their programs and services include weatherization assistance and supplemental help for winter heating bills, a partnership with Elderbridge Agency on Aging to assist eligible applicants age 60 and over with chores, an emergency food pantry and food shelf to assist eligible families with food, and client advocacy and referral services. They also provide an [online directory](#) of resources in Osceola County.

The Osceola County Outreach Center is affiliated with Upper Des Moines Opportunity, Inc.

How to Help:

Iowans can [support the work](#) of the Osceola County Outreach Center by volunteering, raising awareness, and making in-kind or monetary donations. Volunteer opportunities include advocacy, direct interaction with families, support for special events and projects, and working alongside staff at the food pantry. Iowans are encouraged to contact them directly for more information about volunteering and donations, or to invite a representative of the center to visit their church or community group.

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Oskaloosa CROP Hunger Walk

Contact Information:

Contact Name: Mr. Andy Baker
Office Address: Oskaloosa
Phone: 712-490-5217
Email: centraloutreach@gmail.com
Website: N/A
County: Mahaska
Type of Work: Community Based, Faith Based, International

Description:

The **Oskaloosa CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Oskaloosa CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Andy Baker at centraloutreach@gmail.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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Ottumwa CROP Walk

Contact Information:

Contact Name: Mr. Rick McFarland
Office Address: Ottumwa, IA
Phone: N/A
Email: mcfar@hotmail.com
Website: www.cropwalk.org
County: Wapello
Type of Work: Community Based, Faith Based, International

Description:

The **Ottumwa CROP Hunger Walk** highlights hunger as an important issue locally, nationally, and globally. It is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. People donate money (25% of which is donated locally to the local Ecumenical Lord's Cupboard), canned goods and non-perishable items. The walk itself is a visible sign of support and concern for hunger in Ottumwa and the world.

How to Help:

Iowans can support the Ottumwa CROP Walk through donating money and time to help directly through donations and indirectly by raising awareness of hunger. For more information, contact Rick McFarlan at rmcfar@hotmail.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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Our Savior's Lutheran Food & Pet Food Pantry

Contact Information:

Contact Name: Mr. Josh Weesner
Office Address: 313 Story Street / Council Bluffs, IA 51503
Phone: 712-322-6655
Email: foodpantry@oursaviorscb.org
Website: www.oursaviorscb.org
County: Pottawattamie
Type of Work: Faith Based, Food Pantry

Description:

Our Savior's Lutheran Food & Pet Food Pantry provides food to the hungry and their pets in Council Bluffs and Pottawattamie County. The Food Pantry is open Thursdays 11:00AM - 3:00PM, by appointment only. To make an appointment, call 712-322-6655 from 9:30AM - 11:00AM that day.

How to Help:

Iowans can support this work by donating to local food pantries and food banks whenever possible, or contacting Our Savior's Lutheran Food & Pet Food Pantry directly for more information about specific needs.

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The Iowa Hunger Directory

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Outreach, Inc.

Contact Information:

Contact Name: N/A
Office Address: 301 Center Street, P.O. Box 361 / Union, IA 50258
Phone: 641-486-2550
Email: office@outreachprogram.org
Website: www.outreachprogram.org
County: Activities Statewide, Dallas, Hardin, Polk
Type of Work: Community Based, International

Description:

Outreach, Inc. and its packaging associates have packaged over 262 million meals since inception in 2004. All food packaged is given free of charge to local food banks or shipped free of charge to disaster relief organizations worldwide. Outreach, Inc operates out of a headquarters in Union (301 Center, Union, IA 50258) and an office and warehouse in Des Moines (7401 S HWY 69, Des Moines, IA 50320).

How to Help:

Outreach, Inc. schedules community-packaging events in cities across Iowa. Outreach transports all the ingredients, equipment, and know-how to the community to package meals. [Volunteers are needed](#) to organize groups within communities, churches, and service organizations to provide the labor to package the meals.

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The Iowa Hunger Directory

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Oxfam America

Contact Information:

Contact Name: Mr. Brian Rawson
Office Address: 226 Causeway Street, 5th Floor / Boston, MA 02114
Phone: 617-728-2480
Email: brawson@oxfamamerica.org
Website: www.oxfamamerica.org
County: Polk
Type of Work: Advocacy, International

Description:

Oxfam America supports communities in 90 countries around the world to implement their own solutions to problems of poverty in their communities. Oxfam America complements this work with education efforts that provide Americans with information about global hunger and opportunities to make a difference through advocating for policies that help poor people around the world.

How to Help:

The [Iowa Oxfam Action Corps](#) is a group of volunteers based in Des Moines that supports projects to feed hungry people locally while advocating for policies that will feed people on a global scale. For more information on the Oxfam Action Corps program, visit www.oxfamactioncorps.org. Many college campuses have active [Oxfam clubs](#), and students can apply to become grassroots leaders through the Oxfam [CHANGE program](#).

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The Iowa Hunger Directory

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Palo Alto County Outreach

Contact Information:

Contact Name: Ms. Cinda Joynt
Office Address: 2905 25th Street / Emmetsburg, IA 50536
Phone: 712-852-3482
Email: cjoynt@udmo.com
Website: www.udmo.com/PaloAlto.htm
County: Palo Alto
Type of Work: Community Based, Food Pantry

Description:

The **Palo Alto County Outreach Center** builds stronger communities by addressing the effects of poverty on individuals and families in Palo Alto County. Their programs and services include weatherization assistance and supplemental help for winter heating bills, a partnership with Elderbridge Agency on Aging to assist eligible applicants age 60 and over with chores, an emergency food pantry and food shelf to assist eligible families with food, and client advocacy and referral services. They also provide an [online directory](#) of resources in Palo Alto County.

The Palo Alto County Outreach Center is affiliated with Upper Des Moines Opportunity, Inc.

How to Help:

Iowans can [support the work](#) of the Emmet County Outreach Center by volunteering, raising awareness, and making in-kind or monetary donations. Volunteer opportunities include advocacy, direct interaction with families, support for special events and projects, and working alongside staff at the food pantry. Iowans are encouraged to contact them directly for more information about volunteering and donations, or to invite a representative of the center to visit their church or community group.

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Panera Bread of Iowa

Contact Information:

Contact Name: Mr. John Kauffman
Office Address: 1241 Park Place NE, Ste. C / Cedar Rapids, IA 52402
Phone: 319-356-9093
Email: donations@panera-iowa.com
Website: www.panera-iowa.com
County: Activities Statewide
Type of Work: Corporate

Description:

Panera Bread of Iowa operates Panera Bread bakery-cafes throughout Iowa. They [show their appreciation](#) to the communities they serve not only in their bakery-cafes, but also by participating in charitable events, donating to local charities through their Operation Dough-Nation® program, and donating their end of the day bread to local food banks, pantries, and soup kitchens through their Day-End Dough-Nation program.

Panera welcomes the opportunity to support community events, fundraisers and other charitable efforts by [providing in-kind bakery products](#) and/or gift certificates when they are able. They have a special commitment to [supporting Iowa schools](#)' educational and fundraising goals.

Their [Community Breadbox](#) program ensures that cash donations from Panera Bread feedback directly to the community. Each bakery-cafe has a Community Breadbox collection container at each set of registers, encouraging customers to donate to a critical non-profit organization in the community. These cash donations are matched dollar-for-dollar by Panera Bread of Iowa and donated directly to the organization.

How to Help:

Schools and nonprofit organizations may request donations of bakery products or gift certificates [online](#). Local community food banks or organizations that would like more information on how to potentially become involved in their Day-End Dough-Nation programs should contact John Kauffman, Marketing and Public Relations Manager, at jkauffman@panera-iowa.com.

Individuals, who would like to contribute to their efforts to assist local non-profit organizations in the communities they serve, are encouraged to please look for the Community Breadbox collection containers at their neighborhood Panera Bread bakery-cafe.

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PCM Food Pantry

Contact Information:

Contact Name: Rev. Ann Johnson
Office Address: Monroe Presbyterian Church / 115 S Main / Monroe, IA 50170
Phone: 641-330-0441
Email: ann@polkadotann.com
Website: N/A
County: Jasper, Marion
Type of Work: Faith Based, Food Pantry

Description:

The **PCM Food Pantry** is an active food pantry serving the communities in the PCM School District, including Prairie City, Monroe, and Reasnor. The Pantry has 8 hours of distribution times every week. People are welcome to use the Pantry every week.

How to Help:

Area people are incredibly generous with support of money, food items, and other items. Contact Rev. Johnson for more information or to become involved.

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The Iowa Hunger Directory

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PCM High School

Contact Information:

Contact Name: Ms. Nichole Gent
Office Address: 400 E Hwy 163 / Monroe, IA 50170
Phone: 319-330-9257
Email: ngent@pcmonroe.k12.ia.us
Website: N/A
County: Jasper
Type of Work: Educational/School

Description:

Students and educators at **PCM High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Ms. Nichole Gent for more information and to explore opportunities to work together.

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Pella CROP Hunger Walk

Contact Information:

Contact Name: Mr. Larry Happel
Office Address: Pella
Phone: 641-628-5278
Email: happell@central.edu
Website: N/A
County: Marion
Type of Work: Community Based, Faith Based, International

Description:

The **Pella CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Pella CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Larry Happel at happell@central.edu or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Perry CROP Hunger Walk

Contact Information:

Contact Name: Mr. George Eldridge
Office Address: Perry
Phone: 515-419-5130
Email: eldridgegeorge@yahoo.com
Website: N/A
County: Dallas
Type of Work: Community Based, Faith Based, International

Description:

The **Perry CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger. The 2014 Perry CROP Hunger Walk took place at 2:00 p.m. on Sunday, September 21st.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Perry CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact George Eldridge at eldridgegeorge@yahoo.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Perry High School Food Pantry

Contact Information:

Contact Name: Ms. Tammi Valline
Office Address: 1200 18th Street / Perry, IA 50220
Phone: 515-465-8370
Email: tammi.valline@perry.k12.ia.us
Website: www.perry.k12.ia.us
County: Dallas
Type of Work: Educational/School, Food Pantry

Description:

The **Perry High School Food Pantry** is open to high school and middle school students attending school in Perry, and provides them with customized selections of food, personal care products, clothing, and school supplies to take home with them. The school food pantry helps make sure that all students in Perry have access to food outside of school hours.

How to Help:

The Perry High School Food Pantry works closely with the community food pantry in Perry and with others in the community of Perry. Individuals and organizations wishing to learn more or become involved should contact them directly.

The Iowa Hunger Directory

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Phillip's Cupboard

Contact Information:

Contact Name: Mr. Roger Pentico
Office Address: Broadway Methodist Church, 11 S First / Council Bluffs, IA 51503
Phone: 712-323-9507
Email: N/A
Website: N/A
County: Pottawattamie
Type of Work: Community Based

Description:

Phillip's Cupboard provides people in need with essential household items that they cannot acquire with SNAP benefits or food stamps. It is located in the basement of Broadway Methodist church and is open on Mondays and Fridays from 12-2 and on Wednesdays from 4-5:30.

How to Help:

Call Roger Pentico at 712-323-9507 for more information.

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The Iowa Hunger Directory

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Plant a Row for the Hungry in Story County

Contact Information:

Contact Name: Ms. Linda Naeve
Office Address: Reiman Gardens, 1407 University Blvd / Ames, IA 50011
Phone: 515-321-3617
Email: lnaeve@iastate.edu
Website: www.facebook.com/PARStoryCounty
County: Story
Type of Work: Community Based

Description:

At **Plant a Row for the Hungry in Story County**, a small team of volunteers collects nearly 5,000 pounds of produce annually from gardeners, farmers market vendors, and the vegetable garden at Reiman Gardens and distributes it to four local agencies and organizations that feed hungry Iowans.

How to Help:

Iowans can support this effort by volunteering or donating extra garden produce at their collection site at Reiman Gardens in Ames every Monday morning from late June through the end of September. Monetary donations can also be mailed to Reiman Gardens, c/o Story County PAR.

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The Iowa Hunger Directory

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Planting Seeds / Cultivating Dignity FRB Growing Project

Contact Information:

Contact Name: Mr. Dean Friederichs
Office Address: 24520 47th Avenue / Walcott, IA 52773
Phone: 563-529-1572
Email: straightrow@earthlink.net
Website: N/A
County: Muscatine
Type of Work: Community Based, Faith Based, International

Description:

The **Planting Seeds / Cultivating Dignity FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Planting Seeds / Cultivating Dignity FRB Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Walcott area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinators Mr. Dean Friederichs or [Mr. Tom Simmons](#), to become involved with the Planting Seeds / Cultivating Dignity FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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Plymouth Homeless Assistance Team

Contact Information:

Contact Name: Ms. Jane Hemminger
Office Address: 4126 Ingersoll Avenue / Des Moines, IA 50312
Phone: 515-490-6362
Email: janehemminger@gmail.com
Website: www.plymouthchurch.com/connecting-caring/caring/community-engagement/
County: Polk
Type of Work: Faith Based

Description:

The **Plymouth Homeless Assistance Team** (HAT) at Plymouth United church of Christ coordinates meals, goods, and furniture distribution to assist homeless people in Des Moines. Every month, the team assembles 50 sack lunches for [Central Iowa Shelter and Services](#), prepares and cooks 40 breakfast casseroles (delivered by the Salvation Army Canteen), stocks 24 "Youth Bags," which include personal hygiene products, seasonal items (gloves, socks, mosquito repellent) and snacks for the [Iowa Homeless Youth Center](#), and collects donations of pet food to support those in need to care for their pets.

Each year, Plymouth dedicates its Thanksgiving offering to HAT in order to assist in the funding of not only the food and furniture distribution programs, but also for grants designated to approximately nine local agencies, which provide food, shelter, and emergency / transitional housing to adults and children in crisis.

How to Help:

The Plymouth Homeless Assistance Team is always in need of volunteers to support their service ministry. People who are interested in volunteering should contact Jane Hemminger at janehemminger@gmail.com or 515-490-6362, Laurie Dickinson at dickinson.laurie@gmail.com, or Lisa Holderness Brown at lisaholdernessbrown@me.com.

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Pocahontas County Outreach

Contact Information:

Contact Name: Ms. Cinda Joynt
Office Address: 406 NW 7th Street / Pocahontas, IA 50574
Phone: 712-335-3335
Email: cjoynt@udmo.com
Website: www.udmo.com/Pocahontas.htm
County: Pocahontas
Type of Work: Community Based, Food Pantry

Description:

The **Pocahontas County Outreach Center** builds stronger communities by addressing the effects of poverty on individuals and families in Pocahontas County. Their programs and services include weatherization assistance and supplemental help for winter heating bills, a partnership with Elderbridge Agency on Aging to assist eligible applicants age 60 and over with chores, an emergency food pantry and food shelf to assist eligible families with food, and client advocacy and referral services. They also provide an [online directory](#) of resources in Pocahontas County.

The Pocahontas County Outreach Center is affiliated with Upper Des Moines Opportunity, Inc.

How to Help:

Iowans can [support the work](#) of the Pocahontas County Outreach Center by volunteering, raising awareness, and making in-kind or monetary donations. Volunteer opportunities include advocacy, direct interaction with families, support for special events and projects, and working alongside staff at the food pantry. Iowans are encouraged to contact them directly for more information about volunteering and donations, or to invite a representative of the center to visit their church or community group.

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Pocahontas CROP Hunger Walk

Contact Information:

Contact Name: Mr. Jerry Miller
Office Address: Pocahontas
Phone: 712-335-2273
Email: pastorhopeumc@evertek.net
Website: N/A
County: Pocahontas
Type of Work: Community Based, Faith Based, International

Description:

The **Pocahontas CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Pocahontas CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Jerry Miller at pastorhopeumc@evertek.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Polk City United Methodist Church

Contact Information:

Contact Name: Rev. Hugh Stone
Office Address: 1421 W. Broadway Street / Polk City, IA 50226
Phone: 515-984-6274
Email: hugh8@juno.com
Website: www.polkcityumc.org
County: Polk
Type of Work: Faith Based, Meal Site

Description:

The [mission work](#) of Polk City United Methodist Church includes working the fourth Tuesday of every month at the meal site at 701 Grand Avenue in Des Moines. Volunteers from the church serve food to the hungry in downtown Des Moines from 5pm-6pm.

How to Help:

Iowans are encouraged to contact Mai Golbuff at 515-984-9149 for more information about the [Meal Site Servant program](#), or to contact Rev. Stone for more information about the church or its other mission programs

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Polk County River Place Food Pantry

Contact Information:

Contact Name: Ms. Kelly Trave
Office Address: 2309 Euclid Avenue / Des Moines, IA 50310
Phone: 515-286-3434
Email: Kelly.trave@polkcountyiowa.gov
Website: www.polkcountyiowa.gov/cyfs/service/river-place-food-pantry/
County: Polk
Type of Work: Food Pantry, Government Agency

Description:

The **Polk County River Place Food Pantry** is a collaboration between Polk County and the [Des Moines Area Religious Council](#).

Once per calendar month, individuals and families in Polk County can go to the Food Pantry at Polk County River Place (2309 Euclid Avenue) to receive a four-day supply of healthy, nutritional food and other essential non-food items. In an effort to better serve the needs of the population residing near the food pantry, specialty ethnic foods will also be available.

Food is distributed solely to those in need without income being a consideration.

Pantry hours are Monday to Friday from 8:00 a.m. - 5:00 p.m.

How to Help:

The River Place Food Pantry is in need of volunteers. For more information or to volunteer, please contact Kelly Trave at 515-286-3695 or kelly.trave@polkcountyiowa.gov.

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Prairie Rivers of Iowa RC&D

Contact Information:

Contact Name: Mr. Ery Klaas
Office Address: 2402 South Duff Avenue / Ames, IA 50010
Phone: 515-232-0048
Email: prrcd@prrcd.org
Website: www.prrcd.org
County: Boone, Hamilton, Hardin, Marshall, Story, Webster
Type of Work: Community Based

Description:

Prairie Rivers of Iowa RC&D promotes community-based stewardship that will improve the quality of life of citizens, preserve the ecological integrity of the land, and meet the economic aspirations of landowners and communities. They have been serving citizens across Iowa and in Boone, Story, Marshall, Hardin, Hamilton, and Webster Counties since 2001. Their Kate Mitchell Community Garden project works with students at Kate Mitchell elementary school in Ames to teach elementary children about healthy nutrition through a hands-on garden experience, while addressing childhood obesity and food insecurity within low income families in Ames, Iowa.

How to Help:

Iowans can support the work of Prairie Rivers of Iowa RC&D by volunteering at the community garden or contacting staff about other volunteer needs that may arise from time to time.

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Presbytery of Des Moines - Compassion, Peace & Justice Task Force

Contact Information:

Contact Name: Ms. Nancy Lister-Settle
Office Address: 2400 86th Street, Suite 20 / Urbandale, IA 50322
Phone: 515-276-4991
Email: officeinfo@dmpresbytery.org
Website: www.presbyteryofdesmoines.org
County: Adair, Adams, Appanoose, Audubon, Cass, Clarke, Dallas, Davis, Decatur, Guthrie, Jasper, Keokuk, Lucas, Madison, Mahaska, Marion, Monroe, Polk, Poweshiek, Ringgold, Taylor, Union, Wapello, Warren, Wayne
Type of Work: Faith Based

Description:

The Social Ministries Taskforce of the **Presbytery of Des Moines** acts as a hunger action advocate and enabler for over 60 Presbyterian churches in the Central and Southern Iowa. Individual churches are supported in efforts in their communities, including direct food aid, development, advocacy, environmental stewardship, and lifestyle integrity.

How to Help:

Individuals should work through their churches to become involved in the social ministries of the Presbytery of Des Moines.

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Preston CROP Hunger Walk

Contact Information:

Contact Name: Mr. Greg Geier
Office Address: Preston
Phone: 563-689-6107
Email: ggeier@netins.net
Website: N/A
County: Jackson
Type of Work: Community Based, Faith Based, International

Description:

The **Preston CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger. The Preston CROP Hunger Walk is an ecumenical event that includes Lutherans, Catholics, Presbyterians, and Methodists.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Preston CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Greg Geier at ggeier@netins.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Principal Financial Group Foundation, Inc.

Contact Information:

Contact Name: Mr. Andrew Allen
Office Address: Des Moines, IA 50392
Phone: 515-247-7227
Email: allen.andrew@principal.com
Website: www.principal.com/corporate-social-responsibility
County: Black Hawk, Cerro Gordo, Polk, Wapello
Type of Work: Corporate

Description:

Helping people is an important part of the culture at The Principal®. The company, its employees and the **Principal Financial Group Foundation, Inc.**, work together to give back in a variety of ways. Their charitable giving is based on a simple philosophy: by targeting their contributions toward entities that have the greatest impact on their employees and marketers, customers, shareholders and businesses, they are able to make the greatest difference.

Since 2000, The Principal® and the Principal Financial Group Foundation, Inc. have awarded more than \$100 million to nonprofit organizations that are making a difference in the communities where their employees work and live. In Iowa, these include communities in the vicinity of Ottumwa, Mason City, Cedar Falls, and Des Moines. Grants have included a \$25,000 grant to the Northeast Iowa Food Bank's capital campaign to build a larger food bank facility.

Principal is the lead sponsor of the annual [Principal Charity Classic](#), which has donated over \$4 million to children's charities. In 2012 alone, The Principal Charity Classic donated a record \$917,729 to local children's charities, making it the most charitable Champions Tour event in the nation.

How to Help:

Nonprofit organizations in need of support ([financial](#), [in-kind donations](#), [volunteers](#)) in one of the communities in which Principal operates (Ottumwa, Mason City, Cedar Falls, and Des Moines), should request it through their [online form](#).

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Project Concern

Contact Information:

Contact Name: Ms. Megan Martin
Office Address: 1789 Elm Street, Suite B / Dubuque, IA 52001
Phone: 563-588-3980
Email: antihungervista@project-concern.org
Website: http://project-concern.org
County: Delaware, Dubuque, Jackson
Type of Work: Community Based

Description:

Project Concern began in 1968 as a result of a community needs assessment for an agency to fill gaps in services. Since then, services and programs have expanded and focused on assisting homeless and low-income individuals and families, children, senior citizens, people with disabilities, and thousands of men and women in Dubuque, Delaware and Jackson counties.

Project Concern provides food referrals for clients to the local food pantry and to St Vincent De Paul for a food voucher to one of their local grocery stores. They also have an AmeriCorps Anti-Hunger VISTA that is stationed with them on hunger issues. The VISTA coordinates with the local farmers market, local community gardens, the SNAP program, and partners with local agencies to teach healthy eating and nutrition education classes to community residents.

How to Help:

Iowans can support Project Concern's community work through [donations](#) or by [volunteering](#). They operate through community donations and grant funding only, and any support is always welcomed.

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Project IOWA

Contact Information:

Contact Name: Ms. Julie Fugenschuh
Office Address: 1111 9th St. Suite 290 / Des Moines, IA 50314
Phone: 515-280-1502
Email: juliefugenschuh@projectiowa.org
Website: www.projectiowa.org
County: Jasper, Marion, Polk, Story
Type of Work: Community Based

Description:

Project IOWA trains and places individuals who are currently under or unemployed in livable wage careers, allowing them to provide for themselves and their families.

How to Help:

Project IOWA is always looking for businesses that want to partner in offering opportunities for individuals to find careers that pay a livable wage. Financial contributions are always welcome as they continue to grow and build capacity to assist more Iowans.

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Pulaski FRB Growing Project

Contact Information:

Contact Name: Mr. Darrell Zook
Office Address: PO Box 100 / Pulaski, IA 52584
Phone: 641-675-3845
Email: office@pulaskimennonite.org
Website: N/A
County: Davis
Type of Work: Community Based, Faith Based, International

Description:

The **Pulaski FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Pulaski Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Pulaski area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinators Mr. Darrell Zook or Mr. & Mrs. Keith and Gail Amstutz at 641-675-3348, to become involved with the Pulaski FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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Quad Cities CROP Hunger Walk

Contact Information:

Contact Name: Mr. Rick Martin
Office Address: Davenport
Phone: N/A
Email: qccrophungerwalk@gmail.com
Website: N/A
County: Scott
Type of Work: Community Based, Faith Based, International

Description:

The **Quad Cities CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Quad Cities CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Mr. Martin at qccrophungerwalk@gmail.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Reinbeck CROP Hunger Walk

Contact Information:

Contact Name: Ms. Barbara Brandt
Office Address: Reinbeck
Phone: 319-788-6434
Email: reinucc@reinbeck.net
Website: N/A
County: Grundy
Type of Work: Community Based, Faith Based, International

Description:

The **Reinbeck CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Reinbeck CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Barbara Brandt at reinucc@reinbeck.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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RESULTS – Iowa Chapter

Contact Information:

Contact Name: Mr. Jos Linn
Office Address: N/A
Phone: 515-288-3622
Email: jlinn@results.org
Website: www.results.org
County: Linn, Polk
Type of Work: Advocacy, International

Description:

RESULTS is a network of community-based advocacy groups that create long-term solutions to poverty by supporting programs that address its root causes. RESULTS empowers ordinary people to become extraordinary voices for the end of poverty in their communities, the media, and the halls of government. In Iowa, RESULTS members have advocated for policies that support people to work their way out of poverty both in the United States and around the world.

How to Help:

Iowans can support the work of RESULTS by joining a local RESULTS chapter or signing up as an individual activist if there is not a chapter in their area. Interested persons should contact Mr. Jos Linn for more information.

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River Bend Foodbank

Contact Information:

Contact Name: Mr. Michael Miller
Office Address: 4010 Kimmel Drive / Davenport, IA 52802
Phone: 563-345-6490
Email: mmiller@riverbendfoodbank.org
Website: www.riverbendfoodbank.org
County: Clinton, Jackson, Muscatine, Scott
Type of Work: Food Bank

Description:

River Bend Foodbank is the largest hunger relief organization in the Quad Cities and surrounding communities, [distributing](#) 8 million pounds of food annually to more than 300 charitable feeding programs throughout a 22 county service area in Eastern Iowa and Western Illinois. Although the Foodbank operates the largest food pantry in the Quad City area, its larger purpose is to be a year round consistent food supply for the more than 150 food pantries, shelters and soup kitchens.

The [Kids Café Program](#) provides evening meals to children at three sites. The [Backpack Program](#) is active at 39 sites, distributing 1600 backpacks of nourishing food every week for Quad City children to take home on the weekends during the school year. The Mobile Food Pantry which directly feeds thousands of families each month.

How to Help:

Iowans can support the activities of River Bend Foodbank through organizing food drives, volunteering to sort food as it arrives, and providing monetary support. People who are interested in volunteering should contact their volunteer coordinator, Diane, at derickson@riverbendfoodbank.org or 563-345-6490 or visit their [website](#) for more information or to sign up to join the volunteer contact list. People who are interested in providing monetary support can do so by mail or [online](#).

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Roland-Story Community Schools

Contact Information:

Contact Name: Mr. Brad Taylor
Office Address: 1009 Story Street / Story City, IA 50248
Phone: 515-733-4329
Email: btaylor@roland-story.k12.ia.us
Website: www.roland-story.k12.ia.us
County: Story
Type of Work: Educational/School

Description:

Students at **Roland-Story Community Schools** work to alleviate hunger through educational and service-learning projects. Roland Story agriculture students and FFA members are collaborating with Land O'Lakes and Winfield to grow sweet corn and fresh vegetables for the local food pantry. Second grade students package meals with "Kids Against Hunger".

How to Help:

Organizations that are interested in working with students at Roland-Story Community Schools should call or email them to find out how to best collaborate.

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Rotary Club of Ames

Contact Information:

Contact Name: Dr. Delwyn Bluhm
Office Address: Ames, IA
Phone: 515-450-1110
Email: bluhm@iastate.edu
Website: www.rotaryclubofames.org
County: Story
Type of Work: Community Based, International

Description:

The **Rotary Club of Ames** makes major annual donations to projects. For example, in 2013, this included the purchase of a new large gas stove for the use by Food At First – a major project in Ames supported by many church groups all of whom help provide daily meals to individuals in need for a total of about 19,000 meals per year. Another priority for raising funds is to develop a Global Grant focusing on a water system for villages in Mwanga and Same Districts, Kilimanjaro Region Tanzania. Funds will be used to develop water sources and appropriate distribution systems for families, schools, health facilities and economic development projects.

How to Help:

Individuals can support the activities of the Rotary Club of Ames by joining the club, volunteering as fund-raisers, or contributing funds to Rotary Club projects.

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RRACAP – Rural Polk County Center

Contact Information:

Contact Name: Ms. Cathy Van Note
Office Address: 406 SW School Street, Suite 201 / Ankeny, IA 50023
Phone: 515-965-0433
Email: cvannote@rracap.org
Website: www.iowacommunityaction.org/about/rural_polk_county.cfm
County: Polk
Type of Work: Community Based, Food Pantry

Description:

The food pantry at the **Rural Polk County Center of the Red Rock Area Community Action Program**, strives to meet the short-term needs of the food insecure in the rural Polk County area. The purpose of the food pantry is to act as a conduit between those who have food and/or funds to share, and those who need help to put food on their table. People seeking assistance can receive a four-day supply of food for themselves and their families once per calendar month at no cost. The pantry is available five days per week, 52 weeks per year, primarily through the efforts of numerous dedicated volunteers.

How to Help:

The food pantry relies on donations of food staples and money for supplemental food purchases. They are also always in need of volunteers to package food into types and quantities suitable for various family sizes and distribute the packages to people in need who come to their facility. Red Rock Area Community Action Program works with local individuals, faith-based organizations, schools, non-profit groups, businesses and professionals to support hungry people in rural Polk County.

Sac County Family Development Center

Contact Information:

Contact Name: Ms. Amanda Handley
Office Address: 1708 West Main Street / Sac City, IA 50583
Phone: 712-662-3236
Email: ahandley@newopp.org
Website: www.newopp.org/en/programs/family_development/sac_county_fdc/
County: Sac
Type of Work: Community Based, Food Pantry

Description:

The **Sac County Family Development Center** is the information, application and referral center for all of the income eligible programs offered by [New Opportunities, Inc.](#) to serve families, individuals and elderly people of Sac County.

The center helps individuals and families access food during emergencies through their food pantry, and connects people to the SHARE Program, which enables individuals to purchase food at discounted prices in exchange for two hours of community service.

Their other programs include [financial counseling](#), energy assistance, tenant based rental assistance, help with clothing and school supplies, and a partnership with the Elderbridge Agency on Aging to help seniors age 60 and over with yard work and snow shoveling.

How to Help:

Iowans can support the work of the Sac County Family Development Center through donations or by volunteering. Volunteers are needed in the food pantry and clothes closet, as well as for annual events such as the Adopt a Family for Christmas and Christmas Food Baskets projects, and the Back to School Drive. Contact the Sac County Family Development Center directly for more information about the center or to volunteer.

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SALT International

Contact Information:

Contact Name: Mr. Ivan Liu
Office Address: 2211 6th Ave. / Grinnell, IA 50112
Phone: 641-326-0852
Email: exec.dir@saltinternational.org
Website: www.saltinternational.org
County: Poweshiek
Type of Work: International

Description:

The mission of **SALT International** is to be a catalyst for economic and social development by establishing and supporting sustainable agri-businesses in lesser developed nations. SALT International encourages social development in the communities in which they operate by stimulating local farm production and providing employment opportunities and opportunities for local farmers to grow and market cash-crops.

SALT International is wrapping up operations in Afghanistan and is currently reorganizing under the direction of their board.

How to Help:

Iowans can [support](#) the work of SALT International financially through donations of cash, agricultural commodities, or farm equipment. Iowans can volunteer with SALT International in Iowa by helping organize and prepare shipments of agricultural products to the developing countries where SALT International works. Iowans with special skills can volunteer overseas through SALT International. Especially needed are mechanics, welders, and millwrights.

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Salvation Army of Des Moines

Contact Information:

Contact Name: Mrs. Jennie Kerger
Office Address: P.O. Box 933 / Des Moines, IA 50304
Phone: 515-282-3599
Email: Jennifer_Kerger@usc.salvationarmy.org
Website: www.salvationarmy-desmoines.org
County: Dallas, Polk, Warren
Type of Work: Faith Based, Food Pantry, Meal Site

Description:

The **Salvation Army of Des Moines** has several [food ministries](#); including 2 food pantries which are part of the [DMARC Food Pantry Network](#), a mobile canteen that serves breakfast twice a week, and a summer meal program. The Salvation Army also has several other services available, including a [family service center](#) and [youth programs](#). More information is available on their website.

How to Help:

[Volunteers](#) and donations are appreciated. People who are interested in volunteering should call 515-282-3599 or [email](#) their volunteer coordinator.

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Salvation Army of Siouxland

Contact Information:

Contact Name: Major Von Vandiver
Office Address: 1415 Villa Ave, PO Box 783 / Sioux City, IA 51103
Phone: 712-255-8836
Email: von_vandiver@usc.salvationarmy.org
Website: www.salvationarmysiouxland.org
County: Woodbury
Type of Work: Faith Based, Food Pantry

Description:

The **Salvation Army of Siouxland** provides a food pantry that is open daily. They also provide bread and other fresh products as available.

How to Help:

The most urgent need is for donations to support the food pantry. Donations are accepted [online](#), and people who want to volunteer should call 712-255-8836 or email Ms. Ashley Wall at ashley_wall@usc.salvationarmy.org.

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Second Reformed Church - Pella

Contact Information:

Contact Name: Rev. Sophie Matthonet-VanderWell
Office Address: 612 Broadway Street / Pella, IA 50219
Phone: 641-628-3982
Email: info@2refpella.org
Website: www.2refpella.org
County: Marion
Type of Work: Community Based, Faith Based, International, Meal Site

Description:

Members and friends of Second Reformed Church in Pella [put their faith into action](#) in tangible ways on mission/work trips—building, feeding, and teaching, both in Iowa and around the world. Their efforts to end hunger locally include: hosting a free summer lunch program, monthly food drives for Pella Food Pantry, Saturday end-of-month free breakfasts, and service and donations of produce in local church gardens.

Their efforts to end global hunger include: providing volunteers for meal packaging through [Meals from the Heartland](#), volunteering with the Pella CROP WALK for Hunger to promote awareness for rural development in 3rd world countries as well as raise money for [Church World Service](#) and their efforts in those countries, and annual mission trips to Pignon, Haiti to work with Promise for Haiti and United Christians International.

How to Help:

Those interested in exploring partnerships with or supporting the mission work of Second Reformed Church in Pella should contact them directly. One of the most important ways to help is by spreading the word about the free summer lunch programs and Saturday end-of-month free breakfasts to people throughout Marion County.

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Seed Programs International

Contact Information:

Contact Name: Mr. Peter Marks
Office Address: PO Box 9163 / Asheville, NC 28815
Phone: 828-707-1640
Email: peter.marks@seedprograms.org
Website: www.seedprograms.org
County: Activities Statewide
Type of Work: International

Description:

Seed Programs International provides vegetable seeds and expertise so that people facing hunger worldwide can grow some of the food they need. Since 1999, more than 15 million seed packets have helped transform people's lives from dependency on aid to self-sufficient producers for their families.

How to Help:

With a modest donation, groups can sponsor an entire box of seed to reach a malnourished population somewhere in the world. One box grows 5 tons of food! Commercial vegetable seed producers in Iowa may be able to grow seed for the project. Individuals, groups, and vegetable producers should contact them for more information.

Participants in the [Des Moines Area Hunger Hike](#) support Seed Programs International as it has been one of the recipients of the funds raised by the Hike.

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Seeds of Faith FRB Growing Project

Contact Information:

Contact Name: Mr. Lowell Baker
Office Address: 3954 Manti Road / Farragut, IA 51639
Phone: N/A
Email: Incbaker@westianet.net
Website: N/A
County: Fremont
Type of Work: Community Based, Faith Based, International

Description:

The **Seeds of Faith FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Seeds of Faith FRB Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Shenandoah area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinator Mr. Lowell Baker to become involved with the Seeds of Faith FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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Self Help International

Contact Information:

Contact Name: Ms. Nora Tobin
Office Address: 703 Second Ave NW / Waverly, IA 50677
Phone: 319-352-4040
Email: information.selfhelp@gmail.com
Website: www.selfhelpinternational.org
County: Bremer
Type of Work: International

Description:

Self Help International supports people in Ghana and Nicaragua to work their way out of poverty. Self Help International's work falls under five major initiatives. Self Help International helps Americans to understand the problems of life in developing countries, trains developing country farm families on the use of more nutritious varieties of corn, supports infant and preschool feeding programs using these varieties of corn, provides micro-credit for women to start small-scale businesses, and collaborates with other organizations in Ghana and Nicaragua to introduce appropriate farming practices that enable farmers to break the cycle of poverty.

How to Help:

Iowans can get involved with Self Help International through [donations](#), by [volunteering](#) in Iowa for projects, and by traveling overseas to assist in projects with the local Self-Help staff. Another option to consider is to leave a bequest, a lasting gesture that will help to alleviate hunger and poverty among poor farmers overseas who work hard and struggle to improve quality of life with dignity. Interested Iowans should contact the Self Help office for more information.

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Share the Harvest FRB Growing Project

Contact Information:

Contact Name: Mr. & Mrs. Leroy and Marilyn Brocka
Office Address: 1230 Tahoe Avenue / Sumner, IA 50674
Phone: N/A
Email: oldcoda@yahoo.com
Website: N/A
County: Chickasaw
Type of Work: Community Based, Faith Based, International

Description:

The **Share the Harvest FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Share the Harvest FRB Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Fredericksburg area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinators Mr. & Mrs. Leroy and Marilyn Brocka to become involved with the Share the Harvest FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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Sheffield FRB Growing Project

Contact Information:

Contact Name: Mr. & Mrs. Mark and Pam Lage
Office Address: 11250 120th Street / Sheffield, IA 50475
Phone: N/A
Email: marklage@frontiernet.net
Website: N/A
County: Franklin
Type of Work: Community Based, Faith Based, International

Description:

The **Sheffield FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Sheffield Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Sheffield area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinators Mr. & Mrs. Mark and Pam Lage to become involved with the Sheffield FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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Shenandoah High School

Contact Information:

Contact Name: Mrs. Kelly Carey
Office Address: 1000 Mustang Drive / Shenandoah, IA 51601
Phone: 712-246-4727
Email: careyk@shenandoah.k12.ia.us
Website: www.shenandoah.k12.ia.us/high
County: Fremont, Page
Type of Work: Educational/School

Description:

Students and educators at **Shenandoah High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mrs. Kelly Carey for more information and to explore opportunities to work together.

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Sibley-Ocheyedan Community School District

Contact Information:

Contact Name: Ms. Kim Doeden
Office Address: 120 11th Ave NE / Sibley, IA 51249
Phone: 712-754-3636
Email: kdoeden@thegenerals.org
Website: www.thegenerals.org
County: Osceola
Type of Work: Educational/School

Description:

Students and educators at **Sibley-Ocheyedan Community School District** work to alleviate hunger through educational and service-learning projects.

Examples include the Backpack program, which provides food for children who might otherwise go hungry on weekends and holidays to take home with them, and the Sculpture Material Drive, in which Art Honor Society students collect and make a sculpture from non-perishable food items, which are donated to emergency food providers upon completion of the project.

How to Help:

Iowans are encouraged to contact Ms. Kim Doeden for more information and to explore opportunities to work together.

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Sieda Community Action

Contact Information:

Contact Name: Mr. Brian Dunn
Office Address: PO Box 658, 226 West Main Street / Ottumwa, IA 52501
Phone: 641-682-8741
Email: bdunn@sieda.org
Website: www.sieda.org
County: Appanoose, Davis, Jefferson, Keokuk, Lucas, Mahaska, Marion, Monroe, Van Buren, Wapello, Wayne
Type of Work: Advocacy, Community Based

Description:

Sieda Community Action implements a range of programs designed to provide advocacy, access to supportive services, and service coordination. These programs strengthen families, promote child development, and help individuals and families with basic needs. With the strong foundation Sieda provides, individuals are more likely to become self-reliant and contribute positively to their families and communities.

Sieda operates several [child development](#), [family support services](#), [housing stabilization](#) and [behavioral health](#) programs in the [counties they serve](#).

The [Child and Adult Care Food Program](#) provides registered child care providers with nutrition education and reviews their monthly menus to assure that meals and snacks follow standard nutrition guidelines. Providers also plan nutrition activities for the children in their care, which helps prepare young children to make healthy food choices for the rest of their lives. Providers are provided with partial reimbursement for the cost of the meals and snacks as a result of participating in the program.

The [Family Development and Self-Sufficiency Program](#) (FaDSS) is a voluntary home visitation program that uses a strength-based approach to provide core services such as family support and goal setting. Family support is provided through referrals, linking families to community supports and advocacy. Participation in FaDSS is a voluntary option for people receiving Family Investment Program benefits.

How to Help:

[Charitable donations](#) made to Sieda are always needed and accepted, and may have a tax benefit to the donor. Individuals and organizations may also contact Sieda through [their online form](#) to explore additional ways to become involved.

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Silos & Smokestacks National Heritage Area

Contact Information:

Contact Name: Ms. Candy Streed
Office Address: Fowler Building, 604 Lafayette Street, Suite 202 / Waterloo, IA 50703
Phone: 319-234-4567
Email: cstreed@silosandsmokestacks.org
Website: www.silosandsmokestacks.org
County: Allamakee, Benton, Black Hawk, Boone, Bremer, Buchanan, Butler, Cedar, Cerro Gordo, Chickasaw, Clayton, Clinton, Delaware, Dubuque, Fayette, Floyd, Franklin, Grundy, Hamilton, Hardin, Howard, Iowa, Jackson, Jasper, Johnson, Jones, Linn, Marshall, Mitchell, Polk, Poweshiek, Scott, Story, Tama, Winneshiek, Worth, Wright
Type of Work: Educational/School

Description:

Silos & Smokestacks National Heritage Area preserves and tells the story of American agriculture and its global significance through partnerships and activities that celebrate the land, people, and communities of the area. Through the development of a network of [sites](#), programs and events in a 37 county region of Northeastern Iowa, Silos & Smokestacks' mission is to interpret farm life, agribusiness and rural communities - past and present.

Silos & Smokestacks offers a variety of opportunities for educators and youth. Ag-based lesson plans and primary resources are offered through their website [CampSilos](#), professional continuing education credits are attainable through summer workshops and funding for field trips is distributed through the bus grant program. They also offer [grant programs](#) to help partner organizations in the region tell and preserve their stories of American Agriculture.

Silos & Smokestacks National Heritage Area is eager to partner with organizations that are fighting hunger in order to bring the stories of Iowa's hunger fighters into area museums and draw attention to the relationships between history, agriculture, and the present day fight against hunger.

How to Help:

Individuals and organizations should contact Silos & Smokestacks directly to explore opportunities to work together on issues of hunger. Anyone can find out more about Silos & Smokestacks current programs by [signing up for their newsletter](#) online.

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Sioux City CROP Hunger Walk

Contact Information:

Contact Name: Ms. Rolene Beauvais
Office Address: Sioux City
Phone: 712-574-9607
Email: trb5052@cableone.net
Website: N/A
County: Woodbury
Type of Work: Community Based, Faith Based, International

Description:

The **Sioux City CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Sioux City CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Rolene Beauvais at trb5052@cableone.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Slater / Sheldahl Food Pantry

Contact Information:

Contact Name: Ms. Judy Whitney
Office Address: 4111 Third Street / Slater, IA 50244
Phone: 515-228-3076
Email: wwleader@huxcomm.net
Website: N/A
County: Story
Type of Work: Food Pantry

Description:

The **Slater / Sheldahl Food Pantry** provides food to hungry people with Slater and Sheldahl addresses each Wednesday night from 7:00 pm to 8:00 pm. They serve approximately 45 families and 145 people each month. Clients may come twice a month to get food. The only questions asked are for proof of address and that the Proof of Income provided by the Food Bank of Iowa is filled out.

How to Help:

The pantry operates totally on donations from organizations such as Boy Scouts and United Way of Story County and from the local churches and citizens. Call or email them to find out more information about how to become involved.

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Snacks In A Sack

Contact Information:

Contact Name: Ms. Nancy Dewes
Office Address: 406 Cass Street / Keosauqua, IA 52565
Phone: 515-975-4609
Email: nancy.dewes@van-burencsd.org
Website: N/A
County: Van Buren
Type of Work: Community Based, Educational/School

Description:

Snacks In A Sack provides nonperishable nutritious foods for elementary school age children in low income families 2 weekends a month. Currently they provide about 200 bags of food each month, serving 42 families in the Van Buren and Harmony School Districts.

How to Help:

Iowans can support the work of Snacks In A Sack through monetary donations. Call them at 515-975-4609 for more information.

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Society of St. Vincent De Paul – Des Moines

Contact Information:

Contact Name: Ms. Fern Klemm
Office Address: 1426 6th Avenue / Des Moines, IA 50314
Phone: 515-282-8328
Email: socialservices@svdpdsm.org
Website: www.svdpsm.org
County: Polk
Type of Work: Community Based, Faith Based, Food Pantry

Description:

The **Society of St. Vincent De Paul** is a catholic lay organization that leads women and men to join together to grow spiritually by offering person-to-person service to those who are needy and suffering. The Society of St. Vincent De Paul runs five services in Des Moines: a food pantry, a clothing pantry, a furniture service, financial assistance for rent and utilities, and life-skill and literacy building through their education center.

How to Help:

Iowans can support the work of the Society of St. Vincent De Paul through volunteering in a seasonal, hourly, or as-needed capacity or through monetary donations. Interested individuals should contact 515-282-8328 for more information.

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Society of St. Vincent de Paul of Cedar Rapids

Contact Information:

Contact Name: Mr. Jim Zachar
Office Address: 928 7th St SE / Cedar Rapids, IA 52401
Phone: 319-365-5091
Email: president@crsvdp.org
Website: www.crsvdp.org
County: Linn
Type of Work: Community Based, Faith Based, Food Pantry

Description:

The Society of St. Vincent de Paul of Cedar Rapids distributes free bakery and grocery products Monday through Saturday. Food boxes are also distributed to families and individuals in need Monday through Saturday.

How to Help:

Iowans can support St. Vincent de Paul through [donations](#) of cash or in-kind (food can be bought through local food reservoirs for much less than at grocery stores), or by [volunteering](#). Volunteers work in their food pantry (Monday-Saturday, 9am-2pm), picking up bakery products from local grocery stores to deliver to St. Vincent de Paul, and shopping for grocery items on their behalf.

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Society of St. Vincent de Paul, District Council of Waterloo

Contact Information:

Contact Name: Mr. Patrick Russo
Office Address: 320 Broadway / Waterloo, IA 50703
Phone: 319-232-3366
Email: N/A
Website: N/A
County: Black Hawk
Type of Work: Faith Based, Food Pantry

Description:

The **Society of St Vincent de Paul** (SVDP) in Waterloo is made up of volunteers whose work includes providing emergency 3-5 day supplies of nonperishable food items to those in need. In the last year alone the volunteers of SVDP provided over \$156,000 in direct financial aid to keep families in their homes with the lights on, distributed over \$125,000 in clothing, furniture and household necessities and distributed 175,000 food items to those in need locally. All of their services are provided at no cost to the client.

How to Help:

Iowans can help by donating nonperishable food items or funds to the work of the St. Vincent de Paul volunteers. Call them for more information about donating and volunteering with SVDP.

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South Benton County CROP Hunger Walk

Contact Information:

Contact Name: Mr. Al Walter
Office Address: N/A
Phone: 319-227-7544
Email: N/A
Website: N/A
County: Benton
Type of Work: Community Based, Faith Based, International

Description:

The **South Benton County CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the South Benton County CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Mr. Al Walter at 319-227-7544 or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Southeast Polk High School

Contact Information:

Contact Name: Mr. Matthew Eddy
Office Address: 7945 NE University Avenue / Pleasant Hill, IA 50327
Phone: 515-967-6631
Email: matthew.eddy@southeastpolk.org
Website: www.southeastpolk.org
County: Polk
Type of Work: Educational/School

Description:

Students and educators at **Southeast Polk High School** work to alleviate hunger through educational and service-learning projects.

For example, in 2014 students packaged 25,000 meals in partnership with [Outreach Inc.](#), and have received an award for their fundraising efforts on behalf of the annual Combat Hunger Food Drive to support the [Food Bank of Iowa](#).

How to Help:

Iowans are encouraged to contact Mr. Matthew Eddy for more information and to explore opportunities to work together.

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Spencer Area Activity Center

Contact Information:

Contact Name: Ms. Teresa Morales
Office Address: 104 East 4th Street / Spencer, IA 51301
Phone: 712-262-1782
Email: teresa.saac@smunet.net
Website: www.spenceractivitycenter.org
County: Clay
Type of Work: Community Based, Meal Site

Description:

The **Spencer Activity Center** provides social and educational opportunities that improve and enrich people's lives. They serve congregate meals five times a week and offer adults a chance to participate in games and social activities. [Their facilities](#) serve as a community center and are also available for rental.

The [Spencer Area Action Club](#) meets every Wednesday at 9:00 a.m. at the Spencer Activity Center. The mission of the club is to improve the quality of life in the Spencer Area through community service, fellowship, knowledge, and financial resources.

How to Help:

Iowans can support the mission of the Spencer Activity Center through [donations](#), by renting the facility for events, and by volunteering for the Center or [joining](#) the Spencer Area Action Club. The activities of the club focus on support for the Upper Des Moines Opportunity food bank, scholarships for students, winter clothing for elementary school students, and support for the Spencer Area Activity Center.

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Spencer Seventh Day Adventist Church

Contact Information:

Contact Name: Pastor Kent Dunwoody
Office Address: 1910 10th Avenue E / Spencer, IA 51301
Phone: 712-262-5766
Email: spenceriowasda@gmail.com
Website: http://spencer24.adventistchurchconnect.org
County: Clay
Type of Work: Faith Based, Food Pantry

Description:

The **Spencer Seventh Day Adventist Church** runs a mobile food pantry site as part of its ministry.

How to Help:

Iowans are encouraged to contact the Spencer Seventh Day Adventist Church at spencersda@gmail.com or Pastor Dunwoody at kentsarah80@gmail.com for more information about their ministries and to explore ways to become involved.

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Spirit Lake High School Kiwanis Key Club

Contact Information:

Contact Name: Mr. Brock Holman
Office Address: 2701 Hill Avenue / Spirit Lake, IA 51360
Phone: 712-336-3707
Email: bholman@spirit-lake.k12.ia.us
Website: N/A
County: Dickinson
Type of Work: Community Based, Educational/School

Description:

Students involved in the **Spirit Lake High School Kiwanis Key Club** saw a need for high school students that were going hungry and started a food pantry within their school. Those in need can visit the food pantry anonymously. The students also participate in stuffing weekend food backpacks for younger students and in the food packaging program "Food for Kidz".

How to Help:

Iowans who are interested in learning more or collaboration should contact Mr. Brock Holman. The food pantry is in particular need of donations.

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Sprigs 'n Sprouts

Contact Information:

Contact Name: Ms. Rebecca Helland
Office Address: 506 Lincoln Street / Pella, IA 50219
Phone: 641-621-1160
Email: info@sprigsnsprouts.org
Website: www.sprigsnsprouts.org
County: Marion
Type of Work: Community Based, Faith Based, International

Description:

Sprigs 'n Sprouts provides hundreds of pounds of local, organically grown produce to the [Pella Food Shelf](#). They are a 50 member CSA as well as a registered nonprofit organization. Their ministry is to fund a short-term house building mission project in Baja, Mexico as well as live out local missions by serving patrons of the local food shelf.

How to Help:

Iowans can support their work by [purchasing a CSA share](#), [volunteering](#) in a number of different ways, or making a financial donation.

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St. Augustin School

Contact Information:

Contact Name: Mrs. Karen Nank
Office Address: 4320 Grand Avenue / Des Moines, IA 50312
Phone: 515-279-5947
Email: knank@staugustinschool.org
Website: www.staugustinschool.org
County: Polk
Type of Work: Educational/School

Description:

Students and educators at **St. Augustin School** work to alleviate hunger through educational and service-learning projects. For example, students have packaged meals for the hungry at the 2013 and 2014 Iowa Hunger Fights, and the 7th grade class raised money for [Mary's Meals](#) in 2014.

How to Help:

Iowans are encouraged to contact [Mrs. Karen Nank](#) or [Mrs. Therese Drey](#) for more information and to explore opportunities to work together.

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St. Paul Presbyterian Church - Johnston

Contact Information:

Contact Name: Rev. Bill O'Connell
Office Address: 6426 Merle Hay Road / Johnston, IA 50131
Phone: 515-276-2818
Email: pastor.stpaulpres@gmail.com
Website: www.stpaul-johnston.com
County: Polk
Type of Work: Community Based, Faith Based

Description:

St. Paul Presbyterian Church glorifies God by making disciples who connect in community, grow in faith and serve in joy. Their missions include the [St. Paul Food Pantry garden](#) which annually provides hundreds of pounds of fresh and nutritional produce to low income families and seniors at the Johnston Food Pantry. In addition to the garden, St. Paul Presbyterian partners with the [Johnston Partnership](#) to alleviate hunger through community activities and food drives.

How to Help:

Iowans are encouraged to contact [Val Nichols](#) or [Annie Temple](#) for more information about how to help with the St. Paul Food Pantry garden, or to [contact the church office](#) for information about the church and its missions.

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St. Pius X Catholic Church

Contact Information:

Contact Name: Ms. Bonnie Reed
Office Address: 3663 66th Street / Urbandale, IA 50322
Phone: 515-276-2059
Email: vferin@saintpiuschurch.org
Website: www.stpiushome.org
County: Polk
Type of Work: Faith Based

Description:

St. Pius X Catholic Church practices four pillars of stewardship: hospitality, prayer, formation, and service. Their [service ministries](#) include: [supporting the Urbandale Food Pantry](#), a St. Vincent DePaul committee, a [committee advocating for the poor and marginalized](#), and a [Homeless committee](#). Numerous projects for the poor are initiated by the Altar and Rosary Society and the Youth Group.

The parish also [sponsors meals](#) for the Connection Café, bakes casseroles for the Salvation Army, takes up a monthly collection of food and money for the food pantry and the Catholic Worker House, and sells fair trade coffee and chocolate that supports poor farmers in developing countries.

How to Help:

Parishioners can become involved in any of the service ministries of St. Pius X. Other individuals and organizations can learn more about how to help by contacting the church office at 515-276-2059 or using [this form](#).

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St. Stephen's Food Bank

Contact Information:

Contact Name: Ms. Kathy Hutton
Office Address: 3135 Cedar Crest Ridge / Dubuque, IA 52003
Phone: 563-557-7474
Email: ssfb@live.com
Website: www.ststephensfoodbank.org
County: Dubuque, Jackson
Type of Work: Food Bank

Description:

St. Stephen's Food Bank obtains wholesome, nutritious foods from many sources and makes it available to member agencies who are feeding the hungry in their community. Their dedicated group of volunteer drivers picks up food products from local grocery stores on a daily basis. St. Stephen's driver also makes weekly food pick-ups from area food banks in Moline, Waterloo, and Cedar Rapids.

Since 2003, St. Stephen's Food Bank has distributed over 6.5 million pounds of food in partnership with 100 community agencies in Dubuque and Jackson counties.

How to Help:

St. Stephen's Food Bank runs off of the dedication of their volunteers, who do everything from office work to food packaging to transportation of donated food. People who are interested in volunteering are requested to email the food bank at ssfb@live.com with the word "volunteer" in the subject line. [Monetary support](#) is also accepted through their website.

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The Iowa Hunger Directory

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St. Timothy Lutheran Church - Hudson

Contact Information:

Contact Name: Rev. Beth Olson
Office Address: 1 Thelma Street / Hudson, IA 50643
Phone: 319-988-3571
Email: pastor@sttimothyhudson.org
Website: www.sttimothyhudson.org
County: Black Hawk
Type of Work: Community Based, Faith Based

Description:

St. Timothy Lutheran Church has many active hunger ministries, including: monthly food collections, monthly volunteering at the [Northeast Iowa Food Bank](#), yearly financial support of the local [Foods Resource Bank Growing Project](#), and yearly financial support of the [ELCA World Hunger program](#). In addition, their youth serve occasionally at the Salvation Army Meal Site.

How to Help:

Individuals and organizations should contact St. Timothy directly to explore opportunities to join in their hunger ministries.

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The Iowa Hunger Directory

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Storm Lake CROP Hunger Walk

Contact Information:

Contact Name: Ms. Kandi Anderson
Office Address: Storm Lake
Phone: 712-732-5255
Email: stmarkkandi@iw.net
Website: N/A
County: Buena Vista
Type of Work: Community Based, Faith Based, International

Description:

The **Storm Lake CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Storm Lake CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Kandi Anderson at stmarkkandi@iw.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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The Iowa Hunger Directory

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Sumner-Fredericksburg High School

Contact Information:

Contact Name: Ms. Meghan Bond
Office Address: 802 West Sixth Street / Sumner, IA 50674
Phone: 563-578-3341
Email: bondm@sfcougars.k12.ia.us
Website: www.sfcougars.k12.ia.us
County: Chickasaw, Fayette
Type of Work: Educational/School

Description:

Students at **Sumner-Fredericksburg High School** are dedicated to helping end hunger locally and world-wide.

Recently, FFA students worked with their adviser and with school administration to organize an Oxfam Hunger Banquet and fundraiser involving their entire school. The school-wide hunger banquet introduced the issue of hunger to the entire school and kicked off a week of fundraising, where students raised \$250, which was donated to Oxfam America's global hunger relief efforts and to the local Fayette County Food Shelf.

How to Help:

Iowans are encouraged to contact Ms. Meghan Bond for more information and to explore opportunities to work together.

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Sumpter Pharmacy and Wellness

Contact Information:

Contact Name: Ms. Michelle Jenkins
Office Address: 628 Nile Kinnick Drive, Suite 1 / Adel, IA 50003
Phone: 515-993-1119
Email: tsumpter@medibug.net
Website: <http://sumpterpharmacy.com>
County: Dallas
Type of Work: Corporate

Description:

Sumpter Pharmacy and Wellness provides quality pharmacy care through prompt prescriptions and medications along with personal care and attention for their customers. Since 2003, Sumpter Pharmacy has been owned and managed locally by Adel residents Dr. Toni and Dan Sumpter.

Sumpter Pharmacy and Wellness serves their community, including through their recent sponsorship of the Dallas County Hunger Dialogue, at which 2,600 meals were packaged for Dallas County families.

How to Help:

Contact Sumpter Pharmacy and Wellness directly for more information about their work or to explore opportunities to partner.

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The Iowa Hunger Directory

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Table to Table

Contact Information:

Contact Name: Mr. Bob Andrlik
Office Address: 20 E. Market St. / Iowa City, IA 52245
Phone: 319-337-3400
Email: bob@table2table.org
Website: www.table2table.org
County: Johnson
Type of Work: Community Based

Description:

Table to Table is a food rescue organization which collects surplus produce from food donors and distributes it to hungry people in the community. Food donors include grocery stores, dairy suppliers, food warehouses, schools and restaurants that take the extra step of setting the food aside for Table to Table volunteers to collect. Table to Table then distributes the food through agencies that serve the hungry, homeless and at-risk populations in and around Iowa City.

How to Help:

Table to Table needs volunteers, primarily to pick up food from donors and distribute it to recipients. Most food rescue volunteers work in teams to collect and distribute food. There are also opportunities for interested individuals to help with the administrative side of Table to Table's work. People interested in volunteering should contact David Wellendorf at t2tvolunteers@gmail.com.

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The Iowa Hunger Directory

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Tama – Toledo CROP Hunger Walk

Contact Information:

Contact Name: Mr. Brian Oliver
Office Address: N/A
Phone: 641-484-3568
Email: cumc@tamatoledo.org
Website: N/A
County: Tama
Type of Work: Community Based, Faith Based, International

Description:

The **Tama - Toledo CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Tama - Toledo CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Brian Oliver at cumc@tamatoledo.org or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Team Rubicon

Contact Information:

Contact Name: Mr. Alan Koslow
Office Address: 300 N. Continental Blvd., Suite 150 / El Segundo, CA 90245
Phone: N/A
Email: alankoslow@gmail.com
Website: www.teamrubiconusa.org
County: Activities Statewide
Type of Work: Community Based, International

Description:

Team Rubicon unites the skills and experiences of military veterans and medical professionals to rapidly deploy emergency response teams into crisis situations. Team Rubicon bridges the gap between the time when disaster strikes and the time when traditional humanitarian organizations arrive at the scene. Team Rubicon works both domestically and internationally.

How to Help:

Iowans can support the work of Team Rubicon by [donating](#) through their website. Military veterans and medical professionals who are interested in [volunteering](#) can apply through the website. While disaster response teams are generally limited to veterans and medical professionals, individuals without military or medical skills are sometimes needed to provide organizational support. For more information, individuals can contact [Team Rubicon Region 7](#) staff.

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Technochem International Inc

Contact Information:

Contact Name: Dr. Sanjeev Agarwal
Office Address: 967 Quartz Ave. / Boone, IA 50036
Phone: 515-432-4041
Email: agarwal@technocheminc.com
Website: www.technocheminc.com
County: Boone
Type of Work: Corporate, International

Description:

Technochem International Inc manufactures a Mini-Extruder which can process soybeans for producing soy oil and soy meal. The soy oil and meal are both fit for human consumption, and can support a balanced diet that can address malnutrition and hunger. The equipment is miniaturized to a level where distributed village level processing is economically feasible. This allows remote villages to produce their own soybeans and process them for their local consumption. Technochem's approach to hunger alleviation is through placement of such machines in villages to empower them to grow soybeans and process them for their own consumption.

How to Help:

Individuals and organizations are needed to help promote the project. Interested Iowans should contact Technochem International to explore promotional opportunities further.

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Temple B'nai Jeshurun

Contact Information:

Contact Name: Rabbi David Kaufman
Office Address: 5101 Grand Avenue / Des Moines, IA 50312
Phone: 515-274-4679
Email: N/A
Website: www.templebnaijeshurun.org
County: Polk
Type of Work: Faith Based

Description:

Temple B'nai Jeshurun is a welcoming Reform Jewish congregation, committed to spirituality, a Jewish family life, Jewish education, and diversity. Their growing membership's investment in youth, participation in Temple life, Jewish traditions, and Tikkun Olam secures a vibrant future for the community.

Their Tikkun Olam includes participation in the [Des Moines Area Hunger Hike](#). They also regularly cook and serve meals at [Central Iowa Shelter and Services](#), participate in [DMARC's Red Barrel Program](#), and collect food for the hungry throughout the year.

How to Help:

Iowans should [contact the Temple](#) directly to explore opportunities to work together or become involved.

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The Iowa Hunger Directory

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The Bridge

Contact Information:

Contact Name: Ms. Becky Erdmann
Office Address: P.O. Box 323 / Orange City, IA 51041
Phone: 712-707-9922
Email: thebridgehousing@gmail.com
Website: www.thebridgehousing.org
County: Sioux
Type of Work: Community Based, Faith Based, Meal Site

Description:

The Bridge provides housing, food, case management, education and counseling for women and their children. Women that come to The Bridge may live there for up to two years.

How to Help:

Iowans can support the work of The Bridge by making cash or in-kind donations or by volunteering individually or as part of a group. Their top volunteer and donation needs [are listed](#) on their website. Churches and other charitable organizations interested in working with The Bridge are encouraged to contact their Direct Care Coordinator at tbvolunteer@gmail.com.

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The Iowa Hunger Directory

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The Connection Cafe

Contact Information:

Contact Name: Mr. Rob Hoover
Office Address: 600 6th Avenue / Des Moines, IA 50309
Phone: 515-771-1481
Email: theconnectioncafe@hotmail.com
Website: www.theconnectioncafe.org
County: Polk
Type of Work: Faith Based, Meal Site

Description:

The Connection Cafe serves lunch five days a week to homeless and low income individuals and families through their serving site located at 701 Grand Avenue in downtown Des Moines. Under the direction of a paid coordinator, volunteers from more than 30 churches, schools and civic groups donate and serve an average of 146 meals to 114 people on Monday, Tuesday, Wednesday, Friday and Saturday. The Connection Cafe is a program created by The Bridge, a collaboration of four downtown Des Moines churches as part of their mission to minister to the poor.

How to Help:

The Connection Cafe can be supported through [donations](#) and volunteering. Volunteers can provide, prepare, and/or serve meals; either on a one-time basis or on a regular schedule. They are currently in need of one or more volunteer groups nearly every month, and are also looking into the possibility of adding Thursday to their serving schedule. Those who would like to get involved with the Cafe as an individual or with a group should call Rob at 515-771-1481 or email him at theconnectioncafe@hotmail.com.

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The Iowa Hunger Directory

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The Crisis Center of Johnson County

Contact Information:

Contact Name: Ms. Sarah Benson Witry
Office Address: 1121 Gilbert Ct. / Iowa City, IA 52240
Phone: 319-351-0128
Email: sarah.witry@jccrisiscenter.org
Website: www.jccrisiscenter.org
County: Johnson
Type of Work: Community Based, Food Pantry

Description:

The Crisis Center of Johnson County provides [supplemental grocery assistance](#) to any Johnson County resident in need. Clients can come up to once per week and can choose the foods that work best for their family. Options include non-perishable foods as well as produce, dairy, frozen, meat; availability is based on donations. Also available are baby diapers, baby formula and hygiene products. Service hours are MWF 12:00 - 4:30 PM, T 12:00-7:00 PM and Th 9:30 AM - 4:30 PM.

In addition to the food pantry, The Crisis Center of Johnson County also [provides a variety of programs](#) for mental-health, emergency assistance, and disaster recovery.

How to Help:

The Crisis Center of Johnson County accepts [monetary donations](#) as well as [in-kind donations](#) of food, garden produce, baby food and diapers, paper products and other hygiene products. Donation hours are MWThF 8:30 AM to 5:00 PM and T 8:30 AM to 7:00 PM. Services are provided by [volunteers](#) and there are many [opportunities to get involved](#) throughout the year. For more information, visit www.jccrisiscenter.org.

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The Lord's Cupboard of Jefferson County

Contact Information:

Contact Name: Ms. Laura Cohen
Office Address: 54 South B Street, PO Box 343 / Fairfield, IA 52556
Phone: 641-472-8457
Email: lordscupboard@lisco.com
Website: www.lordscupboard.org
County: Jefferson
Type of Work: Food Pantry

Description:

The Lord's Cupboard of Jefferson County serves as the county's sole emergency food pantry. Each month they serve over 100 families by providing food, paper goods, and other essentials. Their food pantry serves low-income individuals year-round. Hardworking volunteers handle intake and distribution of food. Their LOAF (Lord's Outreach Assisting Families) program is a summertime program feeding children who depend on free school lunches during the school year.

How to Help:

Individuals and organizations can support The Lord's Cupboard of Jefferson County in a number of ways. Donations of money or non-expired canned and boxed goods are always in need, as are volunteers. Support is also needed with website development and hosting.

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The Iowa Hunger Directory

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The Partnership at Drug Free Iowa

Contact Information:

Contact Name: Mr. Peter Komendowski
Office Address: 215 E. 7th Street, 5th Floor / Des Moines, IA 50319
Phone: 515-729-7334
Email: peter@drugfreeiowa.org
Website: www.drugfreeiowa.org
County: Activities Statewide, Polk
Type of Work: Community Based

Description:

The **Partnership at Drug Free Iowa** is a nonprofit coalition dedicated to promoting healthy families and safe communities by preventing substance abuse in Iowa. By providing young Iowans and those who care for them with the resources they need to live alcohol and drug free through their [Iowa Media Literacy Project](#), healthy community initiatives through their [Drug-Free Workplace Programs](#), and strengthening the family with their [Take 5 Minutes program](#), Drug Free Iowa builds a healthier Iowa and provides a stronger foundation with which to address food security issues.

How to Help:

Iowans can join in the work of the Partnership at Drug Free Iowa through any of 7 programs. The [Be A Better Parent](#), [Power of Grandparents](#), and [Take 5 Minutes](#) programs are family-centered programs that support youth and families to live free of drugs and alcohol. The [Creating a Drug Free Workplace](#) program assists companies and organizations in creating a healthier work environment. The [Iowa Media Literacy](#), [Speak Out 4 Kids](#), and [Face It Together](#) programs raise awareness about healthy, substance-free living in communities across the Iowa.

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The Table at Grace United Methodist Church

Contact Information:

Contact Name: Mrs. Gina Kohrs
Office Address: 311 2nd Ave W / Spencer, IA 51301
Phone: 712-262-5981
Email: pgkohrs@msn.com
Website: www.spencergumc.com
County: Clay
Type of Work: Faith Based, Meal Site

Description:

The Table serves a home made, hot meal the last Thursday of every month, excluding the summer months of June, July and August. This meal is open for the whole community and is free of charge.

How to Help:

The Table is a Christian mission supported by monetary and food contributions from the whole community and the church. They also ask for prayer support from the community.

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The Iowa Hunger Directory

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Town/Craft

Contact Information:

Contact Name: Mr. Alan Vandehaar
Office Address: P.O. Box 254 / 1124 Willis Ave / Perry, IA 50220
Phone: 515-231-6513
Email: alanv@iastate.edu
Website: www.design.iastate.edu/ResearchOutreach/towncraft.php
County: Activities Statewide, Dallas
Type of Work: Community Based, Educational/School

Description:

The Center for **Town/Craft** is a partnership of the College of Design at Iowa State University, ISU Extension & Outreach - Community and Economic Development, and the City of Perry, for the purpose of identifying and developing new ideas and strategies that strengthen small communities.

How to Help:

Contact Town/Craft to find out more about their current projects and explore opportunities to become involved.

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The Iowa Hunger Directory

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United Way 2-1-1 of Central Iowa

Contact Information:

Contact Name: N/A
Office Address: N/A
Phone: 211
Email: chiowaregion211@redcross.org
Website: www.211iowa.org
County: Adair, Adams, Clarke, Dallas, Decatur, Jasper, Lucas, Madison, Marion, Polk, Ringgold, Taylor, Union, Warren, Wayne
Type of Work: Community Based

Description:

The **United Way 2-1-1 of Central Iowa** provides 24-hours per day, 7 days per week information and referrals to food assistance programs, government agencies providing food assistance, and provide additional information as needed to streamline the process of finding needed food assistance. United Way 2-1-1 of Central Iowa is part of a statewide network of 2-1-1 lines in Iowa.

How to Help:

Iowans can support the work of 2-1-1 by continuing to ensure agencies and programs which assist Iowans with free or low cost assistance are included in their database. Efforts to connect relevant organizations with 2-1-1 staff are greatly appreciated.

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The Iowa Hunger Directory

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United Way of East Central Iowa Volunteer Center

Contact Information:

Contact Name: Ms. Sue Driscoll
Office Address: 317 7th Ave, SE, Suite 401 / Cedar Rapids, IA 52401
Phone: 319-398-5372
Email: sdriscoll@uweci.org
Website: www.unitedwayofeastcentraliowa.org
County: Benton, Cedar, Jones, Linn
Type of Work: Community Based

Description:

The **United Way of East Central Iowa Volunteer Center** strives to be the area's central resource for connecting, promoting, and educating people on the importance of volunteerism. They are affiliated with the [Volunteer Centers of Iowa](#) network and the [United Way of East Central Iowa](#).

Their [volunteer website](#) provides a one-stop shop for volunteer opportunities in the Cedar Rapids area. They also help identify volunteer opportunities for [groups seeking to volunteer together](#), professionals seeking to [volunteer their skills](#), and [older Iowans](#) seeking to volunteer.

The United Way of East Central Iowa Volunteer Center also provides resources for volunteers, including [ready-made volunteer opportunities](#) suitable for the workplace, organizing days of service in May, October, and January, and advice for those interested in starting a workplace volunteer council.

How to Help:

Individuals, groups, or organizations interested in identifying volunteer opportunities should visit their volunteer website or contact Sue Driscoll at sdriscoll@uweci.org or 319-398-5372 ext 22 for more information.

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United Way of Muscatine

Contact Information:

Contact Name: Ms. Nichole Sorgenfrey
Office Address: 208 W 2nd Street / Muscatine, IA 52761
Phone: 563-263-5963
Email: nichole@unitedwaymuscatine.org
Website: www.unitedwaymuscatine.org
County: Muscatine
Type of Work: Community Based

Description:

The mission of **United Way of Muscatine** is to strengthen the collective capacity of the people of the Greater Muscatine area to care for one another. The United Way of Muscatine raises funds to support the community work of local organizations, with an emphasis on the areas of education, income, and health.

United Way of Muscatine coordinates a [Food Rescue Program](#) that picks up safe food that would otherwise go to waste from the grocery stores and deliver it to the food pantries in Muscatine.

They also house the [Volunteer Center of Muscatine](#), which improves the quality of life in Muscatine County by connecting people with an interest in volunteering to local organizations needing volunteers. The Volunteer Center of Muscatine is part of the [Volunteer Centers of Iowa](#) network.

How to Help:

Individuals can volunteer to help, apply to serve on the donations oversight committee or donate to the annual fundraising campaign for Muscatine area charities.

People who are interested in volunteering in the Muscatine area can [search for volunteer opportunities](#) through the Volunteer Center of Muscatine's website. Nonprofits and organizations with a need for volunteers can [register](#) on the Volunteer Center of Muscatine's website and recruit volunteers.

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United Way of North Central Iowa

Contact Information:

Contact Name: Ms. Michelle Crooks
Office Address: 2911 4th Street SE, PO Box 1465 / Mason City, IA 50401
Phone: 641-423-1774
Email: programs@unitedwaynci.org
Website: www.unitedwaynci.org
County: Butler, Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Winnebago, Worth
Type of Work: Advocacy, Community Based

Description:

United Way of North Central Iowa envisions a world where all individuals and families achieve their human potential through [education](#), [income stability](#), and [healthy lives](#). Specific projects to feed hungry people in North Central Iowa include supporting the [Backpack Buddies](#) program, which provides meals for food insecure children to take home over days when school is not in session and the National Association of Letter Carriers' Stamp Out Hunger food drive.

How to Help:

There are opportunities for individuals to [donate money](#) and for farmers to donate [grain commodities](#), for individuals and teams to [volunteer](#), and for individuals to [advocate](#) on behalf of strong communities.

Volunteers are especially needed to volunteer to package meals for the Backpack Buddies program, to assist with the annual Stamp Out Hunger food drive, and to join a speaker's bureau that can point out the signs of chronic childhood hunger.

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United Way of Story County

Contact Information:

Contact Name: Ms. Jean Kresse
Office Address: 315 Clark Avenue / Ames, IA 50010
Phone: 515-268-5142
Email: jkresse@uwstory.org
Website: www.uwstory.org
County: Story
Type of Work: Advocacy, Community Based

Description:

United Way of Story County leverages relationships with [partner agencies](#), businesses, community members and experts outside of the area to identify needs and to develop, support and evaluate effective human services. Their work focuses on three areas: [Education](#), [Income](#) and [Health](#). Eliminating hunger falls under their income and education focus areas.

United Way of Story County helps feed at-risk students over the weekend through the BackPack program in four Ames elementary schools, Ballard and Nevada. They address increased food insecurity during the summer through their LIVE UNITED Food Drive each May and through the Food For Thought summer food and enrichment program in Nevada. As of 2014 a summer food and enrichment program will be held in Ames as well. They are also a founding member of the Story County Hunger Collaboration, a partnership to address the root causes of hunger in Story County.

How to Help:

United Way of Story County takes a collaborative approach to all of its work. Those interested in learning more or joining any of their hunger initiatives should [email Jean Kresse](#). United Way of Story County also manages a [community grants](#) program and encourages organizations in Story County to apply. Further opportunities are available through their [volunteerism](#), [advocacy](#) and [fundraising](#) programs.

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United Ways of Iowa

Contact Information:

Contact Name: Ms. Deanne Cook
Office Address: PO Box 316 / Johnston, IA 50131
Phone: 515-246-6513
Email: exec@uwiowa.org
Website: www.uwiowa.org
County: Activities Statewide
Type of Work: Advocacy, Community Based, Educational/School

Description:

United Ways of Iowa is a membership association of [local United Ways](#) serving the state of Iowa. Their efforts focus on supporting the outstanding work of local United Ways across the state, and working as a network to further build upon their collective impact in Iowa. Iowa United Ways' work focuses on improving the [education](#), [income](#), and [health](#) of communities across Iowa.

In addition to supporting local United Ways, United Ways of Iowa manages the [Iowa Reading Corps](#), an early grade reading initiative; and is active in [public policy](#) discussions.

How to Help:

United Ways and their community partners across Iowa have a variety of volunteer opportunities available. United Ways of Iowa invites Iowans to learn more about volunteer opportunities through their [local United Way](#), find volunteer opportunities statewide through [Volunteer Iowa](#), the website for the [Iowa Commission on Volunteer Service](#), or become engaged in advocacy through their [public policy](#) website. [Contact them](#) directly for more information.

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Universities Fighting World Hunger

Contact Information:

Contact Name: Dr. Harriet Giles
Office Address: College of Human Sciences / 210 Spidle Hall / Auburn, AL 36849
Phone: 334-844-3241
Email: gileshw@auburn.edu
Website: www.universitiesfightingworldhunger.org
County: Activities Statewide
Type of Work: Advocacy, Educational/School, International

Description:

Universities Fighting World Hunger consists of several universities, all doing their own part to fight hunger. The Auburn University chapter has several campaigns including Why Care?, which is a student lead campaign at Auburn University that aims to give everyone a voice and spark a global conversation about hunger.

How to Help:

Individuals in Iowa can support and join Universities Fighting World Hunger by [staying in contact](#) and up to date on events. Anyone, no matter where they live or whether they are a student or not, can show support by tweeting a picture saying "I care about hunger because..." to @WhyCare_ Anyone may attend the annual Universities Fighting World Hunger Summit. University students can provide further support by starting a Why Care? Campaign at their school, or possibly hosting a Summit in the future.

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University of Georgia Office of Global Programs

Contact Information:

Contact Name: Dr. Amrit Bart
Office Address: 216 Hoke Smith Building / Athens, GA 30602
Phone: 706-542-1073
Email: ogp@uga.edu
Website: www.global.uga.edu
County: Activities Statewide
Type of Work: Educational/School, International

Description:

The **University of Georgia Office of Global Programs** coordinates international programs in teaching, research and service. A portion of their international research is directed at developing countries, where many people live on less than \$1 per day. Scientists are exchanging technologies and ideas which will improve quality of life and will ensure that the United States has access to new technologies developed abroad. International programs are currently active in Ghana, Mali, Ethiopia, Tanzania, Bangladesh, Nepal, and Myanmar.

How to Help:

Iowans who are interested in collaboration in formulating innovative solutions should directly contact the University of Georgia Office of Global Programs.

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Urban Ambassadors

Contact Information:

Contact Name: Ms. Bethany Wilcoxon
Office Address: PO Box 8385 / Des Moines, IA 50301
Phone: N/A
Email: info@urbanambassadors.org
Website: www.urbanambassadors.org
County: Polk
Type of Work: Community Based

Description:

Urban Ambassadors serves as a hub for sustainable living in Greater Des Moines. Through their SEED projects, they rally community partners around specific needs or missing links that would help create a more sustainable city. They organize, promote, and document everything along the way so that projects can be replicated by anyone who would like to see a similar project take shape in their community.

How to Help:

Volunteer "Ambassadors" make the work of Urban Ambassadors possible. Those who are interested in finding out more should contact Urban Ambassadors directly.

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Urban Dreams

Contact Information:

Contact Name: Mr. Wayne Ford
Office Address: 1410 6th Avenue / Des Moines, IA 50314
Phone: 515-288-4742
Email: udinfo@urbandreams.org
Website: www.urbandreams.org
County: Polk
Type of Work: Community Based

Description:

Since 1985, **Urban Dreams** has been providing Des Moines' inner city and Central Iowa with a wide range of human service programs in a comfortable and non-threatening environment.

Urban Dreams' [programs](#) include substance abuse treatment and services, mental health treatment and services, support for young families through the Healthy Start & Empowerment program, a Social Mediation and Consultation program, Voter Education, the [AgCulture Youth Food and Farm Program](#), and an information and referral service.

How to Help:

Urban Dreams works closely with area churches, Polk County government, area colleges, and universities, and numerous other organizations and businesses which are mutually committed to the betterment of the Central Iowa. Along with the funding and support of contributing individuals and corporations, these organizations see their participation as an investment in the future of Des Moines and the state of Iowa.

Iowans are encouraged to contact Urban Dreams directly for more information about their programs or to donate, volunteer, or become involved.

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Urbandale Food Pantry

Contact Information:

Contact Name: Mrs. Eileen Boggess
Office Address: 7611 Douglas Avenue, Suite 34/35 / Urbandale, IA 50322
Phone: 515-251-6688
Email: info@urbandalefoodpantry.org
Website: www.urbandalefoodpantry.org
County: Polk
Type of Work: Food Pantry

Description:

The **Urbandale Food Pantry** is a collaborative community effort to reach out to neighbors to provide food assistance with dignity and compassion.

The pantry is open on Mondays: 10am–6:30pm and Wednesdays & Thursdays: 10am–2pm, except on holidays and when Urbandale Schools are closed due to inclement weather. Those seeking assistance should bring: 1) a picture I.D. for the head of household, 2) I.D.s for each member of the family requiring assistance 3) a current piece of mail (utility or telephone bill) that includes the name and current address of the resident.

How to Help:

People can support the Urbandale Food Pantry by [volunteering](#) or [making donations](#) of food, personal care, fresh produce, and monetary donations.

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USAID

Contact Information:

Contact Name: N/A
Office Address: 1300 Pennsylvania Ave NW / Washington, DC 20004
Phone: 202-712-4810
Email: N/A
Website: www.usaid.gov
County: Activities Statewide
Type of Work: Government Agency, International

Description:

USAID carries out U.S. foreign policy by promoting broad-scale human progress at the same time it expands stable, free societies, creates markets and trade partners for the United States, and fosters good will abroad. The United States has a long history of extending a helping hand to people overseas struggling to make a better life. U.S. foreign assistance has always had the twofold purpose of furthering America's interests while improving lives in the developing world.

Spending less than 1 percent of the total federal budget, USAID works in over 100 countries to: Promote broadly shared [economic prosperity](#); Strengthen [democracy and good governance](#); Protect [human rights](#); Improve [global health](#), Advance [food security](#) and [agriculture](#); Improve [environmental sustainability](#); Further [education](#); Help societies prevent and recover from [conflicts](#); and Provide [humanitarian assistance](#) in the wake of natural and man-made disasters.

USAID partners with a variety of organizations – from small businesses and local in-country organizations to universities and international NGOs – to support and implement a wide range of development programs around the world.

How to Help:

There are a variety of ways to partner with USAID. Through [Global Development Alliances](#), USAID works with companies large and small, foundations, NGOs and implementing partners, Diaspora groups, universities, and other donor agencies to address jointly defined objectives. In support of [Feed the Future](#), USAID builds partnerships in a number of areas that advance food security and agricultural development, including increasing productivity in key agricultural value chains, increasing incomes and market access of smallholder farmers, and catalyzing [private sector](#) investment for sustainable agricultural development.

USAID invites individuals and organizations to [share their ideas](#) and/or apply for funding through their [Development Innovations Ventures](#) or [Grand Challenges for Development](#) programs, or to [submit unsolicited proposals and grant applications](#).

Programs for individuals include the [Farmer to Farmer](#) program, which connects volunteer experts from the U.S. to respond to the local needs of host-country farmers and organizations. More opportunities to get involved with USAID are [listed online](#).

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USDA – Center for Faith-Based and Neighborhood Partnerships

Contact Information:

Contact Name: Ms. Norah Deluhery
Office Address: 1400 Independence Ave SW, Office of the Secretary, Room 544A / Washington, DC 20250
Phone: 202-720-2032
Email: collaborate@usda.gov
Website: www.usda.gov/partnerships
County: Activities Statewide
Type of Work: Government Agency

Description:

Most people know USDA leads the way in agriculture, natural resources, and food. Many don't know they're also about strengthening communities, nourishing kids, and impacting lives. **USDA's Center for Faith-Based and Neighborhood Partnerships** reaches out and connects government with non-profit organizations - both secular and faith-based - to help people in need. More information about how USDA works with local organizations is available online in [audio](#) and [transcript](#) form. They also provide an online collection of [tools and resources](#) for faith-based and community organizations.

How to Help:

Individuals and organizations can find out more about USDA programs and resources by [signing up](#) for their bi-weekly newsletter, or by [contacting](#) the Center for Faith Based and Neighborhood Partnerships.

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USDA – Food and Nutrition Service

Contact Information:

Contact Name: Mr. Bart Bushman
Office Address: 1244 Speer Blvd., Suite 903 / Denver, CO 80204
Phone: 303-844-0310
Email: bart.bushman@fns.usda.gov
Website: www.fns.usda.gov
County: Activities Statewide
Type of Work: Government Agency

Description:

USDA - Food and Nutrition Service partners with Federal, State, Tribal, and local organizations to administer the [Federal food assistance programs](#).

How to Help:

[Contact them directly](#) to explore opportunities to get involved in ending hunger and improving nutrition and health.

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The Iowa Hunger Directory

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Valley High School

Contact Information:

Contact Name: Mr. Brant Reif
Office Address: 3650 Woodland Avenue / West Des Moines, IA 50266
Phone: 515-633-4000
Email: reifb@wdmcs.org
Website: <http://schools.wdmcs.org/valley>
County: Dallas, Polk
Type of Work: Educational/School

Description:

Students and educators at **Valley High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mr. Brant Reif for more information and to explore opportunities to work together.

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Valley Southwoods Freshman High School

Contact Information:

Contact Name: Mrs. Luanne Baker
Office Address: 6350 S 35th Street / West Des Moines, IA 50265
Phone: 515-633-4500
Email: bakerl@wdmcs.org
Website: <http://schools.wdmcs.org/southwoods>
County: Dallas, Polk
Type of Work: Educational/School

Description:

Students and educators at **Valley Southwoods Freshman High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mrs. Luanne Baker for more information and to explore opportunities to work together.

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Valley United Methodist Church

Contact Information:

Contact Name: Ms. Vi Darsee
Office Address: 4201 Ashworth Road / West Des Moines, IA 50265
Phone: 515-225-8128
Email: vddarsee@q.com
Website: www.valleyumc.org
County: Polk
Type of Work: Faith Based

Description:

Valley United Methodist Church is a covenant people dedicated to God's work; a community dedicated to making disciples for Jesus Christ; a congregation making a solemn promise to God and the congregation to uphold the church with their prayers, presence, gifts and service; a diverse community with open hearts, open minds and open doors. The Mission Team at Valley United Methodist Church serves the community through support of Children and Families Urban Ministries, the food pantry, and youth and adult mission trips.

How to Help:

Those interested in working with Valley United Methodist Church should contact them directly.

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The Iowa Hunger Directory

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Van Buren County CROP Hunger Walk

Contact Information:

Contact Name: Ms. Ritzanna Seaton
Office Address: N/A
Phone: 641-693-4145
Email: rdseaton37@gmail.com
Website: N/A
County: Van Buren
Type of Work: Community Based, Faith Based, International

Description:

The **Van Buren County CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Van Buren County CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Ritzanna Seaton at rdseaton37@gmail.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Victory Center Rescue Mission

Contact Information:

Contact Name: Mr. Ray Gimenez
Office Address: 516 9th Avenue South / Clinton, IA 52732
Phone: 563-242-9016
Email: victorycenter@qwestoffice.net
Website: www.victorycenter.com
County: Clinton
Type of Work: Faith Based, Food Pantry, Meal Site

Description:

Victory Center Rescue Mission is dedicated to providing services for families, men, and women with children in need. Those services include: food, temporary shelter, employment assistance, counseling and biblical spiritual guidance. They provide hungry people with three meals a day every day of the week. They also provide bread, pastries, milk, juice, salad, and various other items, five days a week. Services are available to anyone, regardless of their sex, race, religious preference, nationality, and financial status.

How to Help:

The Victory Center Rescue Mission can be supported through [monetary donations](#) as well as donations of meat, canned goods, and fresh produce.

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Vineyard Community Church

Contact Information:

Contact Name: Ms. Nancy Magnall
Office Address: 319 West Bremer Avenue / Waverly, IA 50677
Phone: 319-352-2197
Email: nancymagnall@q.com
Website: N/A
County: Bremer
Type of Work: Faith Based, Meal Site

Description:

Vineyard Community Church serves a weekly community meal every Wednesday evening from 5:30-6:30. Emergency food boxes are available. Most of this food is received through a partnership with Northeast Iowa Food Bank.

How to Help:

Iowans can best support the work of Vineyard Community Church by supporting the [Northeast Iowa Food Bank](#), which provides most of the food served by Vineyard Community Church.

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Voluntary Action Center of the Iowa Great Lakes

Contact Information:

Contact Name: Ms. Amy Peterson
Office Address: 800 21st Street / Spirit Lake, IA 51360
Phone: 712-336-4444
Email: vaclakes@gmail.com
Website: www.facebook.com/VAClakes
County: Dickinson
Type of Work: Community Based

Description:

The **Voluntary Action Center of the Iowa Great Lakes** reaches out to individuals, employees, youth, and organizations interested in becoming volunteers to work toward solving community needs in over 30 volunteer stations in Dickinson County.

Their programs include a partnership with Spirit Lake and Okoboji schools to encourage and train youth volunteers to meet needs in the community; Days of Service and educational programs for volunteers throughout the community up to age 54; and the building of a community Time Bank and other Shareable economy programs. VAC's signature program is delivering Meals on Wheels in Dickinson County. The organization is a member of Meals on Wheels Association of America.

The Voluntary Action Center of the Iowa Great Lakes is affiliated with the [Volunteer Centers of Iowa](#) network.

How to Help:

Individuals who are interested in volunteering should contact the Voluntary Action Center directly or fill out a volunteer application to be matched with opportunities to serve with organizations in Dickinson County. Agencies seeking volunteers should call or email the Voluntary Action Center.

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Volunteer Center of Story County

Contact Information:

Contact Name: Ms. Anne Owens
Office Address: 130 S Sheldon Avenue, Suite 201 / Ames, IA 50014
Phone: 515-268-5323
Email: anne.owens@vcstory.org
Website: www.vcstory.org
County: Story
Type of Work: Community Based

Description:

The **Volunteer Center of Story County** builds strong community by inspiring, educating and mobilizing volunteers to address community needs in Story County. They connect volunteers with volunteer opportunities throughout Story County, promote volunteering and community involvement, recognize volunteers, and educate volunteer leaders.

How to Help:

The Volunteer Center of Story County provides a [database](#) of volunteer opportunities in Story County and encourages people who are interested in serving their communities to connect with one of these numerous opportunities in Story County. The Volunteer Center of Story County also has programs for [businesses](#) and [organizations](#) who are interested in giving back to their communities through supporting volunteerism.

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The Iowa Hunger Directory

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Volunteer Centers of Iowa

Contact Information:

Contact Name: Ms. Julie Neas
Office Address: N/A
Phone: 641-784-5381
Email: N/A
Website: www.volunteeriowa.org/Organizations/VolunteerCenters.aspx
County: Benton, Black Hawk, Bremer, Cedar, Cerro Gordo, Clarke, Clay, Dallas, Decatur, Dickinson, Dubuque, Iowa, Jefferson, Johnson, Jones, Lee, Linn, Lucas, Muscatine, Polk, Ringgold, Scott, Story, Union, Wapello, Warren, Washington, Wayne
Type of Work: Community Based

Description:

Volunteer Centers of Iowa (VCI) is a statewide network of 15 Volunteer Centers serving 29 counties. VCI helps the Volunteer Centers in its network to better meet the needs of their communities and promote volunteerism through information exchange, collaboration and support.

The VCI defines a Volunteer Center as a professional organization that maintains an online presence that facilitates engaging volunteers in meaningful opportunities to serve, heightens awareness of volunteering by recognizing community volunteers and builds the capacity for effective volunteering by providing learning opportunities in volunteer management.

How to Help:

Individuals are encouraged to [use the list](#) on the VCI website to connect with a volunteer center in their community. Iowans can also contact the [Iowa Commission on Volunteer Service](#) to learn more about starting a volunteer center in their community.

Organizations that fit the definition of a volunteer center and are interested in joining the VCI network should contact VCI President Julie Neas [by email](#) or calling 641-784-5381.

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Volunteer Network of Clay County

Contact Information:

Contact Name: Ms. Erin Pingel
Office Address: 1900 Grand Ave, Suite B1 / Spencer, IA 51301
Phone: 712-580-4865
Email: epingel@ilcc.cc.ia.us
Website: www.volunteerclaycounty.com
County: Clay
Type of Work: Community Based

Description:

The **Volunteer Network of Clay County** is a non-profit, community-based volunteer program that connects a diverse pool of committed volunteers to community needs. Their website presents a [list of volunteer needs](#) in Clay County and helps connect people who are interested in volunteering to organizations in need of volunteers.

The Volunteer Network of Clay County partners with local organizations to carry out its mission and promote volunteer days of service. It is also affiliated with the Volunteer Centers of Iowa network.

How to Help:

Individuals who are interested in volunteering in Clay County can [browse volunteer opportunities](#) on the Volunteer Network of Clay County's website. Nonprofits and organizations with a need for volunteers can [become partners](#) and post their needs on the website.

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The Iowa Hunger Directory

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Waco Canvass CROP Hunger Walk

Contact Information:

Contact Name: Mr. Larry Roth
Office Address: N/A
Phone: 319-331-5986
Email: rothnuss@farmtel.net
Website: N/A
County: Henry
Type of Work: Community Based, Faith Based, International

Description:

The **Waco Canvas CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Waco Canvas CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Larry Roth at rothnuss@farmtel.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Wallace Centers of Iowa

Contact Information:

Contact Name: Ms. Diane Weiland
Office Address: 756 16th Street / Des Moines, IA 50314
Phone: 515-243-7063
Email: dianeweiland@wallace.org
Website: www.wallace.org
County: Adair, Adams, Cass, Clarke, Decatur, Greene, Guthrie, Madison, Polk, Ringgold, Taylor, Union, Warren
Type of Work: Community Based, Educational/School

Description:

The **Wallace Centers of Iowa** provides [a variety of programs and services](#) to build awareness of local food, sustainable agriculture, and civility. The Wallace Centers of Iowa serves both urban and rural communities with [locations](#) at the Henry A. Wallace Country Life Center in rural Orient and the Wallace House in Des Moines.

The Wallace Centers have several programs related to hunger and food issues: [Food for Thought](#) combines locally-sourced dining with conversation about food. A local expert is often on hand each Thursday evening from 5:30 to 8 pm at the Wallace House in to discuss the week's theme.

[Real Soil, Real Food, A Real Difference](#) offers high school students an intensive exploration of today's food and sustainable agriculture issues with an independent project for change. In addition to studying critical food issues, each day they take part in team building, networking, physical activities, and field trips to food-related sites such as DuPont Pioneer, the Neely-Kinyon Research Farm, the World Food Prize, and Iowa State University.

[One Step at a Time](#) provides education, mentoring, support, expertise and commercial kitchen space for growers to create, test, process, package and market a new food product. Adding value to what small farmers grow insures additional income, year-round sales, and pride in a product that will be enjoyed throughout Iowa and beyond.

How to Help:

Iowans can support the work of the Wallace Centers of Iowa through [donations](#), [volunteering](#), and by [participating in their programs](#). For more information or to get involved with Real Soil, Real Food, A Real Difference or the One Step at a Time programs, contact Diane Weiland at 641-337-5019 or dianeweiland@wallace.org. To make a reservation to attend a Food for Thought dinner, call 515-243-7063 or email deannebryce@wallace.org.

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The Iowa Hunger Directory

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Wallace's Farmer

Contact Information:

Contact Name: Mr. Rod Swoboda
Office Address: 6200 Aurora Ave., Suite 609E / Urbandale, IA 50322
Phone: 515-505-1540
Email: rswoboda@farmprogress.com
Website: www.farmprogress.com
County: Activities Statewide, Polk
Type of Work: Corporate

Description:

Wallace's Farmer is the Iowa branch of Farm Progress Companies, Inc., a business unit of Penton Agriculture, the largest most diversified agriculture information business in North America. Through a robust network of live events, digital products, data, marketing services, broadcasting and publications, Penton Ag is connected to nearly 75% of the 2.2 million farms and ranches in the U.S., and an estimated 85% of the nation's annual agricultural gross domestic product.

Wallace's Farmer magazine and website often cover initiatives, grants, and programs that support farmers and combat hunger in Iowa and rural America.

How to Help:

Iowans can become involved by [subscribing](#) to receive a monthly hard copy of Wallace's Farmer magazine, browsing the free news stories and information [online](#), signing up for the Wallace's Farmer [newsletters](#), or reading the [free online version](#) of Wallace's Farmer magazine, which is published a week after the print magazines are mailed to subscribers. Press releases should be sent to the editor, Mr. Rod Swoboda, at rswoboda@farmprogress.com.

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The Iowa Hunger Directory

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Wartburg – Waverly CROP Hunger Walk

Contact Information:

Contact Name: Mr. & Mrs. Alan and Phyllis Charlson
Office Address: Waverly
Phone: 319-352-4182
Email: acharlson@sbtcompany.com
Website: N/A
County: Bremer
Type of Work: Community Based, Faith Based, International

Description:

The **Wartburg - Waverly CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Wartburg - Waverly CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Alan and Phyllis Charlson at acharlson@sbtcompany.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Washington CROP Hunger Walk

Contact Information:

Contact Name: Mr. Jim Stiles
Office Address: N/A
Phone: 319-653-5446
Email: office@washingtonumc.com
Website: N/A
County: Cerro Gordo
Type of Work: Community Based, Faith Based, International

Description:

The **Washington CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Washington CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Jim Stiles at office@washingtonumc.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Washington FRB Growing Project

Contact Information:

Contact Name: Mr. & Mrs. Dave and Linda Birney
Office Address: 2054 Riverside Road / Washington, IA 52363
Phone: N/A
Email: birney@cloudburst9.net
Website: N/A
County: Washington
Type of Work: Community Based, Faith Based, International

Description:

The **Washington FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Washington Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Washington area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinators Mr. & Mrs. Dave and Linda Birney to become involved with the Washington FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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The Iowa Hunger Directory

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Waterloo CoB CROP Chili Supper

Contact Information:

Contact Name: Ms. Barbara Miller
Office Address: Waterloo
Phone: 319-232-0218
Email: barb@iowashows.com
Website: N/A
County: Black Hawk
Type of Work: Community Based, Faith Based, International

Description:

The **Waterloo CoB CROP Chili Supper** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

The CROP Chili Supper helps to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, the CROP Supper returns 25 percent of the funds it raises to hunger-fighting programs in Waterloo.

How to Help:

Individuals and organizations can support the work of the Waterloo CoB CROP Chili Supper through volunteering to help organize the supper, fundraising and participating in the supper. For more information, contact Barbara Miller at barb@iowashows.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Waterloo CROP Hunger Walk

Contact Information:

Contact Name: Mr. Brad Braley
Office Address: Waterloo
Phone: 319-277-3930
Email: bradbraley@cfu.net
Website: N/A
County: Black Hawk
Type of Work: Community Based, Faith Based, International

Description:

The **Waterloo CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Waterloo CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Brad Braley at bradbraley@cfu.net or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Waterloo Harvest of Hope FRB Growing Project

Contact Information:

Contact Name: Mr. Marlin Hershey
Office Address: 11445 Barnes Ferry Road / LaPorte City, IA 50651
Phone: 319-939-5045
Email: hersheyjl@lpctel.net
Website: N/A
County: Black Hawk
Type of Work: Community Based, Faith Based, International

Description:

The **Waterloo FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in Central America and Africa to grow their own food.

A collaboration between local church congregations, businesses and farmers, the Waterloo Harvest of Hope FRB Growing Project raises funds that are sent to Central America and Africa through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Waterloo area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinator Mr. Marlin Hershey to become involved with the Waterloo Harvest of Hope FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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Waukee High School

Contact Information:

Contact Name: Mrs. Amanda Weeks
Office Address: 555 SE University Ave / Waukee, IA 50263
Phone: 515-987-5163
Email: aweeks@waukeeschools.org
Website: www.waukeeschools.org/school/waukee-high-school
County: Dallas
Type of Work: Educational/School

Description:

Students and educators at **Waukee High School** work to alleviate hunger through educational and service-learning projects.

For example, students participated in an [Oxfam America](#) Hunger Banquet in 2014, followed by a hunger fight that packaged 17,064 meals in partnership with [Meals From The Heartland](#).

How to Help:

Iowans are encouraged to contact Mrs. Amanda Weeks for more information and to explore opportunities to work together.

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Waverly Community Sharing Gardens

Contact Information:

Contact Name: Mr. Tab Ray
Office Address: 200 First Street NE, Box 616 / Waverly, IA 50677
Phone: 319-352-6263
Email: garden@ci.waverly.ia.us
Website: www.waverlyia.com/leisure-services/facilities/parks/community-garden.aspx
County: Bremer
Type of Work: Community Based, Government Agency

Description:

The **Waverly Community Sharing Gardens** are community gardens in the City of Waverly that donate produce to area food pantries to feed the hungry in Northeast Iowa. Produce is among the most needed items at area food banks, and the gardens provide opportunities for Waverly area residents to exercise and recreate while providing for the less fortunate in their community.

How to Help:

The Waverly Community Sharing Gardens are always looking for gardeners to help in the garden. Interested Iowans should contact the garden to find out about opportunities to volunteer.

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Webster City CROP Hunger Walk

Contact Information:

Contact Name: Ms. Mabel Prescott
Office Address: Webster City
Phone: 515-832-4478
Email: N/A
Website: N/A
County: Hamilton
Type of Work: Community Based, Faith Based, International

Description:

The **Webster City CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Webster City CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Ms. Mabel Prescott at 515-832-4478 or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Webster County F.O.O.D. FRB Growing Project

Contact Information:

Contact Name: Mr. Wynn Touney
Office Address: 2621 20th Avenue N / Fort Dodge, IA 50501
Phone: 515-576-2296
Email: wtouney@hotmail.com
Website: N/A
County: Webster
Type of Work: Community Based, Faith Based, International

Description:

The **Webster County F.E.E.D. FRB Growing Project** is a community initiative to help end hunger overseas by supporting communities in developing nations to grow their own food.

A collaboration between church congregations, businesses and farmers, the Webster County F.E.E.D. FRB Growing Project raises funds that are sent overseas through the Foods Resource Bank (FRB) network.

As a Christian response to world hunger, [Foods Resource Bank](#) links the grassroots energy and commitment of the U.S. agricultural community with the capability and desire of small farmers in developing countries to grow lasting solutions to hunger.

How to Help:

Individuals, churches and other organizations in the Fort Dodge area and surrounding rural communities can support this Growing Project through fundraising, volunteering time and talents, or through other creative opportunities for partnership.

Iowans are encouraged to directly contact coordinator Mr. Wynn Touney, to become involved with the Webster County F.E.E.D. FRB Growing Project.

For more information about Foods Resource Bank or to learn about starting a new FRB Growing Project, please call (888) 276-4FRB or email admin@foodsresourcebank.org.

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Wellness & Independence through Nutrition – Clinton Jones Lynn Muscatine & Scott Counties

Contact Information:

Contact Name: Ms. Phyllis Zalenski
Office Address: 800 N. Maple Street, PO Box 28 / Monticello, IA 52310
Phone: 319-465-3224
Email: zalenski@iastate.edu
Website: www.extension.iastate.edu/humansciences/food-assistance-outreach
County: Clinton, Jones, Linn, Muscatine, Scott
Type of Work: Educational/School, Government Agency

Description:

The goal of the **Wellness and Independence through Nutrition Program (WIN)**, formerly known as the Food Assistance Outreach Project, is to reduce hunger in underserved mid-life and older Iowans, age 50 years and older, who are eligible for but not yet enrolled in the food assistance program.

ISU Extension and Outreach Human Sciences Specialists and County Staff in select areas recruit and train WIN Program Volunteer Educators to reach out to various populations to promote awareness of how food assistance can improve nutrition and quality of life for adults age 50+ and to increase awareness of budget-friendly nutrition practices for mid-life and older adults.

How to Help:

Individuals can support the mission of the WIN Program by serving as volunteer educators. WIN Program Volunteer Educators are asked to attend a training session (up to 2 hours) that talks about the program and how to conduct the presentations; contact prospective presentation locations serving adults age 50+ years to schedule presentations; conduct WIN Program presentations (includes in-person presentations, attending display boards, distributing WIN Guides, and facilitating WIN DVD viewing); and complete WIN Program paperwork as needed.

Organizations can support the mission of the WIN Program by agreeing to serve as presentation locations, distribute WIN Guides, or host a display. Individuals and organizations interested in learning more and supporting the mission of the WIN Programs are encouraged to contact the WIN Coordinator closest to them.

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Wellness & Independence through Nutrition – Des Moines County

Contact Information:

Contact Name: Ms. Patricia Steiner
Office Address: 102 W Main Street / Mediapolis, IA 52637
Phone: 319-394-9433
Email: psteiner@iastate.edu
Website: www.extension.iastate.edu/humansciences/food-assistance-outreach
County: Des Moines
Type of Work: Educational/School, Government Agency

Description:

The goal of the **Wellness and Independence through Nutrition Program (WIN)**, formerly known as the Food Assistance Outreach Project, is to reduce hunger in underserved mid-life and older Iowans, age 50 years and older, who are eligible for but not yet enrolled in the food assistance program.

ISU Extension and Outreach Human Sciences Specialists and County Staff in select areas recruit and train WIN Program Volunteer Educators to reach out to various populations to promote awareness of how food assistance can improve nutrition and quality of life for adults age 50+ and to increase awareness of budget-friendly nutrition practices for mid-life and older adults.

How to Help:

Individuals can support the mission of the WIN Program by serving as volunteer educators. WIN Program Volunteer Educators are asked to attend a training session (up to 2 hours) that talks about the program and how to conduct the presentations; contact prospective presentation locations serving adults age 50+ years to schedule presentations; conduct WIN Program presentations (includes in-person presentations, attending display boards, distributing WIN Guides, and facilitating WIN DVD viewing); and complete WIN Program paperwork as needed.

Organizations can support the mission of the WIN Program by agreeing to serve as presentation locations, distribute WIN Guides, or host a display. Individuals and organizations interested in learning more and supporting the mission of the WIN Programs are encouraged to contact the WIN Coordinator closest to them.

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Wellness & Independence through Nutrition – Extension Region 10 & 15

Contact Information:

Contact Name: Ms. Rachel Wall
Office Address: 3109 Old Highway 218 S / Iowa City, IA 52246
Phone: 319-337-2145
Email: wallr@iastate.edu
Website: www.extension.iastate.edu/humansciences/food-assistance-outreach
County: Benton, Iowa, Johnson, Jones, Keokuk, Linn, Washington
Type of Work: Educational/School, Government Agency

Description:

The goal of the **Wellness and Independence through Nutrition Program (WIN)**, formerly known as the Food Assistance Outreach Project, is to reduce hunger in underserved mid-life and older Iowans, age 50 years and older, who are eligible for but not yet enrolled in the food assistance program.

ISU Extension and Outreach Human Sciences Specialists and County Staff in select areas recruit and train WIN Program Volunteer Educators to reach out to various populations to promote awareness of how food assistance can improve nutrition and quality of life for adults age 50+ and to increase awareness of budget-friendly nutrition practices for mid-life and older adults.

How to Help:

Individuals can support the mission of the WIN Program by serving as volunteer educators. WIN Program Volunteer Educators are asked to attend a training session (up to 2 hours) that talks about the program and how to conduct the presentations; contact prospective presentation locations serving adults age 50+ years to schedule presentations; conduct WIN Program presentations (includes in-person presentations, attending display boards, distributing WIN Guides, and facilitating WIN DVD viewing); and complete WIN Program paperwork as needed.

Organizations can support the mission of the WIN Program by agreeing to serve as presentation locations, distribute WIN Guides, or host a display. Individuals and organizations interested in learning more and supporting the mission of the WIN Programs are encouraged to contact the WIN Coordinator closest to them.

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Wellness & Independence through Nutrition – Extension Region 13

Contact Information:

Contact Name: Ms. Mary Krisco
Office Address: 1625 Adventureland Drive, Suite A / Altoona, IA 50009
Phone: 515-957-5787
Email: mkrisco@iastate.edu
Website: www.extension.iastate.edu/humansciences/food-assistance-outreach
County: Dallas, Madison, Polk, Warren
Type of Work: Educational/School, Government Agency

Description:

The goal of the **Wellness and Independence through Nutrition Program (WIN)**, formerly known as the Food Assistance Outreach Project, is to reduce hunger in underserved mid-life and older Iowans, age 50 years and older, who are eligible for but not yet enrolled in the food assistance program.

ISU Extension and Outreach Human Sciences Specialists and County Staff in select areas recruit and train WIN Program Volunteer Educators to reach out to various populations to promote awareness of how food assistance can improve nutrition and quality of life for adults age 50+ and to increase awareness of budget-friendly nutrition practices for mid-life and older adults.

How to Help:

Individuals can support the mission of the WIN Program by serving as volunteer educators. WIN Program Volunteer Educators are asked to attend a training session (up to 2 hours) that talks about the program and how to conduct the presentations; contact prospective presentation locations serving adults age 50+ years to schedule presentations; conduct WIN Program presentations (includes in-person presentations, attending display boards, distributing WIN Guides, and facilitating WIN DVD viewing); and complete WIN Program paperwork as needed.

Organizations can support the mission of the WIN Program by agreeing to serve as presentation locations, distribute WIN Guides, or host a display. Individuals and organizations interested in learning more and supporting the mission of the WIN Programs are encouraged to contact the WIN Coordinator closest to them.

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Wellness & Independence through Nutrition – Fremont County

Contact Information:

Contact Name: Mrs. Mandy Maher
Office Address: 610 Clay Street Box 420 / Sidney, IA 51652
Phone: 712-374-2351
Email: mmaher@iastate.edu
Website: www.extension.iastate.edu/humansciences/food-assistance-outreach
County: Fremont
Type of Work: Educational/School, Government Agency

Description:

The goal of the **Wellness and Independence through Nutrition Program (WIN)**, formerly known as the Food Assistance Outreach Project, is to reduce hunger in underserved mid-life and older Iowans, age 50 years and older, who are eligible for but not yet enrolled in the food assistance program.

ISU Extension and Outreach Human Sciences Specialists and County Staff in select areas recruit and train WIN Program Volunteer Educators to reach out to various populations to promote awareness of how food assistance can improve nutrition and quality of life for adults age 50+ and to increase awareness of budget-friendly nutrition practices for mid-life and older adults.

How to Help:

Individuals can support the mission of the WIN Program by serving as volunteer educators. WIN Program Volunteer Educators are asked to attend a training session (up to 2 hours) that talks about the program and how to conduct the presentations; contact prospective presentation locations serving adults age 50+ years to schedule presentations; conduct WIN Program presentations (includes in-person presentations, attending display boards, distributing WIN Guides, and facilitating WIN DVD viewing); and complete WIN Program paperwork as needed.

Organizations can support the mission of the WIN Program by agreeing to serve as presentation locations, distribute WIN Guides, or host a display. Individuals and organizations interested in learning more and supporting the mission of the WIN Programs are encouraged to contact the WIN Coordinator closest to them.

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Wellness & Independence through Nutrition – Mills & Pottawattamie Counties

Contact Information:

Contact Name: Ms. Barbara Fuller
Office Address: N/A
Phone: 641-202-1843
Email: bfuller@iastate.edu
Website: www.extension.iastate.edu/humansciences/food-assistance-outreach
County: Mills, Pottawattamie
Type of Work: Educational/School, Government Agency

Description:

The goal of the **Wellness and Independence through Nutrition Program (WIN)**, formerly known as the Food Assistance Outreach Project, is to reduce hunger in underserved mid-life and older Iowans, age 50 years and older, who are eligible for but not yet enrolled in the food assistance program.

ISU Extension and Outreach Human Sciences Specialists and County Staff in select areas recruit and train WIN Program Volunteer Educators to reach out to various populations to promote awareness of how food assistance can improve nutrition and quality of life for adults age 50+ and to increase awareness of budget-friendly nutrition practices for mid-life and older adults.

How to Help:

Individuals can support the mission of the WIN Program by serving as volunteer educators. WIN Program Volunteer Educators are asked to attend a training session (up to 2 hours) that talks about the program and how to conduct the presentations; contact prospective presentation locations serving adults age 50+ years to schedule presentations; conduct WIN Program presentations (includes in-person presentations, attending display boards, distributing WIN Guides, and facilitating WIN DVD viewing); and complete WIN Program paperwork as needed.

Organizations can support the mission of the WIN Program by agreeing to serve as presentation locations, distribute WIN Guides, or host a display. Individuals and organizations interested in learning more and supporting the mission of the WIN Programs are encouraged to contact the WIN Coordinator closest to them.

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Wellness & Independence through Nutrition – Regions 2 & 3

Contact Information:

Contact Name: Ms. Nancy Clark
Office Address: 727 Sumner Avenue / Humboldt, IA 50548
Phone: 515-332-2201
Email: nanclark@iastate.edu
Website: www.extension.iastate.edu/humansciences/food-assistance-outreach
County: Cerro Gordo, Emmet, Floyd, Franklin, Hancock, Kossuth, Mitchell, Palo Alto, Winnebago, Worth
Type of Work: Educational/School, Government Agency

Description:

The goal of the **Wellness and Independence through Nutrition Program (WIN)**, formerly known as the Food Assistance Outreach Project, is to reduce hunger in underserved mid-life and older Iowans, age 50 years and older, who are eligible for but not yet enrolled in the food assistance program.

ISU Extension and Outreach Human Sciences Specialists and County Staff in select areas recruit and train WIN Program Volunteer Educators to reach out to various populations to promote awareness of how food assistance can improve nutrition and quality of life for adults age 50+ and to increase awareness of budget-friendly nutrition practices for mid-life and older adults.

How to Help:

Individuals can support the mission of the WIN Program by serving as volunteer educators. WIN Program Volunteer Educators are asked to attend a training session (up to 2 hours) that talks about the program and how to conduct the presentations; contact prospective presentation locations serving adults age 50+ years to schedule presentations; conduct WIN Program presentations (includes in-person presentations, attending display boards, distributing WIN Guides, and facilitating WIN DVD viewing); and complete WIN Program paperwork as needed.

Organizations can support the mission of the WIN Program by agreeing to serve as presentation locations, distribute WIN Guides, or host a display. Individuals and organizations interested in learning more and supporting the mission of the WIN Programs are encouraged to contact the WIN Coordinator closest to them.

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West Branch High School

Contact Information:

Contact Name: Mr. Bill Brendlinger
Office Address: 900 Main Street / West Branch, IA 52358
Phone: 319-643-7216
Email: bbrendlinger@west-branch.k12.ia.us
Website: www.west-branch.k12.ia.us
County: Cedar, Johnson
Type of Work: Educational/School

Description:

Students and educators at **West Branch High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mr. Bill Brendlinger for more information and to explore opportunities to work together.

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West Branch Lions Club

Contact Information:

Contact Name: Mr. Mike Quinlan
Office Address: West Branch, IA
Phone: 319-631-4017
Email: bigquin9@lcom.net
Website: www.facebook.com/pages/West-Branch-Iowa-Lions-Club/490169877776750
County: Cedar, Johnson
Type of Work: Community Based

Description:

The **West Branch Lions Club** in West Branch, Iowa is one of 46,000 clubs worldwide. Lions Club members, or "Lions" move to make a difference locally and globally. Lions are best known for their efforts to eradicate preventable blindness, but also participate in many other kinds of projects, including assisting those in need, sponsoring international exchanges for young people, providing supplies to victims of natural disasters and bringing clean drinking water to remote villages.

As one of its service projects in 2014, the West Branch Lions Club organized a meal packaging event to honor the 50th anniversary of President Hoover's state funeral. Over 250 volunteers packaged 84,024 meals to help alleviate hunger in Iowa and around the world.

How to Help:

Lions are groups of service-minded men and women who are interested in improving their communities. To be a Lion is to be an active volunteer, a member of a respected international organization, a leader in the community and a friend to people in need. Iowans are encouraged to contact Mike Quinlan to join the West Branch Lions Club, or contact the Iowa state office at iowalions@aol.com or (515) 232-2215 to find another Lions Club in their area of residence.

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West Central

Contact Information:

Contact Name: Ms. Alicia Clancy
Office Address: PO Box 68, 406 First Street / Ralston, IA 51459
Phone: 712-667-3334
Email: aclancy@westcentral.net
Website: www.west-central.com
County: Adair, Audubon, Boone, Carroll, Cass, Crawford, Dallas, Greene, Pottawattamie, Sac, Shelby, Webster
Type of Work: Corporate

Description:

West Central is a farmer owned cooperative with headquarters in Ralston, Iowa. West Central operates a licensed public grain warehouse, provides grain marketing services; supplies feed, fertilizer, chemicals, and other merchandise; and manufactures and markets dairy nutrition products. Since 1933, West Central has been an active and accountable member of the communities it serves through [corporate donations](#) and [volunteer efforts](#).

Annually, West Central puts approximately \$100,000 back into area community economies through donations, sponsorship programs and scholarships. Corporate giving focuses on rural youth leadership development, farm and agricultural safety, and community betterment and returning value to local communities.

In addition to West Central's corporate giving program, West Central happily invests in local communities through the involvement of WC employees within the community. To date, West Central employees have given back to the community through their involvement with disaster relief, neighborhood renovation, school programming, community events and more.

How to Help:

Individuals and organizations seeking support should complete and submit a [corporate giving request](#) form. Groups or organizations seeking West Central's participation in a program or event should request volunteer resources from the cooperative by completing and submitting a [corporate volunteerism request](#) form.

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West Des Moines Human Services

Contact Information:

Contact Name: Ms. Stephanie Corbett
Office Address: 318 5th St PO Box 65320 / West Des Moines, IA 50265
Phone: 515-222-3662
Email: stephanie.corbett@wdm.iowa.gov
Website: www.wdmhumanservices.com
County: Dallas, Polk
Type of Work: Food Pantry

Description:

West Des Moines Human Services assists low-income, elderly, and disabled residents in WDM and surrounding western suburbs. They provide emergency assistance to over 1600 households in need including food, clothing, transportation, emergency rent and utility assistance, subsidies for day care, and youth scholarships to eligible households.

The food pantry at West Des Moines Human Services is part of the [DMARC](#) food pantry network serving residents of West Des Moines & Clive. Food orders are available once per month. The pantry is open: Mondays, Tuesdays & Thursdays: 8:30am-3pm, Wednesdays & Fridays: 8:30am-12pm. For every visit please bring a photo ID for the head of household, identification for all household members needing food, & a current piece of certified mail (i.e. utility bill) from the last 30 days.

How to Help:

They always appreciate [volunteers](#) to help in the food pantry as well as [donations](#) of food & personal care items.

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West Liberty CROP Hunger Walk

Contact Information:

Contact Name: Mr. Ken Ruegsegger
Office Address: West Liberty
Phone: 319-627-4714
Email: N/A
Website: N/A
County: Muscatine
Type of Work: Community Based, Faith Based, International

Description:

The **West Liberty CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the West Liberty CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Mr. Ken Ruegsegger at 319-627-4714 or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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West Marshall High School

Contact Information:

Contact Name: Mr. Jason Carolan
Office Address: PO Box 670 / State Center, IA 50247
Phone: 641-483-2136
Email: jcarolan@wmcsd.org
Website: www.w-marshal.k12.ia.us
County: Marshall
Type of Work: Educational/School

Description:

Students and educators at **West Marshall High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mr. Jason Carolan for more information and to explore opportunities to work together.

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West Union CROP Hunger Walk

Contact Information:

Contact Name: Mr. Jordan Bles
Office Address: N/A
Phone: 515-274-2224
Email: jbles@cwsglobal.org
Website: N/A
County: Fayette
Type of Work: Community Based, Faith Based, International

Description:

The **West Union CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the West Union CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Western Iowa Synod of the Evangelical Lutheran Church in America

Contact Information:

Contact Name: Ms. Cindy Wells
Office Address: 318 E Fifth Street / Storm Lake, IA 50588
Phone: 712-732-4968
Email: cindy.wells@wisynod.org
Website: www.wisynod.org
County: Adair, Adams, Audubon, Buena Vista, Calhoun, Carroll, Cass, Cherokee, Clay, Crawford, Dickinson, Emmet, Fremont, Greene, Guthrie, Hamilton, Hancock, Harrison, Humboldt, Ida, Kossuth, Lyon, Mills, Monona, Montgomery, O'Brien, Osceola, Page, Palo Alto, Plymouth, Pocahontas, Pottawattamie, Ringgold, Sac, Shelby, Sioux, Taylor, Union, Webster, Winnebago, Woodbury, Wright
Type of Work: Faith Based, International

Description:

The **Western Iowa Synod of the Evangelical Lutheran Church in America** combats hunger domestically and globally through awareness, advocacy, networking, growing projects, and sustainable agriculture efforts. This synod partners with two companion synods--the Southern Diocese of the Evangelical Lutheran Church in Tanzania and the whole of the Evangelical Lutheran Church in Chile--where they affect hunger through clean water, girls secondary, medical and sustainable agriculture initiatives.

How to Help:

To donate, volunteer, or learn more, go to their website at www.wisynod.org or contact Ms. Wells at cindy.wells@wisynod.org or 712-732-4968 Ext. 441 or 318 E Fifth St., Storm Lake, IA 50588. For more information about their domestic hunger work, please email Pr. Jeff Ungs at jeff.ungs.rev@wisynod.org.

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Westminster Presbyterian Church

Contact Information:

Contact Name: Rev. Michelle Parsons
Office Address: 4114 Allison Avenue / Des Moines, IA 50310
Phone: 515-274-1534
Email: mparsons@westpres.org
Website: www.westpres.org
County: Polk
Type of Work: Faith Based

Description:

Westminster Presbyterian Church supports the food pantry through donations of food and support of their Backpack Buddies program for hungry children attending Holy Family and Morris Elementary schools.

How to Help:

The greatest need for help is delivering food for the backpack buddies program to the schools weekly. Volunteers with a van or pickup truck are preferred as the tubs of food are too large for cars. Those interested in finding out more or in volunteering should contact the Westminster Presbyterian Church office.

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Whiting CROP Hunger Walk

Contact Information:

Contact Name: Ms. Fran Haack
Office Address: Whiting, IA
Phone: 712-455-2208
Email: rhaack@longlines.com
Website: N/A
County: Monona
Type of Work: Community Based, Faith Based, International

Description:

The **Whiting CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Whiting CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Fran Haack at rhaack@longlines.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Williamsburg High School

Contact Information:

Contact Name: Mrs. Tanya Lemburg
Office Address: 810 W. Walnut / Williamsburg, IA 52361
Phone: 316-668-1050
Email: tlemburg@williamsburg.k12.ia.us
Website: www.edline.net/pages/Williamsburg_Jr_Sr_High_School
County: Iowa
Type of Work: Educational/School

Description:

Students and educators at **Williamsburg High School** work to alleviate hunger through educational and service-learning projects.

How to Help:

Iowans are encouraged to contact Mrs. Tanya Lemburg for more information and to explore opportunities to work together.

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Wilton-Durant CROP Hunger Walk

Contact Information:

Contact Name: Ms. Jennifer Jennings
Office Address: N/A
Phone: 563-732-2379
Email: N/A
Website: N/A
County: Cedar, Muscatine, Scott
Type of Work: Community Based, Faith Based, International

Description:

The **Wilton-Durant CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Wilton-Durant CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Ms. Jennifer Jennings at 563-732-2379 or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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Windsor Heights Lutheran Church

Contact Information:

Contact Name: Rev. George Hanusa
Office Address: 1240 66th Street / Windsor Heights, IA 50324
Phone: 515-277-6277
Email: N/A
Website: www.whlc.org
County: Polk
Type of Work: Faith Based

Description:

Windsor Heights Lutheran Church is a Christ-centered community of hope and belonging for all. They focus their discipleship on the themes of invitation, growth, and service. Windsor Heights Lutheran Church has a strong commitment to sharing what God has provided. They serve supper at [Central Iowa Shelter and Services](#) on the 11th of each month, help with [Family Promise](#) by housing homeless families at the church, invite [Mosaic](#) residents to their worship services, collect and deliver food to the DMARC Food Pantry, and build homes through [Habitat for Humanity](#).

How to Help:

Individuals and organizations that are interested in supporting the service ministries of Windsor Heights Lutheran Church should contact them by at 515-277-6277 or [through their website](#).

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Winterset CROP Hunger Walk

Contact Information:

Contact Name: Ms. Linda Armstrong
Office Address: Winterset
Phone: 515-975-9884
Email: larmstro@cds-global.com
Website: N/A
County: Madison
Type of Work: Community Based, Faith Based, International

Description:

The **Winterset CROP Hunger Walk** is a community-wide event sponsored by [Church World Service](#) and organized by local volunteers to raise funds to end hunger.

CROP Hunger Walks help to support the overall ministry of Church World Service, especially grassroots, hunger-fighting development efforts around the world. In addition, each local CROP Hunger Walk in Iowa returns 25 percent of the funds it raises to hunger-fighting programs in its own community.

How to Help:

Individuals and organizations can support the work of the Winterset CROP Hunger Walk through volunteering to help organize the walk, fundraising and participating in the walk. For more information, contact Linda Armstrong at larmstro@cds-global.com or Church World Service Regional Director Jordan Bles at 515-274-2224 or jbles@cwsglobal.org.

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WISHH - World Initiative for Soy in Human Health

Contact Information:

Contact Name: Mr. James Hershey
Office Address: 12125 Woodcrest Executive Dr., Suite 100 / St. Louis, MO 63141
Phone: 314-576-1770
Email: wishh@soy.org
Website: www.wishh.org
County: Activities Statewide
Type of Work: International

Description:

The **World Initiative for Soy in Human Health** (WISHH), a program of the American Soybean Association (ASA), brings the benefits of U.S. soy protein to developing countries where it can make a difference in lives today and in the future.

Since 2000, WISHH has been enhancing the protein intake of many nations through market development, humanitarian assistance, education and research. WISHH also understands that developing nations of today are tomorrow's customers for U.S. soy. All of the top 10 export countries for U.S. soy are current or former recipients of U.S. foreign aid assistance.

How to Help:

Iowans are encouraged to attend the Midwest Soy Protein Workshop or to contact WISHH at wishh@soy.org to explore opportunities to work together.

The Midwest Workshop is held at the National Soybean Research Laboratory at the University of Illinois in Champaign. The Workshop hosts representatives of voluntary organizations, U.S. government officials, soybean farmer and industry leaders to discuss the role of soy in international food assistance programs. Attendees explore how to expand the use of soy in their food aid programs around the world.

For additional information on the workshop, contact Kendra Murphy, WISHH Executive Assistant and Conference Planner at kmurphy@soy.org or (314) 754-1320.

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Women's International League for Peace and Freedom - Des Moines Branch

Contact Information:

Contact Name: Ms. Jan Corderman
Office Address: Des Moines, IA
Phone: N/A
Email: wilpf.dsm@gmail.com
Website: www.facebook.com/wilpfdsm
County: Polk
Type of Work: Advocacy

Description:

The **Women's International League for Peace and Freedom - Des Moines Branch** (WILPF) works to create an environment of political, economic, social and psychological freedom for all members of the human community, so that true peace can be enjoyed by all. WILPF International was founded at a multi-national conference of over 1000 women in 1915 to protest World War One and lay the groundwork for sustainable peace.

In today's context WILPF advocates for five aims: 1. the equality of all people in a world free of sexism, racism, classism, and homophobia, 2. the guarantee of fundamental human rights including the right to sustainable development, 3. an end to all forms of violence: rape, battering, exploitation, intervention and war, 4. the transfer of world resources from military to human needs, leading to economic justice within and among nations, and 5. world disarmament and peaceful resolution of international conflicts via the United Nations.

How to Help:

People who live in Greater Des Moines can support the work of WILPF's Des Moines Branch by joining their meetings, study sessions, and local activism. Interested individuals should visit their [Facebook page](#) or contact them directly for more information. Anyone can support WILPF International through taking action online through [their website](#).

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Women, Food and Agriculture Network

Contact Information:

Contact Name: Ms. Bridget Holcomb
Office Address: PO Box 611 / Ames, IA 50010
Phone: 515-460-2477
Email: info@wfan.org
Website: www.wfan.org
County: Activities Statewide, Story
Type of Work: Advocacy, Community Based

Description:

The **Women, Food and Agriculture Network** (WFAN) is a community of women involved in sustainable agriculture. Members include farmers, landowners, researchers, students, advocates and mothers concerned about their families' health. Members come from all over the US and several other countries, but the majority of WFAN's work is done in the Midwest.

Their [Women Caring for the Land](#) program works with women landowners to educate them about conservation methods they can implement on their land. [Harvesting Our Potential](#), their on-farm apprenticeship program, brings together women in sustainable agriculture for annual gatherings that provide education and networking. Their [Plate to Politics](#) program provides information and tools to help women become advocates for sustainable agriculture and healthy food systems in their own communities and at the state and federal levels and informs women about opportunities to serve on boards and commissions to make sure women's voices are heard.

How to Help:

People can stay up to date on WFAN and its programs by [joining their listserv](#) or visiting [their Facebook page](#). Support can be provided through [donations](#). Those who are interested in joining WFAN programs or exploring opportunities for collaboration can also contact them directly.

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World Food Prize

Contact Information:

Contact Name: Mr. Stephen Lauer
Office Address: 1700 Grand Avenue, Box 1700 / Des Moines, IA 50309
Phone: 515-245-3730
Email: slauer@worldfoodprize.org
Website: www.worldfoodprize.org
County: Polk
Type of Work: Community Based, Educational/School, International

Description:

The **World Food Prize** was established in 1986 to be the foremost international award recognizing the achievements of individuals who have advanced human development by improving the quality, quantity, or availability of food in the world. The Foundation has as its goals the following:

- Recognizing and inspiring exceptional breakthrough achievements that increase the supply and availability of food in the world through presentation of its [\\$250,000 prize](#), referred to by several heads of state as the “Nobel Prize for Food and Agriculture”;
- Conducting educational and informational programs addressing the most important issues in global food security by holding the [Borlaug Dialogue International Symposium](#) and other programs;
- Holding events and carrying out programs that provide [unique educational opportunities](#) for high school students and teachers, and inspire the next generation of youth to pursue education and careers in agriculture and global development;
- Operating the [Norman E. Borlaug Hall of Laureates](#) as a public museum, convocation center, and educational facility to inform the public about the great achievements of agricultural heroes like Henry A. Wallace.
- Coordinating the [Iowa Hunger Summit](#) and [Iowa Hunger Directory](#) to celebrate Iowa's agricultural and humanitarian heritage, facilitate networking, and inspire further action against hunger at home and abroad.

How to Help:

Iowans are encouraged to [contact the World Food Prize staff](#) for more information about its programs or to explore opportunities to partner or become involved.

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Wyoming United Methodist Community Food Pantry

Contact Information:

Contact Name: Rev. Karmen Jamison
Office Address: 107 North Washington / Wyoming, IA 52362
Phone: 319-350-1192
Email: wumc@netins.net
Website: <http://fch Iowa.bowmansystems.com/index.php/component/cpx/?task=resource&id=672363&tab=2>
County: Jones
Type of Work: Faith Based, Food Pantry

Description:

The **Wyoming United Methodist Community Food Pantry** is available to those in need or with limited food resources in Jones County. People who are in need of assistance should visit in person on Saturday morning to complete an application. The facility also hosts a Clothes Closet, which provides clothing for people and families in need.

How to Help:

People who are interested in supporting the work of the Wyoming United Methodist Community Food Pantry should contact them for more information or to become involved.

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